1203 5TH ST.
MINNEAPOLIS, MN 55414

St. Lawrence Catholic Church & Newman Center

UMNCATHOLIC.ORG

Bulletin

Making disciples of Jesus as a university Catholic church
Please visit umncatholic.org for more details

Mass
Mon - Fri: 12:15 p.m. | Sat: 9 a.m.
Sun: 8 a.m., 10:30 a.m., & 7 p.m.

Confession
Mon - Sat after Daily Mass

Building Hours
Mon - Fri: 10 a.m. - 4:30 p.m.

(612) 331-7941 | info@umncatholic.org

Reflection from Fr. Jake

February 17, 2023
Dear Friends of St. Lawrence Newman Center,

It is hard to believe that the Lenten season is nearly upon us!

What is Lent all about? Lent is about focusing us on what matters most, which is union with Christ our Lord and union with one another. It is also about recognizing that our hearts easily drift from what matters most. But with the help of spiritual disciplines, we can draw back to our true Treasure.

Prayer, fasting, and almsgiving are the disciplines that give us the strength to battle our passions and habits of self-sufficiency. Living Lent fruitfully can establish the primacy of the spirit over the body, even ennobling the soul. Consider how very often our bodies seem to exercise control over our soul—when we are hungry (and even when we are not!) we eat, when we are angry, we lash out, etc. The Lenten season is all about allowing our souls to exercise dominion over our bodily appetites; to allow the power of Jesus to be the Lord of our life.

This is how we can understand the power of spiritual disciplines like prayer, fasting, and almsgiving. Disciplines are those habits that stretch us (they are not found easily) but pull us into greater freedom. Consider a very natural example of getting out of bed immediately when your alarm goes off…not an easy thing to do, but when it becomes a habit, your life has greater freedom. So too in the spiritual life, when we are growing in spiritual disciplines that stretch us, we are drawn into a far greater freedom in God. Saint Paul says, “Do you not know that the runners in the stadium all run the race, but only one wins the prize? Run so as to win. Every athlete exercises discipline in every way. They do it to win a perishable crown, but we an imperishable one.”
(1 Cor 9:24-25).

WHAT'S NEW?

Fr. Jake’s homilies are back and available on our website. New homilies will be posted every Tuesday. Please visit *umncatholic.org/resources* to view them.

Episode Three of Season Two of Fr. Jake's video series *Faith in Life* is now available. In episode three, Fr. Jake explains the seven principles of Catholic social teaching and why we should practice them. To view, subscribe to our YouTube channel, *Gopher Catholic*.

The Catholic Services Appeal Foundation is an independent Foundation where all donations support an array of ministries that include pro-life, seminarian support, Catholic education, services to those most in need, and Synod evangelistic priorities in the building up of our local church. To learn more and to generously give, visit *givecsaf.org*.

Wednesday, February 22nd, our Ash Wednesday Mass times will be 12:15 p.m. and 5:30 p.m. at the Newman Center and 8 p.m. on campus at the Coffman Memorial Union Theater.

Beginning **Friday, February 24th**, Stations of the Cross will take place for the remainder of the Lenten season at **11:40 a.m.** in the church. They will **NOT** occur on **Friday, March 10th** due to Spring Break.

Join us for Praise and Worship with Adoration on **Sunday**, **February 26th** following the **7 p.m**. Mass.

Take a look at our financial update found on our website at *umncatholic.org/financial-update*

Reflection from Fr. Jake cont...

May this Lenten season find us focused on the most important things—union with Christ and union with one another.

In the hearts of Jesus and Mary,
Fr. Jake

NEWS CONT...

Women of the parish: Women Growing in Faith meetings are back and will take place **every Tuesday** from **6:30** to **8:00 p.m.** in the Gathering Space. Alternatively, one small group will meet each Tuesday from 1 - 2 p.m. in one of the classrooms. This is intended to offer all women of the parish an opportunity to grow in faith. For more information, please visit *umncatholic.org/women-growing-in-faith*.

There are many ways to serve here at St. Lawrence Newman Center. A few opportunities include becoming a lector, sacristan, usher, serving donuts and coffee, and many more. Contact Br. Gary Davis at *brogary@brohope.net* to hear about our volunteer opportunities.

Do you have a Mass intention? We have a place to request a Mass intention on our website at *umncatholic.org/mass-times*.

Do you have a prayer intention? We have a place to collect your prayers at *umncatholic.org*. Please pray for us as we pray for you.

We are grateful to our generous supporters for contributing to the mission here at the Newman Center. Consider giving a gift today at *umncatholic.org/donate* or contact Joe Geiger at 612-261-2811.

Mass Intentions

Sun. February 19: 8 a.m.: Lucas Kramer | 10:30 a.m.: Zion Angela Sperry | 7 p.m.: For Our Parish
Mon. February 20: +Dr. John Hagen | Tues. February 21: For the Priesthood | Wed. February 22: +Robert Sowada
Thurs. February 23: Sydeny Rudquist | Fri. February 24: Meghan & Ray Young | Sat. February 25: Susan Kobayashi

Seventh Sunday in Ordinary Time | February 19 - 25, 2023

Ministries and More at St. Lawrence Newman

CSU
Join our email list found at *umncatholic.org/weekly-email* for the most up-to-date information.

Bi-Weekly UNITE: **Tuesday, February 28th at 7:30 p.m.** in the Social Hall

For more information, contact Samuel Subler at *samuel.subler@spo.org* or Katie Huetteman at *katie.huetteman@spo.org*

Prayer Requests

- Pray for my mother Catheryn, who is in the hospital with heart failure.
- For healing and peace
- For healing in relationships
- For awareness to grow for our company and financial stability
- For reconciliation and healing
- Pray for educational institutions

To request a prayer, visit *umncatholic.org*

Monday Night Volleyball
Join us for Monday Night Volleyball from 8-10 p.m. in the parish gym. If you have questions, please call John Hagen at 612-623-0908.

Young Adults
Come check out the St. Lawrence Young Adult Group. This group is targeted at those 22-32 years old. The group meets every other Wednesday at 7:15 p.m. in the Social Hall. For more information, please contact *youngadults@umncatholic.org*

Women's Group
The Women's Group provides opportunities to share experiences, wisdom, and hold fundraising events. Email President Jacqueline Dekker Travis at *jdekkertr@aol.com* to learn more or visit *umncatholic.org/womens-club*

Victim Assistance Program: (651) 291-4475

Women Growing in Faith
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Women's Book Club
"The Rosie Project" by Graeme Simsion

Monday, February 27: 7 p.m

Call Mary Ternes, Administrative Assistant at (612) 446-4663 to receive the zoom meeting number. All are welcome.