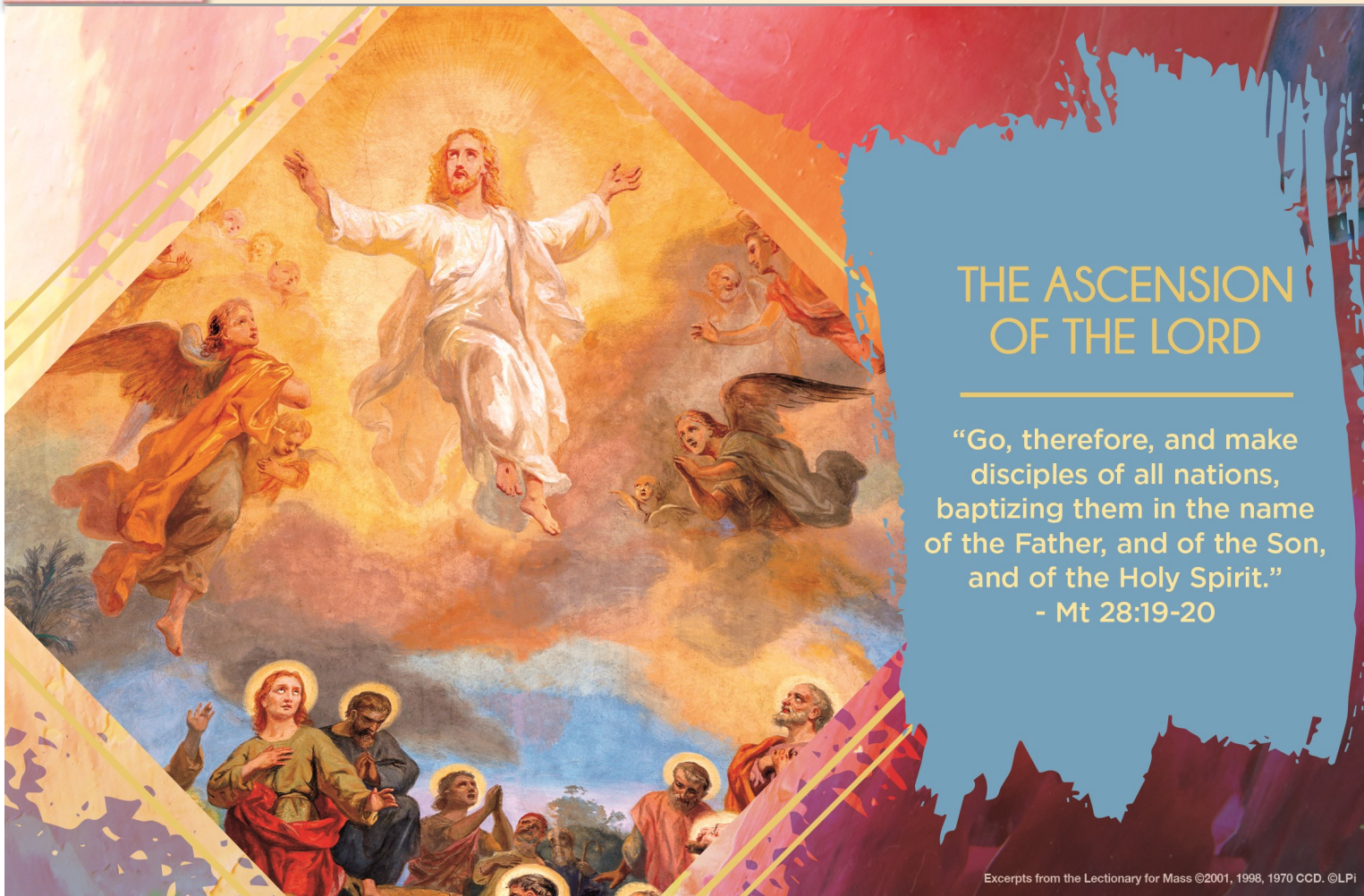




Holy Family

CATHOLIC CHURCH

Seventh Sunday of Easter – May 21, 2023



THE ASCENSION OF THE LORD

“Go, therefore, and make
disciples of all nations,
baptizing them in the name
of the Father, and of the Son,
and of the Holy Spirit.”
- Mt 28:19-20

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPi

PARISH CALENDAR

Mon 05/22	7pm Adult Pickleball
Tue 05/23	2pm JOY Missoula Floods Presentation
Wed 05/24	9:15am Mass led by HFCS 5th Grade + May Crowning
Thur 05/25	7pm Admin Council Meeting 9pm Men's Basketball
Fri 05/26	9am-3pm Adoration Parish Chapel 10am Bible Discussion
Sun 05/28	3pm Adult Volleyball

LITURGY SCHEDULE

Wed 05/24	9:15am Mass:	Souls in Purgatory & Our Beloved Dead +
Thur 05/25	12pm Mass:	Int. Vicki & Milford Ford ❤️
Fri 05/26	12 pm Mass:	Int. of Adam Hosely 🎁
Sat 05/27	5:30pm Mass:	Int. People of Holy Family Parish
Sun 05/28	8:30am Mass: 10:30am Mass:	Int. 8th Grade Prayer Partners Suffering Souls in Purgatory +

Pastor: Fr. Rodel de Mesa **Deacon:** Tim Dooley

Church: 7525 SE Cesar Chavez Blvd., Portland, OR 97202

Parish Office: 3732 SE Knapp St. **Phone:** 503-774-1428

Find us online at:

WWW.HOLYFAMILYPORTLAND.ORG

PARISH OFFICE HOURS

TUESDAY—FRIDAY, 8:30AM—3:30PM

Worship & Meditation



Gospel Meditation

Encourage Deeper Understanding of Scripture

Traditionally, the four writers of the Gospels are symbolized by four creatures that make their way into Church art and architecture: Matthew, an angel; Mark, a lion; Luke, an ox; and John, an eagle. These images can be found in churches across the world, a nod to those who recorded the stories of Jesus for us, thousands of years ago.

Today's Gospel was written by John. There are a few reasons why John is symbolized by an eagle, but my favorite explanation is that his writings soar like an eagle into the sky with their beautiful, poetic language. The prayer we hear today is no different — Jesus invokes God in a long discourse that might seem mystifying at times, the same way that a poem can be perplexing to understand when we are unfamiliar with the pacing or format.

Consider holding onto the shortest sentence in this prayer: "I pray for them."

Jesus prays for us. For me. For you.

Let that sink deep into your being.

Jesus is on your side. He is aware of what you are holding at this moment. He is aware of your pain, your faith, your mission. And He's rooting for you. This prayer was recorded thousands of years ago, far before you were born. Since before you were born, you were held in prayer. With that certainty, we live.

— Father John Muir



Saint of the week

Servant of God Fr. Emil Kapaun was an American military chaplain who served heroically on the battlefield as well as inside of a POW camp in North Korea until his death. While a POW, he cared for other prisoners bodily with stolen food and medicine, and spiritually as a priest.

Prayer

Lord Jesus,

In the midst of the folly of war, your servant, Chaplain Emil Kapaun, spent himself in total service to you on the battlefields and in the prison camps of Korea, until his death at the hands of his captors. We now ask you, Lord Jesus, if it be your will, to make known to all the world the holiness of Chaplain Kapaun and the glory of his complete sacrifice for you by signs of miracles and peace. In your name, Lord, we ask, for you are the source of peace, the strength of our service to others, and our final hope.

Amen.

(Prayer Source: www.FatherKapaun.org)

WEEKLY SCRIPTURE READINGS

Readings for the week of May 21, 2023

Sunday: Ascension: Acts 1:1-11/Ps 47:2-3, 6-7, 8-9 (6)/Eph 1:17-23/Mt 28:16-20

Seventh Sunday of Easter: Acts 1:12-14/Ps 27:1, 4, 7-8 (13)/1 Pt 4:13-16/Jn 17:1-11a

Monday: Acts 19:1-8/Ps 68:2-3ab, 4-5acd, 6-7ab/Jn 16:29-33

Tuesday: Acts 20:17-27/Ps 68:10-11, 20-21/Jn 17:1-11a

Wednesday: Acts 20:28-38/Ps 68:29-30, 33-35a, 35bc-36ab/Jn 17:11b-19

Thursday: Acts 22:30; 23:6-11/Ps 16:1-2a and 5, 7-8, 9-10, 11/Jn 17:20-26

Friday: Acts 25:13b-21/Ps 103:1-2, 11-12, 19-20ab/Jn 21:15-19

Saturday: Morning: Acts 28:16-20, 30-31/Ps 11:4, 5 and 7/Jn 21:20-25

Next Sunday: Vigil: Gn 11:1-9 or Ex 19:3-8a, 16-20b or Ez 37:1-14 or Jl 3:1-5/

Ps 104:1-2, 24, 35, 27-28, 29, 30 (see 30)/Rom 8:22-27/Jn 7:37-39

Extended Vigil: Gn 11:1-9/Ex 19:3-8a, 16-20b/Ez 37:1-14/Jl 3:1-5/

Ps 104:1-2, 24, 35, 27-28, 29, 30 (see 30)/Rom 8:22-27/Jn 7:37-39

Day: Acts 2:1-11/Ps 104:1, 24, 29-30, 31, 34 (see 30)/1 Cor 12:3b-7, 12-13/

Jn 20:19-23

Observances for the week of May 21, 2023

Sunday: The Ascension of the Lord; 7th Sunday of Easter;

Monday: St. Rita of Cascia, Religious

Tuesday:

Wednesday:

Thursday: St. Bede the Venerable, Priest and Doctor of the Church; St. Gregory VII, Pope;

St. Mary Magdalene de'Pazzi, Virgin

Friday: St. Philip Neri, Priest

Saturday: St. Augustine of Canterbury, Bishop

Next Sunday: Pentecost Sunday

Live The Liturgy

Inspiration of the Week

When the world sees us, do they see to whom we belong? In what ways are we most manifestly Christian? In prayer, in service, in sacrifice? Whatever it is, let us devote ourselves to it with one accord, so that Jesus Christ may be glorified in all that we do.

STEWARDSHIP

Holy Family Parish Offertory

05/07/2023			
	Actual	Budget	% of Goal
May	\$ 6,755	\$ 45,883	15%
YTD	\$ 439,072	\$ 516,643	85%
Annual	\$ 439,072	\$ 564,000	78%

Please consider online giving... Our parish is grateful for your continued support. Thank you!



Coffee & Donuts ~ Thank you Danna and Hof-fas for hosting Coffee & Donuts last weekend! Next Coffee & Donuts will be June 11th after the 8:30 Mass



Having a servant's heart means sharing God's gifts with our neighbors. Join us with your servant's heart when you make a monthly recurring gift to the Archbishop's Catholic Appeal at JesusChangesEverything.church, or call (503) 233-8336.

MINISTRY SCHEDULE ~ May 27-28, 2023

	Altar Server	Greeter/Usher	Eucharistic Minister	Reader	Sacristan
Saturday 5:30pm	Jack Kiesel (sub req.) Ava Kiesel (sub req.)	Joey Loftis	Jeanne Loftis	Blair Loftis - Lector	Joyce Holohan-Bell
Sunday 8:30am	Jacob Mullett Owen Sokol (sub req.)	Philip Glander Christine Glander (sub req.)	Sean Cain Joy Hunt Alli Williams	John Parker - Lector	Joy Hunt
Sunday 10:30am	Eli Moran Henry Perrin	Gene Dieringer Bob Steffen	Claire Bauman	Winnie Smidt - Lector	

PARISH & COMMUNITY HAPPENINGS

JOY

Just Older Youth
a group for
parishioners
50 years +



Mark Your Calendars for
a Presentation on

THE GREAT MISSOULA FLOODS

By Bob Setterberg of the
Oregon Historical Society

Tuesday, May 23rd, 2pm

In the Parish Office Conference Room

About 15,000 years ago, huge floods broke from gigantic ice dams in Montana and raced to the Pacific Ocean with flow rates ten times greater than all of the rivers of the world today. Come learn about these powerful floods and the way they shaped the landscape in much of the Pacific Northwest including the Columbia River Gorge and the Willamette Valley. Bob Setterberg is part of the Community Speakers Bureau, a group of dedicated volunteers from the Oregon Historical Society that give presentations about the history of Oregon. Their talks are interactive, educational and always completely free!

Questions? Contact Vic or Terri Cozzoli at
joy@holyfamilypdx.com

AUGUST 24TH-27TH

FAMILY CAMP

MARK YOUR CALENDARS FOR THE 18TH ANNUAL
HOLY FAMILY- FAMILY CAMP WEEKEND!

SPEND A WEEKEND WITH HF SCHOOL AND PARISH
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Kids--\$140

Children 4 and under free



SCAN HERE FOR REGISTRATION



JOY (Just Older Youth)
Re-Presents

BOB HURD CONCERT & PRESENTATION

A Concert with Composer Bob Hurd

FRIDAY, JUNE 9TH AT 7PM AT HOLY FAMILY CATHOLIC CHURCH

All (not just for age 50+) are invited to an evening of music with Bob Hurd, composer, teacher and liturgist, performing his well-known songs from nearly 50 years of composing liturgical music.

A Presentation by Bob Hurd

SATURDAY, JUNE 10TH 9AM - 12 NOON IN CELEBRATION HALL

"Singing the Gospel of Creation: Our Common Home in Life, Liturgy and Music". Based on Pope Francis' encyclical "Laudato Si', Our Common Home", Bob invites all who are high-school age and above (not just for age 50+) to explore and celebrate our care of creation in the redeemed Christ.

Continental breakfast will be provided.

PLEASE REGISTER FOR THIS WORKSHOP by sending an email to
JOY@holyfamilypdx.com before June 7, 2023 so we have a headcount for the breakfast.

A free-will offering will be taken up at both events.



Babylon

Daniel's Courage in Captivity

VBS July 10-14
9am-12pm



Join Daniel—torn from his home and forced into the king's service. Imagine the pressure of learning a new language and culture...and the shock of discovering your best friends have been tossed into a fiery furnace. Explore exotic sights and smells in a Babylonian bazaar! Kids and adults will find that they're not much different from Daniel and his friends, who kept their faith in a faithless culture.

If you have any questions please contact Stephanie Galati:

sgalati@holyfamilypdx.net

Scan the QR code to register



Volunteer Appreciation Luncheon

In thanksgiving for all our dedicated volunteers, we invite you to join us for a luncheon where we may honor you and celebrate all the ways you serve our Holy Family community.

**SATURDAY, JUNE 3RD AT 11 AM
CELEBRATION HALL**

RSVP TO KRISI AT
PASTORALMINISTRY@HOLYFAMILYPORTLAND.COM
OR 503-774-1428 X 123



Calling those who speak a second language to assist in our Pentecost Liturgy - If you speak another language, we would love to have you read at the Pentecost weekend Masses. ~ please contact Krisi at pastoralministry@holyfamiyportland.com or 503-774-1428 x 123

Kids Corner

Find and circle these words from today's Gospel:

ETERNAL
CHRIST
FATHER

GLORY
GIVEN
FOLLOWERS

WORLD
SHOWN
PRAYING

E	A	I	T	O	I	E	U	P	E	Y
T	C	H	R	I	S	T	Y	A	R	I
A	F	L	O	H	R	E	O	I	A	T
S	O	A	F	W	O	R	L	D	P	O
I	L	N	A	E	L	N	I	S	R	N
R	L	Y	T	R	E	A	V	E	A	U
A	O	R	H	U	G	L	O	R	Y	R
H	W	U	E	F	I	T	E	W	I	A
U	E	T	R	A	V	O	N	U	N	L
C	R	I	U	G	E	F	A	L	G	E
O	S	H	O	W	N	U	G	O	Y	I



(PRACTICING) CATHOLIC

Seeking Christ in One Another

The funeral luncheon, the Irish wake, the vigil at an ailing loved one's bedside: in times of crisis, people gather. In moments of sadness, fear, and confusion, we gravitate toward one another. For some reason, the feelings are so much more bearable when we are not alone.

I'm sure that the disciples and their companions, gathered in the upper room after the Lord's Ascension, did all of the things we typically do at these functions. I'm sure they hugged and talked and shared food, processing together the remarkable events they had witnessed.

But we don't hear about any of that. We hear only that they prayed — fervently, and together.

Saint John Paul II famously said that “it is Jesus that you seek when you dream of happiness; He is waiting for you when nothing else you find satisfies you.” And I think that, whenever we gather, in good times or in bad, we think we are seeking companionship — but we are actually seeking God.

As I think back on the last few crisis-gatherings my family has had, I try to remember when we have stopped everything to pray together. I can think of a few times, but to be honest, they are too few. We are usually occupied with more practical tasks: planning the funeral, talking to the doctor, making the decisions, ordering the food. Just trying to survive through it.

But this is the busywork of sorrow, and it is a waste of our time. We would do better to follow the example of the disciples and remember that, in these dire moments, God is waiting for us.

“Of you my heart speaks; you my glance seeks.” — Psalm 27

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Why Does the Church Have Different Liturgical Cycles?

Answer:

While most Catholics know that the Church Year is divided into various seasons (e.g. Advent, Christmas, Ordinary Time, etc.), many are unaware that the one Church Year is not like the one that follows. While the main seasons and feasts are the same from year to year, the 3-year cycle for Sundays and the 2-year cycle for weekdays means that, as a general rule, the readings in the Lectionary that we hear at Mass will change from year to year, helping us to have a richer encounter with Sacred Scripture. Each new cycle begins with the beginning of the liturgical year, the First Sunday of Advent.

The reasoning behind this innovation is outlined in *Sacrosanctum Concilium*, the “Dogmatic Constitution on the Sacred Liturgy” of the Second Vatican Council: “The treasures of the bible are to be opened up more lavishly, so that richer fare may be provided for the faithful at the table of God’s word. In this way a more representative portion of the holy scriptures will be read to the people in the course of a prescribed number of years” (no. 51). This was fully achieved in 1969 when the new cycles of readings were approved by Pope Saint Paul VI. To learn more about the Liturgy of the Word within the Mass, visit: www.usccb.org/prayer-and-worship/the-mass/order-of-mass/liturgy-of-the-word/index.cfm

PARISH CONTACTS

PARISH OFFICE STAFF

Parish Center Office Phone: 503-774-1428

Pastor	Fr. Rodel de Mesa x1 Pastor@holymfamilyportland.com <i>*Please contact for Weddings, Anointing & Confession</i>
Deacon	Tim Dooley Tim_dooley@hotmail.com <i>*Please contact for Homebound/Communion Visits</i>
Business Manager	Marivic Tupaz x5 BusinessMgr@holymfamilyportland.com
Director of Pastoral Ministry	Krisi Christensen x3 PastoralMinistry@holymfamilyportland.com <i>*Please contact for Baptisms, Confirmation, RCIA, CASE Training, and Funerals</i>
Administrative Assistant	Sherry Brost x2 churchlady@holymfamilyportland.com <i>*Please contact for Bulletin Info, Sacrament Records, & Mass Intention Requests</i>
Faith Formation	Desi Dominguez x4 faithformation@holymfamilyportland.com <i>*Please contact for First Communion & Children's RE</i>
Youth Ministry	Ronny Saenz x4 youthministry@holymfamilyportland.com <i>*Please contact for Youth Group and Confirmation</i>
Bookkeeper	Lorenz Mallari x6 bookkeeper@holymfamilyportland.com
Maintenance	Sean Lynch x7 Maintenance@holymfamilyportland.com
Parish Office Volunteer	Joyce Holohan-Bell x8 receptionist@holymfamilyportland.com
School Principal	Joe Galati 503-774-8871 jgalati@holymfamilypdx.net
Music Director	Chris Brunelle MusicMinistry@holymfamilyportland.com
Traditional Choir Director	Tina Paradiso-Herlein tparadiso@archdpdx.org

PARISH ORGANIZATIONS AND CONTACTS

All phone numbers begin with area code 503 unless indicated

Administrative Council	Mike Fisher	705-2000
Altar Society	Joyce Holohan-Bell	775-5767
Bible Discussion	Dave Bergman	784-3272
CYO	Andy Owings	793-1446
	cyoholyfamily@gmail.com	
Christian Service	Joyce Holohan-Bell	775-5767
Eucharistic Adoration	Parish Office	774-1428
Hospitality	Krisi Christensen	774-1428 x3
JOY Ministry	Vic & Terri Cozzoli	788-2073
(Just Older Youth 50+)	JOY@holymfamilyportland.com	
Knights of Columbus	Michael Dominguez	548-8971
	HolyFamilyKnights@protonmail.com	
Marriage & Family Life	TBD	
Needleworks	Glorianne Menely	422-3011
PTO	Katie Steipp	
	pto@holymfamilypdx.net	
Pastoral Care /Homebound	Deacon Tim Dooley	
Pastoral Council	Jennifer Pienovi	
Prayer Circle	Kathy McMahon	
	holymfamilypdxprayercircle@gmail.com	
Rosary Makers	Dorothy Danna	698-3578
School Advisory Council	Todd Cahill	
School Principal	Joe Galati	774-8871
St. Vincent de Paul	Roberta Gamache	714-931-4590
	Dan Hoffa	771-4650
	Don Wolkerstorfer	946-8341
Trail Life	Andrew Havens	780-6294
	trailife@holymfamilyportland.com	
Young Ladies Institute	Lynda Taylor	

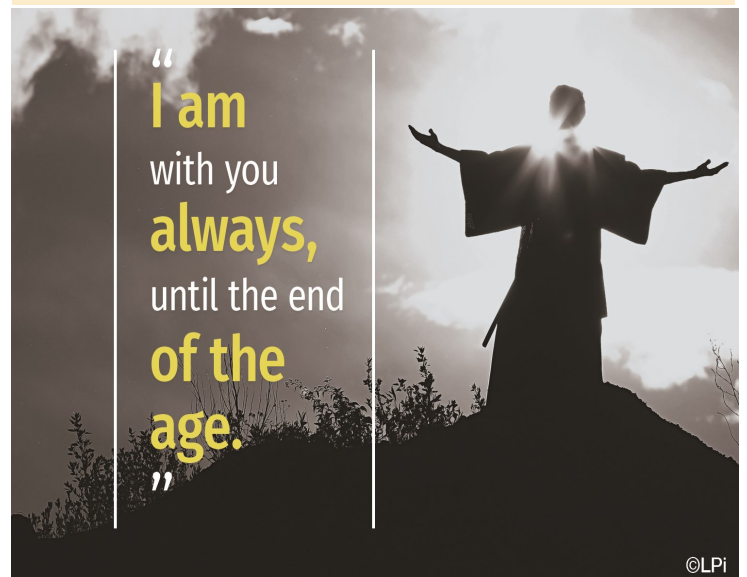
PRAYER REQUESTS

Doree D'Angelo	Katie Lawrence	All special intentions
Mary DeSousa	Mariloris Oliverio	All grieving loss of loved ones
Tim Evens	Sabas Quiray	Mental Health of all HF Parishioners
Jean Goerl	Matt Rast	Ukraine
Per-Olof Jarnberg	Anne Templeton	Barb Regan for healing
Sam Johnson	Marilyn Walstrom	Mary deSousa for healing
Kathy Kaopuiki	Leasa Wiebke	Doug Sinclair for healing
Bonnie Kilwein	Patricia McEvoy	
	Julie Reiersgaard	

Prayer Circle

For prayer support contact one of the following:

Kathy McMahon at
holymfamilypdxprayercircle@gmail.com



COMMUNITY BULLETIN BOARD



Take Mater Dei Radio with you on the free Hail Mary Media App!

Download on the App Store
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Holy Family will be live streaming the 10:30AM Sunday Masses every weekend moving forward. If you are interested in being trained in helping to run our livestreaming service, please contact the parish office @ 503-774-1428

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Offering porch pick-up and browsing from a new SE location and operating online. Please call or email with any questions, to place your order, and to arrange a pickup.
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Owner & Holy Family Parishioner
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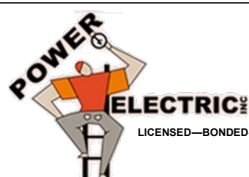
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