



Holy Family

CATHOLIC CHURCH

First Sunday in Advent—December 3, 2023



1ST SUNDAY OF ADVENT

"Be watchful! Be alert!
You do not know when
the time will come."
- Mk 13:33

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

PARISH CALENDAR

Sun 12/03	Advent Festival after all Masses 9:30am First Sacrament Prep 2pm YLI Mtg 3pm Adult Volleyball 6pm Trail Life 8pm Adult Pickleball
Tue 12/05	7pm Advent Penance Service
Wed 12/06	11:30am Priest Luncheon 6:30 High School Youth Group
Thur 12/07	7pm Pastoral Council 9pm Men's Basketball
Fri 12/08	Immaculate Conception 9:15am –HFCS Mass hosted by 5th Grade 9am-3pm Adoration, parish chapel 10am Bible Discussion 7pm Immaculate Conception Mass
Sat 12/09	9am-12pm Outside Lights 5pm SVDP Christmas Box Return

Sun 12/10

8am SVDP Christmas Box Retn
12pm 1st Sac Prep Retreat
3pm Adult Volleyball
6:30pm Confirmation Preparation
8pm Adult Pickleball

LITURGY SCHEDULE

Wed 12/6 Thur 12/7 Fri 12/8

9:15am Mass: Int. Nick & Cole Ford
12pm Mass: Int. Pegg Sparks McLean
Immaculate Conception
9:15am Mass: Stanislaw Gasparowicz +
7pm Mass: Ken Jackson +
5:30pm Mass: Int. Beverly Lovell
8:30am Mass: Int. Nick Ford 🎁

Sat 12/9 Sun 12/10

10:30am Mass: The Souls Suffering Souls in Purgatory +

Pastor: Fr. Rodel de Mesa **Deacon:** Tim Dooley

Church: 7525 SE Cesar Chavez Blvd., Portland, OR 97202

Parish Office: 3732 SE Knapp St. **Phone:** 503-774-1428

Find us online at:

WWW.HOLYFAMILYPORTLAND.ORG

PARISH OFFICE HOURS

TUESDAY—FRIDAY, 8:30AM—3:30PM

(PRACTICING) CATHOLIC

Memento Mori

Just this week, my husband and I signed our wills, and the lawyer was careful to couch our transaction in gentle, abstract language: “When we lose you” she kept saying, instead of “When you die.”

It’s very uncomfortable to dwell on our death. But the Christian life does not just encourage us to do so: it demands that we do.

I once came upon a prayer consecrating the last two hours of life to the Blessed Mother. I have since found variations of the prayer online with different phrasing, but the sentiment of them all is the same: let me not be caught sleeping. Let me be ready.

“You can’t do all your homework at the end,” a deacon who ministers to the dying once told me. “Good Friday is waiting in the wings for all of us.”

I think of that a lot when I don’t particularly feel like praying, when I think I’m too busy to go to confession or when feelings of resentment fester inside me on Sunday mornings as I pack my family off to church. All our good deeds are like polluted rags, says the prophet. We have all withered like leaves.

You can’t do all your homework at the end. God is faithful. Are we?

“May he not come suddenly and find you sleeping. What I say to you, I say to all: ‘Watch!’”
— Mark 13:36

Colleen Jurkiewicz Dorman

Why do we do that? Catholic Life Explained

Question:

Why haven’t Catholic Churches gone the way of disposable cups for wine distribution?

Answer:

If a Catholic has ever attended a Protestant worship service and saw the communion service that was offered for that community, one of the things that might have stood out was the use of small, disposable cups for distributing the wine or grape juice. This is in stark contrast to the precious metal chalices used in Catholic churches during the Mass.

Although practices for Protestant Christians can vary (ranging from large shared chalices, to personal-use cups, to dipping the bread in the wine/grape juice), the norms governing Catholic practices are fairly direct: “Sacred vessels are to be made from precious metal. If they are made from metal that rusts or from a metal less precious than gold, then ordinarily they should be gilded on the inside. In the Dioceses of the United States of America, sacred vessels may also be made from other solid materials that, according to the common estimation in each region, are precious ... they are to have bowls of nonabsorbent material” (nos. 328-330). Rather than being a commentary on the beliefs or practices of those other communities, these rules are intended to highlight the reverence that Catholics have for the bread and wine consecrated at Mass, which become the Body and Blood the Lord.

WEEKLY SCRIPTURE READINGS

Readings for the week of December 3, 2023

Sunday: Is 63:16b-17, 19b; 64:2-7/Ps 80:2-3, 15-16, 18-19 (4)/1 Cor 1:3-9/Mk 13:33-37

Monday: Is 2:1-5/Ps 122:1-2, 3-4b, 4cd-5, 6-7, 8-9/Mt 8:5-11

Tuesday: Is 11:1-10/Ps 72:1-2, 7-8, 12-13, 17/Lk 10:21-24

Wednesday: Is 25:6-10a/Ps 23:1-3a, 3b-4, 5, 6/Mt 15:29-37

Thursday: Is 26:1-6/Ps 118:1 and 8-9, 19-21, 25-27a/Mt 7:21, 24-27

Friday: Gn 3:9-15, 20/Ps 98:1, 2-3ab, 3cd-4/Eph 1:3-6, 11-12/Lk 1:26-38

Saturday: Is 30:19-21, 23-26/Ps 147:1-2, 3-4, 5-6/Mt 9:35—10:1, 5a, 6-8

Next Sunday: Is 40:1-5, 9-11/Ps 85:9-10, 11-12, 13-14 (8)/2 Pt 3:8-14/Mk 1:1-8

Observances for the week of December 3, 2023

Sunday: 1st Sunday of Advent

Monday: St. John Damascene, Priest and Doctor of the Church

Tuesday:

Wednesday: St. Nicholas, Bishop

Thursday: St. Ambrose, Bishop and Doctor of the Church

Friday: The Immaculate Conception of the Blessed Virgin Mary

Saturday: St. Juan Diego Cuauhtlatoatzin



Christmas Mass Schedule

Sunday, December 24th

Christmas Eve
Family Mass @ 4pm

Christmas Eve
Candlelight Mass @ 8pm

Christmas Eve
Mass in the Night ~@ 11pm

Monday, December 25th

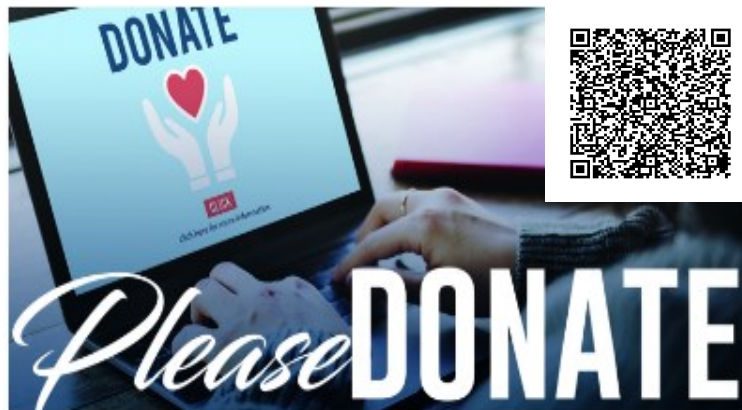
Christmas Day Mass
@ 9am

STEWARDSHIP

Holy Family Parish Offertory			
11/26/2023			
	Actual	Budget	% of Goal
Nov 20-Nov 26, 2023	\$ 5,079	\$ 9,772	52%
November 2023	\$ 35,922	\$ 41,882	86%
YTD	\$ 186,327	\$ 525,000	35%

Would you consider increasing your tithe by 5%?

Our parish is grateful for your continued support. Thank you!



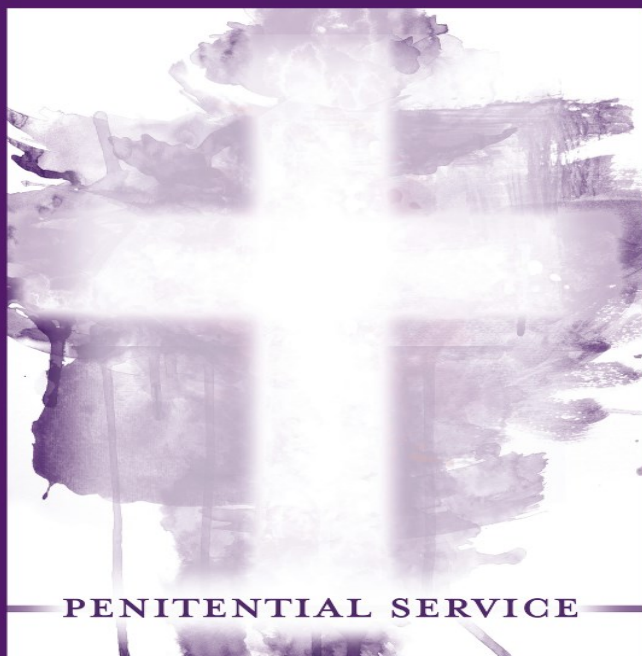
Next **Coffee & Donuts** January 7th hosted by Wolkerstorfers after 8:30 Mass

Thank you Pienovis and Christensens for hosting **Wine and Cheese** this weekend at the Advent Festival!



MINISTRY SCHEDULE ~ December 9-10, 2023

	Altar Server	Greeter/Usher	Eucharistic Minister	Reader	Sacristan
Saturday 5:30pm					Joyce Holohan-Bell
Sunday 8:30am	Stella McEnery Jacob Mullett	Philip Glander Christine Glander	Sean Cain Brian Cass JoAnna Mullett	Kelly Buechler - Lector	JoAnna Mullett
Sunday 10:30am	Quinn Duffy Shea Duffy	Krisi Christensen	Michael Dominguez	Kristin Burgher - Lector	



PENITENTIAL SERVICE

Advent Penance Service

Tuesday, December 5th
7:00pm



Feast of the Immaculate Conception Masses

Friday, December 8th

9:15am with HFCS
7:00pm with Parish

Children's Living Nativity

December 17
5-7pm



Seeking student actors,
guides, and adult volunteers!

Contact Krisi at
pastoralministry@holyfamilyportland.com

To Sign Up
click here



CHRISTMAS GIVING

PLEASE BRING YOUR UNWRAPPED ITEMS TO THE
PARISH OFFICE OR TO THE BACK OF THE
CHURCH UNDER THE CHRISTMAS TREE BY

December 10

FOR A LIST OF DONATIONS
NEEDED SCAN THE QR CODE



It's beginning to look a lot
like Christmas!



Please help us decorate!

Looking for volunteers to help us put Christmas
lights outside around the church. Saturday,
December 9th 9am-12pm



ST. VINCENT DE PAUL CHRISTMAS BOXES

Help us to feed hungry people in our community!

Thanks to all of you who have already taken home a food box to fill.
A special note of thanks for all who brought needed items for our
pantry to the Thanksgiving Day mass or the parish office. Here is
what is left to do:

1. Bring the box (or bags) to the church or Celebration Hall by
December 10 (preferably earlier if possible). If you are not
attending mass, please notify us and we will arrange to have the
box (or bags) picked up. We will have people to assist you in
unloading or carrying the boxes to Celebration Hall – please do not
hesitate to ask us if you need help.
2. On Saturday, December 16, please come to Celebration Hall at
9:00AM with your family or friends and take boxes to needy
families. If you are by yourself, we will try to pair you up with
someone else. This is exactly how we have done this program in
the past and it is an excellent way to start your holiday gift giving!!

Questions? Feel free to contact Roberta Gamache, Dan Hoffa or Don
Wolkerstorfer– our numbers are in the printed and on-line bulletins.

God bless you for all you do for others!!



Please help us decorate!

Looking for volunteers to help us put up
Christmas trees, garland, and decorate
inside the church. Saturday,
December 16th 9am-12pm



Information for First Communion Students and Families



December

All classes are held in the
Parish Center from 9:30-10:20

12/2-Sit With Confirmation Students
during 5:30 Mass

12/3-Advent Festival-no class

12/9/23 Sit with Confirmation kids 5:30mass

12/10-First Reconciliation Retreat
in Celebration Hall from 12:00-3:00

12/11-12/15-Individual Reconciliations

12/17-Living Nativity



more info and calendar

GOSPEL MEDITATION ~ 1st Sunday of Advent

Lately I've been listening to a science-based podcast on healthy daily living. The host frequently discusses the wide range of health benefits of sleep. So, each night I'm trying to get more, and better, slumber, and it's helping me feel energized. So, why in the world should we follow Christ's advice this week? "Watch therefore, for you do not know when the master of the house will come ... lest he find you asleep." Isn't sleep, especially at midnight and cockcrow, a good thing?



Of course, it is. But the wakefulness the Lord calls us to is a deep, personal orientation to Him. A nightly vigil is therefore a metaphor for this, but it's not just that. We should give up real sleep in order to pray, too. This difficult practice is a time-tested way to foster wakefulness of heart. When we give up sleep to pray, it focuses us. We learn that life is not an endless series of days. You and I belong to the Lord — awake or asleep, in life and in death. Sooner or later, even our need for our physical sleep will pass away. And our attentiveness to God — that is, whether we are awaiting Him to meet us — will be all that matters.

May I challenge us this week and this Advent to intentionally give up at least one hour of sleep each week for prayer? Stay up later, wake up in the middle of the night, or an hour earlier, and pray. Will we be a bit more tired the next day? Yes. But we'll be amazed at the spiritual wakefulness that results, too.
— Father John Muir

From the desk of Principal Joe Galati

And with the end of the Thanksgiving weekend comes the Christmas season... shopping... trees... lights... family... food... and, maybe, a little stress!

In the middle of all the magic and wonder, I hope that you remember the "reason for the season." With the beginning of Advent, we begin our time of waiting. We wait for the birth of our King and our Savior. We wait to spend time with those dearest to our hearts. We wait to celebrate the hope in the birth of one tiny child brought to this world. We wait... in the firm conviction that we are all redeemed by that same tiny child.

Unfortunately, I will not be here to celebrate this most holy time with all of you. As many of you know, my wife has been ill for an extended period of time and we have been offered time at the Mayo Clinic beginning this coming Monday. (A most welcome Christmas gift for our whole family.)

While I am away, please do not hesitate to reach out to Mrs. Wolf with any concerns.

She will be ably filling my shoes in my absence. And, if it's not too much to ask, please hold my family in your prayers during this time. We all know that prayers are the most powerful healing we can receive.

Joe

PARISH CONTACTS

PARISH OFFICE STAFF

Parish Center Office Phone: 503-774-1428

Pastor	Fr. Rodel de Mesa x1 Pastor@holymfamilyportland.com <i>*Please contact for Weddings, Anointing & Confession</i>
Deacon	Tim Dooley Tim_dooley@hotmail.com <i>*Please contact for Homebound/Communion Visits</i>
Business Manager	Marivic Tupaz x5 BusinessMgr@holymfamilyportland.com
Director of Pastoral Ministry	Krisi Christensen x3 PastoralMinistry@holymfamilyportland.com <i>*Please contact for Baptisms, RCIA, and Funerals</i>
Administrative Assistant	Sherry Brost x2 churchlady@holymfamilyportland.com <i>*Please contact for Bulletin Info, Sacrament Records, & Mass Intention Requests</i>
Faith Formation	Desi Dominguez x4 faithformation@holymfamilyportland.com <i>*Please contact for First Communion & Children's RE</i>
Youth Ministry	Ronny Saenz x4 youthministry@holymfamilyportland.com <i>*Please contact for Youth Group and Confirmation</i>
Bookkeeper	Lorenz Mallari x6 bookkeeper@holymfamilyportland.com <i>* Please contact regarding Child Protection Programs</i>
Maintenance	Sean Lynch x7 Maintenance@holymfamilyportland.com
Parish Office Volunteer	Joyce Holohan-Bell x8 receptionist@holymfamilyportland.com
School Principal	Joe Galati 503-774-8871 jgalati@holymfamilypdx.net
Music Director	Chris Brunelle MusicMinistry@holymfamilyportland.com
Traditional Choir Director	Tina Paradiso-Herlein tparadiso@archdpdx.org

PARISH ORGANIZATIONS AND CONTACTS

All phone numbers begin with area code 503 unless indicated

Administrative Council	Mike Fisher	705-2000
Altar Society	Joyce Holohan-Bell	775-5767
Bible Discussion	Dave Bergman	784-3272
CYO	Andy Owings	793-1446
	cyoholyfamily@gmail.com	
Christian Service	Joyce Holohan-Bell	775-5767
Eucharistic Adoration	Parish Office	774-1428
Hospitality	Krisi Christensen	774-1428 x3
JOY Ministry	Vic & Terri Cozzoli	788-2073
(Just Older Youth 50+)	JOY@holymfamilyportland.com	
Knights of Columbus	Michael Dominguez	548-8971
	HolyFamilyKnights@protonmail.com	
Marriage & Family Life	TBD	
Needleworks	Glorianne Menely	422-3011
PTO	Katie Steipp	
	pto@holymfamilypdx.net	
Pastoral Care /Homebound	Deacon Tim Dooley	
Pastoral Council	Jennifer Pienovi	
Prayer Circle	Kathy McMahon	
	holymfamilypdxprayercircle@gmail.com	
Rosary Makers	Dorothy Danna	698-3578
School Advisory Council	Todd Cahill	
School Principal	Joe Galati	774-8871
St. Vincent de Paul	Roberta Gamache	714-931-4590
	Dan Hoffa	771-4650
	Don Wolkerstorfer	946-8341
Trail Life	Andrew Havens	780-6294
	TrailLife@holymfamilyportland.com	
Young Ladies Institute	Cam Hanemann	654-7424

PRAYER REQUESTS

Elena de Mesa	Katie Lawrence	All special intentions
Doree D'Angelo	Mariloris Oliverio	All grieving loss of loved ones
Mary DeSousa	Sabas Quiray	
Tim Evens	Matt Rast	Mental Health of all HF Parishioners
Jean Goerl	Anne Templeton	Ukraine
Per-Olof Jarnberg	Marilyn Walstrom	Mary deSousa for healing
Sam Johnson	Leasa Wiebke	Doug Sinclair for healing
Kathy Kaopuiki	Patricia McEvoy	
Bonnie Kilwein	Julie Reiersgaard	
	David Hart	

For prayer support, contact
Kathy McMahon at
 holymfamilypdxprayercircle@gmail.com
 or **Dolores Wesselman: (503) 771-5505**



COMMUNITY BULLETIN BOARD



Take Mater Dei Radio with you on the free Hail Mary Media App!

Download on the App Store
GET IT ON Google Play



Holy Family will be live streaming the 10:30AM Sunday Masses every weekend moving forward. If you are interested in being trained in helping to run our livestreaming service, please contact the parish office @ 503-774-1428

Gifts of the Spirit

Offering porch pick-up and browsing from a new SE location and operating online. Please call or email with any questions, to place your order, and to arrange a pickup.
Natalie Duffy
Owner & Holy Family Parishioner
giftsofthespiritpdx@gmail.com
503-771-6442

Johnson Creek Dental Care

TIMOTHY P. SHANNON D.M.D., P.C.

4450 Southeast Johnson Creek Boulevard
Milwaukie, Oregon 97222
Phone: (503) 654-7773 Fax: (503) 654-7774



5212 SE 52nd Avenue
Portland, OR 97206

P: (503) 777-1983
F: (503) 771-1984

www.MitchellPT.com

4506 SE King Road
Milwaukie, OR 97222

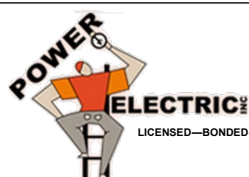
P: (503) 496-4550
F: (503) 496-4551



RE/MAX
equity group
Sue Hildreth

541 NE 20th
Portland, OR 97232

Office: 503-233-8883
Cell: 503-936-9652
Direct: 503-495-4853
Email: shildreth@equitygroup.com



Office#: (503) 786-6930
Pager: 942-2992
Fax#: (503) 786-5462
CCB# 145809

David Portash
Owner

Specializing in all phases of electrical
PO Box 14692 Portland, OR 97293-0692

LINDA SKEELE

(Lifelong Parishioner)
Real Estate Broker®
503-504-5811

"Let me help you with all your Real Estate needs."

E-mail: lskeele@windermere.com
Windermere/CCRG
1610 SE Bybee Boulevard

Windermere

Michael Goodell, Agent
Mike Goodell Agency Inc
Bus: (503) 513-0777
mgoodell@amfam.com
Certified Agency in Customer Excellence



American Family Mutual Insurance Company, S.I., American Family Insurance Company, 6000 American Parkway, Madison, WI 53783
006441 - Rev. 11/15 ©2015 - 9702745

GIVE YOUR FAMILY THE COVERAGE IT DESERVES

- Coverage you can customize to meet your needs
- More options, providing you more discounts
- Contact me for a free coverage review



Drew Ahmann/Ahmann Insurance Agency, LLC
Your Local Agent
9755 SW Barnes Rd, Suite 280, Portland, OR 97225
AAhmann@FarmersAgent.com

Call 503.646.1174 today!
Let me help you get the most value out of your insurance coverage.



Restrictions apply. Discounts may vary. Not available in all states. See your agent for details. Insurance is underwritten by Farmers Insurance Exchange and other affiliated insurance companies. Visit farmers.com for a complete listing of companies. Not all insurers are authorized to provide insurance in all states. Coverage is not available in all states.

MARIE LATHROP, D.M.D.



5737 S.E. Milwaukie Ave. Portland, OR 97202 (503) 232-7100



Mt. Scott Funeral Home
4205 SE 59th Ave. Portland, Oregon 97206
Local Catholic Family Ownership
For 3 Generations
(503) 771-1171
www.mtscottfuneralhome.com

Jack Milford Ford



Attorney at Law

Business, Corporate,
Contracts, Start-Ups,
Acquisitions, Transactions,
Mergers

PO Box 82226
Portland, OR 97282

Cell: 503.880.0788 Fax: 877.387.8330
E-mail: jackmilfordford@jmfordlaw.com

www.jmfordlaw.com

Great Manzanita Family Beach House!

Ocean View-Steps to the beach.
4 BR/2 Bath-sleeps 10
Call Mary Lou Frey at 503.680.4211

FINE CRAFT MASONRY, INC.

Kris Foubert
7246 SE Harmony Drive, Milwaukie, OR

Office/Fax: 503.653.3978
Mobile: 971.404.8584

~For all your masonry needs~

Stone	Stucco	Fireplaces
Brick	Flagstone	Concrete
Block	Pavers	Retaining Walls

OBL: 113066

WBL: FINECM104509



8430 SE 45th Place, Portland, OR 97222
Office (503) 771-1790 Fax (503) 771-1681



Wills | Trusts | Probate
Business | Real Property

(503) 654-1773
2100 SE Lake Road, Suite 5, Milwaukie, OR