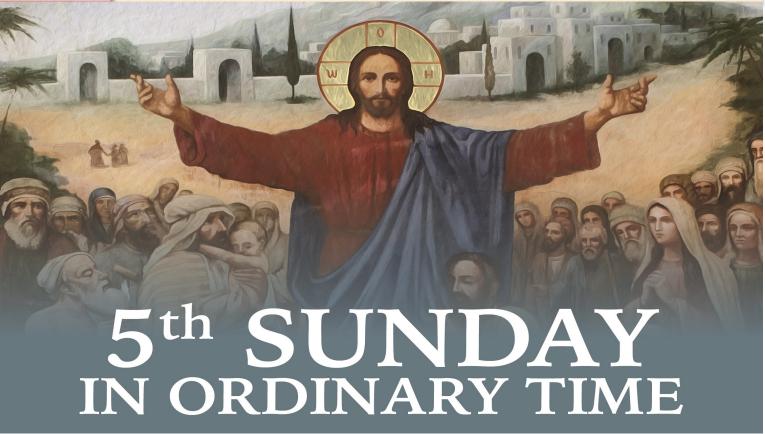


# Holy Family

The 5th Sunday in Ordinary Time—February 4, 2024



#### PARISH CALENDAR

Sun 02/04 KC Pancake Breakfast after both Masses

2pm YLI

3pm Adult Volleyball 6pm Trail Life

8pm Adult Pickleball

Tue 02/06 8:30am Lent & Easter Liturgy Mtg

7pm RCIA

Wed 02/07 9:15 HFCS Mass led by 6th Gr

11am Parish Staff Mtg

6:30pm Middle School Youth Group

Thur 02/08 2pm JOY Weather 101

6pm Trail Life Leadership

9pm Men's Basketball

Fri 02/09 9am-3pm Adoration, chapel 10am Bible Discussion

6:30pm Valentine's Couples Event

Sat 02/10 Sun 02/11 6:30pm Wine & Cheese

9:30am First Sacrament Prep

3pm Adult Volleyball 6:30pm Confirmation Prep

#### LITURGY SCHEDULE

Wed 02/07 Thur 02/08

Fri 02/09

12pm Mass:

9:15am Mass: Matthew Logue + Matthew Logue +

12pm Mass:

Suffering Souls in

Purgatory + Int. Pegg Sparks-McLean

Sat 02/10 Sun 02/11 5:30pm Mass:

8:30am Mass: Marja Soich +

10:30am Mass: Margaret Kolasch +

**Pastor:** Fr. Rodel de Mesa **Deacon:** Tim Dooley

Church: 7525 SE Cesar Chavez Blvd., Portland, OR 97202

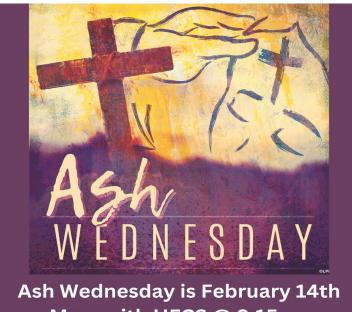
Parish Office: 3732 SE Knapp St. Phone: 503-774-1428

Find us online at:

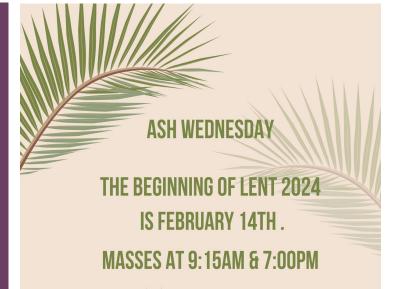
WWW.HOLYFAMILYPORTLAND.ORG

Parish Office Hours

Tuesday—Friday, 8:30am—3:30pm



Ash Wednesday is February 14th
Mass with HFCS @ 9:15am
Mass with parish @ 7pm
Stations of the Cross begin
Friday, February 16th and
continue every Friday in Lent
Soup Supper @ 6:15pm
followed by Stations @ 7pm



PLEASE BEGIN COLLECTING YOUR OLD PALMS
AND BRING THEM TO THE BASKET IN THE
BACK OF THE CHURCH NO LATER THAN
FEBRUARY 11.

WE WILL BURN THEM TO BE USED FOR OUR ASH WEDNESDAY MASSES





Top Tier Gifts Needed!

We need both a broad base of support and a few, fairly substantial gifts in order to assure our "Honoring Our Past – Building Our Future" campaign's success.

Now, not everyone's in the position to make one of these top tier gifts equal to 1, 5, 10, 15 and 20 percent or more of our goal.

But if you can, please do what others can't and watch how it inspires similarly generous gifts and will all but assure our campaign's success!

#### WEEKLY SCRIPTURE READINGS

#### Readings for the week of February 4, 2024

**Sunday**: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 (see 3a)/1 Cor 9:16-19,

22-23/Mk 1:29-39

Monday: 1 Kgs 8:1-7, 9-13/Ps 132:6-7, 8-10/Mk 6:53-56

**Tuesday**: 1 Kgs 8:22-23, 27-30/Ps 84:3, 4, 5 and 10, 11/Mk 7:1-13

Wednesday: 1 Kgs 10:1-10/Ps 37:5-6, 30-31, 39-40/Mk 7:14-23

**Thursday**: 1 Kgs 11:4-13/Ps 106:3-4, 35-36, 37 and 40/Mk 7:24-30

Friday: 1 Kgs 11:29-32; 12:19/Ps 81:10-11ab, 12-13, 14-15/Mk

7:31-37

Saturday: 1 Kgs 12:26-32; 13:33-34/Ps 106:6-7ab, 19-20, 21-22/

Mk 8:1-10

Next Sunday: Lv 13:1-2, 44-46/Ps 32:1-2, 5, 11 (7)/1 Cor 10:31—

11:1/Mk 1:40-45

#### Observances for the week of February 4, 2024

Sunday: 5th Sunday in Ordinary Time

Monday: St. Agatha, Virgin and Martyr

Tuesday: St. Paul Miki and Companions, Martyrs

Wednesday:

Thursday: St. Jerome Emiliani; St. Josephine Bakhita, Virgin

Friday:

Saturday: St. Scholastica, Virgin

Next Sunday: 6th Sunday in Ordinary Time, World Marriage Day

#### **STEWARDSHIP**

Holy Family Parish Offertory 01/28/2024			
UI LUI LULT	Actual	Budget	% of Goal
Jan 22 - Jan 28, 2024	\$ 4,519	\$ 9,936	45%
January 2024	\$ 35,547	\$ 44,002	81%
YTD	\$ 319,328	\$ 525,000	61%





Next Coffee & Donuts February 11th hosted after 8:30 Mass by the Roozens and after 10:30 Mass by the Christensens

Join us Saturday, February 10th for Wine & Cheese hosted by Pat Markesino



#### MINISTRY SCHEDULE ~ February 10-11, 2024

	Altar Server	Greeter/Usher	Eucharistic Minister	Reader	Sacristan
Saturday 5:30pm	Joseph Pienovi Lucas Pienovi	Jenn Pienovi	Per-Michael Jarnberg Dominic Pienovi Chuck Sparks	Matt Brouns - Lector Vicki Ford - Commentator	Joyce Holohan-Bell
Sunday 8:30am	Nate Mullett Jacob Mullett	JoAnna Mullett	Claire Bauman Brian Cass Joy Hunt	Kathy McMahon - Lector Kelly Buechler - Commentator	Joy Hunt
Sunday 10:30am	Cormac Fedeli Naomi Sager	Krisi Christensen Gene Dieringer	Michael Dominguez Aengus Fedeli Lisa Fedeli	George Bengtson - Lector Kristin Burgher - Commentator	

# CATHOLIC

#### **Purpose and Pride**

Father, forgive me. Today's Gospel made me want to fight somebody.

If you want to make me really, really angry, you are sure of doing so if you tell me about an old woman who was sick, but felt a little better, and then her son-in-law and all his buddies showed up, so she cooked them a bunch of food and cleaned up after them.

We all project our own feelings, fears, insecurities, and desires onto the word of God. I certainly do. And most of my feelings, fears, insecurities, and desires spring from my current role as a tired mom of little kids.

I think there is a fear inside many of us of God's purpose for our lives. What if it's not aligned perfectly with what we think we need, or what we imagine we want? Most of the time, I think I need a nap, and I imagine that I want absolutely no one asking me for any kind of help. And here I am, perpetually napless and always being called on to render assistance.

The actions of Peter's mother-in-law were the only actions we would expect of a woman who had just received a miracle. She jumped up, and with bravery and boldness she served the Lord.

But couldn't she rest? Couldn't she serve him later? Couldn't she thank him with a smile and take a nap? Well, I suppose. But is that how you react to a miracle?

I have received my miracle — my family. My purpose. So why am I still lying down?

"He approached, grasped her hand, and helped her up. Then the fever left her and she waited on them." — Mark 1:31

Colleen Jurkiewicz Dorman

# Why do we do that? Catholic Life Explained

#### Question:

Is gossip a mortal sin?

#### Answer:

To really ask this question, we must consider the Eighth Commandment: "You shall not bear false witness."

In its reflections on this commandment, The Catechism of the Catholic Church invites us to not only think about what bearing "false witness" means, but to also consider how we understand the truth and how we communicate more broadly. This is why so much of this section of the Catechism has to do with the gift of language. With this in mind, we will notice that the word "gossip" isn't used by the Catechism. Instead, we find the words "detraction" and "calumny," which are actually two forms that gossip can take, and both can be quite serious.

First, detraction is the of revealing "another's faults and failings to persons who did not know them," without morally valid reasons. Calumny, by extension, is saying something about another person that is untrue, and it is sinful because it "harms the reputation of others and gives occasion for false judgements" (see no. 2477).

In all of our communication, we have to always recognize that we have a moral obligation to the truth and to always work to protect the reputation and honor of our neighbors (see no. 2479).

Gossip can, in fact, prove to be a very serious sin. After all, the Catechism reminds us: "No one is bound to reveal the truth to someone who does not have the right to know it" (no. 2489). When we have gossiped, especially if we are aware we have damaged another person's good name or reputation, we want to make every effort to undo the damage we have done, including seeking the grace and forgiveness offered in the Sacrament of Reconciliation.

#### **BACKPACKS FOR KIDS**

Turn in food to the parish center or back of church by

**Tuesday, February 13th** 



## DONATE FOOD, **CHANGE** LIVES

Menu Switch-Up.. new items requested!

Helping the SE Portland Community through Woodmere Elementary

Click or scan code to sign up



Just Older Youth a group for parishioners 50 years +

#### Weather 101

Thursday, February 8th, 2pm In the Parish Office Conference Room

We are pleased to have parishioner and local TV meteorologist **Rhonda Shelby** come and talk about all things weather. Rhonda will discuss her early career, how she got into the weather business, what a "typical day" looks like doing the morning weather show, and will discuss the ins and outs of Pacific Northwest weather.

\*\* Mark your calendars \*\* and join us! Bring your own snacks and drinks. Masks are optional.

> Questions? Contact Vic or Terri Cozzoli at joy@holyfamilyportland.com

#### Women's February Morning of Reflection

Tuesday—February 20th at Holy Family Parish Office 3732 SE Knapp St. from 10 am—Noon Facilitated by Bill Zuelke

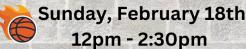
Please join us for some time of prayer, reflection and sharing



Suggested donation is \$20 Please RSVP to vicki451@comcast.net If you need to join on ZOOM, please let me know to request the link.

# NEW DATE

The Knights of Columbus Holy Family Council is hosting a free throw event for boys and girls aged 9-14 (as of 1/1/2024)



The competition is free. We are partnering with SVDP and asking for a donation of coffee or jelly/jam

All participants who pre-register will receive a token for free ice cream from Cloud City

Pre-registration is now open, you can register by scanning the QR code



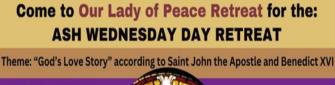




For more information, contact Steve Tassinari at HFKnights\_Events@protonmail.com or 503-515-1432

# From the desk of HFCS Teachers...

In Thanksgiving for the students of Holy Family Catholic School: Thank you, God, for our **Pre-K** students, who are a beacon of light for each other and all the teachers who are blessed to serve them. Please help them to remain passionate and eager to learn every day. Thank you, God, for our kindergarten students, who are so excited to learn new things every day. Please help them to show empathy and compassion to their friends. Thank you, God, for our 1 st graders, who are filled with curiosity and joy. Please help them take care of each other and all of your creation. Thank you, God, for our 2 nd graders, who work so hard and wow me every single day. Please help them focus, learn, and listen to each other. Thank you, God, for our 3 rd graders, who worked so hard and patiently in achieving their goals and responsibilities in completing all their academic work as we all try to catch up after the long unforeseen vacation. Thank you, God, for our 4 th graders, who are filled with love and kindness. Please help them continue to grow and be the amazing children that they are. Thank you, God, for our 5 th graders, who enter school every day excited to be part of our community. Please help them find moments to pause and listen to each other. Thank you, God, for our 6 th graders, who are navigating the storm of middle school with grace and patience. Please help them be confident in themselves and each other as they grow to be leaders of the school. Thank you, God, for our 7 th graders, who are kind and brave and brilliant. Please help them be role models and beacons of light! Thank you, God, for our 8 th graders, who lead our school with energy, tenacity, and brilliance. Please help them be empathetic, respectful, and patient with others. Amen.



Wed Feb 14, 2024 9am-2:30pm Retreat Fee: \$50 includes lunch

To register: olpretreat.org or 503.649.7127





John G. Vlazny

hosted by the Franciscan Missionary Sisters of Our Lady of Sorrows 3600 SW 170th Ave., Beaverton, OR

#### Healing Prayer of Surrender

Dear Lord Jesus, it is my will to surrender to you everything that I am and everything that I'm striving to be. I open the deepest recesses of my heart and invite your Holy Spirit to dwell inside of me.

I offer you my life, heart, mind, body, soul, spirit, all my hopes, plans and dreams. I surrender to you my past, present and future problems, habits, character defects, attitudes, livelihood, resources, finances, medical coverage, occupation and all my relationships.

I give you my health, physical appearance, disabilities, family, marriage, children and friendships. I ask you to take Lordship over every aspect of my life. I surrender to you all my hurt, pain, worry, doubt, fear and anxiety, and I ask you to wash me clean.

I release everything into your compassionate care. Please speak to me clearly, Lord. Open my ears to hear your voice. Open my heart to commune with you more deeply. I want to feel your loving embrace. Open the doors that need to be opened and close the doors that need to be closed. Please set my feet upon the straight and narrow road that leads to everlasting life.

Amen.



Sisters of Life - Lenten Mission in Oregon February 15 - 18

The Sisters of Life invite you to join them for their upcoming events around Oregon! Thursday, February 15th

> Parish Lent Mission at St. Patrick's in Portland – 6:00 PM Mass, 6:30 PM. Eucharistic Adoration, 7:00 PM Social hour, 7:30 PM Talk by the Sisters, 8:00 PM Q&A.

#### Friday, February 16th

- University of Oregon campus visit
- Parish Lent Mission at St. Alice's in Springfield 12:15 PM Mass, 5:00 PM Soup. Supper, 6:00 PM Stations, 6:30 PM Talk by the Sisters, 7:00 PM Q&A.

#### Saturday, February 17th

- Oregon State University campus visit.
- Oregon 40 Days for Life Rosary at SW 10th and Washington.
- Oregon Life Gala 6:30 PM Talk given by a Sister.

#### Sunday, February 18th

- Parish Lent Mission at St. Mary Cathedral in Portland 9:00 AM Mass.
- Parish Lent Mission at St. Michael's in Portland 5:30 PM Meet & Greet, 6:00. PM Talk by the Sisters. 6:30 PM Q & A. 7:00 PM Mass. 8:00 PM Coffee & Pastries.

#### PARISH CONTACTS

#### PARISH OFFICE STAFF

Parish Center Office Phone: 503-774-1428

Pastor Fr. Rodel de Mesa x1

Pastor@holyfamilyportland.com

\*Please contact for Weddings, Anointing & Confession

Deacon Tim Dooley

Tim\_dooley@hotmail.com

\*Please contact for Homebound/Communion Visits

**Business Manager** Marivic Tupaz x5

BusinessMgr@holyfamilyportland.com

Director of Pastoral Krisi Christensen x3

Ministry PastoralMinistry@holyfamilyportland.com

\*Please contact for Baptisms, RCIA, and Funerals

**Administrative Assistant** Sherry Brost x2

sbrost@holyfamilyportland.com

\*Please contact for Bulletin Info, Sacrament Records,

& Mass Intention Requests

Faith Formation Desi Dominguez x4

faithformation

@holyfamilyportland.com

\*Please contact for First Communion & Children's RE

Youth Ministry Ronny Saenz x4

youthministry@holyfamilyportland.com

\*Please contact for Youth Group and Confirmation

**Bookkeeper** Lorenz Mallari x6

bookkeeper@holyfamilyportland.com

\* Please contact regarding Child Protection Programs

Maintenance Sean Lynch x7

Maintenance@holyfamilyportland.com

Parish Office Volunteer Joyce Holohan-Bell x8

receptionist@holyfamilyportland.com

School Principal Joe Galati 503-774-8871

igalati@holyfamilypdx.net

**Music Director** Chris Brunelle

Music Ministry @holy family portland.com

Traditional Choir Director Tina Paradiso-Herlein

tparadiso@archdpdx.org

#### PRAYER REQUESTS

Elena de Mesa Doree D'Angelo Mary DeSousa Tim Evens Jean Goerl Per-Olof Jarnberg Sam Johnson Kathy Kaopuiki Bonnie Kilwein Katie Lawrence Mariloris Oliverio Sabas Quiray Anne Templeton Marilyn Walstrom Leasa Wiebke Patricia McEvoy Julie Reiersgaard David Hart

All special intentions
All grieving loss of
loved ones
Mental Health of all HF
Parishioners
Ukraine
Doug Sinclair for
healing

For prayer support, contact Kathy McMahon at holyfamilypdxprayercircle@gmail.com or Dolores Wesselman: (503) 771-5505

# PARISH ORGANIZATIONS AND CONTACTS

All phone numbers begin with area code 503 unless indicated

<b>Administrative Council</b>	Mike Fisher	705-2000		
Altar Society	Joyce Holohan-Bell	775-5767		
<b>Bible Discussion</b>	Dave Bergman	784-3272		
CYO	Andy Owings	793-1446		
	cyoholyfamily@gmail.com			
<b>Christian Service</b>	Joyce Holohan-Bell	775-5767		
<b>Eucharistic Adoration</b>	Parish Office	774-1428		
Hospitality	Krisi Christensen	774-1428 x3		
JOY Ministry	Vic & Terri Cozzoli	788-2073		
(Just Older Youth 50+)	JOY@holyfamilyportland.com			
<b>Knights of Columbus</b>	Michael Dominguez	548-8971		
	HolyFamilyKnights@protonmail.com			
Marriage & Family Life	TBD			
Needleworks	Glorianne Menely	422-3011		
PTO	Katie Steipp			
	pto@holyfamilypdx.net			
Pastoral Care /Homebound	Deacon Tim Dooley			
Pastoral Council	Jennifer Pienovi			
Prayer Circle	Kathy McMahon			
	holyfamilypdxprayercircle@gmail.com			
Rosary Makers	Dorothy Danna	698-3578		
School Advisory Council	Todd Cahill			
School Principal	Joe Galati	774-8871		
St. Vincent de Paul	Don Wolkerstorfer	946-8341		
Trail Life	Andrew Havens	780-6294		
	TrailLife@holyfamilyportland.com			
<b>Young Ladies Institute</b>	Cam Hanemann	654-7424		



#### **COMMUNITY BULLETIN BOARD**

#### **Attend the Lenten Day Retreat at The Grotto** with Dina Marie of Faith Moments

Retreat theme: "Behold, the Lamb of God" John 1

Friday, March 15, 2024 9:30am-1:30pm

Retreat Fee: \$15 (lunch optional)

dinamarie.org





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Sunday, February 4 and March 3 12:15 PM to 2PM St. Stephen's Hall at 1112 SE 41st Avenue, Portland OR 97214.

Meet our faculty, current students, & parents and tour the new school building. All potential new families, current 7th & 8th graders, parents, and supporters are welcome and encouraged to attend. RSVP at 360-355-3362 or online at ChestertonFrassati.org/admissions.



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