

St. Albert Nutrition Service

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St. Albert Nutrition Service offers a variety of additional items available for students to purchase. These items are "Smart Snack" compliant, and the nutritional values must adhere to national standards. Smart Snack is a practical, evidence-based nutrition standard for snacks and beverages sold in schools. These items are made with whole grains, are reduced fat and also have limits on fat, sugar, sodium, and calorie content. We also offer a variety of beverages that students can purchase. All beverages follow the Smart Snack program and are100% fruit or vegetable juice diluted with water, with or without carbonation, and with no added sweeteners. If you would like to learn more about the Smart Snack program, please visit https://www.fns.usda.gov/tn/quide-smart-snacks-school for more information.

Items offered at St. Albert Nutrition Services Schools may include, but are not limited to:

\$.50 items- Assorted graham crackers, yogurt, and mini rice krispie treats.

\$.75 items- Chex mix, cheese its, oatmeal bars,goldfish crackers, fruit snacks, strawberry yogurt Chex mix and pretzels.

\$1.00 items- All baked, kettle cooked, and reduced fat chips, large rice krispie treats and Smartfood popcorn. Also, pastries such as whole grain chocolate muffins, donuts, snack buns and freshly baked cookies.

100% Fruit Juice Beverages offered range from \$.75 to \$1.25

All smart snack ice cream frozen fruit cups \$1.00

Students may also purchase an additional entree for \$1.50