

The WISDOM of Problem Solving

Begin with a prayer for wisdom:

Holy Spirit,

Give us the Wisdom to see where God is at work in this situation and help us to share respectfully with each other.

Amen.

14/	What is the problem?
VV	 Define the problem.
	Be specific.
	 Focus on the situation, not the people involved.
	Identify as many possible solutions as you can
	Let everyone participate.
	 Don't evaluate or judgejust identify.
_	Scrutinize each solution
5	 Identify pros and cons
	 Does this solution follow Catholic teaching?
	 Does this solution lead to sin (harming relationship with God, self,
	or others)
	 Is it feasible / do-able
	 Imagine the outcome of implementing this solution
	Do it.
	 Decide on a solution to implement and DO IT.
	 Make sure it is a solution that everyone is willing to try.
	 Reassure anyone who is unsure that if the solution doesn't work
	you will work together to find another.
	Observe what happens
U	 Notice the effect of your chosen solution.
	Is that what I thought would happen? Hoped would happen?
	 How did this solution impact others?
N A	Make changes / improvements
	 Try another solution.
	 Problem solve new options if necessary.

Keep these things in mind:

- Attack the problem, not the person.
- We are all children of God. Treat each other with respect.
- First identify solutions that meet the <u>other</u> person's needs, then share solutions that address your own.
- Use I-feel statements, not blaming statements.
- Take responsibility for your actions.
- Be open to new ideas.
- The right choice will lead you closer to God, not farther away from God.
- God doesn't desire for bad things to happen, but God will bring good from bad if you seek Him.