

# Behavioral Health Shortage Areas in Nebraska

Health Professional Shortage Areas: Mental Health, by County, 2022 - Nebraska



Source: [data.HRSA.gov](https://data.HRSA.gov), July 2022.

Every county in the Diocese of Grand Island is a designated *Health Professions Shortage area for Behavioral Health*. The United Health Foundation's 2021 Annual Report found that almost 17% of Nebraskans experienced symptoms of depression, 12% of adults reported frequent mental distress, and 13% of Nebraska's children faced two or more adverse childhood experiences, yet the number of mental health providers in the entire state is fewer than 2.9 per 1000. Access to care within the Diocese of Grand Island is especially challenging with increased distance to care compared to more urban areas of the state. The Diocese of Grand Island is committed to improving access to mental health care. On **November 19, 2023** a special collection will be gathered to support access to mental health care within the diocese. Your donation will help provide assistance for individuals seeking care, increase access to Catholic providers, and develop local mental health ministry programs to offer mentoring and support.

## Your November 19 donation helps provide...

**Assistance in Finding Care - Payment Support**

**- Access to Catholic Providers -**

**Mental Health Ministry / Mentoring and Support**