



Dear Advocates,

Today (Jan. 22) is the anniversary of *Roe v. Wade*. While we praise God this decision was overturned by the historic *Dobbs* decision, this day will forever serve as a memorial of the devastation caused throughout our country by legalized abortion.

Roe not only deteriorated our culture, but also severely impacted the lives of real people. It led to the loss of tens of millions of unborn lives. And it has resulted in deep emotional, psychological, and spiritual suffering for countless people across our country.

Many mothers, fathers, and others involved in abortion carry grief and pain, often on their own and are afraid to ask for help. As a pro-life community, we must offer not only advocacy for life and support for moms, but also compassion for those who have been affected by abortion. We are called to be disciples of the Lord's mercy.

In the face of these wounds, hope and peace are possible after abortion. Christ constantly offers His mercy and healing to all who seek it.

For several decades now, the Catholic Church in Nebraska has offered a free, confidential post-abortion healing ministry through [Hearts Restored](https://www.HeartsRestoredNebraska.com) to those suffering from the impact of abortion. But we need your help to spread the word and invite others to explore this ministry. Please share the following information:

- Website: www.HeartsRestoredNebraska.com
- Confidential Hotline: 402.783.HOPE (4673)
- Confidential E-mail FindPeace@HeartsRestoredNebraska.com

As well, last January, every parish across the state received a number of Hearts Restored materials, such as prayer cards, tear off phone number flyers, and brochures. Please do not hesitate to take some of these materials, share them, and spread them around your community. If you don't see them in your parish, inquire about them at your parish office and help share them with family, friends, parishioners, and fellow Nebraskans.

Everyone's journey to healing is unique. However it began, it can end with hope.

In Christ,

Tom Venzor
Executive Director