



# Live the Gospel of Life

Pro-Life Notes Vol. 6 No. 01

January 7, 2026

## Pro-Life Office

### -9 Days for Life Novena and Day of Prayer for the Unborn on January 22

The Novena takes place from January 16 – 24. [9 Days for Life](#). We have created an after Mass Novena for use after each of your daily Masses. **We encourage you to visit with your pastor or deacon about praying the Novena from January 16-24.** You can access it here in English and Spanish: <https://gidioceese.org/pro-life> (under pro-life resources and documents tab).

January 22 is the annual [Day of Prayer for the Legal Protection of Unborn Children](#). [This handy reference sheet](#) lists the options of Mass readings for the Day of Prayer for the Legal Protection of Unborn Children. Homily helps for the weekend before the Day of Prayer and the observance itself are available in [English](#) and [Spanish](#). Please visit with your pastor or deacon about the choices for the readings. The “Mass for Giving Thanks to God for the Gift of Human Life” is included in the Roman Missal, Third edition. It was created specifically for the needs of the United States and may be used for occasions to celebrate the dignity of human life.

### -Pro-Life Coffee with the Senators



**PRO-LIFE COFFEE**  
SATURDAY, FEBRUARY 14, 2026  
RIVERSIDE GOLF CLUB | 2820 RIVERSIDE DR, GRAND ISLAND, NE

All are invited to attend the 7th annual Pro-Life Coffee! Enjoy a morning with Pro-Life friends and learn about Pro-Life initiatives and legislation from statewide and local Pro-Life groups and our elected officials. This is an ecumenical event. Coffee, fruit & bagels provided free of charge.

8:30 am - Doors Open  
9-11 am - Program

RSVP requested but not required  
(308)382-6565  
[www.gidioceese.org/pro-life](http://www.gidioceese.org/pro-life)

Scan this QR Code to Register

NEBRASKA FAMILY ALLIANCE  
Advancing Family, Freedom and Life.

NEBRASKA  
Right to Life

NEBRASKA  
CATHOLIC  
CONFERENCE

CATHOLIC DIOCESE  
OF GRAND ISLAND

STUDENTS FOR LIFE  
OF AMERICA

Grand Island Right to Life and South Central Nebraska Right to Life

All are Invited! Join local and statewide Pro-Life groups for the **7<sup>th</sup> Annual Pro-Life Coffee on Saturday, February 14, at Riverside Golf Club in Grand Island.**

The program will provide an opportunity to learn about important pro-life legislation in the Unicameral and will feature our State Senators from central and south-central Nebraska. Doors open at 8:30 a.m. The program runs from 9:00 to 11:00 a.m. Coffee, fruit, and bagels will be provided. Riverside Golf Club is located at 2820 Riverside Drive in Grand Island. The event is hosted by the Nebraska Catholic Conference and the Diocese of Grand Island Pro-Life Office.

Register [here](#).

## -Pro-Life Youth Contests

The Diocesan Youth Contests are once again underway with the Pro-Life Art contest being held for K-6<sup>th</sup> graders and the Pro-Life Essay contest for 7-11<sup>th</sup> graders. Here are the forms: [Pro-Life Art Contest Application](#) and the [Pro-Life Essay Contest Application](#). Both applications can also be found on the [Youth Events & Programs page](#).

**Don't pass up the chance to win money for your school or parish classroom while promoting a Culture of Life.** The first place winner of the Statewide Art Contest will win \$250.00 and the parish or school will win \$500.00.

## Nebraska Catholic Conference

### **-Bishops' Pro-Life Mass and Nebraska Walk for Life**

Start your year with hope and prayer at the annual Bishops' Pro-Life Mass, held each year near the anniversary of *Roe v. Wade* (Jan. 22) to unite pro-life Nebraskans in faith. Experience the beauty of Mass and communion at St. Mary's in downtown Lincoln, then join thousands of pro-lifers at the State Capitol steps to peacefully demonstrate for life at the annual Nebraska Walk for Life, sponsored by the Nebraska Right to Life. Whether you come for spiritual reflection, community, or to hear from Nebraska's pro-life elected officials, this event offers a meaningful way to memorialize the lives lost to abortion and publicly witness the dignity of every human life.

Here is a Google Drive Folder with promotional materials about the Pro-Life Mass and Nebraska Walk for Life. In this folder, you will find a **Flyer, Graphic, and Bulletin/Pulpit Announcement**. Please utilize them as you best see fit and share with other parishes/groups as you are able! Here is the link:

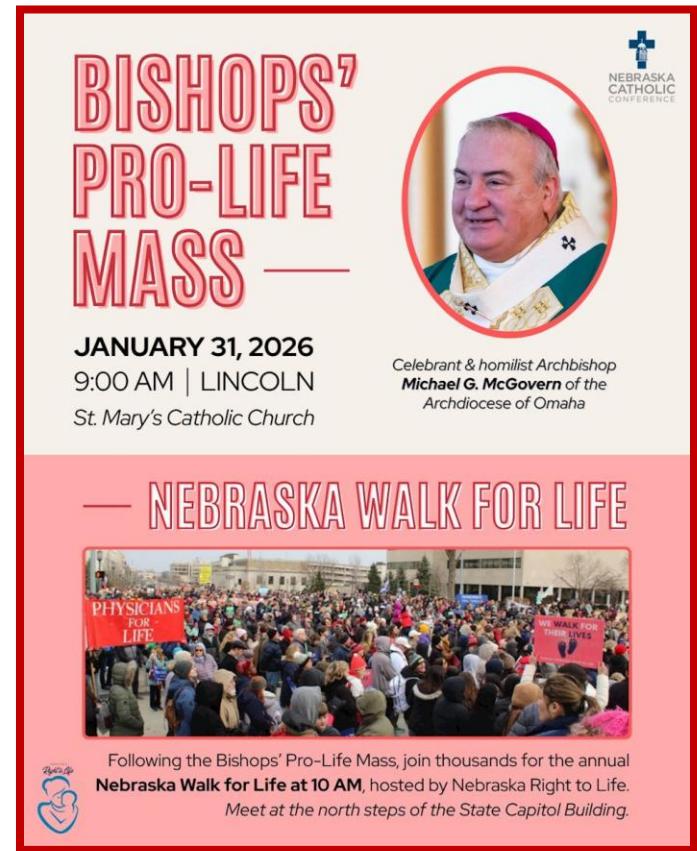
<https://drive.google.com/drive/folders/1I6kwBXHiL5D17mD6WSxPGXClesmPOcZd?usp=sharing>

### **-Capitol Update. January 03, 2026**

On Wednesday, January 7, the Norris Chamber in the Nebraska State Capitol Building will be full of our state's 49 state Senators, all their staff members, other elected state officials, and advocates, eager to begin the process of the 2026 Legislative Session.

And the first ten days of session are especially significant because that's when Senators introduce the bills they've been working on during the off-season. These bills will shape public policy debate for the next several months, including policies that affect the dignity of human life, families, and our most vulnerable brothers and sisters in Christ. The Legislature will also be dealing with significant revenue shortfalls, which will set the tone and have a significant impact on what the Senators do and don't do this session. Take a moment and [read what Speaker John Arch thinks](#) about the upcoming session.

This year's session is a "carryover" year and is a continuation of last year's session. That means there are already a number of "live" issues that "carryover" from last year, in addition to all the new legislative issues



The graphic is a promotional image for the Bishops' Pro-Life Mass and Nebraska Walk for Life. It features a large red banner at the top with the text 'BISHOPS' PRO-LIFE MASS' in white. To the right is a circular portrait of Archbishop Michael G. McGovern. Below the banner, the text 'JANUARY 31, 2026' is in bold, followed by '9:00 AM | LINCOLN' and 'St. Mary's Catholic Church'. To the right of the text is a photo of a large crowd at the Nebraska Walk for Life. At the bottom, there is a small logo of a person holding a cross and the text 'Following the Bishops' Pro-Life Mass, join thousands for the annual Nebraska Walk for Life at 10 AM, hosted by Nebraska Right to Life. Meet at the north steps of the State Capitol Building.'

that will arise. If you want to learn about the bills we are already working on, [check out our bill tracker on our website, NEcatholic.org.](#)

*Action Step: Pray for your state Senator this week! Not sure who your Senator is? Don't worry, the Nebraska Legislature can help you "[Find Your Senator](#)".*

## United States Conference of Catholic Bishops

### **-Resources for January**

There are many resources to help highlight and pray for the protection of pre-born children in January:

- [Day of Prayer for the Legal Protection of Unborn Children](#) (January 22)
- [9 Days for Life](#)
- [Parish Action Guide](#)

The National Prayer Vigil for Life at the Basilica of the National Shrine of the Immaculate Conception in Washington, D.C., will begin with the opening Mass at 5 pm on January 22 and conclude with the closing Mass at 8 am on January 23. The opening and closing Masses will be viewable via livestream at [nationalshrine.org/mass](#). More information can be found in the [recent press release](#).

### **-Word of Life**

The [January](#) issue of Word of Life is available in English and Spanish. [Word of Life](#) is a monthly resource for dioceses and parishes that includes monthly special features, intercessions, bulletin quotes, and graphics. Previous editions can be found in [the archives](#), and parishes can [subscribe](#) to receive Word of Life directly by email.

## Walking With Moms in Need

### **-Newsletter**

Check out the most recent [newsletter](#) for the latest updates on *Walking with Moms in Need* (December 2025).

### **-Respect Life Podcast features Archbishop Emeritus Joseph Naumann**

Archbishop Emeritus Joseph Naumann talks with Kat Talalas about how the Church “walks with” moms who are pregnant or parenting in difficult circumstances.

On Episode 5 of "[The Respect Life Podcast](#)," His Excellency also shares about his own life, from losing his father while still in his mother's womb to becoming a bishop and his involvement with pro-life ministry, including his time as chairman of the USCCB's Committee on Pro-Life Activities.

Archbishop Emeritus Joseph Naumann is a consultant to the USCCB's Committee on Pro-Life Activities.

[WATCH](#) on YouTube or listen on Apple Podcasts, Spotify, iHeartRadio, and most other podcast platforms.



## Pro-Life Calendar

Jan - Mar Pro-Life Youth Art and Essay Contests <https://gidiocese.org/pro-life>

Jan 16-24 9 Days for Life Novena <https://www.respectlife.org/9-days-signup.>

Jan 18 Sanctity of Life Sunday

Jan 22 Day of Prayer for the Legal Protection of Unborn Children, **USCCB Action Guide**  
<https://www.respectlife.org/>

Jan 22-23 National Prayer Vigil for Life <https://www.nationalshrine.org/event/2026-nationalprayervigilforlife/>

Jan 23 March for Life, Washington, DC <https://marchforlife.org/>

Jan 24 Pro-Life Summit, Students for Life, Washington DC <https://prolifesummit.com/>

Jan 31 Bishops' Pro-Life Mass, St. Mary's Church, Lincoln (9:00) <https://necatholic.org/>

Jan 31 NE Right to Life, Walk for Life, State Capitol, Lincoln (10:00) <https://nebraskarighttolife.org/>

Feb 14 Pro-Life Coffee, Riverside Golf Club, Grand Island (9:00) <https://gidiocese.org/pro-life>

Mar 4 Catholics at the Capitol, Lincoln (8:30) <https://necatholic.org/>