What you need to know about New York State
School Health Examination Requirements

A physical examination including Body Mass Index and Weight Status Category Information is required for all newly entering OLQA and students in pre-kindergarten or kindergarten, grades 1, 3, 5, 7, 9, and 11.

If we do not receive the NYS health examination form completed by your child's primary care provider dated within one year of the beginning of the school year, a physical will be performed by the school's Medical Director. If you do not want to have your child examined by the school physician, a letter from your child's primary care provider with the upcoming exam date must be submitted to the health office by September 30th.

The School Medical Director only provides a general physical that clears your child for school attendance and is not a substitute for an in-depth well visit evaluation by your child's primary care provider. Sports physicals are not conducted at OLQA and any student who participates in our intramural sports program or the Middle school Athletic Program must be current with all vaccinations and will need clearance from his/her healthcare provider. Additionally, parents will need to complete an interval health history prior to the start of the sports season.

Don't forget to have your child seen by a dentist at least once a year.