

Physical Education Syllabus

Instructor: Mr. Tyler Simpson

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Phone Number: 631-603-7818

Office Hours: 7:20am – 8am, Lunch Period and 2:20pm-3pm M-F

Introduction:

Mr. Simpson brief bio:

SUNY Old Westbury Alum

Graduating Hofstra University's Master of Physical Education Program May 2023

Joint Task Force Empire Shield Academy Graduate (DMNA/Homeland Security)

NYS Certified Football Coach

NYS Concussion in Sports Certification

First Aid/CPR Certified

Marine Corps combat veteran

Currently serving in the New York Army National Guard

9+ years in a leadership role

- Physical Education aims to develop students' physical competence and knowledge of movement and safety, and their ability to use these to perform in a wide range of activities associated with the development of an active and healthy lifestyle

This course will teach students the importance of life-long healthy living, exercise, and leisure. Participation is expected!

Goals for the Student:

- ✓ To become physically literate individuals
- ✓ To exercise and be physically active daily
- ✓ To learn the importance of healthy living and eating
- ✓ To develop teamwork skills
- ✓ To become a goal setter
- ✓ To have fun!

Expectations:

- ✓ Respect everyone in class and display excellent sportsmanship
- ✓ Bring the required materials to class and be dressed for physical activity.
- ✓ Be punctual and ready to participate.
- ✓ Participate! Be engaged in ALL course activities.

Materials:

- ⇒ Gym shoes that can be used in the gym and outdoors
- ⇒ Gym clothes (gym socks, shorts, T-shirt, etc.)
- ⇒ Pencil, notebook, and paper for record keeping

Grading System:

Participation is 100% of your grade! Points will be deducted for not participating and not being dressed for physical activity.

A (90-100%)

B (80-89%)

C (70-79%)

D (60-69%)

E (Below 60%)

Questions, Comments, or Concerns:

Any questions or comments should be directed to me at the above phone number or email address. Please speak to me after the first class if you require accommodations or modifications.

I look forward to working with you this year!

Sincerely,
Mr. Simpson

Please sign and return this page if you understand and agree to abide by the above syllabus.

Course Name **PHYSICAL EDUCATION**

Printed Name _____

Signature _____

Date _____

This page due on 9/13 for 10 points.

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