

The background features a light yellow textured surface. In the top right, there is a brown shape with blue wavy lines. In the bottom left, there is a brown shape with blue polka dots. Scattered blue polka dots are also present in the lower half of the page.

# Let's Get Ready for Pre-K

A checklist to help yourself,  
help your child, be ready for  
their first school experience.

**Holy Family School Pre-K 2023/2024**

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## Dear Grown Up,

Do not get bogged down by these lists. Begin to work on these skills with your child, but know that they ALL are worked on in the classroom as well. These ideas will help your child feel more prepared and will help them be more successful when entering their first classroom. If your child has not mastered some of these skills, that does NOT mean they are not ready for pre-K. These lists were made geared towards typically developing children.

**Holy Family Pre-K Teachers**

# Academic Readiness

- ✓ Recognizes first name.
- ✓ Count to 10.
- ✓ Recognizes colors
- ✓ Sings the ABCs.
- ✓ Recognizes shapes (circle, square, triangle, rectangle).
- ✓ Can hold a pencil and scissors.



# Care of Self Readiness

- ✓ Knows first and last name.
- ✓ Put on a coat and begin to zip.
- ✓ Complete bathroom independence.
- ✓ Washing hands.
- ✓ Put on and take off shoes.
- ✓ Independent at mealtimes.

# Classroom Behavior Readiness

- ✓ Can sit and listen to a story.
- ✓ Is able to be redirected.
- ✓ Beginning to understand consent as a giver and receiver of touch.
- ✓ Respects materials and uses them safely.
- ✓ Age appropriate language and conversation topics.

# Social Emotional Readiness

- ✓ Play alongside other children.
- ✓ Play with other children.
- ✓ Recognize and name common feelings (happy, sad, mad).
- ✓ Care about others and show interest in others.
- ✓ Learning to redirect after a 'no'.

# Holy Family School Pre-K 2023/2024

## Suggested Summer workbooks for incoming Pre- K Students:

- [Amazon.com: Summer Bridge Activities Preschool to Kindergarten Workbooks, Phonics, Handwriting Practice, Math, Early Learning Summer Learning Activities, Kindergarten Workbooks All Subjects With Flash Cards: 8601422036442: Summer Bridge Activities: Books](#)
- [Preschool Cutting and Pasting \(Highlights Learn on the Go Practice Pads\): Highlights Learning: 9781684376568: Amazon.com: Books](#)