

## **Assessment Information for First Reconciliation and First Communion**

### **Common Prayers**

- The Sign of the Cross
- The Lord's Prayer (Our Father)
- The Hail Mary
- The Act of Contrition

### **Basic Understanding of the Parts of a Church and Mass**

- Baptismal Font
- Lectern/Pulpit
- Altar
- Chalice
- Crucifix
- Tabernacle
- Sanctuary Lamp
- Image of Mary, Mother of Jesus
- Image of Joseph, husband of Mary

### **Two Things We Do When We Enter a Catholic Church**

- Sign of the Cross with Holy Water – Why?
  - *Intended as a reminder of baptism, Catholics dip their fingers in the holy water and make the sign of the cross when entering the church*
- Genuflect to the Tabernacle – Why?
  - *Genuflecting before the tabernacle is a beautiful sign of adoration and respect*

### **Basic Concepts**

- What happened to me on the day of my baptism?
  - *I became a member of the Catholic Church and overcame original sin.*
- What did my parents promise to do on the day of my baptism?
  - *My parents promised to teach me how to live like Jesus; to love one another, as God loves us all.*
- What happens during the sacrament of Reconciliation?
  - *We confess our sins and ask God for forgiveness*
- What happens at Mass?
  - *We listen to God's Word and celebrate the Eucharist*
- How Do I prepare to receive Holy Communion?
  - *We abstain from eating for a period of 1 hour before receiving the Eucharist*
- What do I do after I receive Holy Communion?
  - *We make the sign of the cross and kneel at our pew in quiet reflection and prayer*

**Note:** Parents are encouraged to visit the church, outside of Mass times and review material with each child until the child feels confident with the material. Side parking lot door is open daily until 7:00 pm.