St. James the Apostle Catholic School 2021-2022

Walking with Our Salesian Saints

St. James the Apostle Catholic School is a Christ-centered community where children can grow in faith, values of service and academic excellence.

May 13, 2022 Newsletter

Feast of St. Mary Mazzarello
The First Salesisan Sister

Our Sisters Renew Their Vows

Mary Help of Christians, Pray for us.

Upcoming Events

Mon., May 16th
8th Grade Finals
PTC Board Mtg.
@ 6 pm

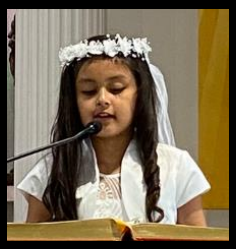
Tues., May 17th
8th Grade Finals
3rd Grade Author's Tea
@ 2 pm
SAC @ 6 pm

Wed., May 18th
May/June Birthday
Free-dress
Kona Ice after school

Thurs., May 19th
Early Release
for 8th Grade ONLY
8th Banquet

Fri., May 20th
May Crowning
Early Release
for 8th Grade ONLY
8th Grade Graduation
@ 5 pm

Sat., May 21st
SAFC Game

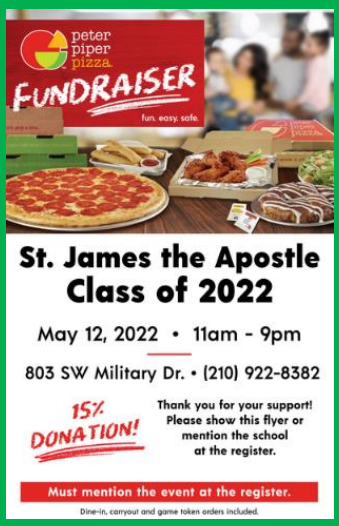
First Holy Communion

Penny War

Raise money for missions

Boys vs. Girls Winners will be announced next week!

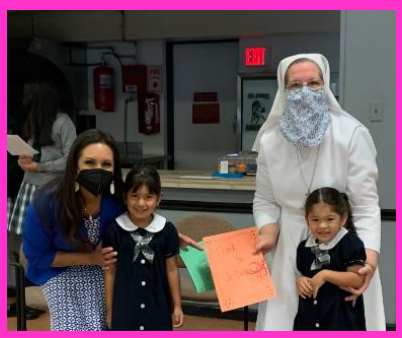
NJHS Induction Ceremony

Thank you for supporting our 8th graders!



8th Grade Retreat

Admin. App. Day – Thank you, St. James!



MENTAL HEALTH AWARENESS MONTH

HOW TO TALK TO YOUR CHILD IF YOU NOTICE UNHEALTHY BEHAVIORS?

1. Take a non-judgmental curious stand
- Must be open to possibly being wrong
- Be mindful of your own feelings
-Avoid trying to take control of the situation and problem solve in the moment.

2. Validation
- Help your child recognize it okay to have the feeling they are experiencing.
-Describe the behavior you have been noticing.
- Predict the feeling they may be having.

3. Start the Conversation at a good time
- This time has to be good for both parties.
- Be willing to admit you may be totally wrong.

4. Accept the Response
- If your child says nothing is wrong, accept and check-in in a few days.
- This will encourage them to feel more secure in opening up.

Mclean Hospital. (2022, March 21).Healthy coping for children and adolescents.[Video]. https://www.mcleanhospital.org/video/healthy-coping-children-and-adolescents.

Our amazing school counselor, Mrs. Chong, is always there to lend a helping hand!

Mrs. Chong can be reached at m.chong@stjamesschoolsa.org.

UNHEALTHY BEHAVIOR CONVERSATION EXAMPLE

SCENARIO

Sofia has been coming home and going straight to her room. She normally would talk to her mother about her day or share about her friends. Lately, you have noticed she doesn't talk much, she stays in her room all day, and she has quite playing with her sister.

Sample Response:

Hi Sofia, I wanted to talk to you about something I have noticed. I may be totally wrong, so if I am please tell me. I have noticed you have been more quite and haven't been sharing about your day. You have also started spending more time in your room and not playing with your sister. I wonder if something may be going on at school or if you are feeling stressed or are hurting in any way.

YES I'M FEELING...

↓

It is totally normal to be feeling... is there anything I can do to help.

NO, NOTHING IS WRONG

↓

Ok honey, I hope everything is ok. Know that I love you and I am here for you. How about we check in again in a few days.

FOSTERING GOOD COPING SKILLS

CAN BE USED BY ALL CARE GIVERS! PARENTS AND TEACHERS ALIKE.

1. Coregulation
a. Being a warm and consistent caregiver.

2. Create a physically and emotionally safe environment.
a. Having a clear routine and understanding of expectations.

3. Modeling and Teaching Behaviors
a. Demonstrating behavior
b. Say out loud how you are feeling and how you are coping with those feelings.
c. Normalize having big feelings and model appropriate response to those feelings.

SJS Athletic Awards

1st Place A.I.A.L. Soccer Champions

1st Place A.I.A.L. Volleyball Champions

A.I.A.L. Girls Basketball Runner-ups

1st Place A.I.A.L. Boys Basketball Champions

1st Place A.I.A.L. Baseball Champions

1st Place A.I.A.L. Girls A Track Team

St. James Artwork Showcased at CAAC Competition

CATHOLIC ARTS CREATIVE SHOWCASE

featuring school-level Arts & Literature CAAC winners, the Antonian College Preparatory Jazz Band & more!

Emily Asebedo
Matteo Perez
Roselyn Arsate
Devin San Miguel
Karen Lucio
Jenna Gonzales
Aaron Talamantez
Nadia Vela
Analeigh Gatic
Diego Longoria

Evan Villarreal
Andrew San Miguel
Allina Solis
Dalila Gamez
Roman Hernandez
Selene Cedillo
Preston Ortega
Josiah Cantu
Carissa Reyna
Isabel Duran

SJS Ballet Folklorico & SJS Choir
Performing at SAFC Game on Sat., May 21st

Toyota Field 5106 David Edwards Drive San Antonio, Texas 78233

Purchase discounted tickets here ($13 each) in our St. James section:

https://fevo.me/3wbidzY

Please purchase by Thurs., May 19th

6:15 p.m. - 645 p.m. - SJS Ballet Folklorico Pre-show performance at Main Gate Entrance

7:00 p.m. - SJS Choir sings our National Anthem on mid-field

Around 8:15 p.m. - SJS Ballet Folklorico Half-time performance on mid-field

Everyone is invited to come out and support our school!

SJS Extra-Curricular Activities – May 16th – 20th

Monday	Tuesday	Wednesday	Thursday	Friday
	Ballet Folklorico		Choir	

PTC News

2022 Spring Raffle Winners

12th Prize ($100.00) - John A. Gonzalez
11th Prize ($100.00) - Tere Ortega
10th Prize ($100.00) - Ed Alonzo
9th Prize ($100.00) - Jennifer G.
8th Prize ($250.00) - F. Hernandez
7th Prize ($250.00) - Dave O.
6th Prize ($250.00) - Ed Beatty
5th Prize ($250.00) - Nadia Vela
4th Prize ($500.00) - Irma Urdialez
3rd Prize ($500.00) - Margie Galvan
2nd Prize ($500.00) - Connie Pruski
1st Prize ($500.00) - Rudy's Seafood

Hail Holy Queen (Salve Regina)

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious advocate, thine eyes of mercy toward us, and after this our exile show us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.
(Verse) Pray for us, O Holy Mother of God.
(Response) That we may be made worthy of the promises of Christ.

SJS Parent Service Hours
Due Fri., May 13th
Please record in RenWeb
25 hours per family OR $10 donation per hour

You probably already earned all of your hours, for a list of events, please see below and/or visit our PTC webpage. We appreciate you!

- 5 Hours if you did Early Registration Last Year for THIS Year 2021-2022
- Serve on any SJS Board - PTC or School Advisory Council
- Head Coach of CYO Sport (5 hours per sport)
- Volunteer at any SJS Athletic Event (not CYO) – concessions, gate, coach
- Complete Mandatory Technology Survey - July 30, 2021
- Attend Parent/Student Handbook & General PTC Meeting with New Family Social - Sun., Aug. 8th @ 3 pm
- Donate items to your child's classroom ($10 = 1 service hour)
- 8th Grade Peter Piper Pizza Fundraiser - Wed., Aug. 25, 2021
- Back-to-School Mass - Sun., Aug. 29, 2021
- SJS Breakfast - Sun., Aug. 29th: Donate items or time - Breakfast Volunteer Link
- Attend Family Mass - Sun., Sept. 26, 2021
- BBQ Plate Sale - Sat., Oct. 2nd: Donate items or time - BBQ Volunteer Link
- Register for Hope for the Future 5K
    - 3 hours - register for 5K
    - 2 hours – attend 5K Walk/Run on Sun., Oct. 24th
    - 1 hour - post on Social Media or send in a photo or TikTok video to Dr. G by Wed., Oct. 20th.
- 8th Grade Raising Canes Fundraiser - Wed., Oct. 13, 2021
- Attend Family Rosary - Mon., Oct. 18, 2021
- Attend Family Mass - Sun., Oct. 31, 2021
- NetSmartz Internet Safety Zoom Presentation - Wed., Nov. 3, 2021
- Parents who donated items or worked the Halloween Hamburger Sale - Fri., Oct. 29, 2021
- Attend Family Mass - Sun., Nov. 14, 2021
- SJS Craft Show - Sun., Nov. 14, 2021 (donated time or items)
- Attend General PTC Meeting (New Cafeteria Reveal) - Thurs., Nov. 18th
- 8th Grade Peter Piper Pizza Fundraiser - Wed., Dec. 15, 2021
- Apply for Hope for the Future - 5 Service Hours
- Attend Saleisan Family Day Zoom - Sat., Jan. 21, 2022
- Attend Christmas Program - Fri., Dec. 17, 2021
- Attend Family Mass - Sun., Jan. 30, 2022
- Cowboy Breakfast Volunteer PTC Meeting - Thurs., Jan. 27, 2022
- Donate time or item to 8th Grade CSW Breakfast Sale - Sun., Jan. 30, 2022
- Donate baby items for Khaki & Plaid Basket - Jan. 29, 2022
- Basura Bash Clean-up - Sat., Feb. 19, 2022
- Attend Family Mass - Sun., Feb. 27, 2022
- Complete SJS Annual Survey - March 1 - 15, 2022 - 2 Service Hours
- Help sell food or perform at SAPD Memorial Car Show - Sat., March 12, 2022
- 8th Grade Raising Canes Fundraiser - Tues., March 22, 2022
- Donate time or items to Fiesta Cowboy Breakfast - Thurs., April 7, 2022
- Attend Family Mass - Sun., April 3, 2022
- 8th Grade Peter Piper Pizza Fundraiser - Thurs., May 12, 2022
- Attend your child's field trip – 1 hour
- Attend SAFC Game – Sat., May 21, 2022

Parent Service Hours –

Record on FACTS SIS (RenWeb)!

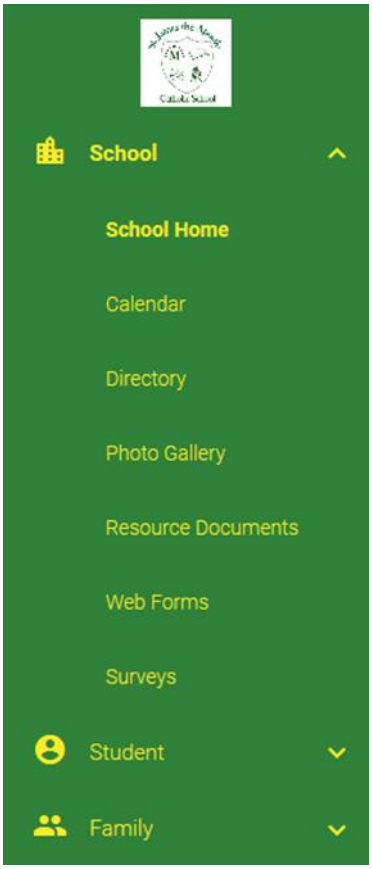
Each family is responsible for 25 hours and must document them on FACTS SIS (RenWeb).

Just follow the below instructions:

1. **Login** to you FACTS SIS (RenWeb) account with your username and password. Our District Code is: **SJM-TX**.

2. Click on **"Family"** on the main page.

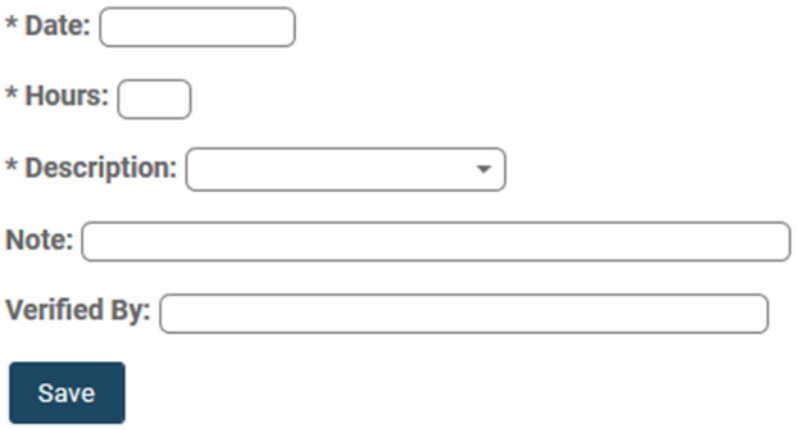
3. On the "Family" page, you will see a dropdown option with names for each parent and child in your family. Click on the **name** of the individual who volunteered time.



4. You will see tabs for "Contact Info" & "Service Hours". Click on **"Add"** near "Service Hours".

5. Select the appropriate category for description box. If you do not see an accurate **description** of your contribution, you may select "Other Donation or Service" and add a description in the "Note" section.

6. Remember to enter the number of **hours** you served and **SAVE** your entry.



Blessed Laura Vicuna- Student of Salesian Sisters

"I offer you my life for that of my mother."

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15	16 8th Finals PTC Board Mtg. @ 6 pm	17 8th Finals 3rd Grade Author's Tea @ 2 pm SAC @ 6 pm	18 May/June Birthday Free-dress Kona Ice	19 Early Release for 8th Grade ONLY 8th Banquet	20 May Crowing Early Release for 8th Grade ONLY 8th Grade Graduation	21 SAFC @ 7 pm
22	23 6th/7th Finals	24 Salesian Day – Wear yellow Salesian t-shirt 6th/7th Finals 1st Grade Field Trip St. Mazzarello Movie	25 6th/7th Finals	26 Student Council Elections 6th/7th Field Trip Farewell Gathering 5 pm – 8 pm	27 7th Mass 4th-7th Awards Kinder Graduation Last Day of School **Kona Ice**	28
29	30 Memorial Day	31 Faculty & Staff Morning Retreat & Work Day				

May Crowning Mass

This., Fri., May 20, 2022

Everyone, please bring a flower to present to Mary at Mass.

Let us honor our Blessed Mother!

2nd grade wears First Communion attire.
8th grade wears full Mass uniform and graduation gown.

Volunteer Requirements

In compliance with the Archdiocese and to ensure student safety, background checks must be cleared along with the required training videos in order to attend field trips (4th/5th Zoo, PK4 Swim, 8th NASA, ELC Devine Acres, 1st & 3rd events).

Please complete: Safe Environment Training

- Protecting God's Children & Sexual Harassment

Please complete:

- Criminal Background Check

To see if your background check and trainings are up to date, please contact Mrs. Farias via email at a.farias@stjamesschoolsa.org with your full name and DOB.

It is very important that families DO NOT create duplicate accounts. If you need assistance, then please email Mrs. Farias at a.farias@stjamesschoolsa.org.

LUNCH

MAY 2022

St James The Apostle

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Enchiladas Spanish Rice, Beans Fruit & Milk	3 Crispy Chicken Sandwich Green Beans, Mashed Potatoes Fruit & Milk	4 Spaghetti w/Meat Sauce Spring Salad, Roll Fruit & Milk	5 Chicken Nuggets Mac & Cheese, Green Beans Fruit & Milk	6 Pepperoni Pizza Vegetables, Jell-o
9 Bean & Cheese Chalupas Fruit & Milk	10 Hot dogs Potato Chips, Mixed Vegetables Fruit & Milk	11 Lasagna Spring Salad, Roll Fruit & Milk	12 No Lunch	13 No Lunch
16 Beef Taquitos Spanish Rice, Beans Fruit & Milk	17 Pulled Pork Sandwich Mashed Potatoes, Corn Fruit & Milk	18 Chicken Alfredo Spring Salad Roll Fruit & Milk	19 Chicken Nuggets Mac & Cheese, Green Beans Fruit & Milk	20 Pepperoni Pizza Vegetables, Jell-o
23 Cheese Enchiladas Spanish Rice, Beans Fruit & Milk	24 Corn Dogs Mashed Potatoes, Green Beans Fruit & Milk	25 Chicken Parmesan Spring Salad Roll Fruit & Milk	26 Chicken Nuggets Mac & Cheese, Green Beans Fruit & Milk	27 Pepperoni Pizza Vegetables, Jell-o
30 No School	31 No Lunch			