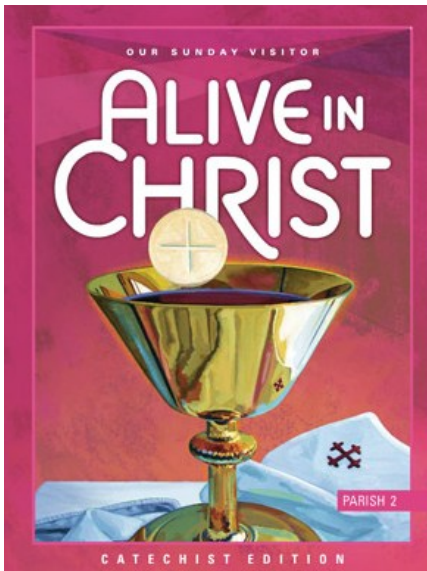


Grade 2 Family Formation

Week	In-Person	Date(s)	Chapter	E-assessment Link	Prayers
1	*	9/14	1—God's Gift	2.1 E-assessment (if absent)	Sign of the Cross and Our Father
2		9/21-27	2—God's Promise	2.2 E-assessment	
3		9/28-10/4	3—The Word of God	2.3 E-assessment	
4	*	10/5	4—God the Father	2.4 E-assessment (if absent)	
5		10/12-18	5—God, the Son	2.5 E-assessment	
6		10/19-25	6—God, the Holy Spirit	2.6 E-assessment	
7		10/26-11/1	7— God's Commandments	2.7 E-assessment	
		11/2-8	No Lesson		Angel of God and Hail Mary
8	*	11/9	7— God's Commandments	2.7 E-assessment (if absent)	
**	4:15 or 6:15 pm	11/10-11	Please attend Holy Heroes at SMM	Then you may skip next lesson	
9		11/16-22	Holy Heroes! (Pp. 9-18)	1.HH E-assessment	
10		11/23-26	8—Choose to Do Good	2.8 E-assessment	
		11/27-12/13	No Lesson		
11	*	12/14	9—God's Mercy	2.9 E-assessment (if absent)	
		12/21-1/3	No Lesson		Act of Contrition and Glory Be
12		1/4-10	10—The Sacraments	2.10 E-assessment	
13	*	1/11	FR Review #1 (see following pages)	2FP.1 E-assessment (if absent)	
		1/18-24	No Lesson		
14		1/25-31	11—Seek Forgiveness	2.11 E-assessment	
15		2/1-7	16—Gather to Worship	2.16 E-assessment	
16	*	2/8/2026	FR Review #2 (see following pages)	2FP.2 E-assessment (if absent)	
		2/15-21	No Lesson		Grace Before Meals
17		2/22-28	FR?		
18	*	3/1	17—Listen to God's Word	2.17 E-Assessment (if absent)	
19		3/8-14	18—Remembering Jesus' Sacrifice	2.18 E-assessment	
20		3/15-21	19—Supper of the Lamb	2.19 E-Assessment	
21		3/22-28	CVOL & Jesus, Our Gift (Pp. 331-340)	Send this form to yffca@mshj.org 1.HP E-assessment	
22	*	3/29	FHC Review #1 (see following pages)	2.FHC.1 E-assess (if absent)	
		4/5-11	No Lesson		
23		4/12-18	How God Loves (Pp. K1– K10) & God's Love (Pp. 290-293)	1.K E-assessment 1.MD E-assessment	
24	*	4/19	FHC Review #2 (see following pages)	2.FHC.2 E-assessment (if absent)	
**		5/5-5/6	Please attend Family Event at SMM		

* Denotes In-Person Class

** Denotes Optional Family Event with Traditional Students.



Grade 2 Family Formation Lessons

Second Grade [Digital Student Book](#)

- (contact yffca@mshj.org for password)

[In The Home Resources Grade 2](#)—Click on this link for:

- [Home Session Plans](#)
- [Multi– Age Family Session Plans](#)
- [Interactive Reviews](#)
- [Video Playlists](#)
- [Music Resources](#)
- [Games](#)
- [Glossary](#)
- [People of Faith Activities](#)

Prayers for Second Grade Students:

September—October

SIGN OF THE CROSS

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.
(Use right hand to sign oneself.)



1. In the name of the Father



2. and of the Son



3. and of the Holy



4. Spirit



5. Amen

OUR FATHER

Our Father, who art in heaven,
hallowed be thy name; Thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass against us;
and lead us not into temptation
but deliver us from evil. Amen.

HAIL MARY

Hail Mary, full of grace!
The Lord is with thee;
blessed art thou among women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

November—December

ANGEL OF GOD

Angel of God,	Ever this day
my guardian dear,	be at my side
to whom God's love	to light and guard,
commits me here.	to rule and guide.
	Amen.

Prayers for Second Grade Students:

January—February

GLORY BE

Glory be to the Father, and to the Son,
and to the Holy Spirit.

As it was in the beginning,
is now, and ever shall be,
world without end. Amen.

THE ACT OF CONTRITION

My God,

I am sorry for my sins with all my heart.

In choosing to do wrong
and failing to do good,

I have sinned against You,
whom I should love above all things.

I firmly intend, with your help,
to do penance, to sin no more,
and to avoid whatever leads me to sin.

Our Savior Jesus Christ
suffered and died for us.

In His name, my God, have mercy.

Amen.

March—April

GRACE BEFORE MEALS

Bless us, O Lord,
and these Your gifts
which we are about to receive
from Your bounty
through Christ our Lord.
Amen.

First Reconciliation Preparation #1

Parent Guide for First Reconciliation Preparation Review Videos

Video 1 “Review and Introduction to the Commandments”—Review key concepts:

- Reverence—special manners (care and respect) for holy people, places and things (Bible, genuflect before tabernacle, walk nicely and quiet in church, kneel to pray)
- Holy Trinity—Three Divine Persons in One God
 - God the Father—Creator
 - God the Son—Savior
 - God the Holy Spirit—strengthens and guides us

Introduction to Commandments (Chapter 7):

- Rules at home and school show us how to act and respect others
- God gave us the Ten Commandments for similar reasons—help us have a relationship with God and others—review of pages 122-123
- Jesus gave us the Great Commandment—Love God with your whole heart...and neighbor...
- God gave us the commandments for similar reasons:
 - First three help us to know how to have a relationship with God
 - Last seven help us have relationships with others
 - Review of the commandments
- Good Samaritan (textbook page 124-5)

Video 2 “Making Good Choices: - Sin, Conscience, Temptation” (Chapters 8 and 9)

Please focus on the celebration of God’s love and forgiveness!

Sin and wrong choices (page 132-5):

- Free Will—God wants us to make good choices. God gives us the freedom to make choices or free will. (textbook page 132)
- The Holy Spirit helps us to make right choices. (page 134)
- Sin is a break in our relationship with God. It is something we do on purpose although we know it is wrong
 - Venial sins are less serious in nature. Venial sins damage our relationship with God but do not remove us from God’s life and love. Can lead to more serious sins.
 - Mortal sins are serious sins that break our relationship with God. In mortal sin we make a choice to turn completely away from God
- Discuss the circumstances of an action, pointing out the difference between an accident and a sin.

- If we are sorry, and we seek God's forgiveness in the sacrament of penance, God will always forgive us when we sin. In the sacrament of Penance we express sorrow for our sins and we are forgiven.
- God gives us his voice in our hearts - our conscience - so that we can choose to do what God calls us to do. (page 135)

Video 3 "Forgiveness and Mercy" (pages 142-143)

- God wants us to forgive others.
- God forgives us in many ways.
- If we are sorry, God will always forgive us when we make wrong choices.
- Virtues are good habits that help us say "no" to temptation
- Temptations
- Mercy
- The Prodigal Son
- God wants us to show us forgiveness and he wants us to forgive others
- Jesus gave us this sacrament—gift of forgiveness of sins—when he appeared to the Apostles after the resurrection and gave the priest (our friend) the power to forgive sins in the sacrament of penance.

Video 4 "Sacraments" (Chapter 10)

- Sacraments (pages 156-7) - signs of God's love that give us grace (p 158)
 - Seven Sacraments
 - Review seven sacraments emphasizing the sacraments of initiation (pages 157-160)
- God loves us and wants us to draw closer to Him!

Video 5 "Sacrament of Reconciliation" (chapter 11) Review of pages 166-170:

- Celebrates our conversion and God's love and forgiveness
- Welcomes us back to close friendship with God and the community. It is a sacrament of healing and a sign of God's mercy and love.
- Reconciliation frees us from sin and gives us grace, God's own life. God's grace changes us.

A special thank you to Cathy Andres, Kathy Hunter, and Renee Williamson for creating these teaching videos!

First Reconciliation Preparation #2

- 1) Parents, please print and review the Final Preparation Guide on the next pages to reinforce the concepts that the teachers cover in their videos and to finalize your child's preparation.
- 2) Watch all videos (required):

[Watch Video](#) Reconciliation Review 1

[Watch Video](#) Reconciliation Review 2

[Watch Video](#) Reconciliation Review 3

[Watch Video](#) Reconciliation Review 4

[Watch Video](#) Reconciliation Review 5

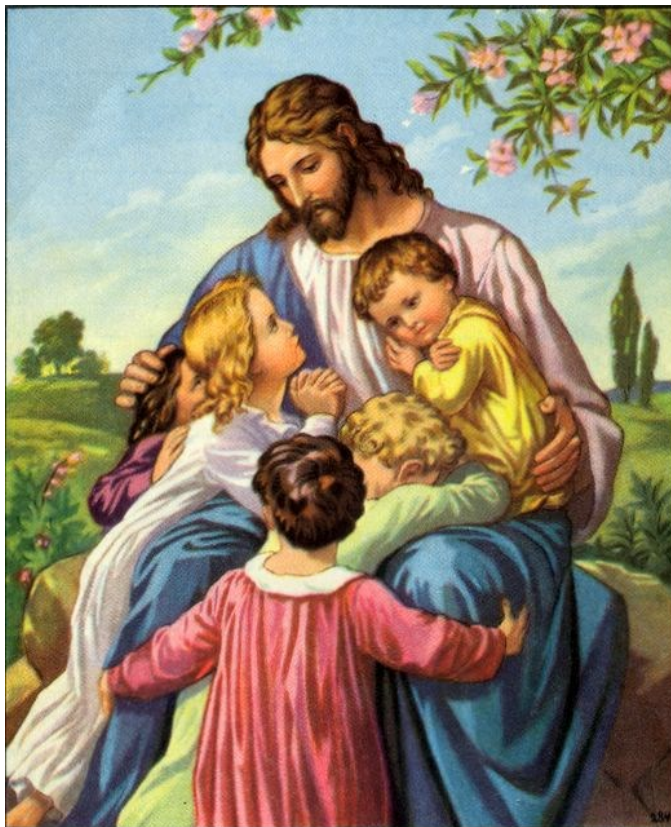
[Watch Video](#) Reconciliation Review 6

[Watch Video](#) Reconciliation Review 7

[Watch Video](#) Reconciliation Review 8

A special thank you to Cathy Andres, Kathy Hunter, and Renee Williamson for creating these teaching videos!

- 3) Parents, practice "going to confession" with your child. Spend time helping your child distinguish between accidents, venial sins, and mortal sins. Use the sample examination of conscience to help your child prepare.
- 4) Finish memorizing the Act of Contrition. Continue to practice the Glory Be.
- 5) **Now show us what you learned by completing the [E-assessment](#)**



Final Preparation for First Reconciliation

Practice: Act of Contrition (should know this prayer from memory), Sign of the Cross, Glory Be, Hail Mary, Our Father.

Final Prep Review:

Please focus on the celebration of God's love and forgiveness!

God gives us the freedom to make choices or free will.

- The Holy Spirit helps us to make right choices.
- God gives us his voice in our hearts - our **conscience** - so that we can choose to do what God calls us to do.

Forgiveness and mercy

- God wants us to forgive others.
- God forgives us in many ways.
- If we are sorry, God will always forgive us when we make wrong choices.

Sin and wrong choices

- Sin is a break in our relationship with God.
 - Venial sins damage our relationship with God.
 - Mortal sins are serious sins that break our relationship with God.
- Discuss the circumstances of an action, pointing out the difference between an accident and a sin.
- If we are sorry, and we seek God's forgiveness in the sacrament of penance, God will always forgive us when we sin.
In the sacrament of Penance we express sorrow for our sins and we are forgiven.

Sacrament of Penance or Reconciliation or Confession

- The sacrament of Penance celebrates our conversion and God's love and forgiveness, and welcomes us back to close friendship with God and the community. It is a sacrament of healing and a sign of God's mercy and love.
- Reconciliation frees us from sin and gives us grace, God's own life. God's grace changes us.
- Jesus gave us the gift of forgiveness of sins when he appeared to the Apostles after the resurrection and gave the priest (our friend) the power to forgive sins in the sacrament of penance.

Examination of Conscience—Preparation

- We examine our conscience to prepare for Penance.
- The Ten Commandments are good guides for an examination of conscience.
- God gave us the law of love: to love God and to love others as one's self.
- Reconciliation is necessary for the forgiveness of mortal sin and helpful for the forgiveness of venial sin and the strengthening of virtue.

We tell God we are sorry (contrition).

We confess our sins (tell our sins to the priest).

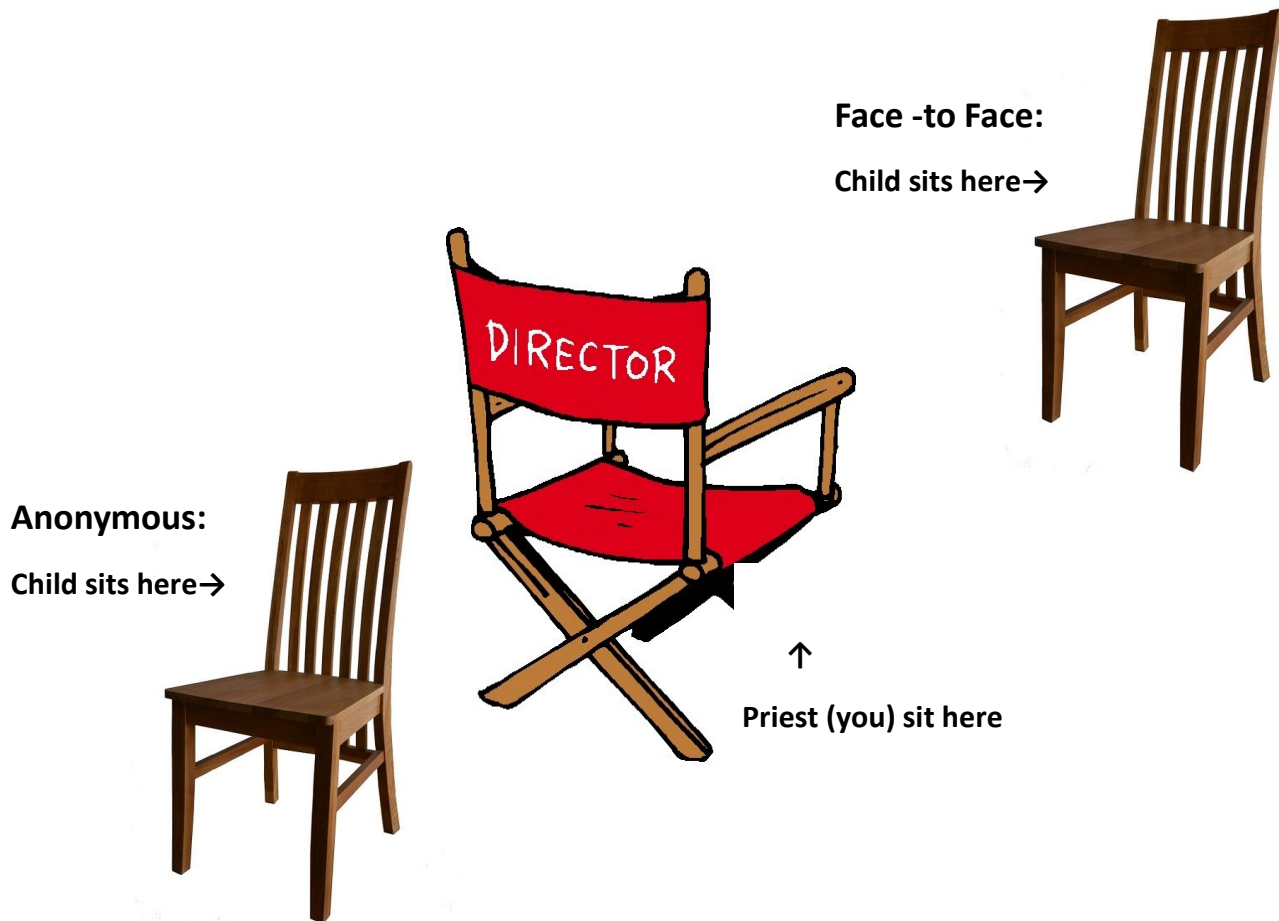
The priest gives us penance (a prayer or act to make up for our sins).

We pray a prayer of sorrow, the Act of Contrition (tells God we are sorry).

The priest gives us absolution (words spoken by the priest during confession to grant forgiveness of sins in God's name).

Practice Going to Confession

After you feel as though your daughter or son understands the sacrament, the difference between accidents and sins, examining their conscience, and what they should confess, then begin practicing going to confession. Simply set up three chairs as follows:



As you play the priest, have your child pretend to go to confession using the script that follows. Lightheartedly tell them not to tell you their actual sins, that this is between them and the priest. However some children are not yet comfortable articulating their sins, so they might practice here by saying examples of sins so they get comfortable saying them out loud. As a silly example, "I lied once, I disobeyed my parents a million times." They can be silly while you are practicing to keep it lighthearted and positive—it is hard to admit our failings! Remind them to ask the priest for help if they are having troubles remembering their sins. Remind them that Jesus wants to be close with them so He can have this awesome relationships with them and help them with their daily lives! Jesus loves you!

RITE OF RECONCILIATION

You may choose face to face or behind the screen.

CHILD: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

This is my first confession.

(Pretend to tell your sins to the “priest” and then say:)

This is all I remember.

(or)

I am sorry for these and all the sins of my past life.

PRIEST: Talks to you, asks you to say a prayer or do something for someone.

Please reinforce that this is their penance and child should try very hard to remember what the priest tells them to do. If they forget, they may ask the priest again just before they leave the confessional.

The priest now tells them to say an act of contrition.

CHILD: My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

PRIEST: God the Father of mercies. . .I absolve you from your sins in the name of the Father, and of the Son, and of the Holy Spirit.

CHILD: Amen. *(Make the sign of the cross.)*

PRIEST: The Lord has freed you from your sins. Go in peace.

CHILD: Amen. Thank you.

Examination of Conscience Using

THE 10 COMMANDMENTS

1. I am the Lord Your God. You shall have no other gods beside Me.

- *Do I love God?*
- *Do I pray to Him?*
- *Do I obey Him?*

2. You shall not take the Name of God in vain.

- *Do I say bad words?*
- *Do I respect holy things?*
- *Do I respect God's name?*
- *Do I receive communion unworthily?*

3. Keep holy the Lord's Day.

- *Do I go to church on Sunday?*
- *Do I behave in church and pay attention?*

4. Honor your father and mother.

- *Do I obey my parents?*
- *Do I respect and love them?*
- *Do I talk back?*
- *Do I obey my teachers and other adults?*
- *Am I polite?*

5. You shall not kill.

- *Do I treat other people kindly?*
- *Have I argued with someone?*
- *Have I hurt their feelings?*
- *Do I hold grudges?*
- *Do I seek revenge?*
- *Have I hit another person?*

6. You shall not commit adultery.

- *Do I respect other people's bodies?*
- *Do I look at bad things on tv, on the computer or in magazines?*
- *Do I tell inappropriate jokes?*

7. You shall not steal.

- *Have I taken something that did not belong to me?*
- *Did I return it?*
- *Do I cheat in school?*
- *Am I wasteful or lazy?*
- *Do I respect God's creation and others' property?*

8. You shall not lie.

- *Do I say things that are not true?*
- *Have I lied to my parents, my teacher or my friends?*
- *Do I admit when I am wrong?*

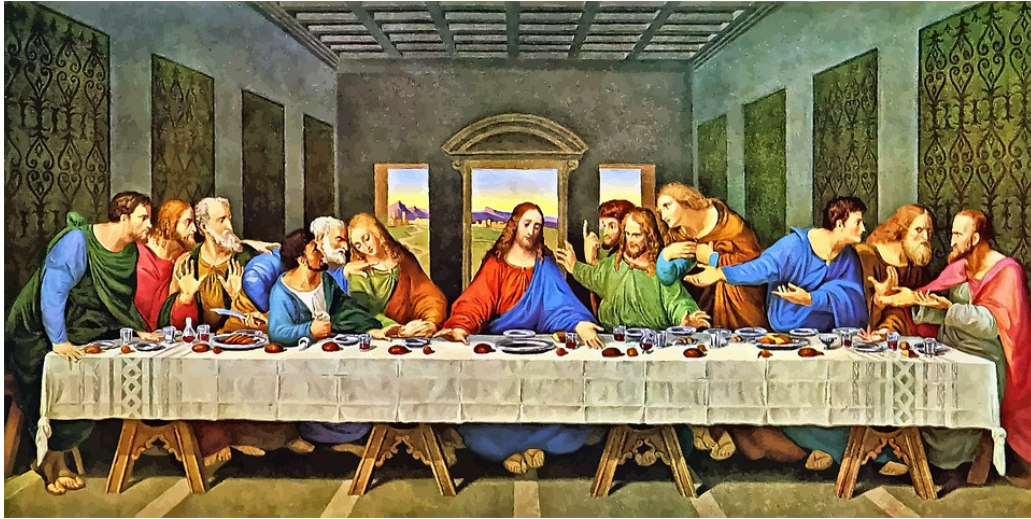
9. You shall not covet your neighbor's wife.

*Covet means to be jealous and want something someone else has.
Even though I don't have a wife or husband, I do have friends.*

- *Am I jealous of other people's friends?*
- *Do I love everyone?*

10. You shall not covet your neighbor's goods.

- *Am I jealous of other things people have?*
- *Do I share what I have with others?*
- *Are things more important to me than anything else?*



First Holy Communion—Review #1

[Watch Video](#)

Church Tour

[Watch Video](#)

The Liturgy of the Word

[Watch Video](#)

The Liturgy of the Eucharist

[E-assessment](#)

First Holy Communion—Review #2

[Watch Video](#)

Reception of the Eucharist

[Watch Video](#)

Church Tour Continued

[E-assessment](#)

Guide for Receiving Holy Communion

Before going to Mass

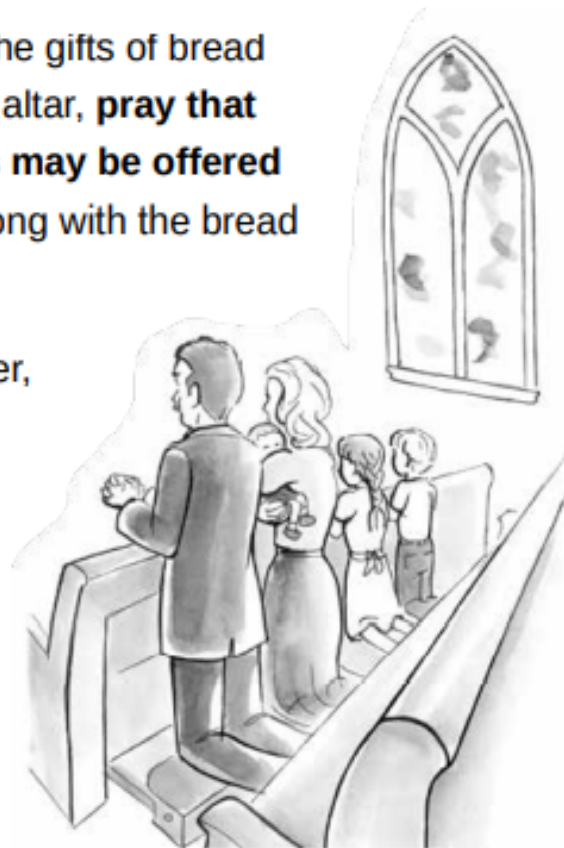
- Read or listen to the readings from Scripture for that day, especially the Gospel. The Church asks us to prepare for Mass in this way. Then, when we hear the readings proclaimed at Mass, we are familiar with the stories. We are better able to think about what God is trying to say to us in our own lives.
- Make sure that you have not eaten for at least an hour before you will be receiving Communion. This is called a Eucharistic fast. Also, make sure that you are free of any mortal sin.
- If you know that you have committed serious sin, go to the Sacrament of Reconciliation to receive God's forgiveness before going to Mass.
- Think of a special intention to pray for during Mass: someone you know who has recently died, a loved one who is sick, thanksgiving to God for something good in your life, and so forth.

Go to Mass with your family

Go to Mass with your family. While at Mass, try to keep your thoughts focused on the mystery you are encountering. Let the beauty of the sacred music fill your heart.

Remember to:

- **Pray, listen, sing, and respond** with the congregation. Remember that being silent is also an important way to be with God and hear His voice, and the Mass is no exception! There is a reason for everything we do at Mass. If you don't know the reasons, ask your parents or parish priest.
- During the Offertory, when the gifts of bread and wine are brought to the altar, **pray that your own gifts and talents may be offered to God as a gift to Him**, along with the bread and wine.
- During the Eucharistic Prayer, **pay attention and show respect and reverence**.



Steps for receiving Holy Communion



Step 1. When it is time to receive Communion, **process to the altar** with your hands folded in front of you. Remain prayerful as you approach the altar.



Step 2. When it is your turn to receive Communion (or right before your turn) **make a gesture of reverence** for the Real Presence of Christ in the Eucharist. A deep bow at the waist is recommended, but some may choose to genuflect or to receive Communion while kneeling.



Step 3. The priest, deacon, or extraordinary minister of Holy Communion will hold up a **Communion Host** in front of you and say: **“The Body of Christ.”** You respond: **“Amen.”** “Amen” means “I believe.” At this moment, you are telling Jesus that you believe in His Real Presence in the Eucharist being given to you.

Step 4. Receive the Communion Host. The ordinary way to receive Communion is on your tongue. You may also receive Communion in your hand.



If you choose to receive
Communion on your tongue:

Keep your hands folded in front of you. Tilt your head slightly upward, and open your mouth. Put out your tongue far enough for the priest, deacon, or extraordinary minister of Holy Communion to place the Communion Host on your tongue. Then bring your tongue and the Communion Host into your mouth.

If you choose to receive **Communion in your hand:**

First, be sure that your hands are clean. Remember, you will be holding in your hands the Body of Christ. If your hands are not clean, it is better to receive Communion on your tongue.

Place your dominant hand underneath your less dominant hand to make a bowl or vessel for the Communion Host to be placed.

- If you are right-handed: Place your left hand on top of your right hand.
- If you are left-handed: Place your right hand on top of your left hand.



Respectfully extend your cupped hands out and slightly upward toward the priest, deacon, or extraordinary minister so that he or she is able to place the Communion Host in your hands. Never reach out to take the Host.

After you have been given the Communion Host, immediately place the Host in your mouth using the bottom hand.

Step 5. Step to the side of the priest or extraordinary minister and, while still facing the altar, **make the Sign of the Cross.**

Important note: always immediately eat the entire Communion Host given to you. Do not take it back to your seat. Do not put it in your pocket. Do not save it for later.

Steps for receiving the Precious Blood

Step 1. If you choose to do so, stand in line to receive the Precious Blood of Christ. When it is your turn to receive the Precious Blood (or immediately before your turn) make a gesture of reverence for the Real Presence of Christ in His Precious Blood. A deep bow at the waist is recommended.

Step 2. The priest, deacon, or extraordinary minister of Holy Communion will hold a chalice or cup out to you and say: "The Blood of Christ." You respond: "Amen." Take the chalice or cup with both of your hands. Bring the chalice or cup to your mouth and take a small sip of the Precious Blood of Christ, being very careful not to spill any.



Step 3. Step to the side of the priest, deacon, or extraordinary minister and, while still facing the altar, make the Sign of the Cross.

After receiving Holy Communion

- **Reverently return to your seat and kneel in prayer.** It is good to remain kneeling until the sacred vessels have been purified and any remaining consecrated Communion Hosts have been placed in the tabernacle. While praying, think about what you have just received: Holy Communion, the Body and Blood of Jesus Christ, the Real Presence of Our Lord and Savior. He now dwells within you. Thank Him for this great gift of love.
- **Respectfully and fully participate in the remaining prayers, responses, and songs of the Mass.** Then, the priest will say, "Go in peace to love and serve the Lord." Jesus Christ has just fed you with His Body and Blood and now dwells within you. Rejoice and be glad!

