

Linda Hansmeier

478 McClelland Road
Mount Vernon, IA 52341
Email: L.Hansmeier@dbqarch.org
Phone: 319-540-1190



Will travel under 75 miles

Will meet virtually.

Fee: I usually let the directee set the fee.

Training/Certification:

Completed a training program at Franciscan Spirituality Center in LaCrosse, WI in 2015.

Relationship with God, Lived out in Daily Life

I live out my relationship with God through daily prayer. Through prayer, God brings me to the people and things necessary to live out relationships through love of all.

Gifts, Talents, Skills, Life and Ministry Experience

I am a good listener. Before the directee arrives, I spend time in prayer and ask that my heart is open to hear what the directee has to say, and that I respond correctly. It is God who leads our conversations and helps me ask the right questions. I am not there to judge them, nor fix them, nor to give them advice. Through my own lived experiences of suffering and encountering Christ, I have been provided with a base of understanding that is gift. When they leave, I write up an understanding of our visit and look for those areas where I perhaps should have asked a different question. I also spend time reading over our previous visits before seeing them again to see any patterns that might be forming that I have missed in previous meetings that need attention. Having a good relationship with my priest is also affirming in my role as a spiritual director and gift. I also have my own spiritual director that I see once a month. I have met with a spiritual director since 1997.

Direction Style

I see spiritual direction as an opportunity to share with a directee my own experiences and the wisdom I have received through prayer and God's graces. Always remembering that the Holy Spirit is the one in charge, I am, I guess, an assistant. It is nothing I can do on my own without God's help. My prayer to God is to show me the way He wants me to move among His people, and this has been one of His ways. As a director of faith formation, I have become more aware through the years of how broken we are, and how important having a God-inspired conversation with another can make a difference in many ways. When I am given the privilege to meet with a directee it is nothing I take lightly. At times, I may be the director but come away from these sessions feeling like the directee. The sessions are a gift from God.