



SACRED HEARTS NEWSLETTER

PRINCIPAL'S MESSAGE

Happy Tuesday!

I hope everyone had a wonderful long weekend! We've had an incredibly smooth return to school this year. Everyone appears to be settling in nicely and acclimating to their new classrooms! As always, if I (or any of my staff) can be of assistance, don't hesitate to reach out!

Please make sure you read over the newsletter each week and all the posted attachments. This is your best way of knowing what is happening at school.

A huge thank you to our 8th Graders who led our PBIS stations last Friday! Our K-7 students traveled through the station learning about the expectations in various areas of the school such as the cafeteria, playground, hallways, etc. The 8th grade students showed great leadership as they taught and modeled our younger students!

We have Mass tomorrow at 8:15. Parents are always welcome to join us!

Have a good week,
Mrs. Frederick :)



CALENDAR

- 9/6: 3K & 4K First Day
- 9/6: Mass @ 8:15 a.m.
- 9/7: Early Release @ 1:20 p.m.
- 9/9 & 9/10: Church Fall Festival

SHJMS CLOTHING ORDER

Order your SHJMS clothing
by September 14th!

[SHS Spirit Clothing](#)

PARENT/STUDENT HANDBOOK:



The Parents/Student Handbook can be found on our website:

<https://shjms.org/policy-handbook>

Please read over carefully and sign the agreement page. Please pay special attention to the Dress Code policies. **Two areas of special note: Short/skirt/Dress length and Sweatshirts/shirts may not be longer than shorts/skirts.** Please ensure your child is dressed appropriately for school and especially on Mass days. Thank you!

Have a Question??

Most questions you may have can be answered on our website, through the weekly newsletter or via your FACTS account.

All Calendar dates, hot lunch menu, policy handbook, and newsletter/attachments are on our website.

All financial information and grades can be accessed via FACTS.

Free/Reduced Hot Lunch

Applications for free/reduced hot lunch are reposted today. If you feel that your family may qualify, please turn in your completed application to Mrs. Frederick

New Announcements Format This Year!!



You may have heard that announcements this year are being done via Zoom each morning to the classrooms! There are printed slides of the day's announcements as well! The slides will be posted each day on our website for your reference!

Welcome to Lauren Henderson-School Counselor!!

Hello families of Sacred Hearts!

My name is Lauren Henderson and I am the new school counselor here at SHJMS! Prior to joining the staff here, I have spent several years working in schools and in community mental health in Dane, Dodge, and Columbia counties. I have popped into many classrooms over the last couple of days and cannot wait to get to know all of the students and families here at Sacred Hearts! As school counselor here, I will have guidance lessons in classrooms two times each month focusing on learning social-emotional skills like conflict resolution, communicating feelings, healthy relationships, and many more. New this year, we will be reintroducing guidance lessons to middle school! As school counselor I also work with students one-on-one or in small groups as needed and will do this through parent, teacher, and student referral. I will communicate with parents as needed when I work with your child. If you have questions or concerns or would like me to work with your child in an individual capacity in areas like organization, social skills, coping with stress and tough emotions, or just to have an advocate in the school, please reach out to me via email at lauren.henderson@shjms.org.