

# Transfiguration Parish



## MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

## VISION STATEMENT

Transfiguration Parish is committed to continual growth in the Catholic Faith through a lifelong union with Jesus Christ, and in service to others through the ministry of the Church. We spread the Good News of His love and promote His Word through evangelization, education, reflection, and daily witness. As faithful stewards we pledge to direct and develop the spiritual, human, financial, and material resources of the Church. We respond to His love with gratitude and prayer, with compassionate service, generous sharing, reconciliation and equality for all.

### 50 Hillview Drive Speigletown, Troy, NY 12182 Administrative Offices

Office Hours: Monday thru Friday - 9:00 a.m. - 2:00 p.m.  
Phone: 518-235-0337 Fax: 518-235-8726  
general\_office@transfigurationparish.net

**Deacon Chris Keough** - Parish Life Director  
Deacon\_Chris@transfigurationparish.net

**Fr. Dominic Ingemie** - Sacramental Minister  
dingemiel@nycap.rr.com

**Deacon Charles Valenti** - Parish Deacon  
Deacon\_Charlie@transfigurationparish.net

### 17 South Main Street Schaghticoke, NY 12154

Office Hours: Monday and Thursday, 9:30 a.m. - 2:00 p.m.  
Phone: 518-753-4554 Fax: 518-753-0456  
general\_office@transfigurationparish.net

## PARISH STAFF

**Bookkeeper:** Mary Clemente  
M.Clemente@transfigurationparish.net

**Administrative Assistant:** Bonnie Coraldi  
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**Director of Religious Education:** Beth Thayer  
E.Thayer@transfigurationparish.net

**Nursing:** Pat Hebert  
P.Hebert@transfigurationparish.net

**Fundraising:** Ellie DeBonis  
E.DeBonis@transfigurationparish.net

**Bulletin:** Mary Hurley  
M.Hurley@transfigurationparish.net

**Maintenance:** Drew Wiley

**Knights of Columbus, Grand Knight:** Bryan Purtell  
bryanp78@hotmail.com

## LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:		4:00 p.m.
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

## SACRAMENTAL CELEBRATIONS

**Sacrament of Reconciliation:** By Appointment

**Sacrament of Baptism:** Please call the church office to make arrangements.

**Sacrament of Marriage:** Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

*From the Desk of Deacon Chris...***ADVENT PRAYER/REFLECTION**

I owe you all an apology. In last week's article, I got a little ahead of myself by saying the next weekend was the first weekend of Advent. Sometimes I write my bulletin pieces a week or more before the bulletin date, and I just made a mistake. There is a good chance you are reading this on the Feast of Christ the King, which really is the last weekend of the Church year. Next weekend really is the first weekend of the Advent Season, and the beginning of Church Year C.

Now that I got that straightened out, I want to talk briefly about Advent as a season of prayerful reflection as we wait for the coming of the Lord. I have written before about Jesus coming to us in the past, in the present, and in the future. We can prayerfully reflect on all of those manifestations of Jesus, but with this article, I want to focus attention on three key persons in our rich Advent history. I will share some prayers I pray on a daily basis that you might want to consider in your own prayerful reflection.

- John the Baptist (The Canticle of Zechariah) – We know that John the Baptist prepared the way of the Lord by preaching a spirit of repentance for sins. He urged people to reform their ways, and offered a baptism of repentance in the Jordan River, even baptizing Jesus who, being without sin, had no need for baptism. The Canticle of Zechariah is the prayer John the Baptist's father prayed after he received back his speech that he lost when he questioned the Angel of the Lord. I just want to share this stanza with you, "You, my child shall be called the prophet of the Most High; for you will go before the Lord to prepare his way, to give his people knowledge of salvation by the forgiveness of their sins."
- Mary (The Magnificat) – We could spend the entire Season of Advent prayerfully reflecting on our Blessed Mother. Just think about her saying "Yes" to God. We can all reflect on how completely we say "Yes" to God. Reflect also on Mary's love, her faithfulness, her suffering and sorrow, and her strength and courage. Reflect on the beautiful Magnificat prayer which Mary recited at the visitation of her cousin Elizabeth beginning with the opening words, "My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior for he has looked with favor on his lowly servant."

**Mass Schedule & Intentions****Saturday November 17**

4:00 p.m.	Spe	Sheila Wallingford	Tom & Cheryl Wallingford
		Bernice & Joseph Leahy	The Colligan Family
		C. Leo Fillion	Bev & David Quinn
		Anne Usher	Paula & Jim Weglarz

**Sunday November 18**

8:30 a.m.	Sch	Dorothy Evelyn Madigan	Mary Ellen Schroder & Family
10:15 a.m.	Spe	Jack Harte	Paul & Jean Hebert
		Maureen McKnight	The Napoli-Cloutier Family
		David Bakerian	Don & Lisa Fane

**Tues. November 20**

9:00 a.m. Sch **Communion Service**

**Thurs. November 22**

**10:00 am Schaghticoke—Thanksgiving Day Mass**

**Saturday November 24**

4:00 p.m.	Spe	Julio & Jennie Francolini	The Chico Family
		Mary Usher	The Parish
		Mike McGraw	Barb & Nick Nicholas
		Richard Sullivan	The Family

**Sunday November 25**

8:30 a.m.	Sch	Dorothy Evelyn Madigan	Mary Ellen Schroder & Family
10:15 a.m.	Spe	Mike McGraw	Barb & Nick
		Maureen McKnight	Ruth & John Bauchiero
		Jack Harte	Mary Wiley

- Joseph – St. Joseph is so often the unheralded member of the Holy Family, but we often turn to him during times of need or even dark times. Jesus called Peter the rock, and rightfully so, but in many ways Joseph was the rock of the Holy Family. Many years ago, I bought a book published by Pauline Books that includes stories and prayers about Joseph. I recite one of those prayers every day as part of my daily prayer routine.

Of course, we should pray to our Lord Jesus every day. I thought we might want to add some extra time in quiet prayer reflecting on John the Baptist, Mary, and Joseph. I wish everyone a most Holy Advent Season. God bless.

*Deacon Chris*

## This Week's Parish Announcements

*Thank you for your service next weekend December 1 and 2*

### Schaghticoke Site:

#### ALTAR SERVERS

4:00 pm Andrea Sassatelli      8:30 a.m. Megan & Thomas Rice

#### LECTOR

4:00 pm Mary Agnes Arnold      8:30 a.m. Paul Loatman

#### EUCHARISTIC MINISTERS

4:00 pm Dot Jackuback      8:30 a.m. Erin Carknard, Pat Rigney  
Pam Schmidt

**MONEY COUNTERS:** (12/2) WhiteTeam -  
D. Carlo, P. Hayes, K. Madigan, J. Rowe

### Speigletown Site:

#### ALTAR SERVERS

10:15 a.m. Gaetana, Sofia &  
Vincent Baldwin

#### LECTORS

10:15 a.m. Barbara Graber  
Hugh Graber

#### EUCHARISTIC MINISTERS

10:15 a.m. Barb Colangione  
Dick Harte  
Deb Hebert

**MONEY COUNTERS:** (12/2) Sue Creagan, Mary Grace Purcell,  
Doug Wilkie

**ALTAR LINENS:** (12/2) Kate Coventry

### TRANSFIGURATION PARISH NURSE PROGRAM

*Pat Hebert, RN, MA, Faith Community Nurse*

*(518) 753-4554, ext. 13      [p.hebert@transfigurationparish.net](mailto:p.hebert@transfigurationparish.net)*

*Our mission is to model the healing ministry of Jesus Christ.*

*Our Goal is to promote health & wellness within the values, beliefs, practices of our faith community.*

### Nurses' Note:

More Volunteers are still needed for "Two by Two", the Transfiguration Parish Faith in Action Team. Join your fellow parishioners on this team that provides non-medical support and friendship to someone caring for a family member with dementia/Alzheimer. All volunteers are offered training and continued support. By belonging to this team you only give the time you can when you can because there are several of you to share the role of helping. To receive more information, contact Pat Hebert @ 692-2135.

**Health Tips:** Shifting your mealtime may benefit your health! You know the basics of eating for good health. Eating nourishing meals in sensible amounts gives your body the nutrients it needs to thrive, keeps your weight in check, and protects against chronic illness. But along with the "what" and "how much" of eating, there's the when. When you tally up meals, snacks, and grazing, people often eat from the time they wake up in the morning until just before bedtime. But there's increasing evidence that our bodies aren't built for an all-day (and night) buffet. Besides consuming more calories than we need, we may be eating in a way that conflicts with the body's natural rhythms and sets us up for health problems. Digestion, blood sugar control, and other metabolic processes seem to function better early in the day and worse at night. In one recent study, a group of men who had prediabetes consumed all their meals within 12 hours for five weeks. Later, they consumed the same meals (with the same amount of calories and nutrients) over a six-hour period early in the day for five weeks. On the six-hour eating plan, their insulin levels, blood pressure, and many other indicators of health improved significantly. Other studies have shown that restricting the time spent eating, or simply eating a hearty breakfast and light dinner, may help with weight loss. Shortening your eating window and "front-loading" calories somewhat may be worth a try. That can be as simple as forgoing the handful of chips or scoop of ice cream you typically have as a bedtime snack — or shifting your evening meal to earlier in the evening if you tend to eat dinner late. If you typically eat a skimpy breakfast and a big dinner, put your meal train in reverse and aim for a hearty, nutritious breakfast and a lighter dinner. When it comes to eating well, timing isn't everything, but it is something. <http://www.clevelandclinicwellness.co>

### MANY, MANY THANKS!

**To everyone for your tremendous generosity  
in helping us fill the  
Thanksgiving Baskets for our local families in need**

### "RE-IGNITING OUR FAITH" CAPITAL CAMPAIGN PRAYER

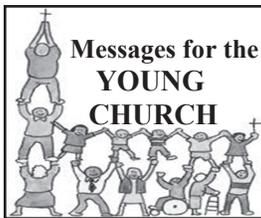
Father, we know You accept our gifts, great or small, and do great things with them. Help us to remember that You have done so much for us. In return, what can we give back; our time...our talent...our treasure?

What is the right answer for each of us? To discern what is best as a parish we seek the help of Your Holy Spirit to help each parishioner with their decisions concerning this "Re-Igniting Our Faith" Capital Campaign. Father, You know the needs of everyone. You also know the desires of all who want to give back in some way. Please help each parishioner discern what will be best for them. We ask this in Jesus' name. *Amen.*

### Offertory Report:

**Due to technical difficulties there will not be an offertory report for this week.**

*Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.*



**FAITH FORMATION**

No Class /Sessions on Sunday, November 25

**CHRISTMAS PAGEANT**

The Christmas Pageant will be presented on December 24 at the 4:00 Mass in Speigletown. Children in grades K – 3 are invited to participate in the pageant, youth in grades 4 and up participate in the choir.

Practice will be at 7:00PM at Speigletown on Thursdays Dec 6, Dec 13, and Dec 20. All participants will need to be at the Speigletown site Dec 24 by 3:15.

If you have any questions please contact Beth Thayer at 235-0337

**Children's Liturgy of the Word** is a program to assist the youngest members of our congregation in hearing the Word of God.

**\*This program is open to children who are Pre-K, K and First Grade age.** When a child is in the Second Grade they need to be fully participating in the Mass as they are preparing for First Eucharist.

**CAN AND BOTTLE DRIVE CONTINUES**

Thank you for your continued support of our Bottle and Can Drive. Please consider asking neighbors and family members to collect for our youth ministry.

Contact Beth Thayer 518/235-0337

**REMINDER!!!**

**The site of the Saturday, 4:00 pm Mass will alternate each month. In November the Mass is in Speigletown the entire month, and in December the Mass will be in Schaghticoke, etc.**

**Transfiguration Parish Ski Program at Willard Mountain**

- ages 8 to adult
- begins on Friday, January 11th
- 5 to 6:30 pm

Lift and Lesson—**\$130 before November 25**

Lift, Lesson & Rental—**\$165 before November 25**

**After November 25**, please add \$20 to these prices.

Please contact Sharon Frazee at 518-235-8693 or [bfrazee@nycap.rr.com](mailto:bfrazee@nycap.rr.com) for more information and the registration form.

**UPCOMING EVENTS**

**Please mark your calendars**

- |        |                                   |                                  |                     |
|--------|-----------------------------------|----------------------------------|---------------------|
| 12/2   | <i>Blessing of the Creche</i>     | 7PM                              | <i>Schaghticoke</i> |
| 12/8-9 | <i>Fruit order pick-up</i>        | <i>after Masses - both sites</i> |                     |
| 12/9   | <i>Children's Christmas Party</i> | 2-4PM                            | <i>Speigletown</i>  |

**\*SAVE THE DATE!\***

**All new and improved this year!  
The Children's Christmas Party  
December 9th 2:30—4:30PM  
Games, Crafts and more!**

**Everyone and anyone is welcome!!!!**

**A fun day for all your relatives, friends & neighbors**

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**\*\*Assistance is still needed** to unload and sort the fruit orders when they arrive on Thursday, December 6.

Please call Ellie Debonis at the Speigletown site if you can volunteer.

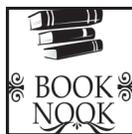
**Hat and Mitten Drive**

We are collection hats and mittens for those in need in our local areas and school districts. There will be boxes available at both church sites.

**The Back Pack Program** supplies at risk children with food for the weekend. We will be aiding Turnpike, Rensselaer and soon Hoosic Valley, schools. Suggested items: mac & cheese (boxed, single or microwaveable) pasta (spaghettios, etc.) soups, single serve microwaveable meals, fruit snacks, single serve cereals, fruit cups.

**Please—NO PEANUT PRODUCTS**

Boxes will be at the entrances of the churches. If you would like to help, please call the office.



**BOOK NOOK NEWS**

Christmas is just around the corner and what better gift for someone than books! The Book Nook has had some great donations in the past few weeks and many of these books would make great gifts for this Christmas. Please stop by and see what we have to offer. The Book Nook is **open Saturday morning, December 1 from 9:00a.m. until noon.** Thanks for your support, and we hope to see you at the Book Nook!

**WORDS TO LIVE BY**

“We may not understand His will for us in time, but in eternity the veil will be drawn and we shall see that He acted only for our happiness.”

~ Pope Francis

**END OF BULLETIN  
ANY TEXT OR GRAPHICS ENTERED ON THIS PAGE  
WILL NOT APPEAR IN THE PRINTED BULLETIN**

CHURCH NAME: **Transfiguration Parish**

CHURCH CITY: **Troy, NY**

ROUTING CODE:

RUN NUMBER:

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