

Transfiguration Parish



15th Sunday

I N O R D I N A R Y T I M E

"But a Samaritan traveler who came upon him was moved with compassion at the sight." - Lk 10:33

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**50 Hillview Drive
Speigletown, Troy, NY 12182
Administrative Offices**

Office Hours: Monday thru Thursday -9:00 a.m. -2:00 p.m.
Phone: 518-235-0337 Fax: 518-235-8726

**17 South Main Street
Schaghticoke, NY 12154**

Office Hours: Thursday -9:00 a.m. 12:00 p.m.
Phone: 518-753-4554 Fax: 518-753-0456

MISSION STATEMENT

We are a Catholic community united by love, illuminated by the Transfiguration of our Lord Jesus Christ. We gather as a People of God seeking unity through the Holy Spirit to Worship through the Sacred Liturgy, Prayer and Sacraments, and to proclaim the Christian message which promotes Justice, Reconciliation and Service through Evangelization, Faith Formation and Discipleship.

LITURGICAL SCHEDULE

	Schaghticoke	Speigletown
Saturday:		4:00 p.m.
Sunday:	8:30 a.m.	10:15 a.m.
Communion Service:	Tuesday 9:00 a.m.	Thursday 9:00 a.m.

Fr. Ed Kacerguis-Sacramental Minister

Deacon Greg Mansfield
Interim Parish Life Coordinator
gregory.mansfield@rcda.org

Deacon Charles Valenti
Parish Deacon
cgvalenti1@gmail.com

From the Desk of Deacon Greg

Call to Ministry

In the spirit of the Risen Christ we are called to look ahead with hope in the Spirit. The Gospel of the 13th Sunday in Ordinary Time has Luke exhorting us to be a people who can trust enough to look ahead and walk with Christ.

In that same spirit I am inviting you who are so faithful to your parish to recommit yourself to our Church of the Transfiguration. The pandemic continues to recede and while we still advise caution, the wearing of masks if appropriate, and the use of disinfectants, we are also asking you to pray and reflect on your mission as disciples of Christ and consider making a commitment of service in any one of our many ministries. We are always in need of Eucharistic Ministers, lectors, cantors and choir, altar servers and ushers. By giving a few extra minutes a week, your reward as the Gospel proclaims, will truly be hundredfold.

Our Church truly needs your participation and would welcome you as a sign of our returning to a newly defined normalcy. You may contact our office to find out more information.

It has been a joy to minister to all of you these past months and I thank you for your warm welcome and kind support. May God continue to bless you and your family as we journey with Jesus as disciples of Christ.

In peace,
Deacon Greg

15th SUNDAY IN ORDINARY TIME



Matter of Perspective

Three priests sat discussing the best positions for prayer while a telephone repairman worked nearby. "Kneeling is definitely best," claimed one. "No," another contended. "I get the best results standing with my hands outstretched to Heaven." "You're both wrong," the third insisted. "The most effective prayer position is lying prostrate, face down on the floor." The repairman could contain himself no longer. "Hey, fellas," he interrupted, "the best prayin' I ever did was hangin' upside down from a telephone pole." © LPI



Mass Schedule & Intentions

Saturday, July 9—Speigletown 4:00PM

Marcella Fushs

Love, Mom & Dad

Will Rowe

Rowe & Collins Families

Sister Mary Grace (her birthday)

Estate of Sister Sue

Carl Cioffi

Paul & Sue Bulmer

Joseph E. Smith

Estate of Joseph E. Smith

Sunday, July 10—Schaghticoke 8:30AM

Ed Whinnery

The Family

Joseph E. Smith

Estate of Joseph E. Smith

Sunday, July 10—Speigletown 10:15AM

Stanley Razanousky;

Michael & Mary Ann

Deceased Members of Razanousky Family

Moroskey

Deacon Chris

Charles & Marge Brendese

Saturday, July 16—Speigletown 4:00PM

Deacon Chris

The Barton Family

Joseph E. Smith

Estate of Joseph E. Smith

Norma Carroll

Cheryl & Tom Wallingford

Sunday, July 17—Schaghticoke 8:30AM

Deacon Chris

Bob & Pat Hebert

Joseph E. Smith

Estate of Joseph E. Smith

Sunday, July 17—Speigletown 10:15AM

Carl Cioffi

Hugh & Barbara Graber

June Stevens

Walt & Paula Moran

LIVESTREAMING MASS

Transfiguration Parish will be Livestreaming the **4:00 pm Mass in Speigletown on Saturday July 16**. The Livestream will be available on the Transfiguration Parish Facebook page and also on YouTube at:

(https://www.youtube.com/channel/UC65S8ALJ_rRdZ4en_MXDE7Q) , so those who are not able to attend Mass in person will be able to join us from their homes in the celebration of Holy Eucharist. Masses will be recorded, and links will be available on our Parish Website for viewing anytime. The addition of Livestreaming will allow us to give praise and glory to God as a parish community, even though we are not together in one place.

Communion Services on:

Tuesday, July 12 9:00 a.m. Schaghticoke

Thursday, July 14 9:00 a. m. Speigletown

Notice for **ON-LINE GIVING**-Second Collections for:

July 31—Peter's Pence Collection



WELCOME

No matter what your present status in the Catholic Church; no matter what your current family and marital situation; no matter what your personal history, age, race, ethnic origin, sexual orientation, physical condition; no matter what your own self-image; you are invited, welcomed, accepted, loved, and respected here at Transfiguration Parish.

ACCESS THE BULLETIN VIA OUR WEBSITE

The Transfiguration Parish website has been upgraded and has a 'new' look, with direct links to video, Facebook and much more. The weekly bulletin continues to be available to read and refer to each week. We invite everyone to visit the website at www.transfigurationparish.net and then type into the search bar "Bulletin". Like us on Facebook.

This Week's Parish Announcements

Thank you for your service.

Schaghticoke Site: July 16/17

LECTORS

4:00pm None	8:30am Steven Keyes
EUCCHARISTIC MINISTERS	
4:00pm None	8:30am Pat Rigney
ALTAR SERVERS	
4:00pm None	8:30am Andrea & Aria Del Re

MONEY COUNTERS: G. Squires; L. Pollay

Speigletown Site: July 16/17

LECTORS

4:00 pm Mary Agnes Arnold	10:15am Dick Harte
EUCCHARISTIC MINISTERS	
4:00pm Jane Heslin	10:15am Jack Mahoney
ALTAR SERVERS	
4:00pm None	10:15am None

MONEY COUNTERS: Doug Wilkie; Robin Lambertsen

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

What Jesus Doesn't Say

"If Jesus wanted us to (fill in the blank), he would have said so." We hear this argument applied to every controversial topic under the sun — and even some not-so-controversial topics, too. Whenever someone is trying to make a case for a decision they have already made, they call in Jesus' scriptural silence on the matter as their expert, unimpeachable witness. And sure, there's much Jesus doesn't talk about in the Gospels. But by this logic, we would have to assume that Jesus doesn't care, for instance, if we drive well over the speed limit (he doesn't discuss cars and highways in the Bible) or what we do online (he never mentions the Internet or websites at all!), when we know that certainly is just not the case. Like the scholar of the Jewish law who challenges Jesus to define who exactly his "neighbor" is, we can argue semantics all we want. But if we rest in prayer and look deep into our hearts, we know what path we need to take, and it's usually not the easy one. I find that I do this plenty in ways that are far more subtle. I lament that the situation facing me is not sufficiently "black and white." I become frustrated by the shades of moral grey and toss up my hands, claiming I don't know what the right answer is, insisting that I can't be blamed for the ramifications of whatever decision I make. What I need to be doing in these situations is asking God for His guidance, even if it makes me nervous. I need to be like the scholar. He was brave enough to ask, even though I think he knew he wouldn't particularly like the answer. Let's strive for that same courage.— *Tracy Earl Welliver, MTS©LPi*



***PLEASE, check the expiration date on donations for the food pantry as they cannot accept expired products Thank you.**



Words to Live By

"Love God, serve God; everything is in that."
St. Clare of Assisi



Computer Ink Cartridges

Just a reminder that Transfiguration Parish recycles computer ink cartridges. We have a box out for parishioners to drop their ink cartridges off in the vestibule on the way into the church. Please consider bringing your old ink cartridges in to be recycled. Thank you!

TRANSFIGURATION PARISH NURSE PROGRAM

Pat Hebert, RN, MA, Faith Community Nurse

(518) 753-4554, p.hebert@transfigurationparish.net

Our mission is to model the healing ministry of Jesus Christ.

Our Goal is to promote health & wellness within the values, beliefs, practices of

our faith community.. **NURSES NOTES: Health Tips** How To Get Back Into Working Out After a Long Break. Top tip: Take it slow as you get back into your routine. Remember when working out seemed as much a part of your schedule as eating breakfast, clocking in for work or brushing your teeth? A day just didn't seem complete without some sort of fitness activity. Then, the sweat-dripping sessions somehow stopped. Perhaps a new job, extra family responsibilities or a suddenly jam-packed calendar stole your workout time. Whatever the reason, you went from very active to very inactive ... and now you're feeling bleh. The good news? Getting back in a workout groove is definitely

doable.. All it takes is a little planning, some patience and a dash of desire. **Ease into a new exercise.** Anyone who's returning to working out should plan to take it slowly at the beginning.

Don't expect to start where you left off. (This is especially true if you were a higher-performing athlete.) Trying to lift too much weight right away, for instance, can put undue stress on muscles and tendons that haven't been used in a while. Ditto for immediately heading out on long runs or even forcing your body into a tough stretch. "Think of the time and work it took to get to your previous fitness level. "You're not being fair to yourself if you think you'll jump back in at the same spot." If you push too hard too fast, you risk getting sidelined with an injury — which isn't a good start to a new exercise regimen. So, start at a lower intensity to determine your fitness level. Then, look to rebuild your endurance and retrain your muscles. Take it slow, focus on Form, mix it up, stretch a lot and don't forget to rest. Other tips:

Get some new gear, make it social and dedicate time to it. Do what you like; Establish a workout routine that brings you joy. If you're having fun, after all, you're more likely to continue what you're doing. (On the flip side, don't waste time on exercises that make you miserable. The CDC recommends weekly goals of 150 minutes of moderate-intensity aerobic activity (such as brisk walking) or 75 minutes of vigorous-intensity aerobic workouts (such as running). Pair that with strength-training activities such as lifting, using resistance bands or even yard work.

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<http://www.clevelandclinicwellness.com>

Offertory Report: Due to the bulletin publication schedule there will not be an Offertory Report for this week.

Thank you for your on-going generosity and continued commitment to your parish. Please consider increasing your weekly donation.

Garage Sale Workers:

We are in need of people to help out during the garage sale . We need workers during the evening Thursday July 14 and during the days July 15 & 16.

We are also in need of people to assist with clean-up after the event. If you can donate some of your time, please call the Parish Office at 518-235-0337 Monday through Thursday 9am-2pm to sign-up. As always, thank you for your support.



Transfiguration Parish



Messages for the YOUNG CHURCH Faith Formation Sessions



Youth in Action will meet on July 20th Schaghticoke Site 6:30PM. We will be making food for Sidewalk Warriors a group that provides food, meals, and necessities to those in need each Thursday night. The program is located in the parking lot of St Anthony's Church in Troy. TRANSFIGURATION YOUTH SINGS SUNDAY JULY 17, 24 AND 31 6:30 pm SCHAGHTICOKE. Come sing and enjoy being with friends. Open to Grades 5 and up. Any questions please contact Beth Thayer 518 235 0337

Lectio Divina

Question: What is Lectio Divina, and how is it associated with the Benedictine Monastic tradition, whose founder, St. Benedict, we honor on July 11?

Answer: Benedict desired his monks to live in community, praying the Liturgy of the Hours together, contemplating sacred texts, and doing manual labor. The monks developed a technique to facilitate a spiritual and devotional reading of the Bible known as Lectio Divina, the holy reading of a text. This method encourages the reader to hear the biblical text with an open heart and focus on whatever God wants to highlight and then apply it to daily life. There are variations on Lectio Divina, but essentially, the technique consists of a three-step process of reflection. When the reflection is done with a group, the responses are shared by all the participants. Once the text is selected, it is read meditatively, and the following are then explored: a word or phrase that attracts you; how and where the content of this reading touches your life today; what you believe that God wants you to do during this coming week (month, year, lifetime). Thanks to Benedict, the Christian community has been gifted with this special way of entering into the biblical text. This week, use the Lectio Divina process on one of the readings for the coming Sunday and make a note of the life connections you are making. How is this reflection on the biblical text drawing you closer to God and others? ©LPi



Super Raffle/Picnic

Super-Raffle tickets are still available by mail-in order or at the South office during regular business hours Monday-Thursday 9-2. We will draw the winner after the 4:00 mass on Saturday 8/13 in conjunction with our Parish Picnic. Joe Carlo and his family have graciously offered to cater the picnic once again for us! We will be taking reservations to ensure we have enough food. Please call the Speigletown office at 518-235-0337 during business hours Monday through Thursday 9-2 to reserve a spot. We are in need of volunteers for set-up, clean-up and providing lawn games. Sign-up sheets are in the gathering areas of both churches. Please consider donating some of your time. We look forward to seeing everyone at the picnic. Thank you for your continued support.



SCHAGHTICOKE FAIR

We will once again be having our Parish Fair Booth at the Schaghticoke Fair. The dates for this year's fair are August 31-September 5. We are getting the word out early that we are looking for volunteers to work shifts on each of the days. Sign-up sheets are now in the gathering areas of both churches. Please consider donating some of your time. Thank you for your support.

Mark Your Calendar

July 11—\$5 Zumba class 6pm-7pm Lansingburgh Boys/Girls Club
July 14—Preview Night Garage Sale 4pm-8pm Speigletown, \$5 entrance fee
July 15/16—Garage Sale/Book Nook Blow Out Sale 8am-4pm Speigletown

Amazon Smile. Amazon Smile is a program that donates 0.5% of your eligible purchase on Amazon to a charity of your choice. All you need to do is start your shopping at smile.amazon.com. The donation will be made at no extra cost to you.

Follow this link: for **Transfiguration Parish:**

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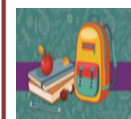
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St. Henry | July 13:

Saint Henry was born in 972 to Henry, Duke of Bavaria, Germany, and his wife Gisela of Burgundy. Saint Henry's early life was permeated with Christianity, among those who guided his education was Bishop Wolfgang of Ratisbon, who became a saint himself. In 995, Saint Henry succeeded his father as Duke of Bavaria, and in 1002, upon the death of his cousin, Otho III, he was elected emperor. In 1014, Saint Henry undertook the long journey from Germany to Rome to be crowned Holy Roman Emperor by Pope Benedict XIII. In 1022 Saint Henry assisted Pope Benedict VIII in holding the Council of Pavia, which promoted clerical celibacy and sought to end simony (the buying and selling of ecclesiastical goods and offices). During his reign, Saint Henry used his wealth and position for the Church. He confirmed Benedict's authority over Rome, was a patron of churches and monasteries, supported the Cluniac Reforms, restored episcopal sees, and founded the Diocese of Bamberg where he built a cathedral. Saint Henry was married to Cunigunde of Luxembourg, to whom he was incredibly devoted. Although disputed by some historians, some stories of the couple's marriage report they took vows of chastity because their union was childless. Saint Henry died in July of 1024 and was canonized in 1146 by Pope Eugene III.



BIRTHRIGHT is in dire need of diapers, baby wipes and diaper cream or ointment. The needs of the young pregnant women we serve is ongoing. We are there for them because YOU are there for Birthright. There is a list of ongoing needs for the mothers & children in crisis, in the baby bassinets. Thank you for sharing your love for life with us. If you wish to donate monetarily the mailing address is: **Birthright, 1490 Saratoga Rd., PO Box 661, Ballston Spa, NY 12020.**



BACK PACK PROGRAM

Donation boxes are at the church entrances for items for our area schools that send home food with children in need, those who may go hungry on the weekend. **Suggested items are those non-perishables in single serve containers that are easy for a child to use: mac n cheese, chili, pastas, cereals, fruits, snacks, etc.** Items will be delivered to our local schools on a regular basis. **THE SCHOOLS ARE CONTINUING TO GET THE SUPPLIES TO NEEDY FAMILIES.**

VISION STATEMENT

Transfiguration Parish is committed to continual growth in the Catholic Faith through a lifelong union with Jesus Christ, and in service to others through the ministry of the Church. We spread the Good News of His love and promote His Word through evangelization, education, reflection, and daily witness. As faithful stewards we pledge to direct and develop the spiritual, human, financial, and material resources of the Church. We respond to His love with gratitude and prayer, with compassionate service, generous sharing, reconciliation and equality for all.

SACRAMENTAL CELEBRATIONS

Sacrament of Reconciliation: Saturdays at 3:30 in Speigletown Chapel prior to Vigil Mass

Sacrament of Baptism: Please call the church office to make arrangements.

Sacrament of Marriage: Couples should call the church office at least 6 months in advance of the wedding date. A marriage preparation program is required for all couples. Please call the church office to make arrangements.

PARISH STAFF

Bookkeeper: Mary Oxaal

M.Oxaal@transfigurationparish.net

Director of Religious Education: Beth Thayer

E.Thayer@transfigurationparish.net

Nursing: Pat Hebert

P.Hebert@transfigurationparish.net

Fundraising/Administrative Asst.: Meghan Bornt

M.Bornt@transfigurationparish.net

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Cemetery: Call main office at 518-235-0337

Maintenance: Pete Lambertsen

Knights of Columbus,

Grand Knight: Bryan Purtell

bryanp78@hotmail.com

Prayer Chain Dolly Clum

(518) 753-6313

Prayer Tree Jean Sullivan

(518) 235-3356

Trustees Linda Casey

Hugh Graber

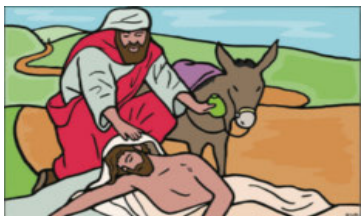
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