

Mass Schedule &

## Intentions 6th Sunday in Ordinary Time February 15th ~ 21st, 2020

### 2/15 SATURDAY VIGIL:

6th Sunday in Ordinary Time 4:30pm Mary Elizabeth Roberts

2/16 6th Sunday in Ordinary Time8:00am The People of the Parish10:30am Intentions of Tim & Lisa Roberts

### 2/17 MONDAY

7:30am Adoration 8:30am Maria Lambert

### 2/18 TUESDAY

11:00am Adoration12noon Intentions of Linda Sands

### 2/19 WEDNESDAY

7:30am Adoration
8:30am Poor Souls in P

8:30am Poor Souls in Purgatory

### 2/20 THURSDAY

4:30pm Adoration 5:30pm Gabe Liege

### 2/21 FRIDAY

7:30am Adoration

8:30am Intentions of the Anderson Family

Most Holy Name of Jesus - Morrisville
Daily Mass Schedule
Monday - No Mass
Tuesday - Mass at the Manor - 10:15am
Wednesday - Bishop Marshall
School 8:15am
Thursday & Friday - 9:00am

The Parish Office will be closed Monday and Tuesday of this week.

Dear Parishioners,

With President's Day upon us and school break for many schools coming these last two weeks of the month, spiritually we must turn to towards our preparations for Lent. Ash Wednesday is at the end of the month (February 26), but as we hit our mid-month stride, it's helpful to do some pre-Lent planning and praying before the season is upon us.

Many folks turn towards the Lenten season as a time of fasting...which it is. However, as we'll hear in the Gospel on Ash Wednesday, there are actually 3 disciplines of Lent we are asked to keep: fasting, almsgiving, and prayer. Regarding these disciplines, a few suggestions and explanations:

Fasting (2 small meals that do not equal 1 normal size meal) and Abstinence (abstaining from meat) is something we do together as a family of faith on Ash Wednesday and Good Friday. Yet it is common practice to 'give something up' for Lent. Many folks have do a 'screen fast,' abstaining from TV for Lent and from using their computers, smartphones or tablets for entertainment. Another suggestion is to fast from sweet things — candy, soda, sugar in your coffee/tea, etc.

Almsgiving refers to giving – it can be money or time...but give something of yourself generously for the glory of God and the good of others. This spiritual discipline reminds us that our lives are not about us – but about God and others. Giving things away gets us back to that true reality. Go through your closet and give away ½ your shoes to the poor (your best ones). Instead of going out to dinner, give that money to charity. Increase your offertory amount during Lent. Offer your precious time to go visit your neighbors, the hospital or nursing home. Spend time writing a letter to loved ones you've been out of touch with.

Prayer is one other place to give more to God. Consider trying to get to daily Mass a few times a week. Try going to confession every week during Lent, and make a sincere examination of your conscience. Pray the rosary every day, or get back to that 5 minutes of silence with God; go to Adoration. Start reading a spiritual book, or the Catechism, or one of the Gospels.

Whatever your Lenten disciplines, take them seriously because God takes our love for and faith in Him seriously. Our prayer, fasting, and almsgiving should not be about us, but about serving God first and helping us grow in love for the Father, Son, and Holy Spirit. Consider discussing your Lenten practices with your family and loved ones. Preparing for Lent begins now! Have a blessed week.

With Mary
In Christ,

Fr. Jon

### Ash Wednesday Almsgiving Collection

There will be a special collection on Ash Wednesday (February 26<sup>th</sup>) to support Vermont Catholic Charities. This agency provides financial and emotional support to individuals and families throughout Vermont through the programs offered which include Counseling, Emergency Aid, Prison Ministry, Project Rachel, and Residential Care Homes. A portion of the collection will go to help fund the Bishop deGoesbriand grants which are awarded to Vermont nonprofits who are making a difference in their communities. Envelopes will be available in the churches. Please know that every gift whatever the size—makes a difference. Thank you for your generosity.

### SAVE THE DATE!

The Parish will be having a Pancake Supper, on Shrove Tuesday, February 25<sup>th</sup> at 5:30pm at the Parish Hall. All are welcome!

Next week's second collection will be for the Church in Central and Eastern Europe. A generous support will help the Catholic Church in Central and Eastern Europe re-establish seminaries, convenants, and religious education programs.

## YOUNG ADULT RETREAT SAINT ANNE'S SHRINE ISLE LA MOTTE MARCH 21-22, 2020

Retreat will be led by Sister Cecilia and other sisters of the Franciscan Sisters of the Renewal. \$75/includes meals and lodging. Call the Diocese for more information 802-658-6110. Send payment to Youth and Young Adult Ministry Office, 55 Joy Drive, S. Burlington, VT 05403

Starting on Tuesday, February 18<sup>th</sup> after the noon Mass there will be a series of videos for the next 3 weeks on Padre Pio, Miracle Man. Please bring a bag lunch and it will be shown in the Parish Hall.

# Religious Education Program

Class on Sunday, Feb 16th

Grades K-7th will meet in the Parish Hall from 9-10 AM

- Prepare for Lent

Confirmation Students will meet in the Parish Hall from 5-6:30 PM

- The big question, will you be a warrior for Christ?

### Community Outreach for February

#### Donations to the Clarina Howard Nichols

Center: https://www.amazon.com/hz/wishlist/ls/X6Y0X8QH DJK4/ref=nav\_wishlist\_lists\_1?\_encoding=UTF8&type=wish list&pldnSite=1

Clarina provides advocacy programs, emergency shelter, support, and direct services to survivors of domestic and sexual violence.