Sunday, Mar 10, 2019 FIRST SUNDAY OF LENT

A devil of a challenge

Take on any challenge, and you quickly discover why few people are willing to walk the route you're on. Not everyone climbs Mt. Everest, completes the Appalachian Trail, or bikes across Death Valley. It also takes special zeal to fight systemic injustice, go on mission to a foreign country, or resist the tiny daily invitations to compromise your values and go along to get along. The test of self-denial this Lent is a dress rehearsal for the real moral challenges that lie ahead. If you can't say no in small ways, how can you resist when the demons come calling?

TODAY'S READINGS: Deuteronomy 26:4-10; Romans 10:8-13; Luke 4:1-13 (24). "If you are the Son of God, throw yourself down from here."

Monday, Mar 11, 2019 LENTEN WEEKDAY

A value-added tradition

Scripture's dramatic account of the Final Judgment includes powerful statements about the importance of caring for those who are weak, ill, imprisoned—values that are at the core of all Christian social ethics. Over the centuries great movements for human progress and compassion have been inspired by these fundamental Christian values. Western Christianity's shortcomings are frequently on display, as perhaps they should be. But let's not forget the great Christian charitable tradition, which has done so much good for so many. Find a way to make your own contribution to charitable works: From Catholic Charities to Catholic Worker houses, the options are many.

TODAY'S READINGS: Leviticus 19:1-2, 11-18; Matthew 25:31-46 (244). "What you did not do for one of these least ones, you did not do for me."

Tuesday, Mar 12, 2019 LENTEN WEEKDAY

Do you have the will?

One of the many advantages of memorized prayers such as the "Our Father" is that we can say them when we have no words of our own; we don't have to think. That's also one of their disadvantages: We don't have to think. In fact, we may have forgotten exactly what we are saying when we pray the Lord's Prayer. For example, do we really mean, "Thy will be done" or are there unspoken conditions attached: "Thy will be done—as long as it doesn't interfere with my carefully laid plans for my life"? To turn everything over to God is truly the only way to live without fear. It's what Jesus did; it's what we are called to do as well.

TODAY'S READINGS: Isaiah 55:10-11; Matthew 6:7-15 (225). "This is how you are to pray: 'Our Father who art in heaven.'"

Wednesday, Mar 13, 2019 LENTEN WEEKDAY

Think small

Children are the first to tell us that it can be tough to be little. Often overlooked or taken advantage of, not always heard or taken seriously, the small ones in this world are at the mercy of the rest of us. In biblical terms the *anawim* ("poor little ones") included children, women, the poor, and the stranger. It's quite unusual when a "rich big one" like the king of Nineveh in the

Book of Jonah surrendered his place of privilege and made himself small before God. Such humility gets results: His kingdom is saved. Consider opportunities today to "get small" in your dealings with others.

TODAY'S READINGS: Jonah 3:1-10; Luke 11:29-32 (226). "The king of Nineveh... rose from his throne, laid aside his robe, covered himself with sackcloth, and sat in the ashes."

Thursday, Mar 14, 2019 LENTEN WEEKDAY

Let the children come

Children soak up experiences without having much power to filter. Be it fear or faith, trauma or comfort, loss or joy, whatever goes in, tends to stay with them and affect their lives. Adults have a responsibility to try to shape the experiences of children in positive ways. The almost complete dependence of small children on the adults around them is one of the reasons Jesus was so protective of them in the gospels—and also why scripture holds children up as examples of trust. Whether nurturing children or learning to imitate them in your relationship with God, always remember their importance.

TODAY'S READINGS: Esther C:12, 14-16, 23-25; Matthew 7:7-12 (227). "If you . . . know how to give good gifts to your children, how much more will your heavenly Father give good things to those who ask him."

Friday, Mar 15, 2019 LENTEN WEEKDAY; DAY OF ABSTINENCE

What's in a name?

The Catechism of the Catholic Church lists five names for the sacrament that many of us grew up calling Confession. That term, still in use, calls up images of kneeling in darkness and recounting sins to a priest who sits behind a screen. There are, however, other words that perhaps do a better job of describing the grace of the sacrament. These words: conversion, reconciliation, penance, and forgiveness, invite us to reflect on and claim our failings, express our sorrow, and, with pastoral guidance, go forth to try again to get it right. Forgiveness of ourselves or others is not easy and reconciliation is a process, but God's own grace is there to guide and strengthen us as we attempt to be people of love and mercy. Is it time to make a good Confession?

TODAY'S READINGS: Ezekiel 18:21-28; Matthew 5:20-26 (228). "Settle with your opponent quickly while on the way to court."

Saturday, Mar 16, 2019 LENTEN WEEKDAY

Less is more

The heading catches our attention because at first glance it seems illogical. How can less be more? They're opposites, and of the two, "more" is usually regarded as better. But taken in a different light, the phrase makes good sense. Maybe we exercise restraint during a tense meeting with a coworker, saying only what is needed instead of saying something further in order to "win" an argument. Maybe we forgive someone who has hurt us with a lie instead of reminding them over and over that our pain is their fault. With less, we become more—more peaceful, more caring, more Christ-like.

TODAY'S READINGS: Deuteronomy 26:16-19; Matthew 5:43-48 (229). "But I say to you, love your enemies and pray for those who persecute you."

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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Saint Anthony Church 15 Church Street

White River Jct. Vermont 05001

First Sunday of Lent - March 10, 2019

Father Charles R. Danielson, Pastor Deacon John P. Guarino

Bishop of Burlington: Most Rev. Christopher J. Coyne

Parish Office

Hours

Monday, Tuesday, Thursday, Friday 11:00 AM – 4:30 PM Closed on Wednesday

Secretary: Ms. Joanne Collins **Telephone:** 802-295-2225, ext. 3

Office e-mail: Info@SaintAnthonyChurchWRJ.org

Website: www.stanthonysvt.org

Mass Schedule

Weekend: Saturday 4:00 PM

Sunday 8:30 AM

Weekday: Monday & Friday 9:00 AM

Holy Days: Consult the parish bulletin

Rectory Chapel

Adoration of the Most Blessed Sacrament Monday, Tuesday, Thursday and Friday from 11:00 AM – 4:00 PM

Religious Education

Coordinator: Mrs. Julie Hamilton, 295-3989, juliehamilton130@comcast.net

Sacraments

Reconciliation: Saturday from 3:15 - 3:45 PM

Baptism: Parents must come to the rectory to get the necessary forms at least

one month in advance.

Marriage: Couples must contact the parish at least six months in advance.

Mass Intentions

Plass Intentions Sunday		
Saturday, March 9 Sunday, March 10	4:00 P.M. 8:30 A.M.	Elizabeth Radicioni by Walter The People of Saint Anthony Parish
Monday, March 11	9:00 A.M.	Dominic Digilio by Mr. & Mrs. Eugene Boisvert
Friday, March 15	9:00 A.M.	Jerry Bachelder by Knights of Columbus
Saturday, March 16	4:00 P.M.	Fredo Guarino birthday remembrance by family

8:30 A.M.



Sunday, March 17

Ruth Hebert Patrick Kendall
Richard Temple Mike Temple
Anne Rule Frank Klymn
Peter Dailey Theresa Lund
Sister Alice Vincent "Aunt" Bunny Hurst
Nicole Pero Pat Coutermarsh
Evelyn Biron

Please also remember others who are in need of our prayers.

Names will be published in our bulletin for one month. If you would like to renew your prayer request after one month, please contact the parish office.

Sanctuary Lamps will burn for:

The People of Saint Anthony Parish

Saint Anthony Parishioners & friends



Sacrificial Giving Report

To meet our expenses we need: \$3,500.00 Offertory collection March 2 & 3: \$3,538.00

Thank You for Your Support of Saint Anthony Church!

Message from Fr. Rick:

First Sunday of Lent

The Temptations

Every year on the First Sunday of Lent we hear one of the Gospel accounts of Jesus's being tempted by Satan in the desert. Traditionally, and for good reason these temptations have three classic themes, each of which tempts us to place something other than God at the center of our life.

The temptation to comfort

The temptation to power

The temptation to manipulate God

Right at the beginning of Lent the Church challenges us to reorder our lives to what is always and everywhere primary

- God -

We hear a lot these days about being "intentional".

That is, about being deliberate, focused. Lent reminds us to focus, to be deliberate, to be intentionally focused on God in and through everything we do and say not only during these 40 days but every day in every season.

Fr. Rick

Low Gluten Altar Bread: If you require a low gluten host for communion, come to the altar with the Extraordinary Ministers of Holy Communion. The celebrant will give you the consecrated low gluten host from a separate paten.

Saint Anthony Parish Lenten Faith Enrichment: This Lent, Saint Anthony Parish will offer a Catholic Faith Enrichment group study on the foundations of the Mass. This is an exceptional opportunity to deepen our weekly encounter with our Lord at the Eucharist in community, and rekindle our baptismal commitment to knowing and loving Him more. There will be four 90 minute sessions on consecutive Wednesdays starting March 13 and ending April 3. Each session will start at 6:00 PM and end at 7:30. Coffee and donuts will be provided! Please find a way to attend. What better way to walk our Lords Passion than to more completely understand the source and summit of our Catholic Faith? To sign up for one or all sessions please contact Joanne Collins at the parish office, 802-295-2225, ext. 3, or Chris Noble by phone 619-865-2680 or email chris.d.noble@gmail.com.

Word on Fire Engage at Saint Anthony for Lent! Looking for something to deepen your Catholic Faith during Lent? Would you like to know more about an aspect of the Catholic faith? Do you want to walk with Jesus "online" as Bishop Baron visits the Holy Land and explains the Gospel? Sign up now for the Word on Fire online Library. The highly acclaimed series of online Catholic Faith enrichment presentations from Bishop Robert Baron is available to all members of Saint Anthony Parish at no cost during the season of Lent. Flyers explaining how to signup are at the back of the Church. If you signed up last year, your membership is still active. For more information or help signing up, contact Chris Noble by phone 619-865-2680 (call or txt) or email chris.d.noble@gmail.com

R.C.I.A.: The Diocesan Rite of Election is being held Sunday in Burlington. Our R.C.I.A. catechumens and program leaders will be attending. Please keep them in your prayers.

Baby Bags: The Hartford DCF-Family Services staff has requested that our Wednesday Night Crafters supply more filled baby bags for the Vermont newborns who must go directly into foster care. We are collecting items, through the generosity of St. Anthony Parishioners, to fill these bags. Most needed are: newborn clothing (onsies, tops, etc.), receiving blankets, car seat blankets, bibs, towels and washcloths, and small/travel-size baby shampoo and baby powder. All items should be *new*, either purchased or handmade, for newborns.

Please leave items at the entrance of the church, or bring to the rectory during working hours. Thank you for your support of this project! Contact Charlotte Merrill (802) 295-2145 or decomposition.com with questions.

Second Collection This Weekend: The diocesan second collection this weekend is for Catholic Home Missions/Black & Native Americans. Over 40% of dioceses in the U.S are considered home missions because they are unable to fund essential pastoral work needed in their communities. Please prayerfully consider how you can support this appeal. More information may be found at www.usccb.org/home-missions. **Please** make-checks-payable to St. Anthony Church.

Vermont Catholic Men's Conference HERE: Saturday, March 23, 9:00 AM, Mass with Bishop Christopher Coyne. The keynote speaker is Eric Sutulovich, former NFL Coach who comes to us via Catholic Athletes for Christ. Cost is \$40.00 (\$20.00 for those 21 and younger). Registration is now open at *vermontcatholic.org/men*.

Joy in Ministry HERE: A Lenten Retreat Day for all parish ministers at St. Anthony Parish Wednesday, April 10th from 9:30 - 3:00. For anyone who ministers in the parish, including religious education leaders, music directors, parish volunteers, ushers and other parish staff. Facilitated by the Diocesan Dept. of Evangelization & Catechesis. For information or to register contact Deacon Phil Lawson at (802) 846-5813 or plawson@vermontcatholic.org.

K of **C** Dinner: Next Saturday, March 16, the Knights of Columbus will host a St. Patrick's Day Dinner in the parish hall from 4:45-6:15 p.m. Price: \$12.00 for adults, \$6.00 for children. If you can help by making a pie or dessert, serve at the dinner, or help with cleanup please call Dan, 802-356-3527 or Dominick Montuori, 802-295-5562. Call Dan for to-go.

Haven: The most needed items this week are soup, cereal/oatmeal, black beans, canned tuna/chicken and pasta. Non-perishable items may be left in the basket at the top of the stairs. Thank you!

St. Anthony Parish would like to welcome all those who are visiting with us this weekend.