



# Saint Anthony Parish

15 Church Street  
White River Jct. Vermont 05001

First Sunday in Lent  
February 26, 2023

Father Cyrain G. Cabueñas  
Deacon John P. Guarino

Most Reverend Christopher J. Coyne  
Bishop of Burlington

## Parish Office

You may contact the parish office by email or phone. If we are unable to take your call, please leave a message, and we will respond as soon as possible. Father is available for appointments at Saint Anthony Parish on Monday and Friday and at St. Francis of Assisi Parish in Windsor on Tuesday and Thursday. The phone number at St. Francis is 802-674-2157.

**Telephone:** 802-295-2225, ext. 3  
**E-mail:** [stanthonychurch@vermontcatholic.org](mailto:stanthonychurch@vermontcatholic.org)  
**Website:** <https://stanthony.vermontcatholic.org>

## Mass Schedule

**Weekend:** Saturday 4:00 PM  
Sunday 8:30 AM  
**Weekday:** Monday & Friday 9:00 AM  
**Holy Days:** Consult the parish bulletin

## Rectory Chapel

The rectory chapel is currently closed.

## Religious Education

Coordinator: Diane Usher, [dmgu70@icloud.com](mailto:dmgu70@icloud.com)

## Sacraments

**Reconciliation:** Saturday from 3:15 – 3:45 PM  
**Baptism:** Parents must contact the rectory to get the necessary forms at least one month in advance.  
**Marriage:** Couples must contact the parish at least six months in advance.

## Mass Intentions

<b>Saturday, February 25</b>	<b>4:00 PM</b>	<b>Claire Manning</b> by Martha Brown
<b>Sunday, February 26</b>	<b>8:30 AM</b>	<b>The People of Saint Anthony Parish</b>
<b>Monday, February 27</b>	<b>9:00 AM</b>	<b>NO MASS</b>
	<b>11:00 AM</b>	<b>Brian Blanchette Funeral</b>
<b>Friday, March 3</b>	<b>9:00 AM</b>	<b>Jacquelyn Logan</b> by Gary & Karleen McKenney
	<b>5:30 PM</b>	<b>Stations of the Cross (Led by the Religious Ed. Students)</b>
<b>Saturday, March 4</b>	<b>4:00 PM</b>	<b>Sean Hamilton</b> by Deacon John & Mary Guarino
<b>Sunday, March 5</b>	<b>8:30 AM</b>	<b>The People of Saint Anthony Parish</b>



Charlotte King  
Frank Klymn  
Elizabeth McArthur  
Diane Reilly  
Heidi Whidden

Please also remember any others  
who need our prayers.

Sanctuary Lamps  
will burn for:  
Saint Anthony  
Parishioners  
& friends



### Sacrificial Giving Report

To meet our expenses, we need: **\$4,325.00**  
**Offertory Collection Feb. 18 & Feb. 19: \$2,674.00**  
**Thank You for Your Support**  
**of Saint Anthony Parish!**



**Parish Support:** Here at Saint Anthony Parish, we do not pass a collection basket during Mass. There are collection boxes by the tables at the entrance of the church. We appreciate your contributions for the support of our parish. Thank you!



**Confessions:** The Sacrament of Reconciliation is available in the confessional at St. Anthony Church on Saturdays from 3:15-3:45 p.m. Individual confession is available by appointment. Please call to schedule.



**Low Gluten Altar Bread:** Low gluten hosts for Communion are available to those who require them. When you come up to receive, let the minister know and they will get one for you.



**Sanctuary Lamps:** The Sanctuary Lamps burning in front of the tabernacle may be sponsored for your intentions. A donation to help defray the cost of the candle is appreciated, but not necessary. Please contact the office for availability.



We live in a time when violence is almost the rule of life. We often don't notice it because we get so used to it. Violence comes in many forms: domestic violence, street crime, racism, abuse of those in authority, road rage, and the unending controversial parlor conversation over the Second Amendment - gun violence.

Violence can affect everyone; young or old, rich or poor, pious or unbeliever. And it can happen anywhere, in our neighborhood, school, workplace, even place of worship.

Since last week, the Christian community of the Archdiocese of Los Angeles, has been struggling to accept and trying to put some sense to the sudden and violent demise of Auxiliary Bishop David O'Connell. Last year, Fr. Otis Young, a retired priest from the Archdiocese of New Orleans suffered an even terrible fate, beaten, stabbed to death, and burnt beyond recognition. We have no simple solution or clever way to decipher the evil that men do. We are only aware of our inability to control the human forces which cause immense evil, sadness, and pain. Every act of violence committed against a human being is a wound in humanity's flesh, every violent death diminishes us as a people.

Traditionally, Lent has served as a time for Christians throughout the ages for self-introspection, to abstain from what that which we do not need or that which separates us from God. But Lent is also a time in which we reflect Jesus' ignominious death and how people sought to destroy him. Lent is fundamentally not about living a better life but coming to terms with the inevitability of death, and through it, a new life in Christ. Lent is about dying: dying to self, dying to intense and deep-seated hatred and ill-feelings, dying to barbaric tendencies and vicious inclinations.

The paradox of Christianity is that Christ's death was the remedy for death. It was in losing His life that Christ brought new life to our ruthless world. Christ did not suffer and die so that we do not have to - He suffered and died so that our suffering and death could be transubstantiated into a means of life.



**Weekly Bulletin:** Our bulletin is on our website <https://stanthony.vermontcatholic.org>. For those who do not have online access and would like a copy of the printed bulletin, you may pick one up outside the parish office from the wooden box on the small porch near the office door. You will also find copies of the *Living Faith* booklet and the Vermont Catholic magazine.



**Mass Intentions:** If you would like to have a Mass offered for your intentions, for loved ones living or deceased, or for a special occasion, please contact the parish office by email, phone, or drop a note in the collection box. Please include the name of the person for whom the Mass will be offered and who is requesting the Mass. Let us know if you want a specific date or if you would prefer the first available Mass, weekday, or weekend. We will do our best to accommodate your requests. Please include your contact information in the event that we are unable to reserve the date you have requested. The customary offering is \$10.00. Thank you.



**Stations of the Cross:** Led by the Religious Education Classes on **Friday, March 3 at 5:30 PM.**

**Religious Education Classes:** Classes for grades 1-6 are Sunday, **March 5, 2023** in the Religious Education Center from **9:30 AM to 10:30 AM**



**Lenten Fasting Guidelines:** Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence.

For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 on.



### **Lenten Scripture Series:**

Location: La Salette Shrine Cafeteria, Enfield New Hampshire

Dates and Times: Tuesdays, February 28<sup>th</sup> to April 4<sup>th</sup> from 9:30 - 11:00 AM

Leader: **Father John P. Sullivan, M.S.**

There will be coffee, tea, and baked goods to enjoy during the sessions. Donations of baked goods are always welcomed.



**Upper Valley  
Haven**

**The Haven Food Shelf:** The Food Shelf is open to anyone in our community Monday - Thursday 9:00am - 4:30pm & Friday 9:00 - 3:00.

Visit [uppervalleyhaven.org/foodshelffaq/](http://uppervalleyhaven.org/foodshelffaq/) for more information.

Saint Anthony Parish has long supported the Haven by collecting non-perishable food in the basket at the entrance to the church. Thank you for your contributions.

**Food Items:** Canned Tuna, Canned Chicken, Pasta, Canned Vegetables, Pasta Sauce, Soups or Broths, Canned Tomatoes, Macaroni & Cheese, Canned Fruit, Peanut Butter, Rice, Canned beans (black & kidney), Shelf-stable Milk, Instant oatmeal, and Pasta Sauce.

**Personal Items:** Toothpaste, Shampoo, Shaving items (razors and shaving cream), Body wash, Deodorant (men's/women's), Toothbrush, Body Lotion, Diapers (sizes 3, 4, 5 & 6) and Pull-ups (sizes 3T-4T).



**Catholic Mass on TV:** Those **unable** to attend Sunday Mass in person **due to illness or medical conditions** making them more vulnerable may view the celebration of Mass livestreamed at:

<https://www.vermontcatholic.org/news/communication/tv-mass/> at 10:00 a.m. or watch televised Masses at:

<b>WCAX-TV</b>	(Channel 3)	5:30 a.m.
<b>WNNE-TV</b>	(Channel 13)	10:00 a.m.
<b>CatholicTV Network</b>	(Channel 166)	10:00 a.m.
<b>EWTN</b>	(Channel 38)	8:00 a.m. and 12:00 p.m.

Daily Mass may be found at <https://www.vermontcatholic.org/news/communication/tv-mass/> or on CatholicTV and EWTN.



Please pray for the repose of the souls of **Lucille Demers** and **Brian Blanchette** and for the consolation of their families.





**Catholic Men's Conference:** Join with other Catholic Men for a day of fellowship on Saturday, March 25, 2023.

**Our Lady of Angels, Randolph, Vermont – 9:00am – 2:15pm**

**Keynote Speaker – Fr. Jon Schnobrich**

**Registration Fee – \$30 per person (Lunch will be provided and is included in the registration fee)**

**REGISTRATION LINK – <https://www.vermontcatholic.org/vermont-catholic-mens-conference-2023-registration/>**



**Young Adult Retreat:** This retreat is an opportunity for Catholic Young Adults to gather with others from around the area for a weekend of community, fun, and spiritual nourishment.

**For:** Young Adults ages 20–39

**Date:** Friday, March 17 – Sunday, March 19, 2023

**Deadline:** by March 3, 2023.

**Cost:** \$75 (Includes all meals and lodging)

**Register:** [vermontcatholic.org/2023-young-adult](https://www.vermontcatholic.org/2023-young-adult).



**Second Collection Next Weekend for the Support of the Church in Central and Eastern Europe:**

In late February 2022, after years of simmering tensions and a months- long buildup of troops on the Russia-Ukraine border, Russian forces invaded Ukraine. The need for humanitarian aid and pastoral support for the Ukrainian people was great and immediate, especially the millions of internally displaced persons fleeing war-torn areas for other locations within the country. The United States Conference of Catholic Bishops' Subcommittee on Aid to the Church in Central and Eastern Europe was poised to provide immediate

aid to Ukraine thanks to well-established, decades-long relationships with bishops and Catholic organizations in the region. Through the generosity of parishioners to the Collection for the Church in Central and Eastern Europe, nearly 50 emergency aid grants, totaling more than half a million dollars, brought humanitarian aid to victims and refugees in Ukraine, Poland, Slovakia, and Moldova between February and May 2022. The Kyiv archeparchy of the Ukrainian Greek Catholic Church (UGCC) provided emergency shelter in its cathedral basements to Kyiv residents fleeing bombardment. Caritas Ukraine acquired the food, tents, blankets, and personal hygiene products so desperately needed by people who sought aid at relief centers throughout the country with collection funds.

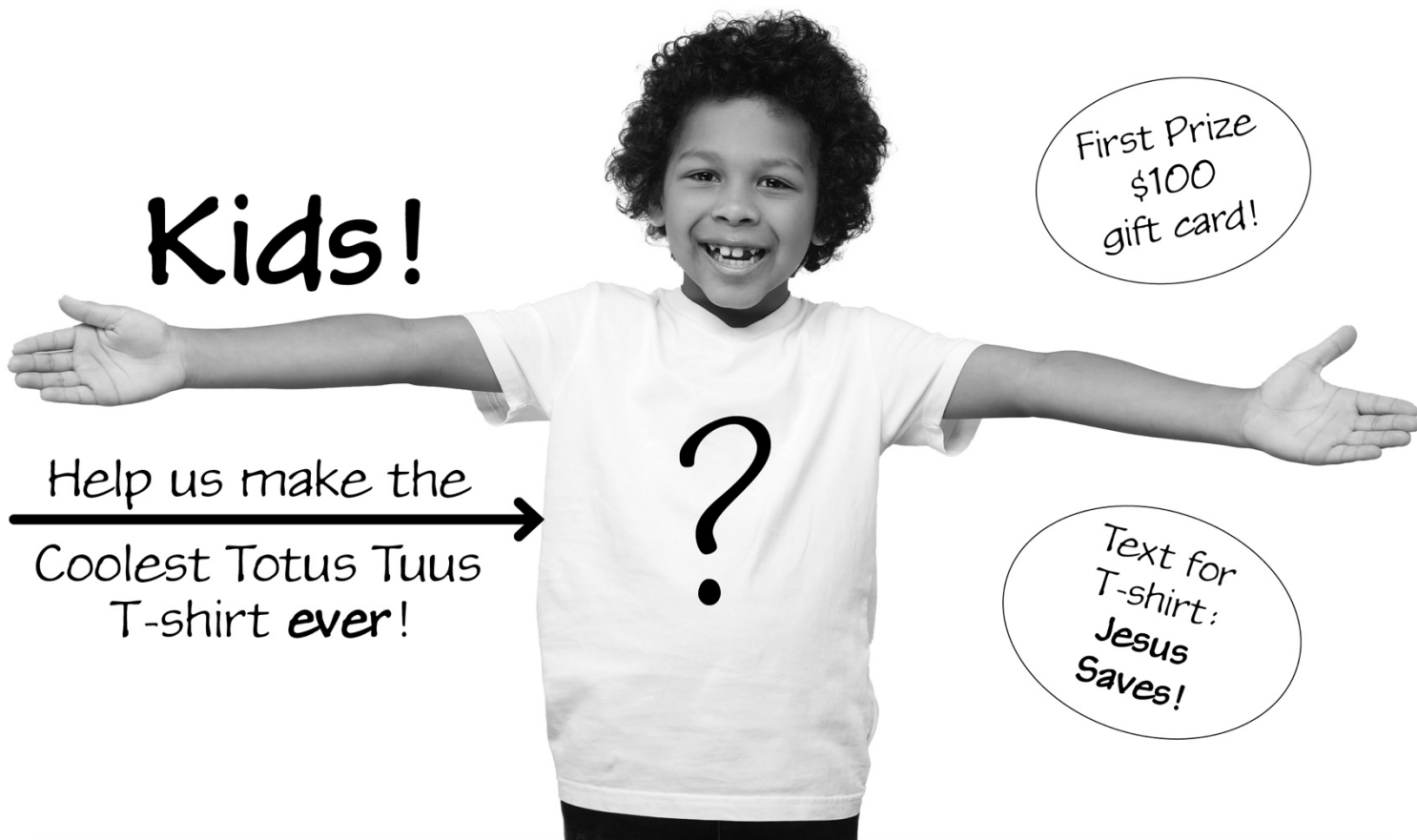
Your support for the collection is crucial to helping the Church fulfill its mission to minister to people's spiritual and material needs in Ukraine and more than 25 other countries throughout Central and Eastern Europe, especially in times of serious hardship.

# NEWS FROM The Inland See

February 25 – March 3, 2023

FOR THE DIOCESE OF BURLINGTON

## Kids!



## Totus Tuus T-shirt design contest seeks entries

Prospective youth participants in the Diocese of Burlington's annual Totus Tuus catechetical summer camp are invited to submit a T-shirt design including the words "Jesus Saves!" which is the 2023 contest theme.

The contest, sponsored by Totus Tuus of the Diocese of Burlington, will have one main prize winner whose design will appear on the official Diocese of Burlington Totus Tuus T-shirt; there will be one runner up.

The first-prize winner also will receive a \$100 gift card; the runner up will receive a \$50 gift card.

A panel of judges representing the Diocese will decide the winners.

There is no fee to enter the contest.

Designs must be received no later than April 15 at 11:59 p.m.

Email design entries in either a pdf or png format to [totustuustshirt@vermontcatholic.org](mailto:totustuustshirt@vermontcatholic.org).

For more information or full rules, email [totustuustshirt@vermontcatholic.org](mailto:totustuustshirt@vermontcatholic.org) or contact Daniel Lacourrege at [dlacourrege@vermontcatholic.org](mailto:dlacourrege@vermontcatholic.org) or call 802-448-3514.

**VTC • Cori Fugere Urban**

## Registration for Totus Tuus 2023 is now open!

June 18–23	St. Michael, Brattleboro Holy Angels/St. Mary, St. Albans	July 9–14	Sacred Heart-St. Francis de Sales, Bennington Christ the King, Rutland	July 23–28	St. John the Baptist, Enosburg Falls Blessed Sacrament, Stowe-Waterbury
June 25–30	St. Peter, Vergennes-Bristol St. Monica, Barre	July 16–21	Mater Dei, Derby Line-Newport St. John Vianney, South Burlington	July 30 –Aug 4	Corpus Christi, St. Johnsbury Ascension, Georgia

Download a registration form at: [vermontcatholic.org/totus-tuus-2023](https://vermontcatholic.org/totus-tuus-2023)

# Upcoming Events



02|27, 28, 03|01 MON, TUES, WED  
**A Lenten Retreat  
with Monsignor Richard Lavalley**  
*Holy Family, Essex Jct. • 8:30 am - 12 pm*

Monday, Tuesday & Wednesday: 8:30 am Mass with a reflection by Monsignor Lavalley. Monsignor will be available for Confession and Spiritual Direction every morning after Mass until noontime.

Tuesday, February 28 at 7 pm: Monsignor will pray the Stations of the Cross with meditations at every Station. For more information or to schedule a time to meet with Monsignor, please call 802-878-5331. Everyone is welcome!



02|27 MONDAYS  
**SJV Book Group —  
“One Ordinary Sunday”**  
*St. John Vianney, South Burlington  
9 - 10:30 am*

The book group will meet Monday mornings in Lent (except Monday, March 6), following the 8:30 Mass, to discuss “One Ordinary Sunday” by Paula Huston. Books are \$16.95 each. SJV will be placing an order for books and covering the shipping costs. **FOR MORE INFO: email Connie at SJVGoodNews@gmail.com**



02|28, 03|07, 14, 21, 28 TUESDAYS  
**Taize Prayer**  
*Sacred Heart St. Francis de Sales, Bennington  
5:30 - 6:00 pm*

Taize Prayer will be offered weekly on Tuesday evenings during Lent, beginning on Feb. 28 and ending on March 28. Taize is a village in France that is home to an ecumenical community of religious brothers who sing, fast and perform acts of charity throughout the world. The service will last about 30 minutes.



02|28, 03|07, 14, 21, 28, 04|04  
**Come Pray with Us**  
*Immaculate Heart of Mary, Williston  
7:30 - 8:30 pm*

Begins with Eucharistic Adoration after Mass, followed by group prayer at 7:50 PM, concludes with Benediction.



03|01, 08, 15 WEDNESDAYS  
**Good News Bootcamp**  
*St. John Vianney, South Burlington  
6:45 - 8:30 pm*

Join us in discussing how we as Catholics can bring healing, transformation, virtue, and enthusiasm to our world. Check out our website at [stjohnvianneyvt.org/good-news-bootcamp](http://stjohnvianneyvt.org/good-news-bootcamp) to discover what each week's topics will be. Join us for the sessions that interest you or join us for all of them! Questions? Contact Connie at [SJVGoodNews@gmail.com](mailto:SJVGoodNews@gmail.com).



03|01, 08, 15, 22, 29 WEDNESDAYS  
**Presence:  
The Mystery of the Eucharist**  
*via Zoom • 7 - 8:30 pm*

Join Christ Our Savior Parish for this weekly Lenten seminar. For information and to register: [presencecosp@gmail.com](mailto:presencecosp@gmail.com).



03|02, 09, 23 THURSDAYS  
**Lenten Series**  
*Our Lady of the Angels Parish, Randolph •  
5:30 - 7:30 pm*

Come join Fr. Gratton as we learn about Eucharistic miracles, marian apparitions, and inspiring saints throughout Lent. We begin with Stations of the Cross at 5:30 pm, followed by a free meal provided by the KofC Council #14351 (please bring potluck sides), and this inspiring series. Come ignite your faith during this Lenten Season!



03|02, 09, 16, 23, 30 THURS  
**Apostle's Creed Series**  
*St. Michael, Brattleboro • 6 - 7 pm*

The Apostle's Creed is the oldest of the official creeds of the Church and is still used today as our baptismal creed. During Lent, as we prepare to renew our baptismal promises at Easter, what does the Apostle's Creed actually say? How is it important for us today? How does it affect how we live? Join Fr. Greg Caldwell in the Youth Center Thursdays during Lent, starting February 23, for a series of reflections on the Apostle's Creed.



03|02 THURSDAY  
**Lent with the VT Catholic  
Women's Group**  
*Online • 7:30 - 9 pm*

Grow with the Vermont Catholic Women's Group on Zoom as we go through the “Holy is His Name” Video study by Dr. Scott Hahn. We will have weekly edifying discussions. Join us for one or all meetings. Women of all ages are welcome. **FOR MORE INFO: Contact Carolina at [caro3600@gmail.com](mailto:caro3600@gmail.com) or 802-393-3365.**



03|03 FRIDAY  
**Stations of the Cross and Meal**  
*St. Mark, Burlington • 6 - 7:30 pm*  
Stations of the Cross prayer followed by a Lenten meal in the parish center dining room.



03|04 SATURDAY  
**St. Peter's Cemetery — Bingo**  
*St. Peter, Vergennes • 5 - 9:00 pm*  
Doors open at 5 PM, Bingo starts at 6 PM.

This is a family friendly event. All cash prizes, 50/50 raffle. Refreshments sold. This event is sponsored by St. Peter's Cemetery Committee to benefit the on-going efforts for cemetery improvements.



03|05 SUNDAY  
**Eucharistic Healing Service**  
*St. John the Evangelist, St. Johnsbury  
3 - 4 pm*

Benediction and Exposition of the Most Blessed Sacrament at 3 pm on the first Sunday of every month with Fr. Harlow.



03|07 TUESDAY  
**Our Lady's Kitchen — Bethel**  
*St. Anthony, Bethel • 11 am - 1:00 pm*  
Free meal — come one, come all!



03|10, 24 FRIDAYS  
**St. Peter's Take Out Fish Dinners**  
*St. Peter's Parish Hall, Vergennes • 5 - 6:30 pm*  
Take out fish dinners-serving 5:00-6:30pm

(take out). \$13/adults \$7/children 6-12. For reservations, please call (802) 877-2367.



03|08, 15, 22, 29, 04|12, 19, 26  
**Contemplative Prayer Series**  
*Holy Family-St. Lawrence Parish Center, Essex  
Jct. • 9:15 - 10:15 am*

Join us for this series led by Louise Boisvert, a member of Notre Dame de Vie, a Secular Institute, founded in the 20th century by Blessed Marie Eugene of the Child Jesus, a carmelite father. Silent prayer is not well known to the general public and yet we are all called to it through the grace of our baptism.



03|10, 24 FRIDAYS  
**Community Soup and Bread  
Supper**  
*St. Catherine of Siena, Shelburne • 5 - 7 pm*

Please join us for a meatless soup and bread meal in the parish hall at 5 pm. Afterwards, join us for Stations of the Cross at 6:30 pm in the church. Bring a friend.

## DIOCESE OF BURLINGTON CAREERS

*Diocesan Central Offices: Youth & Young Adult Minister*

*Diocesan Central Offices: Marriage and Family Life Coordinator*

*Diocesan Central Offices: Senior Accountant*

*Christ the King School, Burlington: Principal*

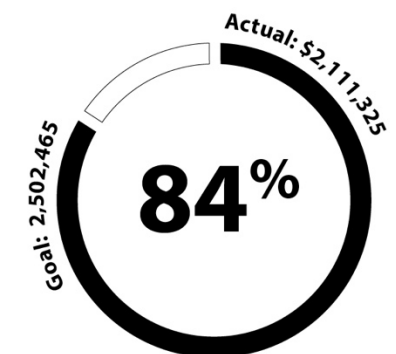
*Loretto Home, Rutland: Interim Director of Nursing*

*St. Anne's Shrine, Isle LaMotte: Administrator*

*St. Anne's Shrine, Isle LaMotte: Cook*

[vermontcatholic.org/careers](http://vermontcatholic.org/careers)

## BISHOP'S ANNUAL APPEAL



To learn more or make a gift online  
visit: [bishopsappealvt.org](http://bishopsappealvt.org)



**Sunday, Feb 26, 2023**

### God's messengers

Have you thought much about your guardian angel since you prayed at bedtime when you were a kid? If not, maybe it's time to catch up with the one that's been assigned to help you. The word *angelos* means "messenger" in Greek, and since angels "always behold the face" of God in heaven (Matthew 18:10), they're well-positioned to intercede for you. Appreciate the watchful care that surrounds you and protects you from spiritual and perhaps physical dangers. Their constant attention indicates how precious you are to God and how active God wishes to be in your life.

#### FIRST SUNDAY OF LENT

TODAY'S READINGS: Genesis 2:7-9; 3:1-7; Romans 5:12-19; Matthew 4:1-11 (22). *"He will command his angels concerning you and with their hands they will support you."*

**Monday, Feb 27, 2023**

### A book for your nightstand, next to your Bible

Grigor Narekatsi, born near the turn of the first millennium, was an Armenian mystical and lyrical poet, monk, and theologian. He has the distinction of being venerated as a saint in the Armenian Apostolic and Catholic Churches and was declared a doctor of the church by Pope Francis in 2015. The prayer book of Gregory of Narek is a fixture in religious Armenian homes, second only to the Bible, and is considered a masterpiece of Christian spiritual literature. It has been translated into 30 languages, including English. Given the rave reviews, consider this writer-saint for your next read!

#### MEMORIAL OF GREGORY OF NAREK, ABBOT, DOCTOR OF THE CHURCH

TODAY'S READINGS: Leviticus 19:1-2, 11-18; Matthew 25:31-46 (224). *"Come, you who are blessed by my Father. Inherit the kingdom prepared for you from the foundation of the world."*

**Tuesday, Feb 28, 2023**

### United in prayer

Pope Benedict XVI, may he rest in peace, wrote beautifully on prayer and the Our Father: "In praying our heart is opened. Not only do we enter into communion with God but actually with all the children of God, because we are one body. When we address the Father in our inner room in silence and in recollection we are never alone. Those who speak to God are not alone. We are within the great prayer of the Church, we are part of a great symphony that the Christian community in all the parts of the earth and in all epochs, raises to God." Pray the Our Father slowly and consciously today, with everyone.

#### LENTEN WEEKDAY

TODAY'S READINGS: Isaiah 55:10-11; Matthew 6:7-15 (225). *"This is how you are to pray: Our Father who art in heaven, hallowed be thy name."*

**Wednesday, Mar 01, 2023**

### Get on board for justice

Today marks the 98th death anniversary of Homer Plessy, the man who attempted to end segregation with his legendary ride on a whites-only streetcar in New Orleans in 1892. His efforts were unsuccessful, and the following seven decades of U.S. jurisprudence included segregation as a bedrock feature. Plessy, however, is much less heralded for the fact that he was a man of faith, a black Catholic whose famous ride was organized by an interracial activist group known as the Comité des Citoyens (Citizens' Committee). Their holy disobedience was one of the first Catholic-led efforts against the

developing hierarchy of racism in the formerly French and Spanish regions of the Deep South. May the courage of Plessy and his allies be of use to us today as we continue the march toward justice.

#### LENTEN WEEKDAY

TODAY'S READINGS: Jonah 3:1-10; Luke 11:29-32 (226). *"Man and beast shall be covered with sackcloth and call loudly to God; every man shall turn from his evil way and from the violence he has in hand."*

**Thursday, Mar 02, 2023**

### Read it and reap

Welcome to Read Across America Day, established in 1998 by the National Education Association to encourage this most central, enjoyable, and enriching of activities. Popular among teachers, students, and librarians, today can also be a day for Catholics to explore and support organizations such as the Catholic Media Association, whose members inform, inspire, and educate readers, keeping them connected to their faith, and telling the story of the church. Check a list of Catholic newspapers and magazines to find one you can support with a subscription. You in turn will be supported in your faith.

#### LENTEN WEEKDAY

TODAY'S READINGS: Esther C:12, 14-16, 23-25; Matthew 7:7-12 (227). *"Everyone who asks, receives; and the one who seeks, finds; and to the one who knocks, the door will be opened."*

**Friday, Mar 03, 2023**

### Store up treasure in heaven

Saint Katharine Drexel was born in Philadelphia in 1858 to a wealthy family. The Drexels had a reputation for generosity, reportedly opening their home several days a week to feed and care for people in need. They also made time every day to pray together. During a trip to Europe as a young woman, Katharine was able to have an audience with Pope Leo XIII. She asked the Holy Father to send missionaries to Wyoming. He answered, "Why don't you go?" Not long after, Katharine stunned society by leaving behind her privileged life to dedicate herself to religious life. She worked to improve living conditions and educational opportunities for African Americans and Native Americans. She left a legacy far greater than her family fortune.

#### MEMORIAL OF KATHARINE DREXEL, RELIGIOUS FOUNDER

TODAY'S READINGS: Ezekiel 18:21-28; Matthew 5:20-26 (228). *"Go first and be reconciled with your brother, and then come and offer your gift."*

**Saturday, Mar 04, 2023**

### Short but sweet sainthood

Lenten inspiration can come from anywhere—from scripture to Instagram, from saints to young people. While not a Bible figure or social media influencer, 15th-century Casimir of Poland happens to fit the categories of both saint and young person. Saint Casimir was a prince who was under intense pressure from his family and country to take a leading role in government and politics. But Casimir felt called to focus on prayer, study, and care for people in need. Although he had to contend with some very disappointed people, he stood firm in his decision to follow his calling. Disease cut short his life at the tender age of 25, but his example can inspire us to live out our calling and thus help fulfill his.

#### MEMORIAL OF CASIMIR, PRINCE

TODAY'S READINGS: Deuteronomy 26:16-19; Matthew 5:43-48 (229). *"This day the LORD, your God, commands you to observe these statutes and decrees. . . . with all your heart and with all your soul."*

*Invest just five minutes a day, and your faith will deepen and grow—a day at a time*



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