



Saint Anthony Parish

15 Church Street
White River Junction
Vermont 05001

Fifth Sunday of Lent
March 26, 2023

Reverend Cyrain G. Cabueñas
Deacon John P. Guarino

Most Reverend Christopher J. Coyne
Bishop of Burlington

MASS SCHEDULE

Weekend: Saturday 4:00 PM
Sunday 8:30 AM

Weekday: Monday & Friday 9:00 AM

Holy Days: Consult the parish bulletin

SACRAMENTS

Reconciliation: Saturday from 3:15 – 3:45 PM or by appointment.

Baptism: Parents must contact the parish for the necessary forms at least one month in advance.

Marriage: Couples must contact the parish at least six months in advance.

PARISH CONTACT

You may contact the parish by email or phone. If we are unable to answer your call, please leave a message. Father is available for appointments at Saint Anthony Parish on Monday and Friday and at St. Francis of Assisi Parish in Windsor on Tuesday and Thursday. The phone number at St. Francis is 802-674-2157.

Telephone: 802-295-2225, ext. 3

E mail: stanthonychurch@vermontcatholic.org

Website: stanthony.vermontcatholic.org

Religious Education: Diane Usher

Email: dmgu70@icloud.com

MASS INTENTIONS

Saturday, March 25	4:00 PM	The People of Saint Anthony Parish
Sunday, March 26	8:30 AM	Ralph Funari by Philomena & his family
Monday, March 27	9:00 AM	NO MASS
Friday, March 30	9:00 AM	NO MASS
Saturday, April 1	4:00 PM	Carol Rivard by her husband & family
Sunday, April 2	8:30 AM	The People of Saint Anthony Parish



SANCTUARY LAMPS

will burn this week for

Denise & Jean-Louis
&
Ralph Funari



A Sanctuary Lamp burning in front of the tabernacle may be sponsored for your intentions.
A donation to help defray the cost of the candle is appreciated, but not necessary.
Please contact the office for availability.

REMEMBER IN YOUR PRAYERS

Charlotte King	Diane Reilly
Frank Klymn	A. J. Wegner
Elizabeth McArthur	Heidi Whidden

Please also remember any others who need our prayers.

PARISH SUPPORT

Our weekly need to meet expenses:	\$4,325.00
Collection March 4 & 5:	\$2,762.00

At Saint Anthony Parish, we do not pass a collection basket during Mass. There are collection boxes by the tables at the entrance of the church. We appreciate your contributions for the support of our parish. Thank you!

LOW GLUTEN ALTAR BREAD: Low gluten hosts for Communion are available to those who require them. When you come up to receive, let the minister know and they will get one for you.

WEEKLY BULLETIN: Our bulletin is on our website <https://stanthony.vermontcatholic.org>. For those who do not have online access and would like a copy of the printed bulletin, you may pick one up outside the parish office from the wooden box on the small porch near the office door. You will also find copies of the *Living Faith* booklet and the Vermont Catholic magazine.

MASS INTENTIONS: If you would like to have a Mass offered for your intentions, for loved ones living or deceased, or for a special occasion, please contact the parish office by email, phone, or drop a note in the collection box. Please include the name of the person for whom the Mass will be offered and who is requesting the Mass. Let us know if you want a specific day or if you would prefer the first available Mass, weekday, or weekend. We will do our best to accommodate your requests. Please include your contact information if we are unable to reserve the date you have requested. The customary offering is \$10.00. Thank you.

RELIGIOUS EDUCATION CLASSES: Classes for grades 1-6 are Sunday, April 5, 2023 in the Religious Education Center from 9:30 AM to 10:30 AM

LENTEN SCRIPTURE SERIES:

Location: La Salette Shrine Cafeteria, Enfield New Hampshire

Dates and Times: Tuesdays, February 28th to April 4th from 9:30 - 11:00 AM

Leader: Father John P. Sullivan, M.S.

There will be coffee, tea, and baked goods to enjoy during the sessions. Donations of baked goods are always welcomed.



**Upper Valley
Haven**

THE HAVEN FOOD SHELF: The Food Shelf is open to anyone in our community Monday - Thursday 9:00am - 4:30pm & Friday 9:00 - 3:00.

Visit uppervalleyhaven.org/foodshelffaq/ for more information.

Saint Anthony Parish has long supported the Haven by collecting non-perishable food in the basket at the entrance to the church. Thank you for your contributions.

Food Items: Canned Tuna, Canned Chicken, Pasta, Canned Vegetables, Pasta Sauce, Soups or Broths, Canned Tomatoes, Macaroni & Cheese, Canned Fruit, Peanut Butter, Rice, Canned beans (black & kidney), Shelf-stable Milk, Instant oatmeal, and Pasta Sauce.

Personal Items: Toothpaste, Shampoo, Shaving items (razors and shaving cream), Body wash, Deodorant (men's/women's), Toothbrush, Body Lotion, Diapers (sizes 3, 4, 5 & 6) and Pull-ups (sizes 3T-4T).

ASSISTANCE TO OUR NEIGHBORS IN NEED: As a parish, we have opportunities to support those in our community who are in need, both through our prayers and our financial help. Saint Anthony Parish publishes the Haven's weekly list of needs in the bulletin and has collected food weekly for them. This parish project helps people year-round. We also have a fund that allows us to provide individuals and families financial assistance for emergency needs such as fuel, shelter, and other essentials. Donations to replenish our Assistance Fund allow us to continue to provide for these needs. A check made out to Saint Anthony Church marked "Assistance" will ensure your donation is used for this purpose. Thank you for your generosity.

CATHOLIC MASS ON TV: Those unable to attend Sunday Mass in person due to illness or medical conditions making them more vulnerable may view the celebration of Mass livestreamed at: <https://www.vermontcatholic.org/news/communication/tv-mass/> at 10:00 a.m. or watch televised Masses at:

WCAX-TV	(Channel 3)	5:30 a.m.
WNNE-TV	(Channel 13)	10:00 a.m.
CatholicTV Network	(Channel 166)	10:00 a.m.
EWTN	(Channel 38)	8:00 a.m. and 12:00 p.m.

Daily Mass may be found at <https://www.vermontcatholic.org/news/communication/tv-mass/> or on CatholicTV and EWTN.

LENTEN FASTING GUIDELINES: Ash Wednesday and Good Friday are obligatory days of fasting and abstinence for Catholics. In addition, Fridays during Lent are obligatory days of abstinence. For members of the Latin Catholic Church, the norms on fasting are obligatory from age 18 until age 59. When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal. The norms concerning abstinence from meat are binding upon members of the Latin Catholic Church from age 14 on.



Catholics stand in support of laws that protect human life. The Catholic Church has always recognized the importance of humane policies that promote human flourishing at all stages of life while at the same time recognizing the primacy of protecting those who cannot speak for themselves.

Project Rachel Ministry Confidential Help is Available. Call or email today. (802) 658-4118 projectrachel@vermontcatholic.org www.hopeafterabortion.com	Come back to God who is love and mercy! The process of healing from abortion isn't about who you are and what you've done; it is about who God is and what He is able to do. Project Rachel offers hope and healing for men and women suffering from involvement in abortion. Call today.
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EXPLORING THE WORD:

Now and at the hour of our death

The conclusion to the “Hail Mary” should give us pause. We ask the Holy Mother of God to keep us sinners in her prayer at two signature moments of our lives: now and at the time of our death. What a strange request this is, at first glance. Why, of all the hours and seasons and years of life should we single out these twin moments for special consideration? “Now” is easy. Now is the moment of decision, the vital and active hour in which change is possible. We can’t move the past an inch. We can’t manipulate the future until it arrives. The only time under our jurisdiction when we are free to act is now. So, if there is an important moment to have the prayers of the Mother of the Church, it’s the one we’re in presently.

The other moment when we plead for Mary’s attention is the hour of our death. Ah, that *is* a significant time for all of us. Although we hope to enjoy many “nows,” death comes only once and it is, for free human decision, the Last Chance Saloon. If we’ve botched many a now, or all of our nows until the last one, Christianity still holds out the possibility of the final “yes” after a lifetime of “no.” So we are wise to pray that the mother of Jesus will attend us in that last hour of grace and guide us to repent, for the kingdom of heaven is at hand.

Do you believe this?

It’s helpful when reading John’s gospel to be aware that he directs his questions to his audience: not simply the bystanders in the story but also those of us loitering around 20 centuries later. When Martha makes her magnificent declaration of faith on the road near Bethany, she does so at the instigation of a question: “Do you believe this?” Martha’s answer becomes the gold standard for disciples: “Yes, Lord. I have come to believe that you are the Christ, the Son of God, the one who is coming into the world.” Most of us, to be honest, are only beginning to live into that response by degrees. To enter it fully, we have to be able to walk to the end of that road with Jesus and not fear the stench of the tomb.

While we’re on this road—and it’s a journey we’ll be taking, purposefully or blindly—we can’t do better than to raise a prayer for guidance concerning those two pivotal moments, now and the hour of our death. Making a declaration of faith as Martha does is important. They are the words we propose to live out. But saying them and not believing them means we will most likely fail to embody them. Those who don’t put their hearts into their profession of faith may find that their treasure lies elsewhere.

And what will we do when Jesus calls out our names in eternity and invites us to “Come forth” into everlasting life? Those who have dismissed such notions as nonsense may hear nothing to disturb their slumber. Like learning to speak a foreign tongue, the language of faith is something we must attune ourselves to hear and understand. The secret that believers know is this: that if we obey the call to new life “now,” nothing will bind us to the grave “at the hour of our death.”

Alice Camille is a religious educator, scripture commentator, and author. Reprinted with permission from PrepareTheWord.com

NEWS FROM The Inland See

March 25–31, 2023

FOR THE DIOCESE OF BURLINGTON

Full, Active, and Conscious Participation in the Mass

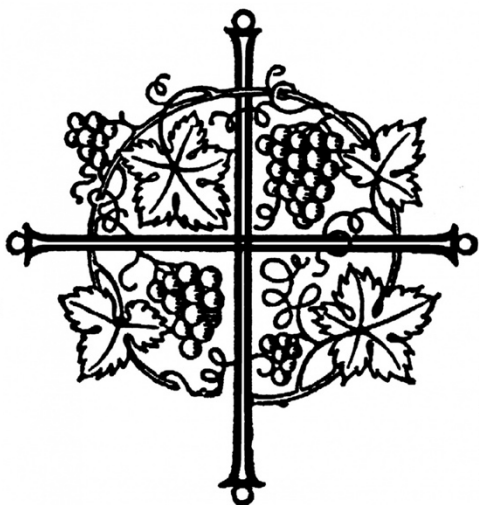
The Church calls each of us to full, active and conscious participation in the Mass, which is both internal and external. Through such participation, the faithful “derive the true Christian spirit” (*Sacrosanctum Concilium* 14). So how can we be full and active participants at Mass?

It may seem obvious enough, but the first act of participation is to show up! There’s a lot to reflect upon in this very act of showing up. Although it may not seem like it (especially if we’re attending Mass out of a sense of obligation), our spirits are drawn to Mass. Before our decision to get out of bed and attend Mass, there is Jesus’ invitation to us: “I have earnestly desired to eat this Passover with you” (Lk 22:15). As Pope Francis reflects in his recently issued apostolic letter “*Desiderio Desideravi*” (DD), “every time we go to Mass, the first reason is that we are drawn there by [Jesus’] desire for us. For our part, the possible response ... is that surrender to this love, that letting ourselves be drawn by him” (6). In this first act of full, active and conscious participation, we find our soul’s surrendering to Jesus’ love. In this surrender, we move closer to the Eucharist. Let us, then, be mindful of Jesus’ invitation to us!

Full, conscious and active participation creates in us a spirit of humility as it situates us (as created beings) before the creator in a posture of worship. Participation in the liturgy helps us avoid “spiritual worldliness,” as Pope Francis puts it, by freeing us “from the prison of a self-referencing nourished by one’s own reasoning and one’s own feeling” (DD 19) and from the “presumption of salvation owned through our own efforts” (DD 20).

The liturgy is ultimately not of our own making. Liturgy, celebrated well and reverently, pulls us out of ourselves and

our own interests. It even can (and should) move us beyond our own preferences for what we “like” or “don’t like” in the liturgy. To fully, consciously and actively participate in the liturgy means that “we have no other boast but the cross of our Lord Jesus Christ” (cf. Gal 6:14, DD 20). In this humility, formed by active participation in the liturgy, we move closer to the Eucharist. Let us, then, humble ourselves in the liturgy, putting aside our own preferences to focus on worshipping God within the Mystical Body of Christ, the Church.



The liturgy itself teaches and helps us be properly disposed for receiving the Eucharist in Communion. Surrendering to the presence of God by *showing up* and standing in the presence of God in humility *by fully, actively and consciously participating in the liturgy* leads us to a sense of wonder and awe which Pope Francis points out (DD 24–26). He notes that we stand in wonder and awe not before a mysterious, totally transcendent God hidden in mysterious ritual, but before something *already* revealed and proclaimed: a transcendent God who desires communion with us so much so that He came to dwell among us in His incarnation and opened the doorway for us for *eternal* communion with God through the Paschal Mystery. We participate in this reality of Jesus’ incarnation and Paschal Mystery every time we receive the Eucharist! Thus, in showing up and participating fully, consciously and actively in the liturgy, we approach the Eucharist with the proper disposition: surrendered to God, humbled before God and in amazement at what God has — and continues to do — for us!

— **Josh Perry** is director of the *Office of Worship* for the *Diocese of Burlington*.



Eucharistic TESTIMONIALS

Submit your Eucharistic Testimonial to:
revival@vermontcatholic.org

I am grateful for the Bread of Life; the Body, Blood, Soul and Divinity of Jesus Christ. The Holy Sacrifice of the Mass becomes my great Thanksgiving. The Eucharist is Jesus in me, and I in Him.

— **Angie Paquette**, All Saints Parish, Richford, VT

Upcoming Events



03|28 TUESDAY

Taize Prayer

Sacred Heart St. Francis de Sales, Bennington
5:30 pm

Taize is a village in France that is home to an ecumenical community of religious brothers who sing, fast and perform acts of charity throughout the world.



03|28, 04|04 TUESDAYS

Come Pray with Us

Immaculate Heart of Mary, Williston
7:30 - 8:30 pm

Begins with Eucharistic Adoration after Mass, followed by group prayer at 7:50 PM, concludes with Benediction.



03|29, 04|12, 19, 26

Contemplative Prayer Series

Holy Family-St. Lawrence Parish Center, Essex Jct.
9:15 - 10:15 am

Join us for this series led by Louise Boisvert, a member of Notre Dame de Vie, a Secular Institute, founded in the 20th century by Blessed Marie Eugene of the Child Jesus, a carmelite father. Silent prayer is not well known to the general public and yet we are all called to it through the grace of our baptism.



03|29, 30 WEDNESDAY, THURSDAY

Lenten Retreat — Growing in the Interior Life through the Sacraments

Our Lady of the Angels, Randolph • 5:30 - 8:30 pm

Come join Fr. Brandon Schneider for a two-day Lenten Retreat. Wednesday: 5:30 pm Potluck Dinner, followed by inspiring talks, Confessions/Adoration. Thursday: 5:30 pm Stations of the Cross, followed by a provided meal (please bring potluck sides), inspiring talks, and Holy Mass.



03|29 WEDNESDAY

Presence: The Mystery of the Eucharist

via Zoom • 7 - 8:30 pm

Join Christ Our Savior Parish for this weekly Lenten seminar. For information and to register: presencecosp@gmail.com.



03|30, 04|06 THURSDAYS

Lent with the VT Catholic Women's Group

Online • 7:30 pm - 9:00 pm

Grow with the Vermont Catholic Women's Group on Zoom as we go through the "Holy is His Name" video study by Dr. Scott Hahn. Join us for one or all meetings. Women of all ages are welcome. Contact Carolina for more details: caro3600@gmail.com.



03|31 FRIDAYS

Stations of the Cross and Meal

St. Mark, Burlington • 6 - 7:30 pm

Stations of the Cross prayer followed by a Lenten meal in the parish center dining room.



03|31 FRIDAY

Stations of the Cross

Danville & St. Johnsbury • 6 pm

Stations of the Cross are being held at both St.

John the Evangelist in St. Johnsbury and Our Lady, Queen of Peace in Danville at 6:00pm on Fridays during Lent. Join us as we reflect on the passion, death and resurrection of Our Lord, Jesus Christ.



04|01 SATURDAY

Bingo for St. Ambrose/St. Peter Youth Ministry

St. Peter, Vergennes • 5 - 9 pm

Doors open at 5:00 PM, Bingo starts at 6:00 PM. This is a family friendly event. All cash prizes, 50/50 raffle. Refreshments sold. This event is sponsored by St. Ambrose & St. Peter's Youth Ministry to benefit the on-going program costs and the upcoming trip to Rome.



04|02 SUNDAY

Eucharistic Healing Service

St. John the Evangelist, St. Johnsbury • 3 pm
Benediction and Exposition of the Most

Blessed Sacrament at 3 pm on the first Sunday of every month with Fr. Lance Harlow.



04|03, 05|08 MONDAYS

Bereavement Support Group

St. John the Evangelist, St. Johnsbury • 5:15 pm
Bereavement Support Group led by Kyle

Sipples in the church hall. All are welcome to join this brand new ministry. In order to encourage discussion, these meetings are confidential.



04|04 TUESDAY

Chrism Mass

Cathedral of St. Joseph, Burlington • 11 am

At this special Mass celebrated by Bishop Coyne, the Oil of Chrism is consecrated, the Oils of Catechumens and the Sick are blessed, and the priests within the Diocese of Burlington recommit themselves to the Priesthood of Jesus Christ. Parish representatives may pick up the holy oils for their parishes after the Mass in the lower chapel. A reception will follow in the parish hall.



04|04 TUESDAY

Special Holy Week Service

Sacred Heart St. Francis de Sales, Bennington
7 pm

Persons of all faiths are invited to gather for a special service titled, "Lord, Let Me Walk That Lonely Road With You: A Service of Scripture and Song for Holy Week." Old and New Testament readings, a splendid and deeply spiritual array of musical selections and powerful images of Christ's Passion and Death will be presented.



04|16 SUNDAY

Divine Mercy Celebration

St. Michael, Brattleboro • 2 pm

Schedule: Holy Hour from 2 to 3pm. During the Holy Hour, confessions will be offered. At 3pm we will pray the Chaplet of Divine Mercy together followed by Benediction of the Blessed Sacrament. The time of prayer will be followed by a potluck in the youth center to end the Octave of Easter. FOR MORE INFO: call (802) 257-5101 or email stmichael@vermontcatholic.org.



04|16 SUNDAY

Divine Mercy Chaplet & Eucharistic Adoration

Holy Family, Essex Junction • 2 - 3 pm

Adoration of the Blessed Sacrament and the Sacrament of Reconciliation will begin at 2 pm, and the Chaplet (sung) and Benediction will take place at 3 pm. FOR MORE INFO: call (802) 878-5331.



05|14 SUNDAY

Vergennes Council Knights of Columbus Breakfast Buffet

St. Peter, Vergennes • 8 - 10 am

\$10/adults, \$6/children 8-12 (\$32 immediate family maximum). Come join us!



05|14 SUNDAY

Monthly COSP KofC Fund Raising Breakfast

Christ Our Savior, Manchester • 9 am - 12 pm

Supporting Parish and Community outreach programs.



05|20 SATURDAY

Walk to Mary

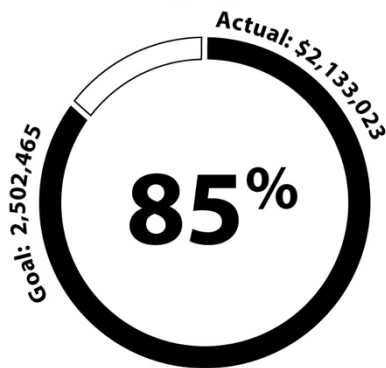
Isle LaMotte • 9 am - 2 pm

Join us for a 2.3 mile walk from St. Joseph, Isle La Motte, to St. Anne's Shrine starting, praying the Holy Rosary and Divine Mercy Chaplet while we walk, Mass at 11 am, a break for lunch, then Stations of the Cross for Life at 1 pm. FOR MORE INFO: contact Janice (802) 848-3834, janicegodin@myfairpoint.net or Renee (802) 370-2231 or rjpatterson1962@gmail.com with any questions.

BISHOP'S ANNUAL APPEAL



To learn more or make a gift online visit: bishopsappealvt.org



Sunday, Mar 26, 2023

Hints of resurrection

While the Hebrew scripture written before Jesus lived doesn't explicitly speak of resurrection in the same way it is spoken of after Jesus is raised from the dead, there are certainly rumors and whispers. Perhaps the most explicit references are in chapter 37 of Ezekiel, where God, working through the prophet, raises a valley of dry bones to new life and promises to restore them to the promised land after their captivity in Babylon centuries before Christ. Saint Jerome called the vision of the valley of bones a "simile" of the Resurrection to come. There's hope for these old bones yet!

FIFTH SUNDAY OF LENT

TODAY'S READINGS: Ezekiel 37:12-14; Romans 8:8-11; John 11:1-45 (34). *"Then you shall know that I am the LORD, when I open your graves and have you rise from them, O my people!"*

Monday, Mar 27, 2023

A profile in courage

In the last week of Women's History Month, here's another Catholic woman who made history: Servant of God Catherine de Hueck Doherty (1896-1985). Born wealthy in Russia, she escaped the Russian Revolution and fled to Canada. During the Great Depression, she founded Friendship House, a Catholic outreach movement to serve the poor and promote interracial friendship—a movement that started in Toronto and spread to Harlem, Chicago, Washington D.C., and Portland, Oregon. As a nation and a world community, we face trials comparable to the ones Doherty faced. She responded with courage, generosity, love, and gospel witness. Let us do the same!

LENTEN WEEKDAY

TODAY'S READINGS: Deuteronomy 13:1-9, 15-17, 19-30, 33-62; John 8:1-11 (251). *"Go, and from now on do not sin any more."*

Tuesday, Mar 28, 2023

'Tis a gift to be simple

Happy birthday to Saint John Neumann today—nicknamed the "little bishop" not only for his stature but for the humility that came from his Redemptorist vow of poverty, which he honored even after becoming bishop of Philadelphia. Neumann's simplicity invites rich reflection for Lent. "Our great mistake is that we allow ourselves to be deceived by the spirit of worldly shrewdness, the desire for fame, and the love of comfort," he wrote to a fellow priest. "The principles of faith fade out of our hearts in proportion as we allow the principles of the world to come in." Simplify your life to make more room for what feeds your faith.

LENTEN WEEKDAY

TODAY'S READINGS: Numbers 21:4-9; John 8:21-30 (252). *"You belong to this world, but I do not belong to this world."*

Wednesday, Mar 29, 2023

Redemption is at hand

Though they, along with other ancient societies, engaged in some forms of household slavery, Jews as a general rule frowned upon the institution. Slaves who were not Jewish were to be offered conversion to Judaism and if they became Jews, immediately freed. Jews were also required to redeem Jewish slaves from non-Jewish owners. Memory of their own captivity in Egypt and Babylonia loomed large, and they resented Jesus promising to free them. But when Jesus spoke of the truth setting Jews free, he was talking about another kind of enslavement, the kind we all fall

into through unskillful actions, behaviors, habits, compulsions. Look honestly at what might be restricting your inner freedom and ask Jesus to redeem you.

LENTEN WEEKDAY

TODAY'S READINGS: Daniel 3:14-20, 91-92, 95; John 8:31-42 (253).

"We are descendants of Abraham and have never been enslaved to anyone. How can you say, 'You will become free'?"

Thursday, Mar 30, 2023

Help your unbelief

Can a believer doubt? It can be a relief to learn that a whole school of thought among Catholic theologians asserts that doubt, while seemingly corrosive, can actually bolster faith in the end. Doubt can lead to exploration, which often leads to better understanding, greater clarity, or sometimes simply a willingness to not know, to live without all questions fully answered, leaning into religious practice with an open heart. Most would call that an adult faith. What questions nag at you? Doubt, dig, and remain open to God.

LENTEN WEEKDAY

TODAY'S READINGS: Genesis 17:3-9; John 8:51-59 (254). *"Amen, amen, I say to you, whoever keeps my word will never see death."*

Friday, Mar 31, 2023

Miles to go

Women's History Month concludes today, but the work of ensuring the rights of women continues. In a November 2022 press conference, Pope Francis acknowledged that more work needs to be done. "We have to tell the truth," the pope said. "The fight for women's rights is an ongoing fight." This includes equality in public life and also "equality of opportunities." How might we each open a door of opportunity for women in our own families, parishes, neighborhoods, schools, or offices?

LENTEN WEEKDAY; DAY OF ABSTINENCE

TODAY'S READINGS: Jeremiah 20:10-13; John 10:31-42 (255). *"If I do not perform my Father's works, do not believe me; but if I perform them, even if you do not believe me, believe the works."*

Saturday, Apr 01, 2023

A well-traveled pilgrim helped shape Holy Week

Holy Week begins tomorrow. It's in the description of Jesus' last week—immediately ahead of his death and Resurrection—that all four gospels resemble each other the most. The church's liturgical celebration of Holy Week, however, was a late development. Originally, Christians had only a single *Pascha* liturgy to observe Jesus' suffering, death, and Resurrection. Specific Holy Week liturgies for Palm Sunday, Holy Thursday, and Good Friday grew from individual shrines in Jerusalem where each event occurred. Thanks to a detailed travel journal, written in 383 by a remarkable woman pilgrim to the Holy Land named Egeria, these liturgies began to take shape. As Holy Week begins, let's not only honor the women at the empty tomb but the woman who helped define Holy Week.

LENTEN WEEKDAY

TODAY'S READINGS: Ezekiel 37:21-28; John 11:45-56 (256). *"He prophesied that Jesus was going to die for the nation, and not only for the nation."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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