



Saint Anthony Parish

15 Church Street
White River Junction
Vermont 05001

The Fourteenth Sunday in Ordinary Time
July 9, 2023

Reverend Cyraín G. Cabueñas
Deacon John P. Guarino

Most Reverend Christopher J. Coyne
Apostolic Administrator of the Diocese of Burlington

MASS SCHEDULE

Weekend: Saturday 4:00 PM
Sunday 8:30 AM

Weekday: Monday & Friday 9:00 AM

Holy Days: Consult the parish bulletin.

SACRAMENTS

Reconciliation: Saturday from 3:15 – 3:45 PM or by appointment.

Baptism: Parents must contact the parish for the necessary forms at least one month in advance.

Marriage: Couples must contact the parish at least six months in advance.

PARISH CONTACT

You may contact the parish by email or phone. If we are unable to answer your call, please leave a message. Father is available for appointments at Saint Anthony Parish on Monday and Friday and at St. Francis of Assisi Parish in Windsor on Tuesday and Thursday. The phone number at St. Francis is 802-674-2157.

Telephone: 802-295-2225, ext. 3
E mail: stanthonychurch@vermontcatholic.org
Website: stanthony.vermontcatholic.org

Religious Education: Diane Usher
Email: dmgu70@icloud.com

RECTORY CHAPEL

The rectory chapel is now open for visits on:

Monday, Tuesday, Thursday & Friday from 10:00 AM to 3:00 PM

MASS INTENTIONS

Saturday, July 8	4:00 PM	Rita Curran by Mary Campbell
Sunday, July 9	8:30 AM	The People of Saint Anthony Parish
Monday, July 10	9:00 AM	In Thanksgiving to Saint Anthony by J. L. D.
Friday, July 14	9:00 AM	Daily Mass
Saturday, July 15	4:00 PM	The People of Saint Anthony Parish
Sunday, July 16	8:30 AM	Seminarian Giang Vu by the Knights of Columbus

SANCTUARY LAMPS



will burn this week for
Ralph Funari



A Sanctuary Lamp burning in front of the tabernacle may be sponsored for your intentions.
A donation to help defray the cost of the candle is appreciated, but not necessary.
Please contact the office for availability.

REMEMBER IN YOUR PRAYERS

Charlotte King	Diane Reilly	Geoff Garrow
Frank Klymn	Roger Tatro	Dianne Hopkins
Elizabeth McArthur	Heidi Whidden	Beverly Loper

Please also remember any others who need our prayers.

PARISH SUPPORT

Our weekly need to meet expenses:	\$4,325.00
Last Week's Collection	\$3,733.00

At Saint Anthony Parish, we do not pass a collection basket during Mass. There are collection boxes by the tables at the entrance of the church. We appreciate your contributions for the support of our parish. Thank you!

A MESSAGE FROM FATHER CYRAIN:

Experiencing weariness and finding life burdensome is part of the human condition. We experience it as we go through some inner struggles or as we encounter conflicts in our personal relationships. Various forms of stress, tension, and pressure make life arduous and strenuous.

Jesus has a timely message and personal invitation to us in today's gospel: Come to me, all who labor and are burdened, and I will give you rest." How are we taking this invitation? How are we responding to it?

He reminds us not to bear our burdens alone. Life is meant to be shared with one another and with our God. All of us need someone to talk to. To share the worries and anxieties of our hearts and stress of everyday living. As the metaphysical poet and Anglican cleric John Donne said, "No man is an island, entire of itself."

Jesus, however, does not lift the burdens from our life, but the anguish from our heart. He does not take away our cross but carries it with us. He does not promise the absence of trials, but he promises rest, a deep abiding peace that revitalizes the soul, strengthens the spirit, and restores hope. He is not offering escape from reality, but a way to cope with it.

Whenever we feel overwhelmed by life's challenges, let us remember to turn to Jesus, who invites us to cast all our burdens onto him.

LOW GLUTEN ALTAR BREAD: Low gluten hosts for Communion are available to those who require them. When you come up to receive, let the minister know and they will get one for you.

MASS INTENTIONS: If you would like to have a Mass offered for your intentions, for loved ones living or deceased, or for a special occasion, please contact the parish office by email, phone, or drop a note in the collection box. Please include the name of the person for whom the Mass will be offered and who is requesting the Mass. Let us know if you want a specific day or if you would prefer the first available Mass, weekday, or weekend. We will do our best to accommodate your requests. Please include your contact information if we are unable to reserve the date you have requested. The customary offering is \$10.00. Thank you.



CHRISTMAS CRAFTS & BAKE SALE: This annual event will be held again this fall. Please keep us in mind when you are making jam, jellies, pickles, preserves, etc. this season. A variety of homemade canned and baked goods are always welcomed. More details will follow in the coming weeks.



RELIGIOUS EDUCATION: Religious education registration forms have been mailed to families whose children participated last year. For families who are new to the program this year, forms are available on the tables at the entrance to the church. ***Please return all forms by August 12, 2023.***



THE HAVEN FOOD SHELF: The Food Shelf is open to anyone in our community Monday - Thursday 9:00am - 4:30pm & Friday 9:00 - 3:00. Visit uppervalleyhaven.org/foodshelffaq/ for more information.

Saint Anthony Parish has long supported the Haven by collecting non-perishable food in the basket at the entrance to the church. Thank you for your contributions.

Food Items: Canned Tuna, Canned Chicken, Pasta, Canned Vegetables, Pasta Sauce, Soups or Broths, Canned Tomatoes, Macaroni & Cheese, Canned Fruit, Peanut Butter, Rice, Canned beans (black & kidney), Shelf-stable Milk, Instant oatmeal, and Pasta Sauce.

Personal Items: Toothpaste, Shampoo, Shaving items (razors and shaving cream), Body wash, Deodorant (men's/women's), Toothbrush, Body Lotion, Diapers (sizes 3, 4, 5 & 6) and Pull-ups (sizes 3T-4T).

ASSISTANCE TO OUR NEIGHBORS IN NEED: As a parish, we have opportunities to support those in our community who are in need, both through our prayers and our financial help. Saint Anthony Parish publishes the Haven's weekly list of needs in the bulletin and has collected food weekly for them. This parish project helps people year-round. We also have a fund that allows us to provide individuals and families financial assistance for emergency needs such as fuel, shelter, and other essentials. Donations to replenish our Assistance Fund allow us to continue to provide for these needs. A check made out to Saint Anthony Church marked "Assistance" will ensure your donation is used for this purpose. Thank you for your generosity.

DIOCESAN EUCHARISTIC REVIVAL: REQUEST FOR EUCHARISTIC TESTIMONIES: During the "Year of the Eucharist", the Diocese of Burlington will be collecting testimonies of people's faith in the Eucharist. Any Catholic can contribute a reflection. Throughout 2023, brief snippets will be published in the Inland See and on social media. Then at the end of the year, we will compile approved reflections into a book: [A Snapshot of Eucharistic Faith in Vermont](#).

If you would like to contribute to this effort, please prepare a reflection (maximum one page type-written or two pages hand-written – please print legibly) using **one or more** of the prompts below. Please include your name, email/phone number (in case we need to contact you for clarification), and parish name and town. If you do not want your name included in the publication, please indicate so; otherwise, first name and last initial will be published.

Prompt Questions

1. Why is the Mass important in your life?
2. How did I come to love the Mass in my life?
3. Have you ever experienced a closeness to God during Mass or Adoration outside of Mass? What was that experience like?
4. How does going to Mass effect the rest of my week?
5. How has Christ's presence in the Eucharist changed your life?

Submissions can be emailed to revival@vermontcatholic.org or mailed to:

Office of Worship

RE: Eucharistic Testimony

55 Joy Drive

South Burlington, VT 05454



BISHOP'S ANNUAL APPEAL: The Appeal supports over 20 ministries and services throughout our diocese. Please ask yourself if any of the following is something that you have experienced or is something that has been made available to you as a member of our faith and parish.

- Have you had children confirmed or baptized in this parish or another parish with the Diocese of Burlington?
- Have you or someone you know been in a marriage preparation class offered by the Diocese of Burlington?
- Have you attended RCIA through this parish or another parish within the Diocese?
- Do you have children, godchildren, grandchildren, nephews, or nieces that attend Catholic school here in Vermont?
- Have you or a family member attended a conference or retreat offered by the Diocese?
- Have your children gone or currently go to religious education class within the Diocese or have you yourself attended any faith formation classes?
- Have you attended a funeral for a loved one in this parish or another parish within the Diocese?
- Do you care about those in our communities that are hungry or homeless and if so, do you care enough to help us provide emergency aid to those in need?
- Do you pray for retired priests and pray for the strength of our current priests?
- Are you concerned that our Diocese does not have enough seminarians for future generations?

If you answered any of these questions with a YES, then you or someone you know has benefited from the ministries within the Bishop's Annual Appeal.

If you have already received a pledge card in the mail, please send your gift directly to the diocese. There are additional brochures and pledge cards on the tables at the entrance of the church if you have not already received one and would like to make a gift to this important annual appeal.

To learn more or make a gift online visit: bishopsappealvt.org.

**As of July 5, 2023, our parish donations total \$12,554.84.
This is 36% of our parish goal of \$35,032.00.**

NEWS FROM The Inland See July 8–15, 2023 FOR THE DIOCESE OF BURLINGTON

Pope Francis Appoints the Most Reverend Christopher J. Coyne as Coadjutor Archbishop of Hartford to Succeed Archbishop Leonard P. Blair in 2024

On June 26, 2023 the Vatican announced that the Holy Father Pope Francis has appointed The Most Reverend Christopher J. Coyne, until now the Bishop of Burlington, as the Coadjutor Archbishop for the Archdiocese of Hartford. He will succeed Archbishop Blair as Archbishop of Hartford when in 2024 the latter submits his resignation at the age of 75 in keeping with church law. The Archbishop of Hartford is responsible for the spiritual shepherding of the half-million Catholics in Hartford, New Haven, and Litchfield counties; Archbishop Blair has served in this role since December of 2013.

Archbishop Coyne has served as Bishop of Burlington since December 2014. During his time as bishop, he has carried out a Diocesan Synod, ministered with his clergy, staff, and parish leaders through the Covid pandemic, and maintained the good works of the Catholic schools of the state. Under his leadership the Vermont Catholic Community Foundation [VCCF] was established to foster and support the good works of the Church throughout the state.

The United States Conference of Catholic Bishops defines a coadjutor as “a bishop appointed to a Catholic diocese or archdiocese to assist the diocesan bishop. Unlike an auxiliary bishop, the coadjutor (arch)bishop has the right of succession, meaning that he automatically becomes the new bishop when the diocesan bishop retires, resigns, or dies.”

Archbishop Coyne will take up residence in the Archdiocese of Hartford with a Mass of Welcome to be celebrated at St. Joseph Cathedral, Mother Church of the Archdiocese of Hartford, on Monday, October 9, 2023, at 2 PM.

Archbishop Coyne will serve as the Apostolic Administrator of the Diocese of Burlington until his welcome in the Archdiocese of Hartford in October at which time the Diocesan College of Consultors will elect an administrator to lead the Diocese of Burlington until a new bishop is appointed by the Holy Father.

“To the clergy, staff, and people of the Diocese of Burlington, it has been an honor and a privilege to serve as your Ordinary for the past eight years. Over the next three months of transition to the Archdiocese of Hartford, I will continue to serve as your Apostolic Administrator and during this time I will hopefully meet many of you in person to offer my thanks and say ‘Auf Wiedersehen’ — Until we see each other again,” Archbishop Christopher Coyne.

To watch a special edition of Coffee with Archbishop Coyne about this announcement visit vermontcatholic.org/coffee-with-archbishop-coyne or scan the QR code to the right.



— *Ellen Kane, Executive Director of
Communication and Development*

DIOCESE OF BURLINGTON SAINT PADRE PIO RELIC TOUR 2023

From the Saint Pio Foundation

Authentic Relics of Saint Pio of Pietrelcina
will be on display for veneration.

Thursday July 13	Friday July 14	Saturday July 15	Sunday July 16
St. Mary Newport	St. Monica Barre	Christ the King Burlington	St. John the Baptist Bennington



Next speaker:

David Young

Superintendent
of Catholic Schools

**Wednesday, July 19
8:30 a.m.**

Register at:
vermontcatholic.org/vcp

Upcoming Events



07|09 – 08|04 MONDAY – FRIDAY **Totus Tuus**

Totus Tuus is one week long, with the grade school (grades 1-8) session during the day from 9am to 3pm, and a session for

high school students each evening. The week is led by our enthusiastic team of Totus Tuus missionaries! To download a registration form, visit: vermontcatholic.org/totustuus.

July 9–14 Sacred Heart-St. Francis deSales, Bennington
Christ the King, Rutland

July 16–21 Mater Dei, Newport

St. John Vianney, South Burlington

July 23–28 St. John the Baptist, Enosburg Falls
Blessed Sacrament, Stowe

July 30–Aug. 4 Corpus Christi, St. Johnsbury
Ascension, Georgia



07|12, 19 WEDNESDAYS **St. Michael Church Summer Lecture Series**

Saint Michael, Brattleboro • 5 pm

07|12: Father Carlos Viego, who will focus on Mary, Holy Mother of God

07|19: Mr. Peter Orlowski, Dean of Students and Middle and High School Teacher at Saint Michael School



07|12 – 08|30 WEDNESDAYS **Wednesday Reflection Series**

St. Anne's Shrine, Isle La Motte • 11:15 am

Join us for Mass at 11:15 am followed by the presentation. Lunch is available in the cafeteria after the presentation, or you can bring your own picnic lunch. **FOR MORE INFO: (802) 928.3362 or sas@sse.org.**

07|12: Fr. David Theroux, SSE

Faithful Celebration of the Mass

07|19: Fr. Richard Myhalyk, SSE

Understanding the Parables of Jesus

07|26: Feast of St. Anne — No Reflection Series

08|02: Fr. Richard Berube, SSE

From Jesus to Gospels: Why They Wrote and How

08|09: Msgr. Peter Routhier

Praying at Eucharistic Adoration

08|16: Fr. Michael Carter, SSE

St. Justin Martyr on the Eucharist

08|23: Fr. David Theroux, SSE

180 Years of Edmundite Ministry Since 1843

08|30: Fr. Richard Myhalyk, SSE

The Life of St. Edmund of Canterbury



07|13, 14, 15, 16 THURSDAY – SUNDAY **Padre Pio Relic Events**

Padre Pio Relics will be touring the diocese, visiting four locations July 13 – 16.

07|13 — St. Mary Star Of The Sea, Newport

Veneration 9 am – 6:30 pm, Mass 6:30 pm

07|14 — St. Monica, Barre

Veneration 7 am – 7 pm, Mass 7 am

07|15 — Christ the King, Burlington

Veneration 10:30 am – 6:00 pm, Mass 10 am

07|16 — St. John the Baptist, Bennington

Veneration 10:30 am – 6 pm, Mass 10 am



07|16, 23, 30 SUNDAYS

Teachings on Spiritual Discernment

St. John the Evangelist, St. Johnsbury • 1 pm

For four Sundays in July during which Fr.

Harlow and Deacon Tom Lovett will offer sessions dealing with spiritual discernment. The sessions will include teaching and time for discussion. Plan to come and bring a friend!



07|19 WEDNESDAY

Vermont Catholic Professionals Networking Breakfast

Chancery, 55 Joy Drive, S. Burlington

8:30 am (presentation at 9 am)

Our speaker will be David Young, Superintendent of Catholic Schools. Light breakfast foods provided. Zoom option available. Register for either option at: vermontcatholic.org/vcp



07|23 SUNDAY

St. John the Baptist Annual Chicken BBQ

St. John the Baptist, Enosburg Falls

11 am

Dine-in and curbside pick-up available. Dinner Includes 1/2 chicken, coleslaw, potato salad, cookie and milk.



07|30 SUNDAY

St. Mary's Church Brunch

St. Mary, Franklin • 8 am – 12:30 pm

Adults \$12, children 7-16 yrs. \$8, under 7 are

free. All you can eat! Take-outs are available.



08|06 SUNDAYS

Eucharistic Healing Service

St. John the Evangelist, St. Johnsbury

3 pm

Benediction and Exposition of the Blessed Sacrament on the first Sunday of every month with Fr. Harlow.



Eucharistic TESTIMONIALS

“The Mass and Adoration are highlights in my week; one unites me with many as we hear the Word of God, the other is a quiet time, a precious gift for each of us to communicate with our Lord.”

— **Mary Ann Church**
Our Lady of the Valley, Bethel

Read the full Eucharistic Testimonial and others at:
vermontcatholic.org/eucharistic-testimonials

Submit your Eucharistic Testimonial to:
revival@vermontcatholic.org



BISHOP'S ANNUAL APPEAL

Ways to give

Give Online

vermontcatholic.org/giveonline
or scan the QR code below.



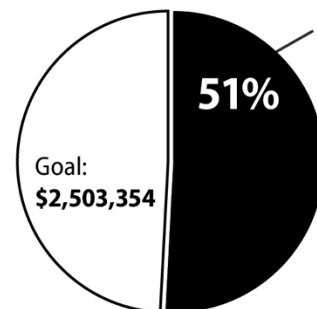
Donate By Mail

Bishop's Annual Appeal
Diocese of Burlington
55 Joy Drive
South Burlington, VT 05403

Stock Gifts/Planned Gifts

802-658-6110 ext.1226
ekane@vermontcatholic.org

Progress: 51% to goal



Raised:
\$1,282,811
as of June 28

Sunday, Jul 09, 2023

The unexamined life is not liberating

Interested in ministering, healing, and caring? Intrigued by dream analysis, speaking in tongues, or miracles? Seeking transcendence or the art of meditation? Does your attention reside at the intersection of faith and psychology? If any of the above concern you, there's a Morton Kelsey book with your name on it. Episcopal priest, Jungian therapist, and prolific author, Kelsey notes that we're controlled by what we assume and have never thoughtfully considered: "You can't come to a new point of view until you realize what your brainwashing has been." Take the first step toward inner freedom. Review your assumptions.

FOURTEENTH SUNDAY IN ORDINARY TIME

TODAY'S READINGS: Zechariah 9:9-10; Romans 8:9, 11-13; Matthew 11:25-30 (100). *"Although you have hidden these things from the wise and the learned you have revealed them to little ones."*

Monday, Jul 10, 2023

Don't let setbacks throw you

The first bishop of Denver, Joseph Machebeuf, who died on this day in 1889, was the basis for the character Joseph Vaillant in Willa Cather's 1927 novel *Death Comes for the Archbishop*. Machebeuf was born in France and his character's French last name means "courageous"—for promoting the faith, in his case. In real life, Machebeuf was thrown from a carriage and disabled from his injuries, but went on to found schools and hospitals while overseeing the enormous growth of the Catholic population in Colorado. May his life inspire you to be valiant in overcoming challenges in your service to God.

TODAY'S READINGS: Genesis 28:10-22a; Matthew 9:18-26 (383). *"Courage, daughter! Your faith has saved you."*

Tuesday, Jul 11, 2023

The Bible according to Benedict

When a team of theologians, medievalists, and artists began work on Saint John's Illuminated Bible in 1995, certain core values of Benedictine spirituality served as guiding principles. The finished product—the first hand-wrought copy of the Bible since the printing press in the 1400s—embodies some undeniable basics from Benedict's Rule, such as: the holiness of ordinary objects (simple goose quills for calligraphy) and the dignity of manual labor (vellum pages were hand-sanded repeatedly). But it's the larger themes of hospitality, transformation, and justice for God's people that make it a rich text for our time. Contemplate this Bible's full significance at the Library of Congress website.

MEMORIAL OF BENEDICT, ABBOT

TODAY'S READINGS: Genesis 32:23-33; Matthew 9:32-38 (384). *"I have seen God face to face," he said."*

Wednesday, Jul 12, 2023

Foundation for a just society

The Knights of Peter Claver was incorporated on this day in 1911, the fruit of a collaboration between three Josephite priests and three laymen in Mobile, Alabama. The black Catholic fraternal order was founded for African Americans in an age when much of the U.S. Church was still segregated and many Knights of Columbus councils refused to accept black members. Named for the historic Spanish Jesuit missionary to South America, the order has since gone on to incubate justice-minded Catholics in the United States and also in Saint Peter Claver's own mission base of

Colombia. The organization added a Ladies Auxiliary in 1922, which now outstrips the men in membership and activity. If you're interested in the intersection of the Catholic faith and social justice, support the Saint Peter Claver Foundation.

TODAY'S READINGS: Genesis 41:55-57; 42:5-7a, 17-24a; Matthew 10:1-7 (385). *"Go . . . to the lost sheep of the house of Israel. As you go, make this proclamation: 'The Kingdom of heaven is at hand.'"*

Thursday, Jul 13, 2023

Let it reign

The kingdom of God, or reign of God, means many things to many people. The term appears in today's gospel and in fact appears in the New Testament alone well over 100 times. Theologians have discussed its meaning over the centuries. They propose that in various contexts it refers to a heavenly reward, to Jesus himself, to the faithful as they pursue righteousness on Earth, to a culture based on love, mercy, and justice, and other variations on these themes. Like any big concept, there might not be one "right answer." How do you envision the kingdom of God?

TODAY'S READINGS: Genesis 44:18-21, 23b-29; 45:1-5; Matthew 10:7-15 (386). *"As you go, make this proclamation: 'The Kingdom of heaven is at hand.'"*

Friday, Jul 14, 2023

A touch of faith

"She who gropes her way" is an English translation of the Mohawk name Tekakwitha, Saint Kateri's second given name. That epithet is likely related to the fact that an outbreak of smallpox left Kateri orphaned, scarred, and visually impaired at the age of 4. As Kateri felt her way through her short life, she experienced the glories of nature, the riches of Catholic teachings, and the dignity of every soul. With help from family, friends, and a host of strangers, she discovered her true calling: to dedicate her life to God and give voice to God's truths. Pray to Saint Kateri that your vocation becomes crystal clear.

MEMORIAL OF KATERI TEKAKWITHA, MOHAWK

TODAY'S READINGS: Genesis 46:1-7, 28-30; Matthew 10:16-23 (387). *"Do not worry about how you are to speak or what you are to say. You will be given at that moment what you are to say."*

Saturday, Jul 15, 2023

What we leave behind

History was not kind to the remains of Saint Bonaventure (1221-74), an Italian cardinal and minister general of the Franciscans. His many works of philosophy and theology are carefully preserved. But his body? Not so much. His torso was burned by invading Huguenots in 1562. His head, discovered to be uncorrupted 160 years after his death, was lost in the destruction of a church during the French Revolution. Only a lone arm has survived, resting in a church in Bagnoregio, Italy. Though your body will not last, your legacy can. Make it a good one.

MEMORIAL OF BONAVENTURE, BISHOP, DOCTOR OF THE CHURCH

TODAY'S READINGS: Genesis 49:29-32; 50:15-26a; Matthew 10:24-33 (388). *"Do not be afraid of those who kill the body but cannot kill the soul."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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