



Saint Anthony Parish

15 Church Street
White River Junction
Vermont 05001

The Twenty-ninth Sunday in Ordinary Time
October 22, 2023

Reverend Fr. Cyraín G. Cabueñas
ccabuenas2001@yahoo.com

Very Rev. Msgr. John J. McDermott, J.C.L.

SACRAMENTS

Reconciliation: Saturday from
3:15 to 3:45 PM or by appointment.

Baptism: Parents must contact the parish
for the necessary forms at least one
month in advance.

Marriage: Couples must contact the
parish at least six months in advance.

MASS SCHEDULE

Weekend: Saturday 4:00 PM
Sunday 8:30 AM

Weekday: Monday & Friday 9:00 AM

Holy Days: Consult the parish bulletin

PARISH CONTACTS

Please contact the parish by email or phone. If we are unable to answer your call, please leave a message. Father is available for appointments at St. Anthony Parish on Monday and Friday and at St. Francis of Assisi Parish in Windsor on Tuesday and Thursday. The phone number at St. Francis is 802-674-2157.

Telephone: 802-295-2225, ext. 3

Email: stanthonychurch@vermontcatholic.org

Website: stanthony.vermontcatholic.org

Secretary: Sandra Cummings

Religious Education: Diane Usher

Email: dmgu70@icloud.com

Bulletin: Paula Roux

Email: pfroux88@gmail.com

MASS SCHEDULE & INTENTIONS

Saturday, October 21	4:00 PM	Sr. Jeanette Lozeau, SSM by Lionel Lozeau & Family
Sunday, October 22	8:30 AM	Seminarian Giang Vu by Knights of Columbus
Monday, October 23	9:00 AM	Thanksgiving to St. Anthony by J.L.D.
Friday, October 27	9:00 AM	No Mass – Father Cyrain has a meeting
Saturday, October 28	4:00 PM	Alfred Guarino, Sr. by his family
Sunday, October 29	8:30 AM	The People of Saint Anthony Parish

CATHOLIC MASS ON TV: Those **unable** to attend Sunday Mass in person due to illness or medical conditions may view the celebration of Mass livestreamed at:

<https://www.vermontcatholic.org/news/communication/tv-mass/> at 10:00 AM or watch televised

Masses at:	WCAX-TV	(Channel 3)	5:30 AM
	WNNE-TV	(Channel 13)	10:00 AM
	CatholicTV Network	(Channel 166)	10:00 AM
	EWTN	(Channel 38)	8:00 AM and 12:00 PM

Daily Mass may be found at <https://www.vermontcatholic.org/news/communication/tv-mass/> or on CatholicTV and EWTN.



SANCTUARY LAMPS

will burn this week for
Sr. Jeanette Lozeau, SSM



A Sanctuary Lamp burning in front of the tabernacle may be sponsored for your intentions. A donation to help defray the cost of the candle is appreciated, but not necessary. Please contact the parish office for availability.

RECTORY CHAPEL

The rectory chapel is now open for visits on:

Monday, Tuesday, Thursday & Friday
from 10:00 AM to 3:00 PM

REMEMBER IN YOUR PRAYERS

Charlotte King	Diane Reilly
Virginia Philbin	Frank Klymn
Roger Tatro	Dianne Hopkins
Elizabeth McArthur	Heidi Whidden
Doug Albanese	

PARISH SUPPORT

Our weekly need to meet expenses:	\$4,325.00
Last Week's Collection	\$3,449.00

Thank you for your continued support!

A MESSAGE FROM FATHER CYRAIN:

The gospel today reminds us that we are members of God's kingdom and citizens of the country in which we live, with obligations to both. As Christians, we are not only members of the church but also of society. Normally, allegiance to our country need not contradict our obedience to God. However, religion and politics do mix and overlap. Tensions can exist between our loyalty to God and our duty to our country, especially when political questions touch upon faith and morality.

In these instances, we must put God and his laws first. Baptized Christians are obliged to bring the gospel of Jesus into every fabric of life, despite any dissent or opposition.

Living in an imperfect world highlights the need for Christians in public sphere who are not afraid to express their fidelity to God in social and worldly affairs. We are chosen to be the saving hands of Christ and are called to spread the good news in season and out of season, and to be "lux in Domino" or light in the Lord, as the Jesuit founder, Ignatius of Loyola, once put it.

MASS INTENTIONS: If you would like to have a Mass offered for your intentions, for loved ones living or deceased, or for a special occasion, please contact the parish office by email, phone, or drop a note in the collection box. Please include the name of the person for whom the Mass will be offered and who is requesting the Mass. Let us know if you want a specific day or if you would prefer the first available Mass, weekday, or weekend. We will do our best to accommodate your requests. Please include your contact information if we are unable to reserve the date you have requested. The customary offering is \$10.00. Thank you.



BISHOP'S ANNUAL APPEAL: The Appeal supports over 20 ministries and services throughout our diocese. If you have already received a pledge card in the mail, please send your gift directly to the diocese. There are additional brochures and pledge cards on the tables at the entrance of the church if you have not already received one and would like to make a gift to this important annual appeal. **To learn more or make a gift online,**

visit: bishopsappealvt.org. As of October 11, 2023, our parish donations total \$17,224.84. This is 47% of our parish goal of \$35,032.00.



THE HAVEN FOOD SHELF: The Food Shelf is open to anyone in our community Monday - Thursday 9:00 AM - 4:30 PM & Friday 9:00 AM - 3:00 PM. Visit uppervalleyhaven.org/foodshelffaq/ for more information. St.

Anthony parish has long supported the Haven by collecting non-perishable food in the basket at the entrance of the church. **Thanks to your contributions, we delivered 80 lbs. of food** in the first week of October. **Thank you for your generosity!**

WORLD MISSION SUNDAY 2023 IS OCTOBER 22

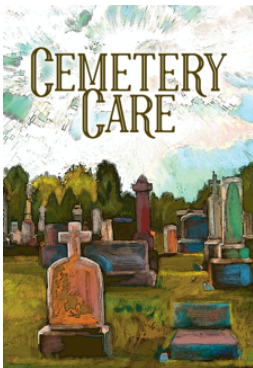


Embrace the Pope's Missions with "**Hearts on Fire, Feet on the Move**" this World Mission Sunday!

Today, Pope Francis echoes the universal call of our Baptism – to be Christ's witnesses to the world. As we gather with global Catholics on this World Mission Sunday, our prayers and contributions to the Society for the Propagation of the Faith bolster the Pope's missions, enabling:

- Over 844,000 catechists to share the faith
- 258,540 Religious Sisters to tend to families and children
- 38,140 seminarians to journey towards the priesthood
- Education for 26 million children
- Medical assistance in 12,000 clinics
- Comfort in 8,750 homes for the orphaned and elderly

By supporting this cause, we truly live out the call to be the spark that transforms lives. May your prayers and gifts create ripples of love and transformation. Thank you for your missionary zeal! Visit <https://onefamilyinmission.org/> for more information about **World Mission Month**.



REMINDER FOR OUR CEMETERIES: Please note the following:

- All monuments, grave markers, planters, and flower containers are the responsibility of the family.
- One monument is allowed per lot. All monuments shall be placed on foundations. Any corner markers are to be flush with the ground.
- Other structures including benches, fencing, curbs or cornerstones are not permitted on grave sites or along the boundaries of the cemetery.
- **Flowers or bushes may not be planted directly in the ground; they**

must be in planters placed directly to the right and/or to the left of the monument. A hanging planter may be on a hook with the hook in the ground directly adjacent to the monument with the plant directly over the monument.

- **Gravesites are to be kept free of dead or faded decorations.** These are not to be disposed of on cemetery property. Cemetery personnel may remove items that are deemed outdated, broken, unsafe for maintenance operations, or otherwise not in keeping with the serenity of the grounds.
- **All flowers and decorations are to be removed by October 31st for fall cleanup. New items may be placed after November 15th.**
- Visiting times are during daylight hours, dawn to dusk. Loitering is not permitted.
- Water will be shut off by October 31, temperatures permitting.

If you would like to help clean our cemetery grounds during November 1-15, please contact the St. Anthony parish office. Your help is greatly needed and appreciated!

PLANNING A WILL: The Vermont Catholic Community Foundation has partnered with FreeWill to provide the Catholic community with access to an online software to create a legal will. The Diocese of Burlington is hosting a hybrid informational meeting on **October 24, 3:00-4:00 PM** about FreeWill and Estate Planning at the Chancery and via Zoom. Registration is required. For more information or to register for this event, visit: <https://vtcatholicfoundation.org/events-1>. Questions? Contact Ellen Kane at (802) 846-5837 or ekane@vermontcatholic.org.

COLLECTION BASKETS/OFFERING OF GIFTS: We have reinstated the traditional way of passing the collection basket and offering of the gifts from the entrance and down the aisle, in accordance with the rites and rubrics of the Liturgy. We appreciate anyone who would like to volunteer!

EXTRAORDINARY MINISTERS: Extraordinary Ministers of Holy Communion, deputed by the Bishop/Priest for a period of time, may now assist in distributing Holy Communion to the faithful every weekend.



RELIGIOUS EDUCATION: Classes for grades 1-6 will meet next Sunday, **October 29** in the **Rectory basement** and the **Religious Education Center** from **9:30 AM to 10:30 AM**.

There will be a **Coffee Hour** after the **8:30 AM Mass** next **Sunday, October 29**, hosted by the St. Anthony Religious Education students. Please join us for coffee and refreshments!



KNIGHTS OF COLUMBUS COUNCIL 2025: The Knights of Columbus will be holding a **Roast Pork Dinner** on **Saturday, October 21 from 5:00 PM - 6:15 PM** in the church hall. The cost is \$15.00 for all over age 15 and \$7.00 for children aged 15 and under.

We will be meeting **Sunday, October 22, at 6:30 PM** in the Rectory Basement. We will be making plans on how to support the Bazaar.



BAZAAR, CRAFTS & BAKE SALE: Mark your calendars! **Saturday, November 18 from 9:00 AM to 3:30 PM**. We hope you will join us for this important fundraiser for St. Anthony Church.

Please keep us in mind when you are making jam, jellies, pickles, preserves, etc. this season. Your homemade canned and baked goods are always welcome! Questions? Please email Charlotte Merrill at dcmerri@myfairpoint.net.

NEWS FROM The Inland See OCTOBER 21-27, 2023 FOR THE DIOCESE OF BURLINGTON

Eucharist as *Communion*

In this final part of our look at Catholic belief around the Eucharist, we take a look at the effects of the Eucharist, which can be summed up in one word: communion. When we talk about the Eucharist at Mass, we often use the word “communion” and phrases such as “going to communion.” This is for good reason. When we speak of communion, though, we aren’t necessarily referring to the object of the Eucharist (a better phrase to describe the object of the Eucharist is “Real Presence”) or the action of the Eucharist (a better phrase to describe the action of the Eucharist is “sacrifice”). Rather, when we speak of communion, we are best referring to the effects of the Eucharist, the effects of the Real Presence and the Holy Sacrifice of the Mass in our lives.

When I train extraordinary ministers of Holy Communion, I like to remind them that at the heart of their ministry is the act of giving and a receiving of the Eucharist. That action lasts only a moment with each communicant, but in that action, there are three relationships that are nourished and strengthened.

The first relationship is the vertical relationship — the relationship between God and the communicant. The Eucharist strengthens our union with God. This is what we most often think about when we think about the effects of the Eucharist — that the Eucharist draws us closer to God. This is an invisible grace that remains with us even after Mass. And if we allow that grace to work within us, it very powerfully re-configures our entire life to be in union with Christ. This union is the most powerful gift God gives us to help us on our continual path of conversion. We move from being people who “receive communion at Mass” to people who live in communion with



God. We move from simply receiving the Eucharist at Mass to living a Eucharistic life — a life rooted in communion with God that allows us to always give thanks. When we share communion with God, we cannot but help share in God’s love.

The second relationship is the horizontal relationship — the relationship between the communicant and the Body of Christ, the Church. “The Eucharist makes the Church” as French theologian and priest

Henri de Lubac would say. The Eucharist strengthens our communion with the Church. We recognize our communion is strengthened with our brothers and sisters who are with us at Mass, but do we recognize that our union with Catholics throughout the world is also strengthened? The beauty of this communion is that it transcends place, culture, ethnicity, socio-economic status, citizenship status, and political belief. What would the world look like if we lived our daily life in that communion? “This is how all will know that you are my disciples, if you have love for one another” (Jn 13:35). And this communion in the Church gives us hope, for not only is our union with those in the Church on Earth strengthened, but also our union with those who have gone before us in faith — the Church Triumphant. The Eucharist even transcends death.

Listen carefully to the latter half of the Eucharistic Prayer, and you will hear the Church praying for this unity established in the Eucharist, unity with God, with one another, with the saints in heaven. Listen carefully, and pray it well!

— *Josh Perry is the director of the Office of Worship for the Diocese of Burlington.*

TUESDAY, OCTOBER 24 • 3 PM

FreeWill and Estate Planning Hybrid Informational Meeting

via Zoom or in-person

The Vermont Catholic Community Foundation will be hosting a hybrid informational meeting about FreeWill and estate planning in person at the Chancery, 55 Joy Drive, S. Burlington and via Zoom. Registration is required: vermontcatholic.org/event/freewill-and-estate-planning-hybrid-informational-meeting/

Upcoming Events



10/24 TUESDAY
FreeWill and Estate Planning Hybrid Informational Meeting
via Zoom • 3 pm

The Vermont Catholic Community Foundation will be hosting a hybrid informational meeting about FreeWill and estate planning in person at the Chancery, 55 Joy Drive, S. Burlington and via Zoom. Registration is required: vermontcatholic.org/event/freewill-and-estate-planning-hybrid-informational-meeting/



10/25 WEDNESDAY
Mater Christi School Open House
Mater Christi School, Burlington
8:30 am - 11 am

We are excited to welcome you, and to show you how we work together to make Mater Christi School a special place for children to learn and grow. Register: mcschool.org/about/contact-us/



10/25 WEDNESDAY
Miscarriage/Infant Loss Prayer & Grief Support
St. John the Baptist, Enosburg Falls • 6 pm

If you have ever suffered a miscarriage or infant loss, please join Deacon George and Karoline Flower in the parish hall to remember our children lost prematurely. There will be a short prayer service and special blessing from Deacon George followed by a group discussion.



10/26 THURSDAY
St. Justin Martyr and the Eucharist
Holy Family, Essex Junction • 7 pm
Fr. Michael Carter, SSE will present on St.

Justin Martyr, who wrote about the Eucharistic celebration in his First Apology, written between 153 and 155 AD. Written for those outside the Church, St. Justin's writing is a simplified explanation of early Christian practices. Discover what ancient practices from the second century, continue down to this day.



10/28 SATURDAY
Annual Fall Vermont Catholic Women's Retreat 2023
Immaculate Heart of Mary, Williston
8:30 am - 3:30 pm

Keynote Speaker is Sr. Paul Mary Dreger, FSE. The Theme of the Retreat is: *The Eucharistic Life: Bread of Life & Bread for Others*. Registration Fee: \$30, lunch included. Register at: vermontcatholic.org/womens-retreat.



10/28, 11/04, 11, 18 SATURDAYS
Women's Walking Group
St. John Vianney, S. Burlington • 9 am
SJV Women's Ministry welcomes interested

women to meet and walk together for roughly 45 minutes, usually leaving from the SJV parking lot. It's a great, community-building way to get some steps in and meet some of your neighbors in a slightly social setting. On second and fourth Saturdays we will meet at alternate walking locations which will be announced ahead of time, usually on our website. In the event of inclement weather, check our website for a cancellation notice: stjohnvianneyvt.org/walking-with-wm.



10/28 SATURDAY
Back from the Dead Cemetery Walk

St. John Vianney, S. Burlington • 7 pm

This event is a candlelit guided evangelization drama through Resurrection Park Cemetery with actors playing the roles of various saints and martyrs who come alive to tell their stories. This is a very peaceful walk with reflective stops along the way. Walk begins from the Parish Hall.



10/29, 30, 31 SUN, MON, TUES
'Finding God as Companion in Navigating Life's Final Journey'
St. Anne's Shrine, Isle LaMotte

The retreat will be led by Pat O'Connor, author of "Navigating Life's Final Journey: Conversations, Choices, Resources." This three-day retreat is designed to create a safe space to learn about, think about and pray about life's final chapter. The intended audience is people who are ready to begin to think about how they might want their end-of-life to go or how to help support and advocate for their loved ones as they approach end-of-life. Participants will discuss ways in which the presence of God might be found along the journey.



11/02 THURSDAY
Spanish Mass, Day of the Dead
Assumption of the Blessed Virgin Mary, Middlebury • 7 - 9 pm

There will be a Day of the Dead celebration, including Mass. Dominican Father Tim Danaher and Father Luke Austin, pastor, will be the celebrants of the 7 pm Mass in Spanish, followed by a procession around the Middlebury College campus to see the ofrendas and include music and dancing. All are welcome.



11/05 SUNDAY
Eucharistic Healing Service
St. John the Evangelist, St. Johnsbury • 3 - 4 pm
Benediction and Exposition of the Most Blessed Sacrament at 3 pm on the first Sunday of every month with Fr. Lance W. Harlow.



11/06 MONDAY
Spanish Mass at St. Michael's College Chapel
St. Michael's College, Colchester
7:30 pm

Join our mailing list at: mrainville@smcvt.edu.



11/07 TUESDAY
Our Lady's Kitchen
St. Anthony, Bethel • 11 am - 1 pm
Free meal! Come one, come all!



11/08 SUNDAYS
Monthly Knights of Columbus Fund Raising Breakfast
Christ Our Savior, Manchester • 9 am - 12 pm
Supporting Parish and Community outreach programs.

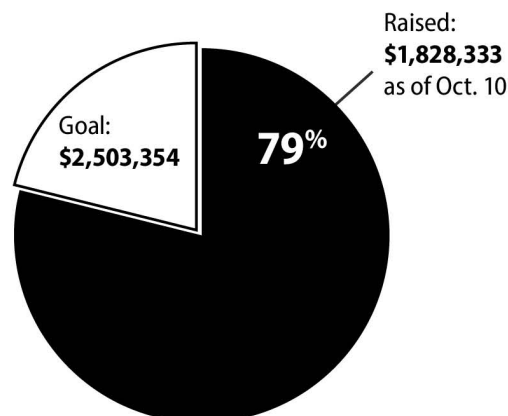


11/10 FRIDAY
Essex Community Dinners
Holy Family, Essex Junction • 5:30 - 7 pm
Essex Community Dinners are provided

in order to grow and promote our community! They are intended to feed the hungry, lonely and needy amongst us. These meals are free to all but donations to cover parish expenses are appreciated. In person dining starts at 5:30 pm at Holy Family Parish Hall on the second Friday of each month. Take out dinners are also available for those who still need to avoid crowds.



Progress: 79% to goal



A MESSAGE FROM THE



U.S. Catholic Sisters Against Human Trafficking
Ending Slavery Is Everyone's Work

October — The sale in the trafficking business today dwarfs the numbers involved in the slave trade of the past. Billions of dollars are generated today using people as products to be bought and sold in a global market.

U.S. Catholic Sisters Against Human Trafficking is a 501 c (3) organization,
7575 Grand River Rd., Suite 109, Brighton, MI
48114 (sistersagainsttrafficking.org)

Sunday, Oct 22, 2023

Hearts on fire, feet on the move

Goal-setting is a normal part of life. We set a particular horizon in our education and profession, in domestic budgeting and in relationships. Pope Francis reminds us on this World Mission Sunday that sharing the Good News is the horizon for all church activity. Our aim isn't just to save our souls but to share in the rescue of the world God so loves. "Everyone has the right to receive the gospel. Christians have the duty to announce it without excluding anyone ... as one who shares a joy, signals a beautiful horizon, offers a desirable banquet" (*Evangelii Gaudium*, 14). Embrace the mission!

TWENTY-NINTH SUNDAY IN ORDINARY TIME

TODAY'S READINGS: Isaiah 45:1, 4-6; 1 Thessalonians 1:1-5b; Matthew 22:15-21 (145). "I am the LORD, there is no other."

Monday, Oct 23, 2023

Break new ground

When most people think of the Catholic Worker Movement, started by Dorothy Day and Peter Maurin in 1933, its "Houses of Hospitality" that help the urban poor often come to mind. But the movement also started farms that follow a similar model of communal living in voluntary poverty—and they are experiencing a resurgence throughout the country (see if there's one near you). Many Catholics, in parishes and lay or religious communities, make tilling the earth on farms or in community gardens a spiritual practice and are leading the way in sustainable living. Pitch in and help them bring forth bounty!

MEMORIAL OF JOHN OF CAPISTRANO, PRIEST

TODAY'S READINGS: Romans 4:20-25; Luke 12:13-21 (473). "Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions."

Tuesday, Oct 24, 2023

Live your vocation inspired by Mary

When Saint Anthony Mary Claret was appointed archbishop to Cuba in 1849, he initiated practical changes to help the working poor: He taught effective farming methods so families could feed themselves while making a living, began credit unions, and set up vocational training for disadvantaged youth. All of this angered wealthy land owners, who expected cheap labor to help them plunder the land for sugar as a lucrative cash crop. Remember Anthony during October's observance of Free Trade Month, supporting supply chains that honor workers instead of corruption and greed. But also remember Anthony this month as we honor Mary. His prayer: "O Heart of Mary, furnace and instrument of love, enkindle me with love of God and my neighbor."

MEMORIAL OF ANTHONY MARY CLARET, BISHOP

TODAY'S READINGS: Romans 5:12, 15b, 17-19, 20b-21; Luke 12:35-38 (474). "Be like servants who await their master's return from a wedding, ready to open immediately when he comes and knocks."

Wednesday, Oct 25, 2023

Stay a while

Chapter 1 of the Book of Ruth recaps the tragic decade that Naomi endured: A famine chased her from her home; her husband died; her sons died. She was alone—or so it seemed, until her daughter-in-law Ruth promises to stay with her. Little by little, with

Ruth at her side, Naomi can dig out of what must have felt like a living hell. Who has been like Ruth for you? When have you been like Ruth for someone? This week, as we celebrate Pastoral Care Week, we give thanks for the people who provide spiritual care to those struggling with grief, trauma, and other difficult situations. Learn more at the Pastoral Care Week website.

TODAY'S READINGS: Romans 6:12-18; Luke 12:39-48 (475). "Much will be required of the person entrusted with much."

Thursday, Oct 26, 2023

All creation divinely sings

We're entering the cold season in the North, and nature's show has become more subtle. But the natural world is an ongoing expression of God that anyone can embrace simply by paying close attention. The work of poet Mary Oliver celebrates this. She writes: "Why do people keep asking to see God's identity papers when the darkness opening into morning is more than enough?" Look around. Listen. How is God showing up in your natural surroundings right now?

TODAY'S READINGS: Romans 6:19-23; Luke 12:49-53 (476). "Jesus said to his disciples: 'I have come to set the earth on fire, and how I wish it were already blazing!'"

Friday, Oct 27, 2023

Breathe in the blessing

Being human is a gift, but sometimes it can feel like a curse. As humans, we are *imago dei*, made in the image and likeness of God. This includes having free will, which oddly enough, we can use to hide or deny our *imago dei*. When we struggle, we might pause and pray with Saint Augustine: "Breathe in me, O Holy Spirit, that my thoughts may all be holy. Act in me, O Holy Spirit, that my work, too, may be holy. Draw my heart, O Holy Spirit, that I love but what is holy."

TODAY'S READINGS: Romans 7:18-25a; Luke 12:54-59 (477). "For I do not do the good I want, but I do the evil I do not want."

Saturday, Oct 28, 2023

Help is at hand

The gospels do not elaborate on the life of Saint Jude, but he must have had a reputation for a sunny disposition to later come to be known as the saint of hopeless causes and desperate situations. Which, in a sense, makes him the saint of us all. The human condition, prone to illness, aging, and death, would be fairly desperate if it were not for redemption. Saint Jude is worthy of a daily "thank you" for being there when the chips are down.

FEAST OF SIMON AND JUDE, APOSTLES

TODAY'S READINGS: Ephesians 2:19-22; Luke 6:12-16 (666). "He called his disciples to himself, and from them he chose Twelve."

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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