

# Our Lady of the Angels & Our Lady of the Valley Parishes

Rev. Scott A. Gratton, Administrator:  
(Deployed)

Rev. John R. Carroll, Visiting Priest:  
(617)699-5425

Mr. Josh Perry, Diocesan Administrator:  
(802)448-3515

Elizabeth Stuart, Parish Secretary:  
(513) 238-4854 - cell

Email: [jperry@vermontcatholic.org](mailto:jperry@vermontcatholic.org)

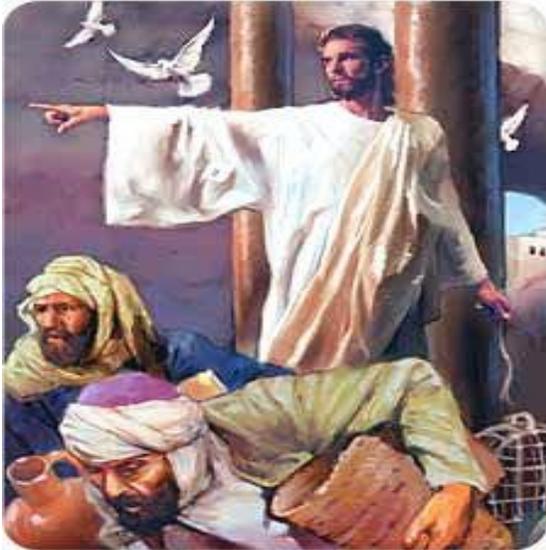
St. Anthony  
221 Church Street  
P O Box 63  
Bethel, VT 05032

Our Lady of the Angels  
Parish Office Information:  
43 Hebard Hill Road  
P O Box 428  
Randolph VT 05060  
Office:(802)728-5251

St. Elizabeth  
169 S. Main Street  
Rochester, VT 05767

Email: [ourladyofangelsandvalley@vermontcatholic.org](mailto:ourladyofangelsandvalley@vermontcatholic.org)

## Third Sunday of Lent



### Weekend Masses

Sat.: 4:00 PM St. E., Rochester  
Sun.: 9:00 AM OLA, Randolph  
11:00 AM St. A., Bethel

### Weekday Masses

There will be no weekday Masses  
during Fr. Gratton's deployment

### Confessions

Sat.: 3:00– 3:45 PM St. E., Rochester  
Sun.: 8:00–8:45 AM OLA, Randolph  
After 11:00 Mass, St. A., Bethel  
Or by Appointment

### Adoration of the Bl. Sacrament

Sat.: 3:00–4:00 PM, St. E.  
Mon.: 7:00–8:00 AM, St. A.  
Tues.: 5:00–6:00 PM, St. A.  
Wed.: 5:00 –6:00 PM, OLA  
4:00-5:00 PM, St. E  
Thurs: 8:30–9:30 AM, OLA  
Fri: 8:30-9:30 AM, OLA  
2:00-3:00 PM, St.A

[www.ourladyvt.org](http://www.ourladyvt.org)



*Remember your loved ones in the Holy Mass;  
they will be ever grateful to you!*

**THIS WEEKEND:****Saturday, March 6**

St. E ~ 3:00 PM – Adoration/Confessions

St. E ~ 4:00 PM Mass – Intentions of Our Parishioners

**Sunday, March 7**

OLA ~ 9:00 AM Mass – for Red Hartigan+ (*by Irma Hartigan*)

St. A ~ 11:00 AM Mass – for the living and deceased members of the CDA Court St. Anthony

**THIS WEEK:****Monday, March 8**

St A ~ 7:00 am Adoration

**Tuesday, March 9**

St A ~ 5:00 pm Adoration

**Wednesday, March 10**

OLA ~ 5:00 pm Adoration

St. E ~ 4:00 pm Adoration

**Thursday, March 11**

OLA ~ 8:30 am Adoration

OLA ~ 5:30 pm Stations of the Cross followed by KOC supper

**Friday, March 12**

OLA ~ 8:30 am Adoration

St A ~ 2:00 pm Adoration

St. E ~ 6:00 pm Stations of the Cross

St. A ~ 6:00 pm Stations of the Cross, soup to go after

**NEXT WEEKEND:****Saturday, March 13**

St. E ~ 3:00 PM – Adoration/Confessions

St. E ~ 4:00 PM Mass – Intentions of Our Parishioners

**Sunday, March 14**

OLA ~ 9:00 AM Mass – for Sandy Barry+ (*by Aunt Joan*)

St. A ~ 11:00 AM Mass – In Thanksgiving to St. Anthony (by JLD)

**COMING UP:**

**Sunday, March 14<sup>th</sup>** – Daylight Savings Time begins

**Wednesday, March 17<sup>th</sup>** – St. Patrick's Day

**Friday, March 19<sup>th</sup>** – Feast Day for St. Joseph, Spouse of the Blessed Virgin

**Saturday, March 20<sup>th</sup>** – Added hour(s) for Reconciliation at Our Lady of the Angels starting at 11:00 am

**Saturday, March 27<sup>th</sup>** – Added hour(s) for Reconciliation at St. Anthony starting at 11:00 am (set up in the Rectory)

**Wednesday, March 31<sup>st</sup>** ~ Adoration & Reconciliation

5:00 pm Our Lady of Angels

**Sunday, March 28<sup>th</sup> - HOLY WEEK BEGINS**

– see page 7 for the full schedule

**Remember to pray for the sick and hurting**

especially for Marion Casarico, Stanislaw Kosiorek, Judy McCullough, Phyllis McCullough, Janice Brown, Pam Corcoran, Sophia Scicutella, Helen Rulon, Rita Morin, Frank Mojesz, Bobby Perez, Richard Perez, Cathy Bigelow, Paul & Sue Field, Samantha Field, Sophie Weden, Nancy McNally, Blanche Rea, Joe Fiarkoski, Peg Mollitor, Frank Russell, Shirley Dumont, Kitty Scott, Marion Bourn, Maybelle Dumont, Aaron Dumont, Alice Goudreay, and MaryAnn Church

**Welcome to all our visitors:**

If you would like more information about our Parishes or would like to learn more about the Catholic Faith, please ask your neighbor or call the parish office at 802-728-5251

**The Word Among Us:** Copies for Lent are available at the entrance to the Church – these are for your personal use, please take a copy, review the readings for the Daily Mass and dive into the daily meditations.

**On-line resources (see our web page for more):**

- THE BIBLE IN A YEAR:** From Ascension Press - Fr. Mike Schmitz's reflections on the Bible, starting in Genesis and continuing thru the narrative books of the Bible at <https://media.ascensionpress.com/category/ascension-podcasts/bibleinayear/>
- BEST LENT EVER** from Dynamic Catholic – this year's focus is on developing a daily habit of prayer
- EWTN** (Eternal Word Television Network) has a wide selection of free programming available online at <https://www.ewtn.com/>
- FORMED.ORG** has movies, formation videos, daily inspiration: <https://formed.org/> (check the Parish website under RESOURCES for sign up information)

**Sunday and Ash Wednesday Collections**

**(February 27<sup>th</sup> and 28<sup>th</sup>, 2021):**

**OLA:** total collections and gifts: \$984.00

Electronic giving: \$247, Sunday collections: \$737

Including \$44 Aid to the Church in Eastern Europe

**OLV:** total collections and gifts: \$1,392.00

Electronic giving: \$85, Sunday collections: \$1,307

Including \$10 Ash Wednesday/Catholic Charities Bishop deGoesbriand Fund, \$272 Aid to the Church in Eastern Europe, \$5 Energy/Fuel, \$5 Building

The Year of St. Joseph

St. Joseph's Table

Pope Francis has declared a Year of St. Joseph. In recognition of this, St. Anthony's and St. Elizabeth's have provided a space to display St. Joseph statuary and iconography. Follow Pope Francis's admonition, "We need only ask Saint Joseph for the grace of graces: our conversion."

Let us now make our prayer to him:

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.

Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy and courage,  
and defend us from every evil. Amen."



"Knowing by experience St. Joseph's astonishing influence with God, I would wish to persuade everyone to honor him with particular devotion. I have always seen those who honored him in a special manner make progress in virtue, for this heavenly protector favors in a striking manner the spiritual advancement of souls who commend themselves to him." - St. Teresa of Avila

"Go to Joseph! Have recourse with special confidence to St. Joseph, for his protection is most powerful, as he is the patron of the universal Church." - Blessed Pope Pius IX

In honor of St. Joseph, the Provider, and because it's the Year of St. Joseph, and since March 19th is St. Joseph's Feast Day, we are creating a St. Joseph's Table in each of our churches. The idea is, between now and the weekend of March 20th, to collect food and goods for the local food shelves. On the weekend of March 20th, Fr. Carroll will bless all the collected items prior to their distribution to the appropriate local food shelf. We will need volunteers to take the collections to the various Food Shelves the week of March 21st as well.

Food and goods collected by St. Elizabeth's will be given to the Rochester Food Shelf, the collection from St. Anthony's will be given to the Bethel Food Shelf, the things collected at Our Lady of the Angels will be contributed to the Randolph Food Shelf. Here is a list of the things most needed (things that just fly off the shelf):

**POPULAR ITEMS:**

**Non-perishable:**

- Canned fruit (pineapples, peaches, mixed fruit)
- Canned vegetables (carrots, peas, corn, green beans)
- Canned beef stew
- Canned beans
- Canned tuna
- Canned chicken
- Fruit juices (Orange or Apple)

**Miscellaneous Items:**

- Laundry detergent
- Dish soap
- Hand soap
- Toilet paper
- Paper towels

**Frozen/perishable (probably not practical for this collection)**

- Frozen beef
- Frozen chicken breast
- Hot dogs
- Yogurt

**Monetary donations are also always welcome, and checks should be made payable to the local Food Shelf in your area:**

Randolph Area Food Shelf  
12 Prince Street, Unit 3  
Randolph VT 05030

Bethel Area Food Shelf, Attn: Treasurer  
212 Sugar Hill  
Bethel VT 05032

Rochester Food Shelf  
Federated Church of Rochester  
15 North Main Street  
Rochester, VT 05767

The Homeless in Randolph

There are homeless people in our community. They often seek shelter on cold nights in the laundromat downtown. In the early winter, the manager of one of the laundromats, and a member of one of the community's churches, took action by contacting Capstone, a Randolph based community resource. He also emailed the pastors of all the churches in Randolph, inviting them or a representative from their congregation, to meet with leaders from Capstone to address the situation and brainstorm what the churches would be able to do to help. Fr. Gratton, knowing I work at the shelters provided by the Upper Valley Haven, asked if I would be willing to meet with the group on behalf of Our Lady of the Valley churches.

This group has met every two weeks since mid-December. The closest shelters are in Barre and White River Junction, and although the State of Vermont has housed homeless in motels through cooperation with Economic Services, but Randolph has no local motels and transportation to shelters is nearly impossible to those who need assistance.

What are the local churches willing and able to do? Open their doors and let folks spend the night? Could meals be provided? So many thoughts and questions to be addressed.

I met with Father Gratton just before he left to get a sense of what Our Lady of the Angels parish could do. In his absence, the building would not be available, but could possibly provide financial support or volunteer help by providing a hot meal. As the group continues to meet—the next meeting is Thursday, February 25—I welcome your thoughts about what we as a parish community might offer. Please feel free to contact me directly if you have thoughts, ideas, or questions. Thank you! Jenny Thomas

802-299-5808 (cell—do leave a message, I'll get back to you!) or by email: [Thomas.in.soro@gmail.com](mailto:Thomas.in.soro@gmail.com)



“Our Bishop, along with the priests of the diocese, have agreed that the time to shift from maintenance to mission has arrived. With so much hope and faith on the horizon for our parish community, it would be wise for us to not simply maintain our status, but to ‘put out into the deep’ (Luke 5:4), and ensure that the next generation of faithful Catholics will have a healthy, safe and vibrant church to call their home. Please prayerfully consider going deep for the Christ Our Hope campaign. You will be richly blessed by the Lord for your generosity, and you will be safeguarding the deposit of faith for generations to come. God bless you, and know that I love you with all of my heart.” Fr. Sott Gratton

OUR LADY OF ANGLES:

- ❖ New signage for the property
❖ Holy Cross Cemetery facelift (fencing, lighting, landscaping, road maintenance)
❖ Solar Panels
❖ High-yield savings account/investment for future projects

OUR LADY OF THE VALLEY:

- ❖ St. Anthony Rectory: drainage, asbestos and mold remediation, windows, insulation, interior refurbishing
❖ St. Anthony Parish Hall: new chairs, update kitchen, ceiling floors, bathrooms
❖ St. Elizabeth: painting

\*\*\*\*\*

Christ Our Hope Campaign to date:

The Diocesan Capital Campaign is raising funds to help our parishes realize their vision and provide endowment funding for faith formation efforts and Catholic Charities emergency services throughout the state.

- 60% comes directly to our Parish
20% goes to evangelization around the diocese
20% goes to the poor (via Catholic Charities)

If you haven't yet, please consider giving a gift by donating here: https://www.christourhopevt.org/

Progress as of February 9, 2021:

OLA: goal \$79,020, gifts & pledges \$20,997: 27%
OLV: goal \$122,361, gifts & pledges \$52,472: 43%

If you currently feel unable to commit to financially supporting the Campaign, please commit to praying for its success:

Campaign Prayer:

Almighty and eternal God, we place our hope in You to guide the Catholic Church in Vermont to renew our parishes, and engage our youth; to form lay leaders, and serve the most vulnerable among us. In the power of the Holy Spirit, help us build a vibrant church in this time and place and for generations to come. Seeking the intercession of our first bishop, Louis deGoesbriand, we pray this through Christ Our Lord, Amen.

Mary, Mother of the Church, Pray for us.

# NEWS FROM The Inland See

March 6–12, 2021 FOR THE DIOCESE OF BURLINGTON

## New Christ Our Hope Legacy Society



With the launch of the historic Christ Our Hope: Building a Vibrant Church campaign this year, the Vermont Catholic Community Foundation (VCCF) has created the Christ Our Hope Legacy Society to honor all those in the Diocese who have chosen to leave a legacy of faith for the next generation. The present generosity of our Catholic community coupled with planned gifts ensures that our Church can weather any storm and that the doors of our churches, schools, and social service agencies remain open to meet the spiritual and material needs of the community.

A legacy gift offers future support of the mission of the Catholic Church in Vermont and can be designated to meet the needs of a specific ministry, parish or school with the help of the Vermont Catholic Community Foundation. Legacy gifts comes in many different shapes and sizes from a simple bequest or Charitable Remainder Unitrust, to the designation of an IRA or life insurance policy, to the transfer of stock, real estate and much more. No matter the vehicle, each gift can have an enormous impact on a ministry of the donor's choosing and provide opportunities to spread the faith.

Here are a few examples.

- *Recently, Angelo Pizzagalli established a Charitable Remainder Unitrust with the Diocese of Burlington to benefit Rice Memorial High School in South Burlington. The full remainder of the trust will provide financial aid to students seeking a Catholic education who could not otherwise afford to attend Rice. Angelo's commitment to Catholic education, particularly Rice Memorial High School, inspired him to make this generous gift now. He stated, "Parochial schools consistently deliver excellent results. Even in the face of the pandemic, parochial schools in Vermont rolled up their sleeves and calmly went about their mission of producing the nation's most precious product: capable, caring, and engaged citizens of all stripes, well-prepared to achieve anything."*
- *Brigette White, VCCF board member, decided to honor her parents with a legacy gift: "At first I thought this might not be the right time in my life to make a legacy gift given that I still have a child in high school. However, after giving this more thought, I realized that I could honor my parents and*

*their faith, and their compassion for the most vulnerable, by designating the IRA I inherited from them to establish a fund in the foundation to feed the hungry."*

- *The impact of a bequest on a small parish can lift many financial burdens and allow the community to flourish. Father William Giroux, former pastor of St. Patrick Parish in Fairfield, said, upon receiving the Dr. Thomas G. Howrigan bequest: "We were excited to establish the Dr. Thomas G. Howrigan Fund for St. Patrick Parish because this enables our parish to continue the good work it has always done without having to worry as much about fundraising. This fund has already benefited our parish and we expect it will continue to do so in the years to come."*

The mission of the VCCF is to support and serve apostolic activities of the Church and make grants to nonprofit organizations in the statewide Diocese of Burlington that reflect the compassion of Christ in service to the community. Planned gifts are one way the foundation can support the larger Catholic community.

Burlington Bishop Christopher Coyne expressed his gratitude at the outpouring of support and commented, "Thanks to the generosity and faith of the Catholic community and the gifts of many, the Vermont Catholic Community Foundation has grown exponentially over the last five years to serve the apostolic ministries of the Diocese. As in all acts of charity and goodness, we acknowledge that all is of God and all comes from God in praise of His name and in service to our brothers and sisters. We thank the Lord for all His love."

If you have already established a planned gift to support the work of the Church or if you would like to learn more about your giving options, for a confidential conversation please contact Brittany Czekaj, development and planned giving officer, Vermont Catholic Community Foundation, by email at [bczekaj@vermontcatholic.org](mailto:bczekaj@vermontcatholic.org) or by phone at 802-658-6110, ext. 1102. You can also visit the website of the Vermont Catholic Community Foundation at [vtcatholicfoundation.org/legacy-society](http://vtcatholicfoundation.org/legacy-society).

To learn more visit [vtcatholicfoundation.org/legacy-society](http://vtcatholicfoundation.org/legacy-society).

— *Ellen Kane is the executive director of the Vermont Catholic Community Foundation*

## Upcoming Events



03|08, 15, 22, 29 MONDAYS  
**Lent with St. Joseph**  
 Cathedral of St. Joseph, Burlington  
 7 - 8 pm

Holy Hour with the Litany of St. Joseph and spiritual reflections on St. Joseph by Brandon Schneider, seminarian. Confessions will be available during Adoration.



03|09, 16, 23 TUESDAYS  
**Encounter Jesus Bible Study**  
 via Zoom • 7 - 8 pm

Each week will focus on a different encounter with Jesus as described in the Gospels which in the words of Pope Francis, "changes our lives... and fills us with joy." Hosted by Deacon Phil Lawson. [www.vermontcatholic.org/event/encounter-jesus-bible-study/all/](http://www.vermontcatholic.org/event/encounter-jesus-bible-study/all/)



03|09 - 04|20 TUESDAYS  
**The Sacraments**  
 via Zoom • 7:45 - 8:45 pm

Join Seminarian Greg Caldwell to think about and reflect upon the Seven Sacraments. For Zoom information email Greg Caldwell at [gcaldwell@saintmeinrad.edu](mailto:gcaldwell@saintmeinrad.edu).



03|09, 11, 18  
**Dispel the Darkness —  
 An Evening of Light and Hope**  
 All events are 6:30 - 8 pm

03|09 • All Saints, Richford  
 03|11 • Sacred Heart St. Francis de Sales, Bennington  
 03|09 • Saint Mary Star of the Sea, Newport  
 Come rest in the light and the hope of Christ. Whatever the darkness you may find yourself in, come discover the hope of God. Evening will include reflections and prayers led by Deacon Phil Lawson, with music by Bill Gavin. There will be adoration, the Luminous Mysteries of the rosary and an opportunity for confession. These events will be live streamed.



03|10, 24, 04|07 WEDNESDAYS  
**Saints and Sinners**  
 via Zoom • 7:30 - 8:30 pm

Sinners as saints? Join us as we look at the lives of four saints and how his or her life can inspire us to live the plan God has for each one of us. There will be time for prayer and discussion with your hosts Michael Hagan and Terri McCormack. All are welcome! Register at: [www.vermontcatholic.org/event/saints-and-sinners](http://www.vermontcatholic.org/event/saints-and-sinners)



03|12, 19, 26, 04|02 FRIDAYS  
**Live Stations of the Cross**  
 via Zoom • 11:30 am

Join Josh Perry and Valerie Parzyck as they pray Stations of the Cross online. The reflections read are composed by Saint Alphonsus Liguori as we meditate upon the Stations of the Cross from the Cathedral of St. Joseph. This event will be streamed live at 11:30 am every Friday during Lent and at 7 pm on Good Friday. Register at: [www.vermontcatholic.org/event/live-stations-of-the-cross](http://www.vermontcatholic.org/event/live-stations-of-the-cross)



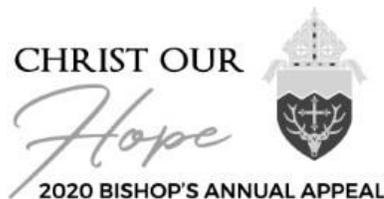
03|12, 13, 14 FRI, SAT, SUN  
**2021 National Catholic  
 Womens Conference**  
 Online

This virtual retreat will have live speakers, prayer rooms, and you will have access to 40+ speakers with a free weekend pass by registering for free: [go.virtualcatholicconference.com/NCWC2021](http://go.virtualcatholicconference.com/NCWC2021)



03|25 THURSDAY  
**Lenten Reflection with Bishop  
 Christopher Coyne**  
 via Zoom • 7:30 - 8:30 pm

Join Bishop Coyne as he shares his Lenten reflection. All are welcome! Register at: [www.vermontcatholic.org/event/lenen-reflection-with-bishop-christopher-coyne/](http://www.vermontcatholic.org/event/lenen-reflection-with-bishop-christopher-coyne/)



Goal: \$2,651,157

85% As of  
 Feb. 23, 2021:  
**\$2,262,577**



To learn more or  
 make a gift visit:  
[christourhopevt.org](http://christourhopevt.org).

Goal: \$9,582,456

46% As of  
 Feb. 23, 2021:  
**\$4,384,965**

Join us as we look at the lives of four saints and hear how they've impacted the lives of our speakers. There will be time for prayer and discussion with your hosts Michael Hagan and Terri McCormack. Join for one evening or all four! All are welcome!

- 2|24 Laura Underhill on **St. Therese of Lisieux**
- 3|10 Fr. Joseph Sanderson on **St. John the Baptist**
- 3|24 Fr. Jon Schnobrich on **St. Padre Pio**
- 4|7 Fr. Lance Harlow on **St. Faustina**

**Saints & Sinners**  
[vermontcatholic.org/event/saints-and-sinners](http://vermontcatholic.org/event/saints-and-sinners)

Diocese of Burlington — *Online Ministry*



# Holy Week

❖ **Saturday, March 27th**

11:00 am – 1:00 pm ~ St. Anthony, Rectory  
~ Sacrament of Reconciliation

3:00 pm Adoration/Reconciliation ~ St. Elizabeth  
4:00 pm Palm Sunday Vigil ~ St. Elizabeth

❖ **Sunday, March 28th**

8:00 – 8:45 am Reconciliation ~ Our Lady of the Angels

9:00 am Palm Sunday Mass ~ Our Lady of the Angels

11:00 am Palm Sunday Mass ~ St. Anthony

Followed by Reconciliation ~ St. Anthony

➤ Palm Sunday Mass – Palms will be distributed by Ushers at the beginning of Mass and blessed by Fr. Carroll during the Solemn Entrance.

➤ The Passion Narrative will have no participation by the congregation. Everyone will be asked to put down their Missals and participate by LISTENING to the Narrative.

❖ **Monday, March 29th**

7:00 am Adoration ~ St. Anthony

8:00 am Mass – St. Anthony

❖ **Tuesday, March 30th**

8:00 am Mass ~ St. Anthony

5:00 pm Adoration ~ St. Anthony

❖ **Wednesday, March 31st**

4:00 pm Adoration ~ St. Elizabeth

5:00 pm Adoration/Reconciliation ~ Our Lady of the Angels

❖ **Thursday, April 1st – HOLY THURSDAY**

8:30 am Adoration ~ Our Lady of the Angels

9:00 am Morning Prayer ~ Our Lady of the Angels

7:00 pm Mass of the Lord’s Supper ~ St. Anthony:

Church remains open for prayer before the reposed Blessed Sacrament until Midnight. There will be no foot washing.

❖ **Friday, April 2nd – GOOD FRIDAY**

3:00 pm Good Friday – the Solemn Celebration of the Lord’s Passion  
Adoration of the Cross will be general and from the pews

6:00 pm Stations of the Cross ~ St. Elizabeth & St. Anthony

The Churches will open for individual prayer as follows:

➤ St. Elizabeth’s will be open 12:00 noon until the conclusion of Stations of the Cross

➤ St. Anthony’s will be open all day

➤ Our Lady of the Angels will be open from 7:00 am until the Conclusion of the Solemn Celebration of the Lord’s Passion

❖ **Saturday, April 3rd – HOLY SATURDAY**

9:00 am Morning Prayer ~ Our Lady of the Angels

❖ **Saturday, April 3rd – EASTER VIGIL**

8:00 pm Easter Vigil Mass ~ St. Anthony

The congregation will not participate in the procession. Candles will be lit from the Easter Candle as it processes into the Church. When it comes time to blow out the candles, please use a “gentle breath”.

❖ **Sunday, April 4th – EASTER SUNDAY**

9:00 am Easter Mass ~ Our Lady of the Angels

11:00 am Easter Mass ~ St. Elizabeth

**THE SACRAMENT OF RECONCILIATION IS BEING OFFERED FOR EXTENDED HOURS THIS MONTH:**

**11:00 am OLA, Sat, March 20<sup>th</sup>**

**11:00 am St. A Rectory, Sat, March 27<sup>th</sup>**

**5:00 pm OLA, Wed, March 31<sup>st</sup>**

The following examination of conscience is meant to help you prepare for Confession. As you ponder the verses below, ask the Holy Spirit to show you any hidden corners of your life that need transforming. Remember: Jesus is inviting all of us to experience his presence and power during these forty days of grace. So together, let’s “rid ourselves of every burden and sin that clings to us and persevere in running the race that lies before us while keeping our eyes fixed on Jesus” (Hebrews 12:1-2).

**“Return to me with your whole heart.” (Joel 2:12-13)**

- ✓ Does God hold first place in my life, or have I allowed myself to become the servant of money, popularity, success, or anything else?
- ✓ Have I given priority to God on Sundays and holy days by attending Mass and making a special effort to seek him?
- ✓ Have I nourished my love and knowledge of God through regular prayer and Scripture reading?

**“He humbled himself, becoming obedient to death, even death on a cross” (Philippians 2:8)**

- ✓ Are there any areas of myself that I am holding back from God-secret parts that I don’t want to expose to his light and love?
- ✓ How am I doing in my relationships: family members, friend, coworkers, neighbors, parishioners? Am I treating them with dignity and respect?
- ✓ Do I give appropriate honor and respect to parents, teachers, employers, and all legitimate authority?
- ✓ Is there anyone I need to forgive? Is there anyone whose forgiveness I need to ask?

**“When you give alms...” (Matthew 6:2)**

- ✓ Have I been a good steward of the material things God has given me? Do I use them for his glory?
- ✓ Am I an active supporter and contributor to the work of the church and of organizations that serve the needy?
- ✓ Do I show compassion and concern for people who are poor, underprivileged, sick and suffering?

**“A clean heart create for me, God.” (Psalm 51:12)**

- ✓ Am I vigilant about what I allow into my mind? Have I indulged in pornography, lustful thoughts, indecent movies or conversations?
- ✓ Have I engaged in sexual activity outside marriage?
- ✓ Have I opened myself to the occult through activities like fortunetelling, palm reading and astrology?

**“May I never boast except in the cross of our Lord Jesus Christ” (Galatians 6:14)**

- ✓ Have I used my gift of speech to build up and not to tear down?
- ✓ Have I lied or gossiped about other people in a way that damaged their reputation?
- ✓ Do my words reveal a love for the Lord? Have I misused his name?
- ✓ Have my words led anyone into sin? What about my nonverbal communication?