

MARCH 6, 2022



# SACRED HEART SAINT FRANCIS DE SALES

ROMAN CATHOLIC CHURCH • BENNINGTON, VERMONT

## MISSION STATEMENT

Our Catholic parish family is united by God's love and our belief in the Gospel of Jesus Christ. We live and share our faith in our daily actions as a parish, as a school and as individuals.

## EUCCHARISTIC LITURGY SCHEDULE

Saturday Vigil  
4:00 PM

Sunday  
7:30 AM & 9:30 AM

Monday through Friday  
8:00 AM

First Fridays (only)  
Holy Hour & Benediction: 7:00 PM

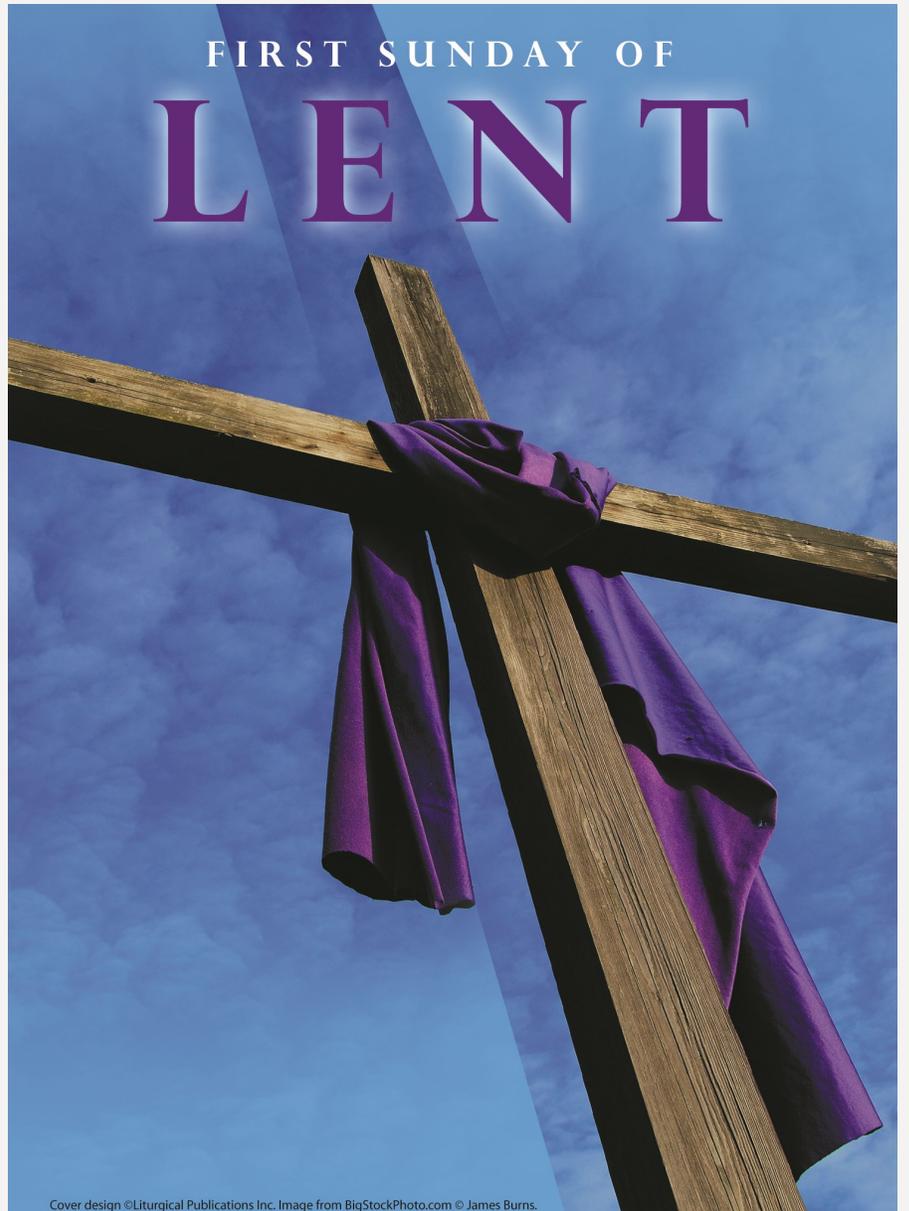
Eucharistic Adoration  
Every Friday after Mass until 8:00 PM

Reconciliation  
Saturday 3:00-3:30 PM or by appointment



Rev. Robert Wiseman, c.s.c.—Pastor  
Rev. Hugh Cleary, c.s.c.—Parochial Vicar  
Rev. Mr. Gary Zack—Deacon

The Congregation of Holy Cross Priests and Brothers have offered continuous service for over 60 years to the Diocese of Burlington and the Bennington area.



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## PARISH CENTER MAIN OFFICE HOURS

Monday through Friday  
8:30 AM—Noon & 1:00—4:30 PM  
email: [benncath@comcast.net](mailto:benncath@comcast.net)



# MASS INTENTIONS FOR THE WEEK

And Liturgical Celebrations for  
March 5 — March 13, 2022

(Numbers next to a name indicate Anniversary of death)

- Sat./Sun., Mar. 5/6 First Sunday of Lent**  
 4:00 p.m. † Russell Altland - Carol, Anthony, & Maria  
 † Len Nichols - Tom Maynard  
 7:30 a.m. † Bernadette Boutin & Children - Sister, Mary  
 9:30 a.m. † Helen (7<sup>th</sup>) & Vin Wiggin - Rita & Family
- Monday, Mar. 7 Saints Perpetua and Felicity**  
 8:00 a.m. † Norbert Maroney (22<sup>nd</sup>) - The Family  
 † Michael Edward Hogan (5<sup>th</sup>) - Sister, Sheila
- Tuesday, Mar. 8 Saint John of God**  
 8:00 a.m. † Frederick Johnson - Doris & Ron Alderman
- Wednesday, Mar. 9 Saint Frances of Rome**  
 8:00 a.m. † Rose Santarcangelo - Sasha & Leonid  
 (Living) Dimitri Garder, in honor of his  
 birthday - Mom & Dad
- Thursday, Mar. 10 Lenten Weekday**  
 8:00 a.m. Our Parish Family
- Friday, Mar. 11 Lenten Weekday**  
 8:00 a.m. † Charlotte Zack - Deacon Gary & Kathy Zack  
 † Rosemarie T. Manaloto - Friends
- Sat./Sun., Mar. 12/13 Second Sunday of Lent**  
 4:00 p.m. † Sally Letourneau - BCHS Class of 1960  
 † Dodie Ruland - Patty & Frank Babcock  
 7:30 a.m. † Jonathan Winner - Carol & Dean Winner  
 9:30 a.m. † David H. Stehle - His Daughters

*Filled with the Holy Spirit, Jesus returned from the Jordan and was led by the Spirit into the desert for forty days, to be tempted by the devil. He ate nothing during those days, and when they were over he was hungry. The devil said to him, "If you are the Son of God, command this stone to become bread." - Lk 4:1*

## Readings for the week of March 6, 2022

- Sunday: Dt 26:4-10/Ps 91:1-2, 10-11, 12-13, 14-15 [cf. 15b]/Rom 10:8-13/Lk 4:1-13
- Monday: Lv 19:1-2, 11-18/Ps 19:8, 9, 10, 15/Mt 25:31-46
- Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19/Mt 6:7-15
- Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19/Lk 11:29-32
- Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde-3, 7c-8/Mt 7:7-12
- Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8/Mt 5:20-26
- Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8/Mt 5:43-48
- Next Sunday: Gn 15:5-12, 17-18/Ps 27:1, 7-8, 8-9, 13-14/Phil 3:17—4:1 or 3:20—4:1/Lk 9:28b-36

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## Gospel Reflection

*Encouraging a deeper understanding of scripture.*

### First Sunday of Lent

One of the greatest temptations human beings face is leaving the truth of who they are, where they came from and who created them in pursuit of more personal satisfactions. When we consider all that desires our attention in a given day, there are many lures that attract us to illusions about ourselves. We can easily find ourselves distracted or tired, preoccupied with preserving our status in life, social relationships, current trends, and corporate demands, and intrigued by pursuing what we perceive to be the “path of least resistance.” The daily concerns of life can quickly take our eyes off of our truth, making the empty promises of worldly accomplishments and ideologies seem so attractive. What is at risk in giving into this temptation?

We cease giving thanks to and worshipping our Creator as we pursue our own self-sufficiency, power, and prestige. We replace the true God with a “pet” one. While many do not totally dismiss the idea of God and pretend to remain at least remotely connected, they do not invest themselves heart, mind, and soul in the relationship either. That is why we are so easily swayed. If something attractive comes along, we lunge for it. After all, having a position above and over everyone else is a good thing, isn't it? In more honest moments, many have to admit that they believe this to be true. The Evil One is very convincing. But he can only gain control if we allow him to.

About temptation, St. Basil remarks, “As the pilot of a vessel is tried in the storm, as the wrestler is tried in the ring, the soldier in the battle and the hero in adversity, so is the Christian tried in temptation.” And here is found the reason for Lent. It is a wonderful opportunity to get a handle on the attractive lures of illusion that easily captivate us and bring us off track. It is also a time for some honest reflection rooted in prayer, fasting, and selfless giving that can bring us to temptation's remedy: love. Love of his Father gave Jesus resistance. It can do the same for us.

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## Sunday Summary

**Deuteronomy 26:4-10** Moses invites all generations of Israel to remember salvation as a personal experience.

**Psalms 91:1-2, 10-11, 12-13, 14-15** With angels to guard us, we need not fear snake, lion, dragon, or any other evil.

**Romans 10:8-13** What we believe and what we profess together inform the life we live in Christ.

**Luke 4:1-13** Jesus resists the devil and all his empty promises.

“When you encounter difficulties and contradictions, do not try to break them, but bend them with gentleness and time.”

~ St. Francis de Sales



**Faith Formation Program**

*"Growing In Faith Together"*

For more information contact the parish office at 442-3141 or [shsfffaithformation@vermontcatholic.org](mailto:shsfffaithformation@vermontcatholic.org)

**You are invited to join us on Facebook – SHSF Faith Formation**



**The School of Sacred Heart  
St. Francis de Sales  
307 School Street  
Bennington, VT 05201  
Mrs. Tiffany McKenna, Principal  
802-442-2446**

*Providing excellence in academics and a deepening faith in God and Gospel Values in an environment that is caring, challenging, and respectful, striving to develop in every student the habits of thinking critically and acting responsibly in daily life.*



**Rite of Election  
Sunday, March 6**

The Rite of Election will be celebrated today at the 9:30 a.m. Mass for the following RCIA Candidates and Catechumens. Throughout the season of Lent, they will be reflecting and preparing to receive the Sacraments of Initiation at the Easter Vigil on Saturday, April 16.

- Allie Fredette (Catechumen)
- Jeffrey Inman (Candidate)
- Christy Miner (Candidate)
- John Monopoli (Candidate)
- Rachel Rogge (Candidate)
- Kelli Walczak (Candidate)



**Sunday, March 13  
6:00 p.m. — 8:00 p.m.  
St. John the Baptist Church**

**Join us next Sunday, March 13 for a Youth Group Game Night** at St. John the Baptist Church in North Bennington.

All youth, grades 8<sup>th</sup> — 12<sup>th</sup>, are welcome. Come for fun, food, fellowship, board games, ping pong, air hockey, and more!! Hope to see you there!



**12TH ANNIVERSARY  
Wintertastic Raffle  
& Fundraiser**

**CELEBRATING EDUCATIONAL EXCELLENCE**

A BENEFIT FOR THE EDUCATIONAL PROGRAMS AT  
**The School of Sacred Heart St. Francis DeSales**  
Saturday, March 26, 2022



**The School of Sacred Heart St. Francis de Sales**

Annual Wintertastic Celebration is now...

**The Wintertastic Raffle and Fundraiser!**

**Live Streamed on March 26**

**Only 500 tickets will be sold and the deadline is March 18.**

Some of the raffle items include \$1000 cash, membership at the Mt. Anthony Country Club, King or Queen natural form bed, car washes for a year with some extras, tax return courtesy of Frank Cody at Love, Cody, Inc., photography session with Samantha Lauzon, gas grill from Home Depot, gift certificates from Pembroke Landscaping, Ocean State Job Lot, and the list goes on!

Check out the full list at:

<https://sacredheartbennington.org/support/winter-auction/>

You can join the fun through sponsorships, ticket purchases, donations and prayers. See the Sponsor form on the website listed above. Tickets will be drawn randomly and the prizes will be awarded in the order they are listed. We hope you have fun with this event and THANK YOU very much.

Our sincere gratitude goes to:

**Silver Sponsors: Jason, Christine and Catherine Morrissey**

**MARCH 6, 2022**



**Please remember the sick, including ~**

Joan Charbonneau, Barbara Marino, Dottie DePollo, Donna Savoia, Jean Thomson, Joan Douglass, Mark Fortun, Kay Krawczyk, Pauline Restino, Adelaide Talbot, Kyle Dame, Charlie Buckley, Frank Babcock, Tami Greene, Robin Guertin, Nan Mears, Diane Roy, Dorothy Roy, Rene Cassano, Caleb St. John, Elaine Letourneau, Janet Sausville, Christopher Rubino, Ruth Emaish, Matthew Rubino, Gloria Van Derzee, Kenneth Swierad, Kathy Keenan, and this week we remember the residents of the Vermont Veterans' Home.



**Save the Date**

**Lenten Parish Mission**

**March 23 - 25 from 6:30 - 8:00 p.m.**

**“Eucharist: The Light of Christ’s Radiating Divine Love”**

Location: Sacred Heart St. Francis Church  
(in person and live streamed)

Includes moments of Sacred Music, Adoration, Reflections, Confession and Anointing with Saint Brother Andre Oil

**Wednesday, March 23** – “The Eucharist, Drawing Us Nearer to Divine Love” with reflections by Fr. Hugh Cleary, C.S.C.

**Thursday, March 24** – “An Evening of Divine Life and Light” with reflections from Deacon Phil Lawson

**Friday, March 25** – “Divine Healing For Our Souls and Bodies” – A Healing Mass and Anointing

**Lenten Penance Service**  
**Sunday, March 20**

Our annual Lenten Penance Service will be held on Sunday, March 20 at 3:00 p.m. in the church. This is an opportunity to celebrate the Sacrament of Reconciliation — a wonderful way to prepare for the great feast of Easter.

**Adoration Fridays in the church**  
**from 9:00 a.m. until 8:00 p.m.**

Occasionally we need a reminder about how important it is to spend some time in the presence of the Holy Sacrament. Jesus is in the Holy Eucharistic flesh and blood. This is the perfect time to bring to Him all our concerns and difficulties. His will is always for our best interests.

Hoping you will have some time to share. He loves you and wants to spend Eternity with each of us.



**Votive Candles**  
**March 2022 Intentions**

† Perpetual for Frances Bender

† Earl Alderman  
*requested by Ron & Doris Alderman*

† Theresa & Bob Long, Sr.  
*requested by their Children & Families*

**Guidelines for Lent**

The time of Lent is to be observed by Catholics as a special season of prayer, penance, and works of charity.

Ash Wednesday and Good Friday, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.

- **Fasting** – The rule of fasting states that only one full meal a day can be taken. Two small meals, “sufficient to maintain strength”, are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The rule of fasting obliges all Catholics from 18 to 59 years of age.
- **Abstinence** – refrain from the eating of meat. The rule of abstinence binds all Catholics 14 years or older.
- The **substantial** observance of the laws of fast and abstinence is a serious obligation.

Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended. Parents and teachers should see that even those who are not bound by the laws of fast and abstinence because of age, are brought up in an atmosphere that is conducive to a sense of penance.

NEWS FROM  
**The Inland See**  
March 5-11, 2022 FOR THE DIOCESE OF BURLINGTON



*The Rite of Election*  
AND CALL TO  
CONTINUING CONVERSION

SUNDAY, MARCH 6 • 3 P.M. • CATHEDRAL OF ST. JOSEPH, BURLINGTON

Trying to figure out who's who is a common human activity. We like to know who we are sharing our time with and what relationship they have to us. So it is with the Church that gathers on Sunday for Mass. Many of the faces are as familiar as our own, but as with any healthy group, new faces are to be expected and welcomed. Some of those new faces may be responding to a call to find out more about Christ and His Church. The Church opens its arms to these seekers with the wisdom and rituals of the Rite of Christian Initiation of Adults (RCIA).

People who desire to learn more about the Catholic faith and its mission fall into two main groups: catechumens and candidates. A catechumen is someone who has never been baptized, while candidates are those having already been baptized in another Christian denomination who desire to become fully initiated members of the Catholic Church. Catechumens and candidates undergo a period of formation involving a number of steps and phases. After this formation, usually at the Easter Vigil or in the Easter Season, they receive the Sacraments of Initiation: Baptism, Confirmation and Eucharist.

For these catechumens and candidates, Lent is a period of intensified spiritual preparation. At the beginning of Lent, the Diocese celebrates a special ritual: the "Rite of Election" for the catechumens and the "Call to Continuing Conversion" for the candidates. Based on the testimony given by the sponsors and catechists, Burlington Bishop Christopher Coyne will declare the catechumens to be "Elect," chosen by God for the Sacraments of Baptism, Confirmation and Eucharist at the upcoming Easter Vigil. The bishop also will recognize the desire of the already-baptized candidates for the Sacraments of Confirmation and Eucharist within the Catholic community.

All members of the faithful throughout the Diocese of Burlington are encouraged to pray for and with the catechumens and candidates this Lent, especially for the new faces you may see in your own parishes.

All are encouraged to join us for the Diocesan Rite of Election and Call to Continuing Conversion that will be celebrated on March 6 at St. Joseph Cathedral in Burlington at 3 p.m.

— *Josh Perry, Director of Worship, Diocese of Burlington*



## FIRST SUNDAY OF LENT



### HIS Pantry

*"Seeing Christ in the hungry"*

Phone Number: **442-1720**

hispantryshsf@gmail.com

HIS Pantry at SHSF

*(Facebook link)*

**Wednesdays 1:00 – 3:30 p.m.**

**Fridays 10:00 – 11:30 a.m.**

HIS Pantry is a volunteer-run parish ministry which assists those in need of food in our local community.

If you would like to become a volunteer at HIS Pantry please email hispantryshsf@gmail.com or call 802-823-0195.

#### Donations:

For those of you who would like to donate items to the pantry, we have a continued need for the following items, which the Foodbank usually does not supply:

- ◆ Peanut butter
- ◆ Toothpaste and toothbrushes
- ◆ Shampoo

Due to increased concern over the delta variant, we will be continuing to operate outside on Wednesdays and Fridays for the next few months.

We can not accept any more of the following donations: used shoes, adult diapers, books and miscellaneous household items. We are overflowing and have little space left! As the weather begins to turn cooler we are accepting warm winter coats and blankets.



### Martin Luther King Jr. Celebration

Bennington Performing Arts Center

**March 19 from 7:00 p.m. - 8:00 p.m.**

This is a FREE event with a performance by two choirs from The Mount Olive Missionary Baptist Church. Plus, the winner of the 2022 Martin Luther King High School Poster Contest will be recognized. Speakers include Grace Winslow and Dan Lucy. A free-will offering will benefit Bennington County Open Arms.

This event is organized by the Greater Bennington Peace and Justice Center and the Greater Bennington Interfaith Council.

This event will be held at The Performing Arts Center/Oldcastle Theatre located at 331 Main Street in Bennington. Participants are required to wear a mask and provide proof of vaccination.

The **Second Collection** this weekend is for our Parish School.

The **Second Collection** next weekend is for the maintenance of our church.

We thank you for your generosity!

## Come and Rest in the Lord



**Beginning on Tuesday, March 8**, we will have the first of our weekly Lenten Taize services in the church at 5:30 p.m. Taize is a village in France that is home to an ecumenical community of religious Brothers who sing, pray, fast, and perform acts of charity throughout the world. Unwind and find solace as you reach the end of your day through prayer, scripture, and song. Invite your families and friends of all faiths.



**The Pillars of Lent:** As we begin our Lenten journey, reflect on how your prayers, fasting, and almsgiving can guide you. As Pope Francis explains, these are "elements which, when lived sincerely, can transform life and provide a sure foundation for dignity and fraternity." How can practicing the Lenten pillars transform your life and the lives of our sisters and brothers around the world? Visit [crsricebowl.org](http://crsricebowl.org) to learn more.

**Hospitality:** God's Love Made Visible

### Hospitality Meeting

**Wednesday, March 9 at 1:30 p.m.**

The Hospitality Committee will meet on Wednesday, March 9 at 1:30 p.m. in the Library at the Parish Center. Parishioners interested in joining this ministry are welcome to attend.

### Women's Retreat

**April 2**

The Diocese will hold a second **Women's Retreat** on **Saturday, April 2** from 9:00 a.m. to 2:15 p.m. at Our Lady of Angels in Randolph. This will be the same retreat that was held in November, but for those who were not able to attend (especially those closer to the southern part of the state). For more information, please go to [vermontcatholic.org/event/womens-retreat-2022/](http://vermontcatholic.org/event/womens-retreat-2022/). The deadline to register is March 11.