

Saint Francis Xavier Parish

3 Saint Peter Street, Winooski, VT 05404 · (802) 655-2290

Monsignor
Richard G. Lavalley
Pastor

Reverend
Joseph Sanderson
Parochial Vicar

Saint Francis Xavier School
Eric Becker, Principal
Pre-School through 8th grade
655-2600

**Director of Faith
Formation**
Jordan Easley
503-8241

**Our Lady of
Providence**
Residential Care
Facility
655-2395

St. Francis Xavier Cares
Sharon Brown, RN
Parish Nurse
922-2958



SECOND SUNDAY OF LENT

Weekend Masses

Saturday : 4:00 PM

Sunday : 7:30, 9:00, & 11:00 AM

Weekday Masses

Monday - Friday : 8:00 AM

Confessions

Saturday 2:30 to 3:30 PM
Anytime by appointment

St. Vincent de Paul Center

Phone: 655-3006
Open 9:00 AM to 3:00 PM
Tuesdays and Wednesdays

Baptisms

Parent classes required. Please call the rectory for more information.

Marriage

Plan six months in advance.
Contact the rectory. Attend Pre-Cana classes

Registration

New parishioners and newly married couples should register by calling the rectory as soon as possible.

TELEPHONES

School	After School
655-2600	655-4660

School Website: www.SFXVT.org

NEWS FROM The Inland See

March 7–13, 2020 FOR THE DIOCESE OF BURLINGTON

PASTORAL MINISTRIES

Conference Webinar

Tuesday, March 24, 2020 + 7–8 PM

JOIN US FOR THIS ONLINE WEBINAR!

We plan to continue the discussions that started at the conference and hear from parish leaders who have implemented some of the ideas shared at the conference. Deacon Phil Lawson and Michael Hagan will host this discussion. We will also be joined by parish leaders from:

Sacred Heart St. Francis de Sales, Bennington

All Saints, Richford

Ascension, Georgia & St. Luke, Fairfax

This is an online event and registration is FREE. Simply register using the link below and you'll be able to watch our speakers (live) and interact with questions or comments — all from the comfort of your own home!

This webinar is for everyone who attended the Pastoral Ministries Conference in September and for those interested in parish leadership and ministry in our diocese.

Learn more: www.vermontcatholic.org/conferencewebinar

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VERMONTCATHOLIC.ORG/VTC



ROMAN CATHOLIC
DIOCESE OF BURLINGTON

To see more events or to submit your event to the diocesan calendar:
vermontcatholic.org/events

UPCOMING EVENTS



03|09, 16 MONDAYS

Lenten Series

Holy Family, Essex Junction • 7 - 8:30 pm

"The Journey of the Magi for Lent: A Parable, A Poem, and a Painting" presented by Fr. Richard Berube, SSE.



03|11, 18, 25 WEDNESDAYS

Lenten Mission: "Insight into The Gospels"

Saint Sylvester, Graniteville • 6 - 7 pm

Inspirational, educational, and insightful reflections on The Gospels, presented by Rev. Father John Milanese. Saint Mark on March 4, Saint Matthew on March 11, Saint Luke on March 18, and Saint John on March 25. If desired, bring your Bible and a notepad. Lent isn't just about what you give up; it is about who you become.



03|13, 20, 27, 04|03 FRIDAYS

Stations and Soup

St. Michael, Brattleboro • 5:30 - 6:30 pm

On Fridays during Lent, we will pray the Stations of the Cross, followed by soup prepared by various parish groups, served at St. Brigid's Kitchen.



03|13, 20, 27, 04|03 FRIDAYS

Lenten Soup Supper for Haiti

St. John Vianney, S. Burlington

6 - 7 pm

Join us for a modest Lenten meal, with a variety of meatless soups and lots of good fellowship. A free will donation is requested (but not required) and will go to support education and community development at our sister parish in Boc-Banic, Haiti. We will also accept donations of school supplies, which will be collected throughout Lent and shipped to Haiti later in the spring. After the meal, all are invited to stay for Stations of the Cross in the church upstairs.



03|13 FRIDAY

Reflections of the Stations of the Cross

St. Jude, Hinesburg • 7 - 8 pm

Josh Perry, Director of Worship, will be offering Reflections of the Stations of the Cross, followed by the Stations. All are welcome.



03|14 SATURDAY

Padre Pio Devotions

Holy Family, Essex Junction • 8 - 10 am

Rosary starts at 8 am followed by Mass, Special Intentions for the intercession of

Saint Padre Pio and then learning about Padre Pio's life, ministry and spiritual gifts will follow in the Holy Family Parish Hall after Mass.



03|15 SUNDAY

Pancake Breakfast

Nativity of the Blessed Virgin Mary, Swanton

8:30 am - 12:30 pm

Serving pancakes, scrambled eggs, home fries, bacon, sausage, muffins, donuts, fruits, coffee, milk & juice.



03|15 SUNDAY

Traditional Latin Mass

St. Elizabeth, Lyndonville • 5 pm

Celebrate the Traditional Latin form of the

Holy Mass every third Sunday of the month with the NEK community. The Mass will be offered by Father Brian O'Donnell, chaplain to the St. Philip Neri Latin Mass Chaplaincy in Burlington, VT.



03|17 TUESDAY

Fatima Rosary Prayer Cell

St. Mark, Burlington • 7:30 - 8:30 pm

Going deeper into Rosary Devotion to Our

Lady of Fatima with guided prayers, meditation, and Fatima reflection for each Mystery. Prayer booklets are provided. Every third Tuesday of the month, by The Blue Army.



03|19 THURSDAY

St. Joseph's Day Celebration

Cathedral of St. Joseph, Burlington

5:30 - 8 pm

The Cathedral of Saint Joseph, in partnership with the World Apostolate of Fatima — Our Lady's Blue Army — is hosting an evening of Eucharistic Adoration, Rosary for Vocations, and Mass. The traveling Virgin Pilgrim Statue of Our Lady of Fatima will be at our Cathedral from March 7-21. During this mission, we pray in a special way for the priests and seminarians of our diocese as we celebrate the Solemnity of Saint Joseph, Protector of the Church. 5:30 – 6:30 pm: Exposition and Adoration of the Blessed Sacrament; Confessions. 6:30 pm: Rosary. 7 pm: Mass for the Solemnity of Saint Joseph



03|19 THURSDAY

Theology on Tap

Church Street Tavern, Burlington • 6:30 - 8 pm

Theology on Tap is a lecture and discussion

series for young adults in their 20's and 30's, single or married. Theology on Tap provides opportunities for young adults to grow in their Catholic faith and meet like-minded people while enjoying great beer and great food! Join us on the third Thursdays of the month at Church Street Tavern in Burlington at 6:30pm.



03|20, 04|03 FRIDAYS

St. Ambrose Lenten Fish Fry

St. Ambrose, Bristol • 5 - 7 pm

Join us for all-you-can-eat fish fry. Meal

includes fried or baked haddock, French fries, coleslaw, fresh baked dinner roll, beverage and dessert. Adults \$13.50, children 9 and under \$6.50, immediate family of 5 \$38.



03|21, 22 SATURDAY & SUNDAY

Young Adult Retreat at Saint Anne Shrine

Saint Anne's Shrine, Isle la Motte • 9:30 am - 2 pm

For young adults 18-39 (out of high school). Cost: \$75, includes meals and lodging. Led by sisters from the Franciscan Sisters of the Renewal (New York). Learn more at: vermont-catholic.org/event/young-adult-retreat-saint-ann-shrine/



03|22 SUNDAY

Winooski Knights of Columbus Sunday Breakfast

Winooski Senior Center • 8 - 11 am

Buffet-style breakfast including pancakes, french toast, (with Vermont maple syrup), scrambled eggs, potatoes, bacon, sausage, coffee, hot chocolate, tea, and juice. Proceeds to benefit Catholic Formation Funds



03|21 SATURDAYS

Marriage Preparation Retreats

Blessed Sacrament, Stowe • 10 am - 5:30 pm

Spend time in prayer, sharing and fellowship

with your fiance and other engaged couples.



03|28 SATURDAY

Diocesan Catholic Men's Conference

St. Anthony, White River Jct. • 9 am - 3:15 pm

Diocesan Catholic Men's Conference featuring Guy Gruters



03|22 SUNDAY

Winooski K of C Breakfast

Winooski Senior Center • 8 - 11 am

To benefit Catholic Formation Funds. Cost: \$7/

person, children under 5 free, not to exceed \$20/family.

DIOCESE OF BURLINGTON CAREERS

Diocese: Respect Life Coordinator

*Sacred Heart / St. Francis de Sales School,
Bennington:* Administrator

*St. Joseph's Residential Care Home,
Burlington:* Full-Time LPN or Med Tech
— \$1000 Sign-On Bonus

*St. Joseph's Residential Care Home,
Burlington:* Part-Time LPN or Med Tech

*St. Joseph's Residential Care Home,
Burlington:* Full-Time LNA or Caregiver
— \$500 Sign-On Bonus

*St. Joseph's Residential Care Home,
Burlington:* Part-Time LNA or Caregiver

Vermont Catholic Charities:
Counselor Full-Time

For More Info:

vermontcatholic.org/careers



Mass Intentions for the Week

Monday March 9, 2020

- 8:00 AM Elaine Reed by Rick & Dianne Cota
- 11:00 AM Mass at OLP Chapel
- 5:30 PM Mass at Church

Tuesday March 10

- 8:00 AM Deceased Members of the Germain and Hebert Families
- 10:00 AM School Mass
- 11:00 AM Mass at OLP Chapel
- 5:30 PM Mass at Church

Wednesday March 11

- 8:00 AM Daniel Sweeney, Sr. by Family
- 11:00 AM Mary Bissonnette by Estate (OLP Chapel)
- 5:30 PM Mass at Church

Thursday March 12

- 8:00 AM Leon Sabourin by Mark & Becky Danis
- 11:00 AM Mass at OLP Chapel
- 5:30 PM Mass at Church

Friday March 13

- 8:00 AM Mass at Church
- 11:00 AM Mass at OLP Chapel
- 5:30 PM Balbina Szalkucki by Family
- 7:00 PM Stations of the Cross

Saturday March 14

- 4:00 PM Antonio Esposito by Family

Sunday March 15

- 7:30 AM Intentions of Parishioners
- 9:00 AM Doris Courville by Jackie Courville
- 11:00 AM Jerry, Elaine & Tim Bergeron by Family

Parish Support

March 1, 2020.....	\$ 5,824.00
Online Giving Offertory (45 Givers).....	\$ 2,118.00
Weekly Average (July 1st Week 34).....	\$ 8,208.96
Weekly Goal.....	\$ 8,500.00
School Support.....	\$ 2,038.00
Online Giving School (23 Givers).....	\$ 644.00

Winooski Youth Wellness & Substance Use Prevention Forum— A Community Conversation

Wednesday, March 18th from 6 to 8 PM at Winooski School District Cafeteria. Let's join together to discuss as a community how we can ensure all students get the support they need to make healthy choices. The event's program includes presentations on substance use prevention and local data, facilitated small group discussions, and identifying action-oriented next steps for the community.

The Winooski Knights of Columbus



The Winooski Knights of Columbus meet every 2nd Monday of each month at the Senior Center at 7 PM. Any man 18 years of age or older wishing to join the Knights should contact; *Grand Knight Greg Clairmont at 343-8446 or listandsellvt@gmail.com or Deputy Grand Knight Greg Bolger at 660-9044 or gbolger@ccnne.com* For additional information about the Knights of Columbus visit our web site www.wkofc.org and "like" our Facebook page at www.facebook.com/Winooskikofc2284

Knights of Columbus Sunday Breakfast

The Knights of Columbus St. Stephen's Council #2284's world famous breakfast returns on Sunday, March 22, 2020, 8:00 AM – 11:00 AM, at the Winooski Senior Center. *Charge is \$7.00 per person, maximum \$20.00 per family, children under 5 years of age complimentary.*

**"For I was hungry and you gave me food"
Matthew 25: 35-40**

Our St. Francis Xavier parish community is partnering with the new Winooski Food Shelf to help feed our neighbors in need. For the month of *March* the food shelf is in need of canned chicken, carrots, beets, peas, chowders, ramen noodles, tomato paste, garbanzo beans, spam, hash, chili, baked beans. Cereal such as Raisin Bran, Life, Honey Nut Cheerios and Fruit Loops as well as additional non-perishable food items for distribution. There is also a need for Laundry Soap and Dish Soap, as well as ketchup, mustard and mayonnaise. Shampoo and toothpaste. *Collection boxes are placed in the church vestibule and delivered to the Food Shelf each week.*

Food for the Journey

Take time to feed your soul with the food that really matters...Prayer and meditation, scripture reading, daily Mass, Adoration, the Eucharist. To assist you on your journey, pick up some CD's and books at the entrances of the church. You will find inspiring and challenging messages and meditations from outstanding Catholic speakers. Your donation for each CD or book covers our cost and will enable us to continue bringing in new titles. Have a blessed journey

St. Therese of Lisieux's Daily Offering

Oh my God! I offer You all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to His infinite merits; and I wish to make reparation for my sins by casting them in the furnace of His merciful love.

Oh my God! I ask of You for myself and for those dear to me the grace to fulfill perfectly Your holy will, to accept for love of You the joys and sorrows of this passing life, so that we may one day be united together in Heaven for all eternity. Amen.

**The CARES Catholic Network:
St. Francis Xavier
Health & Wellness Ministry**

**Compassion, Advocacy, Respite, Education,
Service**

We are three Mercy Associates who are working with the Parish Nurse to collect and redistribute medical equipment in an effort to help those in need have a better quality of life. We are seeking wheelchairs, walkers, canes, commodes, adult diapers, bed pads and other related equipment (good condition only, please).

If you have any equipment that you would like to donate of if you are in need of equipment, please call 863-8508 or 578-9920 and ask for Monique.

Ways to Grow in your Faith this LENT @ SFX

"Light of the World Retreat"

You've heard others rave about it, and now it's your turn to experience it. You are invited to a **FREE** life-changing weekend of renewal right here at St. Francis Xavier Parish. Join us Saturday and Sunday - **March 21 and 22** for weekend to grow in your faith. Register at sfxchurch.org or by forms inside the Church. For more information, call 802-503-8241, email jordan.easley@gmail.com.

"Helping Our Children Sustain Their Faith"

"The Catholic Church is hemorrhaging young people," Says Bishop Robert Barron in blunt summary of multiple studies over the past few decades. A 2016 PEW survey reported that 79% of former Catholics left the Church before the age of 23. 50% of young Americans raised Catholic no longer identify as Catholic and only 7% of them practice their faith. More troubling, the path to abandonment begins in middle school and high school. At this same time, we see an alarming rise in youth depression, loneliness, drug addiction, and suicide.

The faith and future of our next generation is at stake. Whether you're a parent, grandparent, aunt/uncle, or a concerned fellow Christian, mark your calendars now for a special three-part Lenten series,. Come for one or come for all: **Mondays - March 2nd, March 9th, and March 16th @ 6:30 PM in the SFX library.**

"Forgiven" – The Transforming Power of Confession

Join us for teaching and discussion about the Sacrament of Confession. This is a five week series, and we will be using the new online streaming tool, Formed.org. Led by Jordan Easley. **Fridays - March 6, March 13, March 20, March 27, April 3 @ 5:30 PM in the SFX Library.**

Stations of the Cross A SFX tradition as well as an ancient Christian practice: every Friday of Lent we gather to meditate on the Passion of Jesus. Meditations are led by Monsignor Lavalley as the cross processes through sanctuary at each station. **7 PM on all Fridays of Lent.**

Guidelines for Lent

- The time of Lent is to be observed by Catholics as a special season of prayer, penance and works of charity.
- Ash Wednesday and Good Friday, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.
- The rule of **fasting** states that only one full meal a day can be taken. Two small meals, "sufficient to maintain strength", are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking does not. The rule of fasting obliges all Catholics from 18 to 59.
- **Abstinence** refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 years or older.
- The **substantial** observance of the laws of fast and abstinence is a serious obligation.
- Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.
- Parents and teachers should see to it that, even those who are not bound by the laws of fast and abstinence because of age, are brought up in an atmosphere that is conducive to a sense of penance.

Coming: The Christ Our Hope Campaign

The Campaign will raise funds to help our parish realize its vision and provide endowment funding for faith formation efforts and Catholic Charities emergency services throughout the state. *Our parish will take part in the campaign beginning this spring. We are currently looking for people to be a part of our campaign team. You will receive training and be asked to attend a couple of brief meetings. Your primary focus as a volunteer is to visit with other parishioners about the campaign and help them complete their commitment cards.* If you are interested Please contact Diane Potvin at 655-2290 or email dspotvin@vermontcatholic.org.

A Gift For You

Our parish has just subscribed to an amazing resource called **formed.org**. This is a faithfully Catholic website that offers HUNDREDS of movies, documentaries, Bible studies, sacrament studies, books, and audio teachings. If you like the lighthouse Catholic media CDs, then imagine having all of those resources at your fingertips in audio and video. You can sign up for this on your smartphone, tablet, smart TV, or your home computer. Just go to **formed.org** (or download the app) click the "sign up as part of a parish" button, type in Saint Francis Xavier, and enter your name and email. That's all you have to do to have all of these FREE resources at your finger tips.

If you need help signing up, then please call the parish office 655 -2290 or contact Jordan Easley, 802-503-8241.