

Saint Francis Xavier Parish

3 Saint Peter Street, Winooski, VT 05404 · (802) 655-2290

Monsignor
Richard G. Lavalley
Pastor

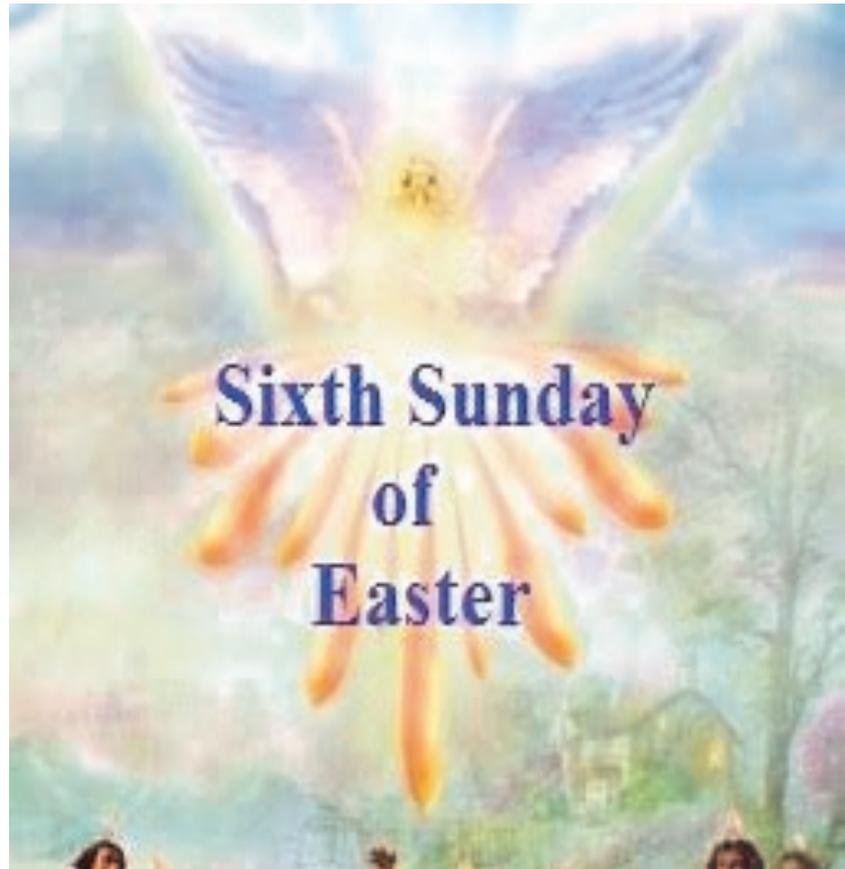
Reverend
Joseph Sanderson
Parochial Vicar

Saint Francis Xavier School
Eric Becker, Principal
Pre-School through 8th grade
655-2600

**Director of Faith
Formation**
Jordan Easley
503-8241

**Our Lady of
Providence**
Residential Care
Facility
655-2395

St. Francis Xavier Cares
Sharon Brown, RN
Parish Nurse
922-2958



Weekend Masses

Saturday : 4:00 PM

Sunday : 7:30, 9:00, & 11:00 AM

Weekday Masses

Monday - Friday : 8:00 AM

Confessions

Saturday 2:30 to 3:30 PM
Anytime by appointment

St. Vincent de Paul Center

Phone: 655-3006
Open 9:00 AM to 3:00 PM
Tuesdays and Wednesdays

Baptisms

Parent classes required. Please call the rectory for more information.

Marriage

Plan six months in advance.
Contact the rectory. Attend Pre-Cana classes

Registration

New parishioners and newly married couples should register by calling the rectory as soon as possible.

TELEPHONES

School	After School
655-2600	655-4660

School Website: www.SFXVT.org

NEWS FROM The Inland See

May 9–14, 2020

FOR THE DIOCESE OF BURLINGTON

VCC continues to connect with people in need

Vermont Catholic Charities is continuing to serve persons and families in need even during the Covid-19 pandemic and its travel, work and gathering restrictions. “Vermont Catholic Charities is committed to serving people in our community during this difficult time,” said Mary Beth Pinard, executive director of Vermont Catholic Charities. “Our office is still open, but we are making some temporary changes due to the Covid-19 virus.”

The Emergency Aid Program continues to operate, including parish referrals. “We know individuals and families need help and we want to do what we can,” Pinard said. Clients can call the office’s telephone line and give information over the phone. Emergency aid coordinators in Rutland and South Burlington will contact clients and get necessary information using technology.

Vermont Catholic Charities staff has seen many clients impacted by Covid-19. Among them were Molly and Jimmy who have a 10-year-old daughter and were excited to welcome a new baby. Unexpectedly, Molly lost her job due to the pandemic while Jimmy’s hours were reduced substantially. They were out of fuel and could not afford a delivery so Catholic Charities helped them secure a prompt delivery of fuel and assisted with a food/essential household gift card.

Tom is a single father of two teenagers. He works fulltime

and does not receive food assistance. His sons are now home full-time, and they ran out of basic food items before his next paycheck. Catholic Charities provided a food card to hold them over until the next paycheck.

“The immediate increase in requests appear to be food and rent related,” Pinard said. “People who have abruptly lost their jobs are very worried about trying to keep up with their essential bills (housing, heat, utilities) while they are also

coming up short for food and household items (diapers, cleaning supplies, hygiene items).”

In addition to emergency assistance, Vermont Catholic Charities continues to provide counseling services. “Our counselors are continuing to meet with clients remotely via phone or videoconference call,” Pinard said.

For counseling services, call 802-658-6111.

One of the Catholic Charities counselors, Sharon

Trani, did a webinar on “How to Stay Calm in the Midst of the Unknown.” It is available on the diocesan website (vermontcatholic.org/spiritualresources).

Vermont Catholic Charities’ eldercare homes in Burlington, Rutland and Derby Line are in full operation.

To donate to the Bishop’s Annual Appeal that supports Vermont Catholic Charities, go to bishopsappealvt.org

VTC • Cori Fugere Urban



— Daniel Romero, Unsplash photo



Diocese of Burlington *Online Ministry Opportunities*

May 10–16, 2020

Mass, Adoration, Rosary, and the Office of the Dead

Daily (Monday – Friday)	8 AM	<i>Eucharistic Adoration</i> (30 min) — Livestream — www.vermontcatholic.org/tvmass
Daily (Monday – Friday)	11:15 AM	<i>Live Rosary</i> — with Valerie Parzyck — www.facebook.com/DioBurlington
Daily (Monday – Friday)	12:05 PM	<i>Mass</i> — Livestream — www.vermontcatholic.org/tvmass
Sunday	10 AM	<i>Mass</i> — Livestream — www.vermontcatholic.org/tvmass
Office of the Dead will be livestreamed on www.facebook.com/DioBurlington , and also available on www.vermontcatholic.org/spiritualresources .		
	8 AM	Office of the Dead, Morning Prayer
Friday, May 15	4 PM	Office of the Dead, Evening Prayer
	8 PM	Office of the Dead, Night Prayer

Online Ministries

Daily	Posted at 9 AM	Bishop Coyne’s Daily Reflections — www.facebook.com/DioBurlington and www.vermontcatholic.org/about/office-of-bishop/dailyreflections/
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For the below offerings, we encourage people to register. Find the event on our diocesan calendar (www.vermontcatholic.org/events) and sign up, or contact mhagan@vermontcatholic.org. All events are FREE. Some of these will also be live-streamed on the diocesan Facebook page (www.facebook.com/DioBurlington).

Monday, May 11	7:30 PM	Praying with the Scriptures (30 min) — Michael Hagan
Tuesday, May 12	10:30 AM & 7 PM	Encountering Jesus Bible Study (30 min) — Deacon Phil Lawson
	10 AM	Communication & Stewardship Webinar (60min) — Ellen Kane & Alayna Masker
Wednesday, May 13	3 PM	Family Fun! Quiz Game (30-40 min) — Terri McCormack & Michael Hagan
	4 PM	Forming Young Disciples Today: The 4 Areas of Formation — Bill Gavin & Eric Gallagher
Thursday, May 14	7 PM	Theology on Tap (for young adults 21-35) — Fr. Mathew Rensch & Bill Gavin
Friday, May 15	3 PM	Parenting with Grace, Part 2 — Bill Gavin

DIOCESE OF BURLINGTON CAREERS

Diocese: Respect Life Coordinator
The Loretto Home, Rutland: Director of Nursing – \$7,500 Sign-on Bonus!
Sacred Heart / St. Francis de Sales School, Bennington: Administrator

St. Joseph’s Residential Care Home, Burlington: Full-Time LNA or Caregiver — \$500 Sign-On Bonus

St. Joseph’s Residential Care Home, Burlington: Full-Time LPN or Med Tech — \$1000 Sign-On Bonus

St. Joseph’s Residential Care Home, Burlington: Part-Time LNA or Caregiver

St. Joseph’s Residential Care Home, Burlington: Part-Time LPN or Med Tech

St. Joseph’s Residential Care Home, Burlington: Maintenance Supervisor

St. Joseph’s Residential Care Home, Burlington: Night Shift Caregiver

For More Info:
www.vermontcatholic.org/careers



Mass Intentions for the Week

A private Mass is held each day for the following intentions and for parishioners

Monday May 18, 2020

Paul Lamontagne *by Wife*
NO Mass at OLP Chapel

Tuesday May 19

Jane Shepard *by Family*
Mary Bissonnette *by Estate*
NO MASS at OLP Chapel

Wednesday May 20

Paul Lamontagne *by Family*
NO Mass at OLP Chap

Thursday May 21

Leon Sabourin *by Family*
NO Mass at OLP Chapel

Friday May 22

Evelyn Yandow, 7th Anniv. *By Family*
NO Mass at OLP Chapel

Saturday May 23

Balbina Szalkucki *by Family*

Sunday May 24

Guy DeVarney *by Family*
Ernest Courville *by Jackie Courville*
Intentions of Parishioners

PARISH SUPPORT

May 10,2020.....	\$ 4,494.00
Online Giving Offertory (65 Givers).....	\$ 2,621.00
Weekly Average (July 1st Week 45).....	\$ 7,724.40
Weekly Goal.....	\$ 8,500.00

Thank you for your continued support...

Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you my prayers, works, joys, and sufferings of this day for all the intentions of your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, for the salvation of souls, the reparation of sins, the reunion of all Christians, and in particular for the intentions of the Holy Father this month. Amen

(Written in 1844 by Fr. Francois-Xavier Gautrelet: found in Catholic Household

The Winooski Knights of Columbus



The Winooski Knights of Columbus meet every 2nd Monday of each month at the Senior Center at 7 PM. Any man 18 years of age or older wishing to join the Knights should contact;

Grand Knight Greg Clairmont at 343-8446 or listandsellvt@gmail.com or Deputy Grand Knight Greg Bolger at 660-9044 or gbolger@ccnne.com For additional information about the Knights of Columbus visit our web site www.wkofc.org and "like" our Facebook page at www.facebook.com/Winooskikofc2284

Knights of Columbus Sunday Breakfast

The Knights of Columbus St. Stephen's Council #2284's world famous breakfast CANCELLED. Will be back in October 2020. Thank you for your support.

"For I was hungry and you gave me food"

Matthew 25: 35-40

Our St. Francis Xavier parish community is partnering with the new Winooski Food Shelf to help feed our neighbors in need. For the month of *April* the food shelf is in need of canned chicken, carrots, beets, peas, chowders, ramen noodles, tomato paste, garbanzo beans, spam, hash, chili, baked beans. Cereal such as Raisin Bran, Life, Honey Nut Cheerios and Fruit Loops as well as additional non-perishable food items for distribution. There is also a need for Laundry Soap and Dish Soap, as well as ketchup, mustard and mayonnaise. Shampoo and toothpaste. *Collection boxes are placed in the church vestibule and delivered to the Food Shelf each week..*

While the Church remains closed your donations may be dropped off at: J & J Market 12 Malletts Bay Ave. or at Commodities Market on Winooski Falls Way.

Food for the Journey

Take time to feed your soul with the food that really matters... Prayer and meditation, scripture reading, daily Mass, Adoration, the Eucharist. To assist you on your journey, pick up some CD's and books at the entrances of the church. You will find inspiring and challenging messages and meditations from outstanding Catholic speakers. Your donation for each CD or book covers our cost and will enable us to continue bringing in new titles.

Have a blessed journey

St. Therese of Lisieux's Daily Offering

Oh my God! I offer You all my actions of this day for the intentions and for the glory of the Sacred Heart of Jesus. I desire to sanctify every beat of my heart, my every thought, my simplest works, by uniting them to His infinite merits; and I wish to make reparation for my sins by casting them in the furnace of His merciful love.

Oh my God! I ask of You for myself and for those dear to me the grace to fulfill perfectly Your holy will, to accept for love of You the joys and sorrows of this passing life, so that we may one day be united together in Heaven for all eternity. Amen.

The Act of Contrition As Meditation

By
Mary J. Joachim

How many times in our life have we said The Act of Contrition? More than likely not a day goes by that we don't recite this prayer. We bring our sins and lay them before the throne of God with our sorrow and determination to repent while asking God for forgiveness and mercy. Have we ever just sat down and meditated on each phrase of the Act of Contrition? We all know how the Act of Contrition begins. "O my God." It doesn't begin with, our God or our Father. No, this is my God and it is personal. I have committed an offense against my God, my creator.

Next comes, *I am heartily sorry for having offended Thee*. How do I manifest my sorrow to God and how have I offended Him? In the depths of my soul I understand that I am sorrowful. Did I commit an offense against another human being? Have I ever made someone cry intentionally or unintentionally? Have I ever cut someone off in traffic? Have I ever screamed in anger? There are many ways in which we hurt other people, which in turn is an offense against my God. Did I go to the person I hurt with remorse in my heart? Did I hold them in my arms? Did we cry together? How did I handle this offense after I apologized? Did I run to God and say an Act of Contrition with remorse in my heart? Did I seek out the Sacrament of Reconciliation where God waits for me with His tender love, mercy and peace?

And I detest all my sins because I dread the loss of Heaven and the pains of Hell. But most of all because they offend Thee my God. These two sentences should give me pause. They can be difficult. I can ask myself if I detest my sins or have they become a way of life? Have certain behavior become so commonplace to me that it seems normal? I can answer that I do detest my sins as I struggle everyday toward conversion trying with all my might to change my behavior. If I don't dread the loss of Heaven or don't give it much thought then I am in serious trouble. Heaven has to be my destination. God is expecting me there. I am not going to live on this Earth forever. At some point my address is going to change and I will be living my eternal life. Where will this final address be? Two things, I can't ignore that Satan and Hell exist and I can't take Heaven for granted. I have to work toward achieving Heaven by accepting God's graces and striving to love and to keep God's commandments.

Who art all good and deserving of all my love. How does this line speak to me? My God is all good and He can't be anything else. Is it easy to picture someone who is all good when we live in this world filled with Satan's lies? I look at myself and wonder who am I but a fragile sinner? My objective is to always do what is right but my human nature keeps getting in the way. How does my God feel about me, a sinner? He loves me in all my human, weakened nature. However, is there any vice or material possession or any one person that I love more that gets in the way of loving my God?

I firmly resolve with the help of thy grace to sin no more and to avoid the near occasions of sin. Now I need to ask myself if this will be an impossible task or will I accept every grace that God sends my way? Every urging from the Holy Spirit will reach deep into the recesses of my soul. In turn I will run away from the near occasions of sin.

I will keep trying and say yes to God upon rising each morning because I love God. I will ask Our Lady for help and I will recite my rosary. I will read scripture. The one thing I can't do is get discouraged. If I do, I will never get up again and try. Like the song says, "I have to pick myself up. Brush myself off and start all over again."

Yes, to begin again we need to take ourselves to a quiet place where we won't be distracted. As we perform an examination of conscience we need to be honest and not gloss over those points that tend to bother us. Satan will be there right by our side chipping away at our pride trying to convince us that these are not really sins. Why are you so worried about sinning against God he'll say? He wants us to stay away from the Sacrament of Reconciliation.

When is the last time we visited the Sacrament of Reconciliation? Do we ever stand in long lines for concert tickets or wait in line for a movie we are just dying to see? If we can do these things and not complain, then we can start a revolution by standing in long lines for the Sacrament of Reconciliation. Just think when we walk into this little room to confess our sins, God is there with open arms and He has a big heart filled with forgiveness, love, and mercy. What happens after we have confessed our sins? God completely forgets about them. We walk out beginning a new life free from those sins we brought into the confessional. How about it? Let's begin the revolution.

Mary J. Joachim has written for the Vermont Catholic Tribune, the Eagle, The Social Justice Review and Fun For Kidz. She is the author of *St. Anne Shrine: A Sanctuary For Healing and Peace*. And one of her greatest joys is being grammie to Owen, Gabby and Wyatt.

A Gift For You

Our parish has just subscribed to an amazing resource called **formed.org**. This is a faithfully Catholic website that offers HUNDREDS of movies, documentaries, Bible studies, sacrament studies, books, and audio teachings. If you like the lighthouse Catholic media CDs, then imagine having all of those resources at your fingertips in audio and video. You can sign up for this on your smartphone, tablet, smart TV, or your home computer. Just go to **formed.org** (or download the app) click the "sign up as part of a parish" button, type in Saint Francis Xavier, and enter your name and email. That's all you have to do to have all of these FREE resources at your finger tips.

If you need help signing up, then please call the parish office 655-2290 or contact Jordan Easley, 802-503-8241.

Walking with Moms in Need

Pregnant and parenting moms in need are in our parishes and our neighborhoods. Pope Francis reminds us that our parishes need to be "islands of mercy in the midst of the sea of indifference." Everyone in our SFX community should know where to refer a pregnant woman in need. Beginning March 25, 2020 the Church will celebrate the 25th anniversary of Pope John Paul II's encyclical *Evangelium Vitae*; a document reaffirming the Church's teaching on the value of every human life. This anniversary gives us the opportunity as a parish to join a nationwide effort from March 25, 2020-March 25, 2021 entitled "*Walking with Moms in Need: A Year of Service*". We invite all parishioners to join us as we embark on this *Year of Service*. For more information and to ensure you receive news and updates please contact Valerie Parzyck at (802) 658-6110 x 1131 or email vparzyck@vermontcatholic.org.