

Saint Francis Xavier Parish

3 Saint Peter Street, Winooski, VT 05404 · (802) 655-2290

Monsignor
Richard G. Lavalley
Pastor

Reverend
Joseph Sanderson
Parochial Vicar

Saint Francis Xavier School
Eric Becker, Principal
Pre-School through 8th grade
655-2600

**Director of Faith
Formation**
Jordan Easley
503-8241

**Our Lady of
Providence**
Residential Care
Facility
655-2395

St. Francis Xavier Cares
Sharon Brown, RN
Parish Nurse
922-2958



*God did not give us a spirit of cowardice but
rather of power and love and self-control. So
do not be ashamed of your testimony to our
Lord.*

*Conversion of St. Paul the Apostle
January 25th*

Weekend Masses

Saturday : 4:00 PM

Sunday : 7:30, 9:00, & 11:00 AM

Weekday Masses

Monday - Friday : 8:00 AM

Confessions

Saturday 2:30 to 3:30 PM
Anytime by appointment

St. Vincent de Paul Center

Phone: 655-3006
Open 9:00 AM to 3:00 PM
Tuesdays and Wednesdays

Baptisms

Parent classes required. Please call the rectory for more information.

Marriage

Plan six months in advance.
Contact the rectory. Attend Pre-Cana classes

Registration

New parishioners and newly married couples should register by calling the rectory as soon as possible.

TELEPHONES

School **After School**
655-2600 **655-4660**

School Website: www.SFXVT.org

NEWS FROM The Inland See

January 23–29, 2021

FOR THE DIOCESE OF BURLINGTON

Social justice best served by 'choosing to build strong and loving relationships'

This article originally ran in the Winter 2020 Issue of Vermont Catholic.

“Social justice” is often considered to be physical acts of mercy, such as providing food and housing, promoting racial equality and making employment opportunity available. And indeed serving the most vulnerable among us is vital to living out our faith.

But Catholic social justice and teaching encompass much more.

Our Church has a rich treasure of wisdom and writings regarding social justice. There are three major principles of social justice that particularly relate to therapy and counseling work:

- 1. Life and dignity of the person**, often stated to be the foundation of all the principles of social teaching.
- 2. The call to family**, community and participation, seeking together the common good and wellbeing of all.
- 3. Solidarity**, pursuit of justice and peace, recognizing others as our brothers and sisters, building relationships.

I suggest that social justice is best served by choosing to build strong and loving relationships, first within our families and then spreading out locally and globally. We are made to be in union with God and one another; our very beings yearn for connection, to be known and loved and respected. Choosing to love ourselves and others, giving and forgiving, and forging deep, abiding relationships is the basis for a just society.

Recognizing the dignity of every person is integral to shaping how we perceive ourselves and those around us. We are all equal in our worth and value, regardless of ability, race, ethnicity, faith, age, struggles and viewpoints.

And then we choose to take care of relationships within our families, friendships and communities. We choose to see our own needs and desires and at the same time take care of the needs of others as best we can, especially considering the emotional and relational yearnings of ourselves, our spouses,

children, friends and neighbors (next door and across the sea). We choose to make sacrifices in order to respect and connect with the other. We offer calming and peaceful words in order to understand and be understood. We recognize that authentic dialogue is more important than winning the fight. We look on the other with compassion. We make time for meaningful and safe conversation. We avoid name-calling, over-generalizations, negative filters and all-or-nothing thinking.

We all deserve fairness, reliability, loyalty and respect, and we owe these to others as well. When we make dialogue and connection a priority, the physical acts of justice and serving the poor become a natural outpouring toward those around us, whether that be our family, friends or neighbors. The joy and satisfaction that we find in building relationships and becoming community will fuel ever-increasing acts of justice.

— *Sharon Trani, Therapist for Vermont Catholic Charities Inc.*



ROMAN CATHOLIC
DIOCESE OF BURLINGTON

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CHRIST OUR

Hope

BUILDING A VIBRANT CHURCH



Christ Our Hope Campaign *Update*

To learn more or make a gift visit: christourhopevt.org.

40%

As of Jan. 12: \$4,041,430

Goal: \$9,582,456

Upcoming Events



01|26, 27 TUESDAY AND WEDNESDAY
Learn About Walking with Purpose at The Art of Creating Community: A Virtual Event

via Zoom • 7 pm or 11 am

Do you have a heart for other women and a desire to bring them together in the parish... to meet women where they are and help draw them closer to Christ? This online Zoom information session will introduce you to Walking with Purpose, a women's Catholic Bible study program now offered at over 400 parishes throughout the US. For more information please contact Elizabeth.Durastanti@walkingwithpurpose.com. 917-714-8015

Register: walkingwithpurpose.com/events/



01|27 WEDNESDAY
Family & Faith in the Home

via Zoom • 8 - 9:30 pm

Parents are invited to attend this interactive webinar sponsored by the Diocese of Manchester with guest speakers Mike and Alicia Hernon of the Messy Family Project. The topic is "Evangelizing Your Children."

Register: vermontcatholic.org/event/family-faith-in-the-home/



01|31 SUNDAY
Envision Life

via Zoom • 6 - 8 pm

Join us for a virtual pro-life event live-streamed from Saint John Vianney Church in S. Burlington. The evening will begin with prayer and adoration and will be followed by two presentations, by Molly Sheahan, Associate Director for Respect Life Advocacy at Maryland Catholic Conference and Krista Corbello, Founder of Even This Way.

Register: vermontcatholic.org/event/envision-life/



02|07 SUNDAY
Marriage Day Mass with Bishop Coyne

Cathedral of St. Joseph in Burlington • 10 am

Join Bishop Coyne for a special Mass to honor and celebrate sacramental marriages with significant anniversaries (e.g. 5, 10, 15, 20...55, 57) in 2021. Given the health restrictions this year, there will be a limit of 20 couples to be recognized in person at this Mass. Couples can bring up to 6 family members with them (a total of 8). Registrations will be accepted through January 28, 2021.

Register: vermontcatholic.org/event/marriage-day-mass-with-bishop-coyne-2/



JAN. 24-30, 2021

**CHALLENGES
TO GROW
YOUR
MARRIAGE**

TAKE TIME TO THINK BACK TO YOUR WEDDING DAY.

Share with each other one memory that made you laugh or cry and explain why. What advice would you give couples who are preparing for marriage this year? Share your advice with Terri McCormack at tmccormack@vermontcatholic.org.

vermontcatholic.org/marriagechallenge

CHRIST OUR

Hope

2020 BISHOP'S ANNUAL APPEAL



Thank you to all those who have made a gift already. We are more than 20% behind our goal and ask those that can to please consider making a gift. You can make a gift online: vermontcatholic.org/donate

100%

2020 Bishop's Annual Appeal Goal: \$2,651,157

81%

As of January 12, 2021: \$2,157,355



Monday	January 25, 2021
8:00 AM	Ricardo Serrano by Deacon Tom McCormick & Robin McCormick
5:30 PM	Mass at Church
Tuesday	January 26
8:00 AM	Bob Jodoin by His Sister Janet Hatin
5:30 PM	Matthew Esposito by Family
Wednesday	January 27
8:00 AM	In Honor of St. Joseph for Favor Granted
5:30 PM	Elizabeth Read by Sheila Cort-Desrochers
Thursday	January 28
8:00 AM	Paul Lamontagne by Wife
5:30 PM	Clifford Gendreau by Tom & Ann Hubbard
6 to 7 PM	Adoration of the Blessed Sacrament
Friday	January 29
8:00 AM	Betsy Cain Nelson by Courtney Brown
5:30 PM	Deceased Members of the Daigle Family By Tom & Ann Hubbard
Saturday	January 30
4:00 PM	Edith Ashline by George & Patricia Ashline
Sunday	January 31
7:30 AM	Intentions of Parishioners
9:00 AM	Clemence Bergeron by Jane & John Wysolmerski
11:00 AM	Deceased Members of the Raymonde Family

PARISH SUPPORT

January 17, 2021.....	\$ 3,981.00
Online Giving Offertory (69 Givers).....	\$ 2,371.00
Weekly Average (July 1st Week 29).....	\$ 7,818.52
Weekly Goal.....	\$ 8,500.00
Fuel Collection.....	\$ 372.00
Online Giving Fuel (13 Givers).....	\$ 314.00

Thank you for your continued support

Act of Faith:

O my God, I firmly believe that You are one God in three Divine Persons, the Father, the Son, and the Holy Spirit. I believe in Jesus Christ, Your Son, who became man and died for our sins, and who will come to judge the living and the dead. I believe these and all the truths which the Holy Catholic Church teaches, because You have revealed them, who can neither deceive nor be deceived. Amen

Act of Love:

O my God, I love You above all things, with my whole heart and soul, because you are all-good and worthy of all my love. I love my neighbor as myself for love of You. I forgive all who have injured me, and I ask pardon of all whom I have injured. Amen

The Winooski Knights of Columbus



The Winooski Knights of Columbus meet every 2nd Monday of each month at the Senior Center at 7 PM. Any man 18 years of age or older wishing to join the Knights should contact;

Grand Knight Greg Clairmont at 343-8446 or listandsellvt@gmail.com or Deputy Grand Knight Greg Bolger at 660-9044 or gbolger@ccnne.com For additional information about the Knights of Columbus visit our web site www.wkofc.org and "like" our Facebook page at www.facebook.com/Winooskikofc2284

"For I was hungry and you gave me food"

Matthew 25: 35-40

Our St. Francis Xavier parish community is partnering with the new Winooski Food Shelf to help feed our neighbors in need. This parish is an extremely valuable partner in providing the consistent donations of food to the many people coming for assistance. The WFS is grateful for your sustained commitment of providing donations each week. Cookie donations were especially appreciated as we were able to provide all families with cookies at Thanksgiving and at Christmas. **The Food Shelf is in need of tomato paste, soup, canned meals such as hash, stew, baked beans, chili, as well as additional non- perishable food items for distribution.**

Collection boxes are placed in the church vestibule and delivered to the Food Shelf each week.

Your donations may also be dropped off at: J & J Market 12 Malletts Bay Ave. or at Commodities Market on Winooski Falls Way.

A Message of Encouragement

As we move into these uncertain winter months, I want you to know that we at Saint Francis Xavier are here for you. We miss you. We invite you to come back to Mass if you have been away, even if it is one of our weekday Masses with fewer people present. If you are unsure about attending Sunday Masses during this time of pandemic, simply call the rectory, and I or a minister in the Church will meet you at the church to offer Holy Communion. I am also available to celebrate the Sacrament of Reconciliation or the Anointing of the Sick. For Catholics, the Sacraments are instituted by Christ to give us grace. Pope Francis reminds us that Communion is not a reward for good behavior but medicine for the sick. We all need Christ's help during these difficult times. Take time out each day for your own prayer. Pray as a family before meals. Watch Mass online if you don't feel safe coming to Mass, and join in the online offerings that our parish and diocese offer. I am here for you and pray daily for you. This is my duty and blessing for me as a parish priest.

God Bless,

Monsignor Lavalley and Father Sanderson

Daily Rosary Apostolate

The Diocese continues to offer a daily Rosary online. Individuals from around the diocese have been joining **Valerie Parzyck** in leading each day. Interested? Here's the details:

"I would love it if you would schedule a time with me to record a Rosary. What does that look like exactly? It's very simple! You email me with convenient times for you and once it is scheduled I will send you a link to Zoom for the appointed time. You may choose to show your face or, if you'd prefer, I can show slides for each mystery while we pray. If this is something you would like to participate in, *please* contact me. You can email me with a time that works for you and we can schedule it.

Please email me at vparzyck@vermontcatholic.org"

Christ Our Hope:

Building a Vibrant Church

We have begun the **CHRIST OUR HOPE** campaign that will benefit both our parish and the entire Catholic Church in Vermont. The campaign will build up our diocese through vibrant parishes, strengthening our faith formation efforts and serving the poor.

This will be an important campaign to not only implement the pastoral priorities identified in the recent Diocesan Synod but help rebuild our parishes and communities that were affected by COVID-19 pandemic.

To date our parish has contributed \$ 99,406.00

Any one whom has not received giving material for Christ Our Hope Campaign please call the rectory 655-2290 or pickup after Mass.

Thank you for your generous support.

Christ to the Homebound

Please contact the rectory if you or a loved one are homebound and would like to receive Holy Communion at home. We are excited to renew this ministry.

Our Choir Music

Our Choir Music is available to you. We have CD's for \$5.00
Led By Faith,
Behold the Lamb of God,
Heaven's Answer.

**OUR LADY OF PERPETUAL HELP
RADIO**

Tune to 105.5 FM
24 hours a day/7 days a week

**RESOLVE TO GROW
SPIRITUALLY IN 2021**

The New Year brings with it the tradition of making resolutions for self improvement in 2021. Along with those resolutions to eat more vegetables or less sweets, don't forget about resolving to improve one's spiritual life! Here are a few ideas:

Attend Mass during the week, not just on

Sunday. Add a daily Mass or two to your routine. A 100% guaranteed way to grow closer to God.

Read a good book! We have complimentary copies of Mother Teresa's "Do Something Beautiful for God" and Matthew Kelly's "I Heard God Laugh" available at all entrances of the Church for your enrichment. Bonus: Mother Teresa gives us an idea each day for ways to love God!

Make an Examen of Conscience each evening before going to bed.

A Jesuit professor in college once told me that this is the single most important thing one can do to grow spiritually. Below is a "daily examen" 5 step process by Fr. Mark Thibodeaux, SJ.

MAKING A DAILY EXAMEN

1. Give thanksgiving.

I begin by giving God thanks for all the things I'm grateful for today.

2. Ask for the Spirit.

I ask God to fill me with his Spirit to lead me through this difficult soul searching for the day's failures.

3. Review and recognize failures.

I look back at my day and ask the Lord to point out to me the moments when I have failed in big ways or small.

4. Ask for forgiveness and healing.

If I have sinned, I ask God to forgive me and set me straight again. If I have not sinned but simply made a mistake, I ask for healing of any harm that might have been done. I ask for help to get over it and move on. I also ask for wisdom to discern how I might better handle such moments in the future.

5. Pray about the next day.

I ask God to show me how tomorrow might go. I ask for help with any moments I foresee that might be difficult. I especially ask for help in moments when I might be tempted to fail in the way I did today.

FORMED

FORMED is an online platform providing Catholic content movies, children's shows, bible studies, etc., from Catholic organizations & individuals. Please make use of this resource. Go to formed.org and sign up as a parishioner. Enter "Saint Francis Xavier Church" for the parish name. Make sure you select Saint Francis Xavier Church, Winooski VT. Enjoy!