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Cover

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We would like to extend a warm welcome to all of our new parishioners!

Website: http://seaspcfl.org/

Church, Rectory Office, **School & Ministry Center**

4600 Belle Terre Pkwy. Palm Coast, FL 32164 Phone: (386) 445-2246 • Fax: (386) 445-7808

School: (386) 445-2411

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(after hours ONLY)

Mission Chapel

St. Stephen's Chapel 2400 E. Highway 100, Bunnell, FL 32110

Church Hours 7:00 a.m. – 4:00 p.m. Monday – Friday

Rectory Office & Ministry Center 9:00 a.m. to 4:00 p.m. Monday – Friday Closed Good Friday and National Holidays



"Your Gift Today is Our Treasure for Tomorrow"

The wearing of face masks is optional (per new CDC guidance), and safe distancing is no longer required.

Thank you God bless!

January 29

Offertory...... .\$22,150.50 Online Giving.... .\$4,064.00 School Support.....\$3,141.00 Total.....\$29,355.50

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All restrictions have been lifted related to COVID-19 in our parishes. Parishioners are asked to take the necessary precautions they feel most comfortable with for their own health and safety.

Masses

Monday - Friday 7 am and 8:30 am Saturday 8:30 am and 4 pm Vigil

> Sunday 8, & 10 ám and 12 noon.

St. Stephen

6 pm Saturdays

5 pm Sundays

Spanish Mass Sunday 5 pm.

Portuguese Mass:

First and third Saturdays at 6 pm

Office Hours

Monday - Thursday 9:00- 4:00 pm **Fridays** 9:00-1:00 Church is open 7-4pm

Sacrament of Reconciliation

Saturday- 2:45-3:45pm Sunday-30 minutes before Mass & by appointment

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From the desk of Fr. Jose Panthaplamthottiyil

Beyond What We Know

George Ivanovich Gurdjieff (1866-1949) was a philosoin Armenia, which was then part of the erstwhile Russian Empire, he was fluent in Armenian, Russian, Turkish, and Greek. As a young man, Gurdjieff traveled to Central Asia, Egypt, Iran, India, Tibet, and Rome in search of knowledge and wisdom. Based on these extensive travels, he wrote *Meetings with Remarkable Men*. A British Film company produced a movie based on this book in 1979.

According to Gurdjieff, most people have no self-awareness and live in a hypnotic "waking sleep." They live as if they are machines. However, he teaches that people can achieve a higher state of consciousness by uniting body, emotions, and mental functions. As observed by Gurdjieff, there are three ways of selfdevelopment practiced by people.

While the fakir deals with the physical body, the monk mostly deals with emotions, and the yogi concentrates on the mind. After outlining these three ways of selfdevelopment, he proposes a Fourth Way that will help the person to work in harmony with his body, emotions, and mind.

Gurdjieff had many disciples, including Pyotr Ouspensky (1878-1947), who became famous as a philosopher and writer. Once when Ouspensky visited his master, he said, "I have a few questions to ask you." Immediately, Gurdjieff handed him a sheet of paper and said, "Before we talk, kindly write down the things you know. Then we will talk about the things that you do not know. There is no need to talk about the things you know. However, if we talk about the things that you do not know, perhaps it will be of help to you."

Ouspensky took that paper and went to another room to write as instructed by his master. However, as he started writing, he could not proceed as several questions came to mind. "Do I know God?" Ouspensky asked himself. "No, I don't," he heard himself saying. "Do I know anything about my soul?" he asked. "No, not really," he heard himself saying. He sat there for an hour, asking himself questions repeatedly but could not write anything down.

He returned to Gurdjieff and said, "Forgive me, master. I was under the misunderstanding that I knew a lot. However, the fact is, I know very little, if at all I know anything." "Then how did you write so many famous books," Gurdjieff asked. "That is not relevant anymore. I was under the magic spell of what I had learned. But when you

asked me to write down what I do not know, I realized pher who excelled as a mystic and spiritual teacher. Born how ignorant I am. When I used a large number of words to write my books, I thought I was a storehouse of information. But the fact is, I really don't know anything." "If that is the case, then you deserve to learn since you have realized your ignorance," said Gurdjieff.

> Was Ousepenski an ignoramus as he confessed to Gurdjieff? Not at all. On the contrary, he was an outstanding scholar knowledgeable about many things. His books testify that he was indeed a scholar. However, when asked to write a list of things he didn't know, he was amazed at the depth of his ignorance. He knew the knowledge he had amassed over the years was nothing compared to what he still had to learn.

> We often consider ourselves to be well-educated and knowledgeable about many things. We may have learned a lot and amassed much knowledge and wisdom over the years. However, we must acknowledge that our knowledge is limited, and we still have to learn a lot. Even if we are highly educated and knowledgeable about most things under the sun, the whole universe is still a mystery to us, and we haven't fathomed the secrets of even one percent of the things we see with our eyes!

Even if we combine the knowledge amassed by the human race ever since its appearance on planet earth, it will not equal the knowledge of one percent of the things in this world. Our limited knowledge is about the things that can be studied or observed in the universe. But there is so much in this universe that can't be studied or observed easily because many mysteries of the universe are hidden from the reach of human intellect.

According to the American historian Daniel J. Boorstin ((1914-2004), "The greatest enemy of knowledge is not ignorance; it is the illusion of knowledge." We may not consider ourselves as the source of all knowledge and wisdom. However, we may tend to behave as if we know it all. Very often, it creates all kinds of problems in our

The Irish literary giant Bernard Shaw (1856-1950) once wrote, "Beware of false knowledge; it is more dangerous than ignorance." Sometimes people spread false information for selfish reasons, and many people become their victims. That is why we need to be careful to avoid inaccurate information. Even if we know a lot, let us have the awareness that there is so much more to be learned and that we are nothing but beginners in the field of knowledge. This awareness will help us remain humble and seek more knowledge and wisdom.



Funny Stories



Mr. Television: In the early days of television, the popular Jewish comedian Milton Berle was considered "Mr. Television." Bishop Fulton Sheen also had a popular television show called "Life is Worth Living." When Bishop Sheen won an Emmy Award for "the most outstanding television personality," Berle graciously congratulated him. Sheen, just as graciously, gave credit to his writers, saying: "I just have better writers than you do, Milton – all nice Jewish boys – Matthew, Mark, Paul and John." – Msgr. Arthur Tonne via Bishop Paul J. Bradley Kalamazoo, MI

A Messianic Jewish wit: Consulting editor Steve Feldman of Jefferson City, MO, is a Messianic Jewish wit who has a traveling humor ministry called "Messianic Joy Ministries." " When I announced to my congregation that the Lord had called m e o u t o f t h e pastoral ministry into a traveling ministry, they all stood and sang, 'What a Friend We Have in Jesus," Feldman recalls. "It hurt my feelings a little bit, but I got over it."- Joyful Noiseletter



Desde el Escritorio del Pastor, Padre Jose Panthaplamthottiyil

Más Allá de Lo Que Sabemos

George Ivanovich Gurdjieff (1866-1949) fue un filósofo que se destacó como místico y maestro espiritual. Nacido en Armenia, que entonces formaba parte del antiguo Imperio Ruso, hablaba con fluidez Armenio, Ruso, Turco y Griego. Cuando era joven, Gurdjieff viajó a Asia Central, Egipto, Irán, India, Tíbet y Roma en busca de conocimiento y sabiduría. Basado en estos extensos viajes, escribió *Meetings with Remarkable Men*. Una compañía cinematográfica Británica produjo una película basada en este libro en 1979.

Según Gurdjieff, la mayoría de las personas no tienen conciencia de sí mismas y viven en un "sueño despierto" hipnótico. Viven como si fueran máquinas. Sin embargo, enseña que las personas pueden alcanzar un estado superior de conciencia al unir el cuerpo, las emociones y las funciones mentales. Como observó Gurdjieff, hay tres formas de autodesarrollo practicadas por las personas.

Mientras que el faquir se ocupa del cuerpo físico, el monje se ocupa principalmente de las emociones y el yogui se concentra en la mente. Luego de esbozar estas tres vías de autodesarrollo, propone una Cuarta Vía que ayudará a la persona a trabajar en armonía con su cuerpo, emociones y mente.

Gurdjieff tuvo muchos discípulos, incluido Pyotr Ouspensky (1878-1947), quien se hizo famoso como filósofo y escritor. Una vez, cuando Ouspensky visitó a su maestro, le dijo: "Tengo algunas preguntas que hacerte". Inmediatamente, Gurdjieff le entregó una hoja de papel y le dijo: "Antes de que hablemos, tenga la amabilidad de escribir las cosas que sabe. Luego hablaremos de las cosas que no sabe. No hay necesidad de hablar de las cosas que sabe". Sin embargo, si hablamos de las cosas que no sabes, tal vez te sea de ayuda".

Ouspensky tomó ese papel y se fue a otra habitación a escribir según las instrucciones de su maestro. Sin embargo, cuando comenzó a escribir, no pudo continuar porque le surgieron varias preguntas. "¿Conozco a Dios?" se preguntó Ouspensky. "No, no lo hago", se escuchó decir a sí mismo. "¿Sé algo acerca de mi alma?" preguntó. "No, en realidad no", se oyó decir a sí mismo. Se sentó allí durante una hora, haciéndose preguntas repetidamente, pero no podía escribir nada.

Regresó a Gurdjieff y le dijo: "Perdóname, maestro. Tenía el malentendido de que sabía mucho. Sin embargo, el hecho es que sé muy poco, si es que sé algo". "Entonces, ¿cómo escribiste tantos libros famosos?", preguntó Gurdjieff. "Eso ya no es relevante. Estaba bajo el hechizo mágico de lo que había aprendido. Pero cuando me pediste que escribiera lo que no sé, me di cuenta de lo ignorante que soy. Cuando

usé una gran cantidad de palabras para escribir mis libros, pensé que era un almacén de información. Pero el hecho es que realmente no sé nada". "Si ese es el caso, entonces mereces aprender ya que te has dado cuenta de tu ignorancia", dijo Gurdjieff.

¿Era Ousepenski un ignorante como le confesó a Gurdjieff? Para nada. Por el contrario, fue un destacado erudito conocedor de muchas cosas. Sus libros testifican que en verdad era un erudito. Sin embargo, cuando se le pidió que escribiera una lista de cosas que no sabía, se sorprendió de la profundidad de su ignorancia. Sabía que el conocimiento que había acumulado a lo largo de los años no era nada comparado con lo que aún tenía que aprender.

A menudo nos consideramos bien educados y conocedores de muchas cosas. Es posible que hayamos aprendido mucho y acumulado mucho conocimiento y sabiduría a lo largo de los años. Sin embargo, debemos reconocer que nuestro conocimiento es limitado y todavía tenemos mucho que aprender. Incluso si somos muy educados y tenemos conocimientos sobre la mayoría de las cosas bajo el sol, el universo entero sigue siendo un misterio para nosotros, iy no hemos descifrado los secretos de ni siquiera el uno por ciento de las cosas que vemos con nuestros ojos!

Incluso si combinamos el conocimiento acumulado por la raza humana desde su aparición en el planeta tierra, no igualará el conocimiento del uno por ciento de las cosas en este mundo. Nuestro conocimiento limitado es sobre las cosas que se pueden estudiar u observar en el universo. Pero hay tanto en este universo que no se puede estudiar u observar fácilmente porque muchos misterios del universo están ocultos del alcance del intelecto humano.

Según el historiador Americano Daniel J. Boorstin ((1914-2004), "El mayor enemigo del conocimiento no es la ignorancia; es la ilusión del conocimiento". Puede que no nos consideremos la fuente de todo conocimiento y sabiduría. Sin embargo, podemos tender a comportarnos como si lo supiéramos todo, lo que muy a menudo crea todo tipo de problemas en nuestra vida.

El gigante literario Irlandés Bernard Shaw (1856-1950) escribió una vez: "Cuidado con el conocimiento falso; es más peligroso que la ignorancia". A veces, las personas difunden información falsa por razones egoístas y muchas personas se convierten en sus víctimas. Es por eso que debemos tener cuidado para evitar información inexacta. Aunque sepamos mucho, tengamos la conciencia de que hay mucho más por aprender y que no somos más que principiantes en el campo del conocimiento. Esta conciencia nos ayudará a permanecer humildes y buscar más conocimiento y sabiduría.



Historias Graciosas



Mr. Television: En los primeros días de la televisión, el popular comediante Judío Milton Berle era considerado "Mr. Television". El Obispo Fulton Sheen también tuvo un popular programa de televisión llamado "La Vida Vale La Pena". Cuando el Obispo Sheen ganó un premio Emmy por "la personalidad televisiva más destacada", Berle lo felicitó amablemente. Sheen, con la misma amabilidad, dio crédito a sus escritores y dijo: "Simplemente tengo mejores escritores que tú, Milton, todos buenos muchachos Judíos: Matthew, Mark, Paul y John". – Mons. Arthur Tonne a través del obispo Paul J. Bradley Kalamazoo, MI

Un ingenio Judío Mesiánico: Steve Feldman, editor de Joyful Noiseletter Consulting de Jefferson City, MO, es un ingenio Judío Mesiánico que tiene un ministerio de humor itinerante llamado "Messianic Joy Ministries". "Cuando anuncié a mi congregación que el Señor me había llamado del ministerio pastoral a un ministerio itinerante, todos se pusieron de pie y cantaron: 'Qué amigo tenemos en Jesús'", recuerda Feldman. "Me hirió un poco los sentimientos, pero lo superé".

Do Escritório do Padre José Panthaplamthottivil



Para além do que sabemos

se destacou como um professor místico e espiritual. Nascido na Arménia, que fazia então parte do império Russo, era fluente em Arménio, Russo, Turco e Grego. Quando jovem, Gurdjieff viajou para a Ásia Central, Egipto, Irão, Índia, Tibete e Roma em busca de conhecimento e sabedoria. Baseado nestas extensas viagens, escreveu Encontros com Homens Notáveis. Uma companhia de cinema britânica produziu um filme baseado neste livro em 1979.

De acordo com Gurdjieff, a maioria das pessoas não têm auto-consciência e vivem num hipnótico "sono acordado". Vivem como se fossem máquinas. No entanto, ele ensina que as pessoas podem alcançar um estado mais elevado de consciência, unindo o corpo, as emoções e as funções mentais. Como observado por Gurdjieff, existem três formas de auto-desenvolvimento praticadas pelas pessoas.

Enquanto o fakir lida com o corpo físico, o monge lida principalmente com emoções, e o yogi concentra-se na mente. Depois de delinear estas três formas de autodesenvolvimento, ele propõe uma Quarta Maneira que ajudará a pessoa a trabalhar em harmonia com o seu corpo, emoções e mente.

Gurdjieff teve muitos discípulos, incluindo Pyotr Ouspensky (1878-1947), que se tornou famoso como filósofo e escritor. Uma vez, quando Ouspensky visitou o seu mestre, disse-lhe: "Tenho algumas perguntas para lhe fazer." Imediatamente, Gurdjieff entregou-lhe uma folha de papel e disse: "Antes de falarmos, escreva aqui as coisas que sabe. Então falaremos sobre as coisas que não sabe. Não há necessidade de falar sobre as coisas que sabe. No entanto, se falarmos sobre as coisas que não sabe, talvez o ajude.'

Ouspensky pegou no papel e foi para outra sala para escrever como foi instruído pelo seu mestre. No entanto, quando começou a escrever, não conseguiu prosseguir, uma vez que várias perguntas lhe vieram à cabeça. conheço Deus?" Ouspensky perguntou a si mesmo. "Não, não conheço", ouviu-se a dizer. "Se eu sei alguma coisa sobre a minha alma?", Perguntou. "Não, na verdade não sei", ouviu-se a dizer. Sentou-se lá por uma hora, fazendo perguntas a si mesmo repetidamente, mas não podia escrever nada.

Voltou a Gurdjieff e disse: "Perdoe-me, mestre. Pensei que eu sabia muito. No entanto, a verdade é que eu sei muito pouco, se na verdade sei alguma coisa. "Então como é que escreveste tantos livros famosos", perguntou Gurdjieff. "Isso já não é relevante. Estava sob o feitiço mágico do que tinha aprendido. Mas quando me pediu para escrever o que não sei, apercebi-me de como sou ignorante. Quando usei um grande número de palavras para escrever os meus

George Ivanovich Gurdjieff (1866-1949) foi um filósofo que livros, pensei que era um armazém de informação. Mas a verdade é que eu realmente não sei nada. "Se for esse o caso, então mereces aprender já que percebeste a tua ignorância", disse-lhe Gurdjieff.

> Ousepenski era um ignorante quando confessou a Gurdjieff? De modo algum. Pelo contrário, era um notável estudioso conhecedor de muitas coisas. Os seus livros testemunham que ele era, de facto, um sábio. No entanto, quando lhe pediram para escrever uma lista de coisas que não sabia, ficou espantado com a profundidade da sua ignorância. Sabia que o conhecimento que tinha acumulado ao longo dos anos não era nada comparado com o que ainda tinha de aprender.

> Muitas vezes consideramo-nos bem educados e conhecedores de muitas coisas. Podemos ter aprendido muito e acumulado muito conhecimento e sabedoria ao longo dos anos. No entanto, temos de reconhecer que o nosso conhecimento é limitado e ainda temos de prender muito. Mesmo que sejamos altamente educados e conhecedores da maioria das coisas no mundo, todo o universo ainda é um mistério para nós, e nem sequer imaginamos os segredos de um por cento das coisas que vemos com os nossos olhos!

Mesmo que combinemos o conhecimento acumulado pela raça humana desde o principio do planeta Terra, não será igual ao conhecimento de um por cento das coisas neste mundo. O nosso conhecimento é limitado sobre as coisas que podem ser estudadas ou observadas no universo. Mas há tanta coisa neste universo que não pode ser estudada nem observada fácilmente porque muitos mistérios do universo estão escondidos do alcance do intelecto humano.

De acordo com o historiador Americano Daniel J. Boorstin (1914-2004), "O maior inimigo do conhecimento não é a ignorância; é a ilusão do conhecimento." Podemos não nos considerar como a fonte de todo o conhecimento e sabedoria. No entanto, comportamo-nos como se soubessemos tudo. Muitas vezes, isso cria todo o tipo de problemas na nossa vida.

O gigante literário Irlandês Bernard Shaw (1856-1950) escreveu uma vez: "Cuidado com o falso conhecimento; é mais perigoso do que a ignorância. As vezes as pessoas espalham informações falsas por razões egoístas, e muitas pessoas tornam-se suas vítimas. É por isso que temos de ter cuidado para evitar informações imprecisas. Mesmo que saibamos muito, tenhamos a consciência de que há muito mais para aprender e que não somos mais do que principiantes no campo do conhecimento. Esta consciência ajudar-nos-á a permanecer humildes e a procurar mais conhecimento e sabedoria.



Histórias Engraçadas



Sr. Da Televisão: Nos primeiros dias da televisão, o popular comediante Judeu Milton Berle era considerado 'Sr. Da Televisão". O Bispo Fulton Sheen também tinha um popular programa de televisão chamado "A Vida vale a pena viver". Quando o Bispo Sheen ganhou um Emmy pela "personalidade televisiva mais notável", Berle felicitou-o graciosamente. Sheen, igualmente graciosamente, deu crédito aos seus escritores, dizendo: "Só tenho melhores escritores do que tu, Milton – todos eles rapazes Judeus –

Mateus, Marcos, Paulo e João." Msgr. Arthur Tonne via Bispo Paul J. Bradley Kalamazoo, MI

Um humor judaico: O editor da *Joyful Noiseletter* Consulting, Steve Feldman, de Jefferson City, MO, é um cómico Judaico messiânico que tem um ministério de humor itinerante chamado "Messianic Joy Ministries". "Quando anunciei à minha congregação que o Senhor me tinha tirado do ministério pastoral para um ministério itinerante, todos eles se levantaram e cantaram: "Que amigo temos em Jesus'", disse Feldman. "Magoou-me um pouco os meus

Sunday Readings Explained-186- Fr. Tony Kadavil



_Fifth Sunday in Ordinary time, Isaiah 58:7-10; I Corinthians 2:1-5; Mathew 5: 13-16

Be Traces of Salt and Candles of Light

Introduction

The common theme of the readings today is our mission to the world as salt and light. In our first reading, the prophet Isaiah gives examples of how we are to allow the light of God to shine through us: "Share your bread with the hungry, sheltering the oppressed and the homeless; clothing the naked when you see them, and not turning your back on your own. Then light shall rise for you in the darkness, and the gloom shall become for you like midday" (58:7, 10). The refrain for today's Responsorial Psalm (Ps 112), reminds us, "The just man is a light in the darkness to the upright." The verses explain that "light" as graciousness, mercy, and justice in dealing with other people.

St. Paul, in the second reading, tells us that our proclamation of Faith will carry the Spirit and His power when we rely on the power and wisdom of God. Using two simple metaphors in today's Gospel, Jesus outlines the role of Christians in this world. The Christian's task is to be the salt of society, preserving, reconciling, adding flavor, giving meaning where there is no meaning and giving hope where there is no hope. Every Christian needs to reflect the light borrowed from Christ and radiate that light in the form of love, kindness, mercy, forgiveness, and humble service.

First Reading, Isaiah 58:7-10

The exiles who returned from Babylon had hoped for a quick restoration of their beloved capital Jerusalem, but completion of that project was frustratingly slow. The people wondered why their suffering was so prolonged, and the prophet Isaiah told them that the main problem Pagans, as well as Jews and God-fearers believed the was their unwillingness to share God's blessings with others. Hence, the prophet gives examples of how they were to allow the light of God to shine through them: "Share your bread with the hungry, sheltering the oppressed and the homeless; clothing the naked when you see them, and not turning your back on your own. Then light shall rise for you in the darkness, and the gloom shall become for you like midday" (58:7,

10). The Prophet Isaiah speaks in terms of justice and compassionate care for the weak, needy, and vulnerable because it is through them that the very goodness of God is revealed, and the disciple's light will shine like the dawn.

Alleviating the suffering of the oppressed and tending to the needs of others are the activities which produce light. It is by avoiding malice and by comforting the afflicted, that we enable others to see and experience the light of the Lord's favor. Today's Gospel also reminds us of our duty to become salt and light and tells us that the best means to do so is by sharing our blessings sacrificially with others. The Responsorial Psalm corroborates this, saying "The just person is a light in darkness to the upright." The psalmist's assertion, "The Lord is my light," is echoed in Jesus' words "I am the Light of the world; the man who follows me will have the Light of Life."

Second Reading, I Corinthians 2:1-5

St. Paul learned the lesson from his experience in Athens that his human eloquence did not help his missionary work. Hence, in Corinth Paul says that he chose not to rely on human eloquence, "so that your Faith might rest, not on human wisdom, but on the power of God." So, Paul started preaching only on Christ crucified in Corinth and instructed the intellectuals in Corinth to learn the lesson of self-sacrifice from the crucified Christ. When Paul persisted in preaching Jesus as the suffering Savior, the unexpected happened.

message and found their lives transformed by a new, liberating power, which broke the stranglehold of selfishness and vice and purified them from within. St. Paul's experience teaches us that when we start doing good to others, even if it costs us suffering and death, it will demonstrate God's Spirit and power, and we will become the salt of the earth and the light of the world that Jesus challenges us to become in today's Gospel.

Gospel Reading, Mathew 5: 13-16

Salt of the earth: In the ancient world salt was highly valued. The Greeks called salt divine, and the Romans said, "There is nothing more useful than sun and salt." The English word "salary" literally means "salt money." In the time of Jesus, salt was connected in people's minds with three special qualities.

(i) Salt was connected with purity because it was white and it came from the purest of all things, the sun and the sea. Salt was the most primitive of all offerings to the gods. Jewish sacrifices were offered with salt. The Orientals made their oaths with salt to ratify them. They believed that it was the salt that kept the seas pure. As the "salt of the earth," the Christian must be an example of purity, exercising absolute purity in speech, in conduct, and even in thought. God calls His children to preserve and purify. The Church is to preserve modesty (1 Tm 2:9), morality (Ephesians 5:3-12), honesty, and integrity (John 8:44-47).

You

Light

Of the world.

Matthew 5:14a NASB

(ii) Salt was the commonest of all preservatives in the ancient world when people did not have fridges and freezers. It was used to prevent the putrefaction of meat, fish, fruits, and pickles. As the salt of the earth, the Christian must have a certain antiseptic influence on life and society, defeating corruption and making it easier for

others to be good. Christians are to be a preserving influence to retard moral and spiritual spoilage in the world. "As the salt of the earth, you are called to preserve the Faith which you have received and to pass it on intact to others. Your generation is being challenged in a special way to keep safe the deposit of Faith." (Youth Day- 2002 Message by Pope St. John Paul II).

(iii) Salt lends flavor to food items. Job declares, "food without salt is a sadly insipid and even a sickening thing" (Job 6:6-7). One of the main functions of salt is to season food, to give it taste and flavor. This image reminds us that, through Baptism, our whole being has been profoundly changed, because it has been "seasoned" with the new Life which comes from Christ (cf. Rom 6:4). 'The salt which keeps our Christian identity intact even in a very secularized world is the grace of Baptism" (Youth Day- 2002 Message by Pope St. John Paul II). Christianity lends flavor to life, although people think the opposite about us. In a worried and depressed world, the Christian should be the one man who remains full of the joy of life, conveying it to others.

It is our duty to make the world palatable (bearable), not just to others but also to God so that He can, so to speak, continue to bear with it, in spite of its "distasteful" wickedness. To be the salt of society also means that we are deeply concerned with its wellbeing. We have to preserve the cultural values and moral principles Jesus has given us, and in this way to make a contribution to the development of cultural and social life. Thus, we will be adding flavor to the com-

mon life. As salt seasoned and preserved food, and as it kept a fire burning uniformly in an oven for a longer time, the disciples were to improve the tone of society ("season" it), preserve the Faith, and extend the fire of the Spirit through their evangelization efforts. **Are we insipid salt?** Jesus went on to say that, if salt became insipid, it was fit only to be thrown out and trodden on by men. Usually salt does not lose its flavor and its saltiness. But when mixed with impurities, salt can lose its ability to enhance flavor. We, too, might lose our ability to be a "flavoring agent" for the world if we allow "impurities" into our lives (1 Corinthians 15:33). Therefore, we need to keep ourselves free from sin (Ephesians 5:3-7). Blocks of cow dung, mixed with salt and other animal manure and dried in the sun, served as fuel for outdoor ovens in the time of Jesus. When the fuel paddies were lit in an oven, the mixed-in salt would help the paddies burn longer, with a more even heat. When the family spent the salt-dung block, they would throw it out onto the road to harden a muddy surface.

As the salt of the earth, the Christians keep the fire of Faith alive even under stress. If Christian "salt" loses its "flavor," its "uselessness" invites disaster. As a Christian, one is not fulfilling one's purpose if one does not bring to life the purity, the antiseptic power, and the flavor of salt, for then one invites disaster. In former times, if one, Jewish or Christian, did fail, then repented, one suffered the fate of the repentant and returned apostate

Jew in the Jewish community, or the repentant apostate in the early Church. As penance for this sin, one had to lie across the door of the synagogue or Church and invite people to trample upon one as they entered. Today, there is a new, non-irritating, brand of Christianity around. It is without offense and without effect. Ah, but dear friends, Jesus didn't call us to be the "sugar of the world." He called us to be the "salt of the earth."

Light of the world: The metaphor of light is often used in the Bible. The Jews spoke of Jerusalem as "a light to the Gentiles." But Jerusalem does not produce its own light. It is God who lights the lamp of Israel. Moreover, Jerusalem, a city on a mountain top, cannot hide its light. At the start of his ministry, St. Matthew portrays Jesus as the fulfillment of Isaiah's prophecy, namely, that he is 'the great light' that will disperse the shadow of death and the darkness of sin, that have enveloped the world. When Jesus commanded his followers to be the light of the world, he demanded nothing less than that they should be like him, the One who is the Light of the world. "As long as I am in the world, I am the Light of the world" (Jn 9:5).

Christ is the "true" or "original" Light (Jn 8:12). Citizens of the kingdom are simply "luminaries" reflecting the One True Light, just as the moon reflects the light of the sun (2 Cor 4:6). The radiance which shines from the Christian comes from the presence of Christ within the Christian's heart as the radiance of a 'radiant bride' comes from the love in her heart. Christians are to be torchbearers in a dark world. We should not try to hide the light which God has lit in our lives. Rather, we

should let it shine so that others may see our Graceborn good deeds and praise God for them. St. Paul exhorts the Christians in Philippi "to be blameless and innocent in the midst of a crooked and perverse generation, among whom you shine like lights in the world" (Phil 2: 15).

Role of Christians as Christ's light of the world. (i) A light is something which is meant to be seen. (The lamp in Palestine was like a sauce-boat full of oil with a wick floating in it. When people went out, for safety's sake, they took the lamp from its stand and put it under an earthen bushel measure, so that it might burn without risk until they came back). Christians must be visible like a "city" on a hilltop and a lamp on a "lamp stand." Jesus therefore expects His followers to be seen by the world (Jn 13:35; 17:21).

In addition, they must radiate and give light. "Let your light shine before men" (Mt 5:16). By this metaphor Jesus means that our Christianity should be visible in the ordinary activities of the world, for example, in the way we treat a shop assistant across the counter, in the way we order a meal in a restaurant, in the way we treat our employees or serve our employer, in the way we play a game or drive or park a motor car, in the daily language we use, in the daily literature we read.

(ii) A lamp or light is a guide to make clear the way. So then, a Christian must make the way clear to others. That is to say, a Christian must of necessity be an example. "The light which Jesus speaks of in the Gospel is the light of Faith, God's free gift, which enlightens the heart and clarifies the mind. It is the God who said, 'Let Light shine out of darkness,' Who has shone in our hearts to give the light of the knowledge of the glory of God on the face of Christ' (2 Cor 4:6).

Our personal encounter with Christ bathes life in new Light, sets us on the right path, and sends us out to be his witnesses." (Youth Day message by Pope St. John Paul II). It is the Christian's duty to take a stand which the weaker brother will support, to give the lead which those with less courage will follow. The world needs its guiding lights. There are people waiting and longing for a leader to take a stand and to do the thing which they do not dare by themselves.

iii) A light can often be a warning light. A light is often the warning which tells us to halt when there is danger ahead. It is sometimes the Christian's duty to bring to his fellowmen a necessary warning. If our warnings are given, not in anger, not in irritation, not in criticism, not in condemnation, but in love, they may be effective.

iv) Light exposes everything hidden by darkness. (Note John 3:19; 1 Corinthians 4:5; Ephesians 5:8–11). When our teens, baptized and confirmed, get pregnant and do drugs at the same rate as the general teenage population; when our marriages end in divorce at the same rate as the rest of society; when we cheat in business, or lie, steal, and cheat on our spouses at the same statistical level as those who say they are not Christians -- something is wrong. Let us pause for a moment and ask ourselves whether we are carrying the Light which can be seen, the Light which warns, the Light which guides. These are the Lights which God shines through our

Christian living.

Life Messages

1. We need to act as salt and light by sharing in Christ's ministry as priest, prophet, and king. As priest, Christ offered a sacrifice of love to the Father. What sacrifices of love do we offer to the Father? We can offer our married, single, or family life, work, outreach to others, and even relaxation, along with our prayers and sufferings, to God. We can offer them at any time, but the best time is at Mass when we offer ourselves with Christ to the Father. As prophet, Christ proclaimed the Good News of salvation. He also calls us to evangelize others (both fellow-Catholics and non-Catholics), by word and example, at home and at work. We bear witness most effectively when others see the difference Christ has made in our lives, shining through us as the Light which can be seen, the Light which warns, and the Light which guides.

Finally, as King, Christ became servant to all through His Self-giving. He also calls us to give of ourselves so the workplace and the home may become more humane. He calls us to serve in our parishes so they can grow and become more alive. He calls us to integrate our Christian Faith into our daily lives so that our service may be His service to others. Doing all this, we make a difference as Christians when we offer ourselves to God, when we proclaim the Good News in word and example, and when we serve others. God calls us to worship, to witness, and to give of ourselves.

2. We need to live our short lives as traces of salt and candles of light: It only takes a sprinkling of salt to transform a dull and tasteless piece of meat. Just a little salt transforms everything. Just a pinch of soul-salt will add flavor to the lives of hundreds, or even thousands. Just as salt acts as a preservative and adds flavor to food, so the exemplary lives of Christians lend flavor to life by helping people to live correctly and by keeping society wholesome. Just a little light empties the world of darkness. With a little Faith and love we can light up a big social area. Does that encourage us? It should. We may think we're insignificant – and in a way we are – but with a little bit of Christ's Light, we become a veritable lighthouse, illuminating the way for many.

This Christ-light removes the darkness caused by hatred, spite, fear, and jealousy. Our good deeds and actions reflect the image of Jesus, the light of the world. We can speak with kindness and respect, we can value ourselves, we can tell the truth, and we can use our talents. We can listen and talk, we can engage in dialogue, and we can come to know people of different ethnic backgrounds, people with different lifestyles and sexual preferences, people of other Faiths and people of no Faith—and this will bring the light of Christ to illumine and change the world. Salt is a hidden but powerful influence. Light is a visible and revealing influence.

Jesus tells us that we are not only to be the salt of the earth but also the light of the world. We are called to make a visible, tangible impact on the world around us. Does our life make a difference? It should. Jesus said we are to be salt and light. Does our life make a difference? It can, if we surrender ourselves to Christ. Does our life make a difference? If we live for Him, it will!

Sponsored by the SEAS Ladies Guild

in Seton Hall

All proceeds to benefit SEAS Church
Friday, Feb. 17 and Saturday Feb.18

Doors open at 5pm - Dinner at 6pm

Sunday, Feb. 19 Matinee

Doors open at 1pm - Dinner at 2pm



Join us for dinner and fun show featuring songs from the fifties, the sixties and seventies. Audience participation is encouraged. Tickets available after all Masses and at the Rectory for a donation of \$35.00

For more information call Sarah at 386-986-9775



Retrouvaille Marriage Weekend Retreat

The Retrouvaille Marriage Retreat is an intensive marriage-changing weekend that offers help and hope for couples that want to transform their marriage in the face of challenging circumstances. If you have grown apart, are struggling to connect, or are facing a marital crisis, Retrouvaille can help you learn to rediscover each other.

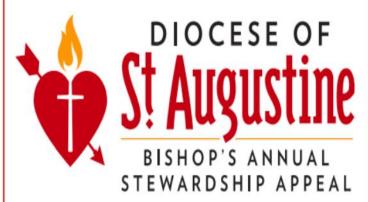
The registration deposit for the upcoming Retrouvaille Marriage Retreat is only \$350 per couple. Final weekend costs are determined by the number of couples attending and a voluntary donation is requested from each couple on the weekend. Program costs are affordable and financial assistance is available.

Reconnect with Your Spouse – Renew Your Intimacy – Rediscover Your Love! The Retrouvaille program has helped thousands of couples worldwide to get their marriages back on track.

Jacksonville Retrouvaille Marriage Retreat - Marywood Retreat Center - February 17-19, 2023 Visit HelpOurMarriage.org to Register for an Upcoming Jacksonville/North Florida Retrouvaille Weekend Retreat or Call 904-662-8604 for Additional Information

2023 Bishop's Annual Stewardship Appeal

Our Bishop's Annual Stewardship Appeal (BASA) is now underway. You may have already received a mailing from Bishop Pohlmeier, asking for your support and participation. Please prayerfully consider a pledge to the Appeal using the response card mailed to you or by completing a commitment envelope at Mass the weekend of February 18-19. Our annual theme, "Perfect in Generosity" reminds us that our faith community is made up of a network of parishes. Bishop Pohlmeier invites each of us to join together in support of the beautiful mission of our Church, as we are all called to be good stewards of what we have been gifted with. Please prayerfully respond to this year's Annual Appeal with a gift of any amount. The generosity expressed through this critical effort has been so inspiring, especially in a year that has seen so much need.



National Marriage Week-Feb. 7-14

This is an opportunity to reflect and rejoice in the beautiful gift of life and love given to us in the sacrament



The Daring Beauty of Marital Fidelity, Feb.11

Bishop Erik Pohlmeier, with Ron and Kathy Feher, present a day of inspiration and reflection for married couples that dives into the meaning of the wedding vows and explores how to courageously live out this promise of fidelity with the support of God's grace in the sacrament. The event will be held at Blessed Trinity Catholic Church on Saturday, February 11 from 10:00 AM to 4:00 PM with time for adoration and a boxed lunch provided. The cost is \$35 per couple and \$20 for individuals and scholarship opportunities are available. Register at family.dosafl.com or contact familylife@dosafl.com for more information.



😝 SEAS School News 😝







Celebrating Catholic Schools Week



No Borders For Hope

Drive-Through Mobile Pantry FREE FOOD

When: Saturday, February 11th Time: 10:30 AM - 12:30 PM





Please contact the parish office if you have changed your phone number or address (especially if you have changed from a landline to a cell phone) to update your info in our files.

It is important to have current information on file in the event of an emergency. Thank you.

Rosary Maker Ministry Highlights 2022

- Shipped 14,150 rosaries throughout the world.
- Gave 100 rosaries to SEAS First Communicants.
- Distributed 100 rosaries during the Fatima Processions, 80 rosaries at the Fall Festival, 450 blue rosaries to the Franciscan Sisters for Blessed Mary's Sept. 8 birthday.
- Approximately 250 rosaries are on display monthly in a corner of the Gathering Space for voluntary
- Shipped 450 rosaries for the first time to Cuba

This is all made possible through the selfless acts of the rosary makers. Join us on Mondays at 9:30am in the Rectory Meeting Room.

"Unique Boutique"

Best of The "Nearly New" Thrift Store Clothing, Purses, and Jewelry for sale as well as a Silent Auction, a Basket Raffle, a 50/50 Raffle. Saturday, February 11 Santa Maria del Mar Church Parish Hall 1:00 p.m. to 3:30 p.m./\$25 Per Person Brenda at 845-853-4467 or Pat at 386-225-9514

SEAS Black Catholic Guild

Our next General Meeting is scheduled for Valentine's Day, Tuesday, February 14th at 1pm in Seton Hall. Wear red, bring a friend and come a little early to enjoy refreshments.

Health Ministry

The Health Ministry has resumed monthly meetings at 9:30 AM on Tuesdays in the Cody Room. We will be working on planning our Health Fair for April 2023. Anyone interested in joining us is welcome to attend. Please call Louise Kummer for more info at 386-235-5310

Secular Franciscans

The Secular Franciscans meet monthly on the first Saturday of the month at 9:30 in the Cody Room. If you are interested in learning more about the Secular Franciscans, please join us. Please call Pam Cowles 386-523-7152 for more information.

In Need of Counseling?

The Catholic Therapist Network is a listing of Catholic therapists in the diocese for those in need of counseling and support. A These therapists are not affiliated with the diocese but are provided as a referral resource. More information about the network, including the listing of therapists, is available at https://family.dosafl.com/therapists.

COUNSELING

Give Smarter to Your Church

Did you know you can use your IRA, appreciated stock, or real estate to make a smart gift to your parish, Catholic school, or favorite ministry? Notify your IRA administrator that you wish to make a "qualified charitable distribution" to your parish, Catholic school or favorite ministry. Your IRA gift may fulfill all or part of your required minimum distribution -Your gift (up to \$100,000) may avoid taxes. Contact: Cliff Evans/Catholic Foundation: cvans@dosafl.com 904-262-3200, ext. 139

Cursillo Ultreya

Please join us on February 15 in the Russo room at 6:30 for Ultreya. Please bring a covered dish to share. Anyone interested in Cursillo is encouraged to attend! "Remember make a friend, be a friend, bring a friend to Christ!

Bible Study on St. Paul's Letter to the Ephesians

The adventure continues...The Great Adventure Bible Study continues with the book of Revelation. Join us for a 11 week session on the book of Revelation The Kingdom Yet to Come. Beginning on January 28th after the 830AM Mass most Saturday Mornings in the Rectory Meeting Room.

Listening for God

The 'Listening for God' Ministry will be on the first Friday of the month from 7pm –8pm in the Rectory Meeting Room. For more info call the rectory.

SAVANNAH, JEKYLL ISLAND, BEAUFORT ISLAND APRIL 11 - 13, 2023

\$409*

Includes: Motor Coach Transportation 2 Nights Accommodations, Meals (2 Breakfasts, 2 Dinners), Guided Tours Savannah, Jekyll Island, Beaufort Evening Show at Famous Savannah Theatre

\$100 due upon signing/Final payment due Feb 10,
Make checks payable to: SEAS BCG,
Mail to PO Box 351334, Palm Coast, Fl 32135
For info, video, or information, visit
www.GroupTrips.com/MotherSetonAMGuild
or call Barbara @ (386) 446-2857
*Double Occupancy,
add \$90 for single occupancy

PUT THIS on YOUR CALENDAR!

Health Ministry

Health Ministry Fair April 15 9am-3pm/Seton Hall

Saints of the Week



Monday, February 6 Memorial of Saint Paul Miki and Companions, Martyrs

St. Paul Miki and his companions were the first martyrs of Japan.

Friday, February 10 Memorial of Saint Scholastica, Virgin 480-543

Scholastica is a saint of the Catholic Church, the Eastern Orthodox Churches and the Anglican Communion. She was born in Italy.

The 2nd Annual SEAS Men's Club, School PTO, Rummage Sale is scheduled for Saturday February 25, 2023 from 9 AM 'til 2 PM in Seton Hall. Turning in of gently used, working, contemporary clothing, tools, small appliances, chairs, nothing outdated, broken or worn, will be Saturday Febru-



ary Feb. 18 from 9 AM to 1 PM, Thursday Feb. 23 from 1 to 5 PM and Friday Feb. 24 from 9 AM to 1 PM at Seton Hall.

Coffee and donuts available on sale day in the morning, pizza and soda in the afternoon. Questions, please call Pat, 386-503- 3254 or Ted 386-585-4291.



The SEAS Faith and Fellowship Adult Group will meet on Friday, February 17, 2023 at 7 pm in the Rectory Room.

Deacon Ed will speak on the topic, "Why Misery and Mercy

bring Hope." Following the presentation there will be opportunity for discussion and Fellowship.

This ministry is open to all people outside the parish, so please invite your family and friends. To follow on Social Media or for more info, visit the SEAS website. at seaspcfl.org/community-groups.

FREE AARP TAX-AIDE PREPARATION BY APPOINTMENT ONLY

AARP Tax- Aide Foundation volunteers will be available February 1 - April 18, 2023 at multiple sites in Flagler County for free tax preparation. Locations:

- · Government Services Building, Bunnell (T, W)
- · Flagler County Public Library, Palm Coast (Thurs)
- Palm Coast Aquatics Center/Frieda Zamba Pool (Mon, Fri, Sat)
- · Flagler Beach United Methodist Church (Tues)
 To schedule an appointment please go
 to taxprepfree.net. Appointments, specific locations
 and the days open, and directions are all at
 taxprepfree.net. Or call (386) 313-4048.

Cancer Support Group

Support Group for anyone affected with Cancer at SEAS in rectory meeting room every second Thursday morning of the month at 9:30 am and every fourth Thursday afternoon of the month at 2:30 pm.





-2246

Our Lady of Fatima **Portuguese Committee**

Meetings are at 7:00pm on Wednesdays in the Rectory Meeting Room.

All are Welcome to Kerygma Meeting

The Kerygma Group meets at 6 pm in the Church on the last Monday of every month. The session begins with praise and worship music, followed by a talk on a spiritual topic. The meeting ends after discussions and more praise and worship music. All are welcome to join. For more information, contact: Deacon Mike McKenna, deaconmike430@gmail.com

SEASONS of HOPE

Grief Support Group meets on Mondays at 6:00pm and Wednesdays at 10:00am in the Rectory Meeting Room. To sign up please call (386) 445-2246 or contact Healthministry@seaspcfl.org



Sunday Scripture Prayer Group

You are invited to join a group of parishioners on Fridays at 1pm to prepare for Mass on Sunday. We read scripture, share & pray together in the Rectory Meeting Room. For more information call Pat at 445

St. Joseph & Sorrowful Mother Rosary Makers Ministry

We have resumed our weekly meeting in the Rectory Meeting Room on Mondays at 9:30 am.



Rosary Cenacles

The Rosary Cenacles is in response to Our Lady's call which was made known in her message to Fr. Stefano Gobbi. We pray for the Holy Father and his intentions, for priests, to end abortion and for world peace. We say fifteen decades of the rosary. All are welcome to attend weekly meetings on Wednesday's at 1:00pm.

For more information call Marie Estabrook 386 447-0847

Legion of Mary

The Legion is a lay apostolic organization that meets every Tuesday at 9:30am in the Rectory Meeting Rm.



Charismatic Prayer Group

Please join us on Thursdays at 1:30pm in the Russo Room

Mother Seton Rolling Library

The aim of this library is to spread the word of our faith via Catholic books. The cart is available in the Gathering Space after all weekend masses. These books are free. Monetary donations are graciously accepted and will be used for our school scholarship program. New/gently used Catholic books/bibles man be donated at the cart or rectory. Meetings are on Fridays at 10:00am in the Rectory Meeting Room.

Caregiver Support Group

Support groups create a safe, confidential, supportive environment for participates to develop informal mutual support and social relationships as they deal with a loved one suffering from Alzheimer's/Dementia. We meet the 2nd & 4th Monday at 3:30pm in the Rectory Meeting Room.

Padre Pio Prayer Group

Our St. Padre Pio Prayer Group will meet every Second Friday of the month at 9:30 am until 10:30 am. in the Russo. Please join us. All are welcome!



Diocese of St. Augustine- How to Report Abuse

ATTENTION: The Diocese of St. Augustine treats all allega-ATTENTION: The Diocese of St. Augustine treats all allegations of sexual misconduct seriously and deals with all allegations in a prompt, confidential, and thorough manner. To Report Abuse, call the police or the Department of Children and Families at (800) 962-2873. Or call the Diocesan Victim Assistance Coordinator at (904) 208-6979 or email inquiries@dosafl.com. To report abuse by a bishop, call (800) 276-1562 or visit www.reportbishopabuse.org.

ATENÇÃO: A Diocese de St. Augustine toma muito sériamente todas as alegações de má conduta sexual e resolve todas as alegações de forma rápida, confidencial e completa. Para dealegações de forma rapida, confidencial e completa. Fara de-nunciar abuso(s), ligue para a polícia ou para o Department of Children and Families pelo (800)962-2873. Ou ligue para o Di-ocesan Victim Assistance Coordinator pelo (904)208-6979 ou por e-mail inquiries @dosafl.com . Para denunciar abusos co-metidos por um bispo ligue para (800)276-1562 ou visite a web-site www.reportbishopabuse.org.

ATENCION: La Diócesis de San Agustín trata seriamente todas las acusaciones de conducta sexual inapropiada, de manera rápida, confidencial y minuciosa. Para reportar Abuso, llame a la policía o al Departamento de Niños y Familias al (904) 962-2873. O llame al Coordinador Diocesano de Asistencia a Víctimas (904) 208-6979 o envíe un correo electrónico a inquiries@dosafl.com. Para denunciar abuso por parte de un obispo, llame al (800) 276-1562 oviwww.reportbishopabuse.org

PAUNAWA: Ipinagbibigay alam na lubos na pinahahalagahan ng Diyosesis ng San Agustin ang mga paratang sa anumang uri ng abusong sekswal, at agad na masusing sinusuri ang anumang alegasyon habang pinananatiling kumpidensyal. Kung meron kayong nalalamang alegasyon tumawag agad sa Pulisya o kaya ay sa Department of Children and Families (800) 962-2873. O tawagan ang Diocesan Victim Assistance Coordinator sa (904) 208 -6979 o kaya ay mag-email sa inquiries@dosafl.com. Kung ang irereport nyo naman ay isang Obispo, tumawag sa (800) 276-1562 o kaya ay tumungo sa www.reportbishopabuse.org



Monday, February 6

7:00am Frances Lanza 8:30am Hilda Fonseka

Tuesday, February 7

7:00am Evelyn & Lance Knowles 8:30am Hyppolite-Etienne Family

Wednesday, February 8

7:00am Salud Gaoat Ana Becerro 8:30am

Thursday, February 9

7:00am Tina Soloman 8:30am Jerome Richards

February 10 Friday,

7:00am Mary & John Miley 8:30am Zaida Miranda

February 11 Saturday, 8:30am Sally Duffy

Jesse & Josephine White 4:00pm

6:00pm(*) Christos Zoas

Sunday, February 12

8:00am Robert F. DeSimone 10:00am **SEAS Parishioners** 12:00pm Carmen Ana Vazquez

5:00pm(S) Hudai Moral 5:00pm(*) Dorothy Olekszyk

* St. Stephens

Prayer Garden

Our Prayer Garden is a peaceful place for prayer and meditation. Purchasing a brick in the Prayer Garden for someone who has died is a wonderful way to remember that the person is still with you in thoughts and through prayer. The purchase of a brick is \$100.00; please consider honoring a loved one. Contact the Rectory Office for more October 20-22, 2023 details.

In Memoriam

We remember all our departed brothers and sisters with love and gratitude.



Ana Rodriguez

June 18, 1932 -January 13, 2023

Muriel Mullings

April 12, 1932 -January 22, 2023

Eternal rest, grant unto them O Lord and let perpetual light shine upon them. May they rest in peace Amen.



Tuesday

Readings for the Week of January 29

Sunday **5th Sunday in Ordinary Time** Is 58:7-10; Ps 112:4-5, 6-7, 8-9; 1

Cor 2:1-5; Mt 5:13-16

Monday Memorial of Saint Paul Miki

and Companions, Martyrs Gn 1:1-19; Ps 104:1-2a, 5-6, 10

& 12, 24 & 35c; Mk 6:53-56 Gn 1:20 22.2:4a; Ps 8:4-5, 6-7, 8-

9; Mk 7:1-13

Wednesday Gn 2:4b-9, 15-17; Ps 104:1-2a,

27-28, 29bc-30; Mk 7:14-23 Thursday Gn 2:18-25; Ps 128:1-2, 3, 4-5;

Mk 7:24-30

Friday Memorial of Saint Scholastica

Virgin

Gn 3:1-8; Ps 32:1-2, 5, 6, 7; Mk

7:31-37

Saturday Gn 3:9-24; Ps 90:2, 3-4abc, 5-6,

12-13; Mk 8:1-10

6th Sunday in Ordinary Time Sunday

Sir 15:15-20; Ps 119:1-2, 4-5, 17 -18, 33-34; 1 Cor 2:6-10; Mt

5:17-37



Fr. Jose never sends out Email or text messages requesting money or gift cards for his personal use or for the benefit of anyone else.



February 6/20 **Seton Hall**



Bread & Wine

donated this week by Lena Miller & sons in memory of

> Margaret Mantione

Ministries

All Ministry Heads need to fill out facility request forms at the Rectory for your 2023 meetings.

Mark Your Calendar



March 12, 2023, 2 pm: **Youth Confirmation** March 19, 2023, 1.15 pm:

Concert by Fr. Stan Fortuna, C.F.R in Seton Hall

March 20-22, 2023:

Lenten Retreat with Fr. Stan Fortuna, C.F.R.

March 23, 2023, 5 pm: **Lenten Penance Service** April 15. 2023, 9 am **Health Ministry Fair** April 23, 2023, 2 pm:

First Holy Communion May 13, 2023, 6 pm:

Marian Gala to honor mothers at Plantation Bay Country Club

May 14, 2023, 6.30 pm:

Concert by Marty Rotella in Seton Hall

SEAS Community Fall Festival



February 4—February 10

IN MEMORY OF:

Jim & Roseann Bradley; Brenda Czerwik; Salud Gaoat; Ruth Morrissey; David Jose Tavares; Steve Motylinski

FOR INTENTIONS OF:

Amir Carlisto; Gianna Carlisto; Paul Tavares; Blanca Burka

In our Holy of Holies, we have ten candles always burning around the tabernacle, just as in the temple in Jerusalem there were ten lights always burning around the Ark of the Covenant. They indicate the presence of our precious Lord in the Blessed Sacrament.

The candles used are seven day candles and may be purchased either in memoriam or for the intentions of a loved one for a \$10 donation through the Seton Shop. This space lists the names of those for whom candles have been purchased.

Please Pray for Our Military

Although we pray for all of our military, space does not permit everyone's name to be printed.

Please advise when a person below is no longer deployed so we can remove their name from our list. Please contact the parish office if you wish to have the name of someone listed for 4 weeks. As a courtesy please notify the office when the name can be removed or if you wish to have the name continued. Be sure to get the person's permission first!

God bless them all & continue to pray for them!

Hannah Marie Lubin (US Navy)
Charles Salerno TSgt (US Air Force/Germany)
CPT. Brendan Leonard (US Army)
Kyle McCrossen (US Army/Iraq)
2nd Lt Christian San Miguel (US Army)
Stephen Hayes (US Air Force/Iraq)
Kevin Daley (US Navy)
Richard Caban (US Marine)
PFC Dylan Vanore. USMC

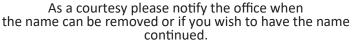
Please Pray for Our Sick

Adam Esposito Aquilda Bleaklev Ana Sandlord Anna Maria King Ariana Marcette Ashley Cooper **Avelina Torres** Beatriz Quintero Bill Capuano Brian Davidson Bryanna Carmen Theiling Charlie Salerno Charles McCloskey Charles Piligian Charles Scott Christine Salerno Cynthia Blake Daniel Medeiros David Leonard Deanna Cardillo Derek Patrick Freeman Diane Purcell Doug Drohan Earl Ruddy Elizabeth Cretella Fran L. Thong Gary Martin George Bley Helen Chappo Henry Gardner Inez Montova Jake Romaine Janine Kerry Jennifer Cabral Jim Popour Joan Carter John Frangipane John Medeiros John Relgan John Sandor Jonathan Schofield

Joseph Vacellaro Karen Murphy Kayden Henderson Kennedy Bestenheider Larry DeCamillo Léslie Garrity Linda Colantuonó Liza Mulcahy Lori Flanagan Loretta Holmes Louis Lubin Madison Hope DeVane Maria Barros Maria Lebone Maria Stewart Marie Bernadette Lamarre Marie Berry Marty Meehen Mary Ćallaghan Mary Doris Kolesar Mason Brian DeVane Michell Henderson Michell Pinto Mina Bico Myrtha Darboux Nancy Wright Nathaniel Burgess Nivia Sandoval Patricia Derrig Paul Masi Phil Gainey Renee Verostek Richard Heinrich Rita Morris Robert Storme Roger Reid Ruby Strickland Tara Handsman Teresa Kinert Theresa Childs **Theodore Simmons**



Please contact the parish office if you wish to have the name of someone listed for 4 weeks.



Be sure to get the persons permission first!

Mass on TV for the Homebound https://www.ewtn.com/tv/schedule Sunday Mass-8:00am

Sunday Mass-8:00am

DIRECTV—Channel: 370/DISH—Channel 261



Timothy O'Connell

SPECTRUM— Channel 169/ATT U-Verse Channel 562
SIRIUS Radio—Channel 130 /XM/SPECTRUM—Channel 20









On Wednesday, February 8 the Church celebrates the feast day of St. Josephine Bakhita (means the fortunate one). She is the patron saint of the victims of human trafficking. She was born in Sudan, Africa in 1869. When she was nine years old she was kidnapped and sold

into slavery. She was transferred from one master to another and experienced many forms of brutality. In 1883, at the age of 14, she was sold to an Italian family, to work as a maid and a nursemaid for their young daughter. When the child was old enough to attend school, St. Jospehine Bakhita went with her to a boarding school in Venice run by the Daughters of Charity. Here is where she first heard the Word of God. On January 9, 1890 she was baptized. In 1896 she made her religious vows. She took on all tasks - cooking, sewing, serving as sacristan and doorkeeper by making the ordinary extraordinary. During World War I and World War II her holiness became well-known. Through her protection the bombs never destroyed the town of Schio, Italy, where she lived. She died on February 8, 1947 at the age of 78. She was beatified on May 17, 1992 by Pope Saint John Paul II.

Human trafficking is still a very grave threat to many in our world, through work and sexploitation. Here in FLORIDA (according to the latest data from the web-site: www.humantraffickinghotline/materials.com via Polaris) there have been 6,168 reports since 2007 and 15,063 victims. There is a lot of information on this web-site. Please take the time to access and explore this site.

It is possible to gain more information from a live speaker through the Diocese of St. Augustine or the Flagler Sheriff's Department. If you are interested in attending a presentation, please contact the SEAS Respect Life Coordinator to express your interest.

Let us all pray to St. Josephine Bakhita for insight and understanding of this terrible social plight.

St, Josephine Bakhita, you were sold into slavery as a child and endured untold hardship and suffering. Once liberated from your physical enslavement, you found true redemption in your encounter with Christ and his Church.

O St. Bakhita, assist all those who are trapped in a state of slavery. Intercede with God on their behalf so that they will be released from their chains of captivity. Those whom man enslaves, let God set free.

Provide comfort to survivors of slavery and let them look to you as an example of hope and faith. Help all survivors find healing from their wounds. We ask for your prayers and intercession for those enslaved among us. Amen

** REMINDER ** monthly Respect Life Committee meeting - Saturday, Feb. 11, at 9:30 am in the Cody Room. THANK YOU to all who give so generously to the bassinette in the vestibule.

SEAS Respect Life Coordinator - Priscilla Positano pcposi2324@gmail.com 352-697-9436

Pregnancy Help Line 800-848-LOVE(5683) National, all services are FREE Project Rachel - 904-923-9203 -- counseling for postabortion healing Human Trafficking Hotline - 888-373-7888

Daily Exposition and Adoration of the Blessed Sacrament

The Blessed Sacrament is exposed on the altar for adoration after all the weekday Masses at 8.30 am till 10 am. Kindly join us and adore the Lord in the Blessed Sacrament.

Eucharistic Adoration Hours

The hours of Adoration of the Blessed Sacrament are from 9 am to 9 pm, seven days a week.

The Exposition and Adoration of the Blessed Sacrament on Fridays also are from 9 am to 9 pm. The Blessed Sacrament is also exposed on the altar for adoration on other weekdays after the 8.30 am Mass till 10 am.



Please remember that if the Holy of Holies is filled you are encouraged to pray in the main worship area of the church.

We are asking that you contact Gilda Sadio, (386 225–7261 or gilda.sadio@yahoo.com) our Adoration Facilitator, and select ONE hour which you will commit to. There's no limit to how many parishioners can be present every hour since it's in the Church not the Holy of Holies, we just want to be sure that there's at least one or two persons who will be present every hour.

Anyone interested in spending time with Our Lord in Adoration should call Gilda Sadio-Kow at 386-225-7261 for availability and information.

Las Reunionés del Comité Hispano

son el último martes del mes a las 6:30pm en el Russo Room adjunto al salón social. Éste comité sirve para hablar todos asuntos de la comunidad hispana de la parroquia. Todos son invitados. Para más información llamen a Marina Medina, 386-445-2200.

And Let There Be Music! Concert Series, Feb. 25 through Apr. 23

St. Anastasia Catholic Church presents the following FREE performances at 5205 A1A S., St. Augustine: Dr. Clare Longendyke on Feb. 25 at 7 p.m.; Peter Simon on Mar. 11 at 7 p.m.; The Powell Trio on Mar. 25 at 7 p.m.; Paul Brock Band on Apr. 18 at 7 p.m.; Jacksonville University Orchestra on April 23 at 6 p.m. Open to the public with free parking (donations gratefully accepted). Go to www.saccfl.org or call (904) 471-5364 for more info.

Seminarios de Formación de Fe para Adultos

son cada miércoles a las 6:30pm en el Rectory Meeting Room en el edificio de la Oficina Parroquial. El propósito de estos seminarios son para ampliar y profundizar nuestro conocimiento y experiencia de la Fe. Incluyen series en estudio bíblico, teología y misión. Todos son invitados. Para más información llamen a Marina Medina, 386-445-2200 o Héctor Ortiz o al Padre Rob Trujillo, 386-445-2246 ext. 105.

Sacraments

Baptism

Every First and Third Sunday of the month after Noon Mass. One preparation class is required. Classes are offered every second Monday of the month at 7 pm in the Rectory Meeting Room. Please contact the Rectory office in advance.

Holy Matrimony

Please contact the Rectory office at least 8 months prior to wedding.

Anointing of the Sick

If you or your loved one is in need of the Sacrament of Anointing please call the Rectory office. We also have dedicated Eucharistic Ministers to bring Holy Communion to the sick and the homebound.

Sacrament of Reconciliation

Saturday 2:45-3:45pm, Sunday 30 minutes before Mass, & by appt.

Devotions

Eucharistic Adoration

6 am to 9 pm every day except during the time of Mass. Exposition and adoration of the Blessed Sacrament from 9 am on Fridays till 9 pm.

Rosary

8 am on weekdays; 4:30pm on Sundays (Spanish)

Miraculous Medal Novena

After 8.30 am Mass every Tuesday.

Novena to St. Joseph

After 8:30am Mass for the Year of St. Joseph

Religious Education

Parish Religious Education Program (PREP)

Classes for Grades 1-8 on Wednesdays and Thursdays from 6.15 pm to 7.30 pm. For more information, please contact the Director of Religious Education at the Rectory office (386-445-2246; extension 112)

Children's Catechism Classes

All children from 1st through 8th grade who are not attending Catholic school should be attending PREP classes. Children preparing for the Sacrament of the Eucharist or Confirmation need to attend a two-year catechetical program.

First Reconciliation and First Holy Communion

Children preparing for the Sacrament of Reconciliation and the Sacrament of the Eucharist need to attend a two-year catechetical program which includes six Sunday classes of Sacramental preparation prior to each Sacrament.

Confirmation Formation

Children preparing for the Sacrament of Confirmation need to attend a two-year catechetical program which includes three Sunday classes of Sacramental preparation and the annual Confirmation retreat.

For more information about Catechism, First Holy Communion or Confirmation, please contact Katie Allio at 386-445-2246 extension 112.

Rite of Christian Initiation of Adults (RCIA)

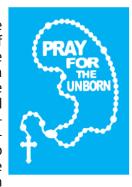
Please call the Director of Christian Formation at the Rectory office if any non-Catholic is interested in joining the Catholic Church (386-445-2246; extension 112). Classes will begin in October.

Holy Orders and Religious Life

If you believe that you or someone you know has a vocation to the priesthood or religious life, please contact Fr. Jared DeLeo at frjared@saccfl.org

Prayer for the Unborn

Lord, Creator of Life, you have blessed us with the privilege of bringing new life into the world. May your Holy Spirit open our hearts and minds to recognize Your special gift of children, and Your great love for each of us created in Your image and likeness. You sent Your son Jesus to redeem us and through love He entered our world. We now turn



to Mary, our Mother, for her intercession as we struggle to protect innocent unborn children. Following Mary's example may we proclaim the truth of our faith, assist those in crisis and protect those most vulnerable. We ask this through Christ, Our Lord. Amen.

Cenáculo La Llama de Amor del Inmaculado Corazón de María"

Cuando: Martes Hora: 7:00pm
En persona Salon Ruso Plataforma Zoom: Zoom.us
(Bajar Zoom en las aplicaciones) Meeting ID:
2239918037 clave: lallama Preguntas:
Alba Dimas, 939-332-5615
Norma Maisonet, 917-834-6181
email: flameoflovepcfl@gmail.com

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We would like to make improvements in the ways we showcase the items we offer, so in the coming weeks we will be making some changes, especially in the way our greeting cards and small booklets are displayed.

Again, thank you and may God bless each and everyone of

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Thank you for your continued support!

This Week In Our Parish

SUNDAY, February 5 9:00am Coffee/Donuts—(& 11:00am) 11:00am SEAS Youth Group Summit—Cody Room 2:00pm Marian Celebration—Seton Hall **MONDA** Exposition & Adoration after 8:30am Mass until 10:00am-Church Outreach Ministry Meeting—Seton Hall Rosary Makers-Rectory Meeting Room 9:00am 9:15am 9:00am Feeding Hands—Seton Hall Seasons of Hope/Grief Support Group-Rectory Meeting Room 5:00pm 6:00pm 6:30pm Great American Bible Study-Seton Hall TUESDA Exposition & Adoration after 8:30am Mass until 10:00am-Church 9:00am Legion of Mary Meeting-Rectory Meeting Room
Arts & Crafts—Russo Room
Black Catholic Guild Board Meeting—Rectory Meeting Room 9:00am 10:00am 1:00pm Cenaculo La llama de Amor-Russo Room 7:00pm Exposition & Adoration after 8:30am Mass until 10:00am-Church 9:00am Seasons of Hope/Grief Support Group- Rectory Meeting Room Rosary Cenacle—Rectory Meeting Room Spiritual Life Meeting—Cody Room Seminario de Formacion de Fe (Para Adultos)- Rectory Mtg Rm Portuguese Prayer Group—Cody Room 10:00am 1:00pm 5:00pm 6:30pm

THURSDAY, February 9
9:00am Exposition & Adoration after 8:30am Mass until 10:00am-Church 9:15am Ladies Guild Meeting—Seton Hall 9:30am Cancer Support—Rectory Meeting Room 6:00pm Life Teen— Youth Room

Exposition & Adoration after 8:30am Mass until 10:00am-Church

RCIA Meeting—Rectory Meeting Room Divina Misericordia Espanol-Cody Room 6:00pm 7:15pm FRIDAY. ebruary 10

SEAS Library Ministry Meeting—Rectory Meeting Room K of C Valentines Dinner Dance—Seton Hall 9:30am 6:00pm

ATURD Y, February 11

9:00am

Lay Carmelite Meeting—Russo Room
Adoration Prayer Group—Church
Respect Life Meeting—Cody Room
Great Adventure Bible Study—Rectory Meeting Room
SEASCS Character Breakfast—Seton Hall 9:00am 9:00am 9:30am

9:30am

10:00am 2:00pm Showcase Rehearsal AM Guild -Seton Hall

SUNDAY February 12

Coffee/Donuts—(& 11:00am) SEAS Youth Group Summit—Cody Room 9:00am 11:00am 2:00pm Showcase Rehearsal—Seton Hall

If your event is not listed it may be that you did not fill out your Facility Request form at the Rectory.

Ministries

Need to update this list? email pjenkins@seaspcfl.org

Prayer And Devotional Groups

Adoration
Contact:Gilda Sadio-Kow
Gilda.sadio@yahoo.com
Adoration Prayer Group
Contact: Marilou Mallada
6094681477
Adoration of the Most Holy Trinity
Contact:Gilda Sadio Kow

7:00pm

Adoration of the Most Holy Contact: Gilda Sadio-Kow Gilda.sadio@yahoo.com Angels of Mercy Contact: Hilda Rausini 386 446-4789, 237-8586 (cell) Rita1947@aol.com Bible Study Contact: Pedyne Joseph 386 445-2246 Bio Ethics

386 445-2246
Bio Ethics
Contact: Deacon Ed Wolfe
wolffpack@bellsouth.net
Celebration of the Virgin Mary,
"Un Pueblo Mariano"
Contact: Alba Dimas 386 445-2246
flameoflovepcfl@gmail.com
Ines Becker 386 445-7759/
inesbecker@bellsouth.net
Charismatic Prayer Group

inesbecker@bellsouth.net
Charismatic Prayer Group
English Language
Contact: Betti Masi
Spirituallife@Seaspcfl.org
Spanish Language: Salvador Florez
Contact: 386 338-2976
Spirituallife@Seaspcfl.org
Cursillo/Ultreya
Contact: Alise Mckinney:
Alisemck@Live.Com
Marina Medina (Spanish Coordinator)
Velez41@Yahoo.Com
Divine Mercy Prayer Group
Contact: Margarita Serrano
786 210-8792
Evangelization

786 210-8792 °
Evangelization
Contact: Denise LaFrance
Palmcoasthomestore.com
Flame of Love
Contact: Alba Dimas &
Norma Maisonet386 445-2246
flameoflovepcfl@gmail.com
Kerygma Groups
Contact: Deacon Mike McKenna
386 445-2246
Deaconmike430@gmail.com
Lectio Divina Group

Lectio Divina Group Contact: Irma V. Catalan Spirituallife@Seaspcfl.org Lord of Miracles

Contact: Ines Becker 386 445-7759, inesbecker@bellsouth.net

Natural Family Planning Contact: David and Marcela Medina Marcedemedina@Hotmail.com Portuguese Prayer Group Contact: Deacon Jose homem4@aol.com

Spirituallife@Seaspcfl.org Regina Pacis & Medjugorje Prayer Group Contact: Carole And Bob Storme Spirituallife@Seaspcfl.org Rosa Mystica Prayer Group Contact: Lucy Pono

Rosary Cenacle Prayer Group Contact: Marie Estabrook

Contact: Marie Estabrook
386 447-0847,
spirtituallife@seaspcfl.org
Rosary Makers
Contact: Marta Quijano 787 605-8887
vequi1@hotmail.com
San Lorenzo Ruiz
Contact: Descon Tom (Necitae)

Contact: Deacon Tom/Necitas Spirituallife@Seaspcfl.org

Spanish Prayer Group Contact: Salvador Florez 386 338-2976 Spirituallife@Seaspcfl.org

St. Nino Prayer Group Contact: Marilou Mallada 609-468-1477

609-468-1477 Marilou.Mallada@verizon.net St. Padre Pio Prayer Group Contact: Hilda Rausini Rita1947@Aol.com Storming Heaven
Prayers Ministry
Contact: Hilda Rausini

386 446-4789, Cell/text 386 237-8586 Rita1947@aol.com

Sunday Scripture Prayer Group
Contact: Pat Eccleston
Spirituallife@Seaspcfl.org
Teams Of Our Lady
Contact: Nate & Barbara Flach

Mary Kay Kuchta, 386-503-7718, marykay@5gators.com
Our Lady Of Perpetual Help
Contact: Mariliou Mallada

609-468-1477 Marilou.Mallada@verizon.net Lay Carmelites

Contact: Ramonita Fiorentino Spirituallife@Seaspcfl.org Secular Franciscans

Contact: Pam Cowles, plcowles@bellsouth.net **Service Groups**

Altar Servers/Lectors Contact: Elaine Leonard, eleonard@Seaspcfl.org

eleonarusella Bingo Parishlife@Seaspcfl.org Black Catholic Guild Contact: Madeline Montgomery 386 445-2246 Extraordinary Ministers Of

386 445-2246
Extraordinary Ministers Of
Holy Communion
Contacts Elaine Leonard,
eleonard@seaspcfl.org
Faith Formation
Contact: Katie Allio
Kallio@Seaspcfl.org

Kallio@Seaspcfl.org Greeters Contact: Ron Cowles Parishlife@Seaspcfl.org Home Sweet Home/ Cleaning Ministry Contact: Hilda Rausini rita1947@aol.com

rita194/@aol.com Knights of Columbus Auxiliary Contact: Pat Heil patty.heil@aol.com Knights of Columbus Contact: Owen Thompson 386 445-2246 Ladies Guild

Contact: Debbie Cremeans 386 445-2246

386 445-2246
Lazos De Amor (Ribbons of Love)
Contact: John Merced: 732-778-0363
lf195jm@gmail.com
Legion Of Mary
Contact: Dave DiNardi
Spirituallife@Seaspcfl.org
Little Angels Choir
Contact: Cody Lucinda Biggs
littleflowersacademy@aol.com
Men's Club

Men's Club Contact: Ed Bajer emtbajer@aol.com Multi-Cultural Multi-Cultural
Contact: Marina Medina
multicultural150@gmail.com
Music Ministry/Choir
Contact: Don Roy
Droy7@Cfl.Rr.com **Outreach Ministry**

Outreach Ministry
Contact: 386 597-3359
Prison Ministry
Contact: Deacon Bob
bigblue62fla@gmail.com
Respect Life
Contact: Priscilla Positano
pcposi2324@gmail.com

Sacristans Contact: E.Leonard eleonard@seaspcfl.org 386 445-2246

Seton Library Contact: Harriett Acocella Paradise1416hv@Cfl.Rr.com

Seton Shop Contact: Sue Shierling Contact: Sue Shierling
Sshierling1@ Gmail.com
Spiritual Life Committee
Contact: Sylvia Reyes
srayes@cfl.rr.com
Seton Hall
Contact: Larry DeCamillo
seton-hall@seaspcfl.org
Sunday Hospitality
Contact: Charlie Salerno 386 503-6288
Ushers

Ushers

Contact: Jamie Burns Parishlife@Seaspcfl.org Welcome Desk Contact: Elizabeth Foran 386 445-2246 ext 122 eforan@seaspcfl.org **Youth Ministry** Contact: Jeremy Vest

Jvest@Seaspcfl.org Youth Praise & Worship Contact: Cody Lucinda Biggs littleflowersacademy@aol.com

SEAS Support Groups

Bereavement Contact: Pam Cowles Healthministry@Seaspcfl.org Alzheimer's Caregivers Support Contact: Pam Cowles Healthministry@Seaspcfl.org Healthministry
Health Ministry
Contact: Pam Cowles
Healthministry@Seaspcfl.org
Cancer Support Group
Contact: Louise Kummer
Healthministry@Seaspcfl.org

Hospital Ministry Contact: John Merced: 732-778-0363

Telecare Ministry Contact: Pat Eccleston/Joyce Petrole; 386-445-2246

info@seaspcfl.org

February 11/12	Saturday 4:00PM Church	Saturday 6:00PM St. Stephens	Sunday 8:00AM Church	Sunday 10:00 AM Church	Sunday 12:00PM Church	Sunday 5:00PM St. Stephens
Lectors	Jake Allen Mark Johnson	Dianne Roberge	Barbara Sauvalpahkick Jose Valverde	Carlos & Lillian Diaz	Lilly Ganuza Jeremy Vest	Norm Mugford
Eucharistic Ministers	Team # 1	JoAnn O'Leary	Team # 2	Team # 3	Team # 4	Linda Mugford





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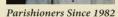


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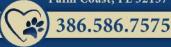
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