

LUNCH

April 2026

Xavier High School

Nutrition Tip

Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.

* monday

This building is an equal opportunity provider.

Menu is subject to change.

Daily options-Deli Sandwiches, Salad Bar or walking taco

Fresh Fruits and vegetables are daily options.

* tuesday

* wednesday

* thursday

* friday

Staff Learning
No School

6

Salisbury Steak: Bread & Butter; Mashed Potatoes & Gravy or fresh veg.; Peaches or fresh fruit, Milk

7

BBQ Pork Sandwich; Broccoli and/or fresh veg.; Pineapple or fresh fruit; Milk

8

Chicken Alfredo on WG Noodles; WG Breadstick; Romaine lettuce or fresh veg.; Mixed Fruit or fresh fruit; Milk

9

Breaded Mozzarella Sticks; Green Beans or fresh veg.; Applesauce or fresh fruit; Milk

10

Pizza Crunchers; Corn or fresh veg.; Mixed Fruit or fresh fruit; Milk

13

Chicken Patty on WG Bun; Baked Beans or fresh veg.; Applesauce or fresh fruit; Milk

14

Cheeseburger on WG Bun; Sweet Potato Fries or fresh veg.; Peaches or fresh fruit; Milk

15

WG Spaghetti w/meat sauce; WG breadstick; Romaine lettuce or fresh veg.; Peaches or fresh fruit; Milk

16

WG Garlic Cheese Bread; Steamed Carrots or fresh veg.; Pineapple or fresh fruit; Milk

17

Chicken Nuggets; Bread & Butter; Corn or fresh veg.; Applesauce or fresh fruit, Milk

20

Walking Taco: Shredded lettuce or fresh veg.; Peaches or fresh fruit; Milk

21

Mandarin Chicken on WG Rice; Peas or fresh veg.; Mandarin Oranges or fresh fruit; Milk

22

Pork Tenderloin on WG Bun; Broccoli w/cheese sauce or fresh veg.; Peas or fresh fruit; Milk

23

WG Bosco Sticks; Green Beans or fresh veg.; Pineapple or fresh fruit; Milk

24

Fajita Chicken burrito with WG Rice; Black beans or fresh veg.; Mixed Fruit or fresh fresh; Milk

27

Mr. Rib on WG Bun; Baked Beans or fresh veg.; Applesauce or fresh fruit; Milk

28

Popcorn chicken; Bread & Butter; Corn or fresh veg.; Peaches or fresh fruit; Milk

29

WG Meatball Sub; Steamed Carrots or fresh veg.; Pineapple or fresh fruit; Milk

30

3