

SACRED HEART CHURCH

6TH SUNDAY IN ORDINARY TIME

“I say to you, whoever is angry with his brother will be liable to judgment.” - Mt 5:22a

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD. ©LPI

THIS WILL APPEAR IN EACH WEEK'S BULLETIN FOR THE FOLLOWING WEEKEND

Sacred Heart

Saturday, February 18th - 4:00pm with Fr. Yanas

Sunday, February 19th - 8:00am with Fr. Yanas

St. Jude the Apostle

Saturday, February 18th - 4:00pm with Fr. Rice

Sunday, February 19th 10:30am with Fr. Rice

St. Michael the Archangel

Sunday, February 19th - 8:00am with Fr. Rice

Sunday, February 19th- 10:30am with Fr. Yanas

Continuing the 7 Steps You Can Take Towards Intentional Discipleship

What is intentional discipleship? Intentional discipleship is loving people with purpose, teaching them the Word of God, helping them grow in spiritual disciplines, and leading them into a deeper relationship with Jesus Christ.

Christian discipleship is not meant to put the pressure on us to convict or to save people, only the Holy Spirit can do that. However, once we start leading a community of believers or even one believer, we should begin discipling them. We get to join God in doing the intentional work of loving people as Jesus did.



Step 1-Follow First Step 2-Love Others STEP 3-Get Practical

Get Practical

It's just a fact, when you're discipling others, you're going to have to get practical and set up times, dates, locations, and events for whoever you're discipling.

Don't just get intentional about the idea, get intentional with the details. Would it be a good idea to meet up with your discipleship group in a fun setting if you're meeting people for the first time? Would it be easier to focus indoors for this specific group? Did the person you're discipling say that weeknights work better for them?

Whatever the preferences or specific details, be **intentional about how you can honor people's time, talents, and resources.** If you see a spiritual gift in someone that you feel could bless the whole group, call them up into that, whether that's if someone likes to bake cookies or schedule group outings, intentionally seek to make things work, and honor everyone involved.

Next week-Step 4

**SATURDAY February 11**

4:00 Carmella Casale - Gail Bizzaro
 Adeline (Lee) Styno (BdayRem) - Ryan &
 Vale Families
 John J. Yanas, Sr. - Bill & Cathleen Maloney
 John J. & Catherine Sweeney (BdayRem) - Family

SUNDAY February 12

8:00 Mario D'Agostino - Angelina D'Agostino
 John J. Yanas, Sr. - Blaise & Jill Constantakes
 Michael Miller - Family
 Christine Ring - Rose VanDenburgh

Monday February 13

9:00 Carol Ann Light - John & Barbara Mastroianni

Tuesday February 14

9:00 Elliott Shaw - Sacred Heart's Care Team

Wednesday February 15

9:00

THURSDAY February 16

9:00 Larry Zepf (BdayRem) - Wife & Family

FRIDAY February 17

9:00 Vincent Cook - Warren & Donna Seibert

SATURDAY February 18

4:00 Marie & John Lonagan (Anniv) - Mary Darian
 Christine Ring - Marty & Sally Dunbar
 Kay Hulbert - Tony & Carrie Milanese

SUNDAY February 19

8:00 John J. Yanas, Sr. - Barry & Julie DeRubertis
 Tyler McIntyre (11th Anniv) - Family

PRAYERS FOR THE SICK: Lil Rosenberger, Barbara Bennett, Chris Wood, Ed and Mary Martin, Bob Patrick, Sr., Betsy Cronin, Mary Leah Mason, Arlene Leach, Pat Hogan, John Kaniff, Mary Lourdes Betzinger and Tom Purcell.

TAX STATEMENTS - are not sent automatically! If you requested and picked up a statement last year, you should be able to find this year's statement in the back of church. If you have not requested one in the past and would like one or requested one last year and didn't pick it up, please call Barbara at the rectory and we will add you to the list (518-274-1363). Thank you.

PLEASE HELP!

We are trying to update our records. If you have moved or changed your phone number, please call Barbara at the Rectory (518-274-1363) and notify her of the change. This saves us money for returned postage and also helps us to stay connected. Thank you for your cooperation.

Barbara



NEW TO THE PARISH! - We are happy to have you in our community and hope that you will enjoy a truly Christian experience with us. Please call (518) 274-1363, stop by the rectory or take a form off the bulletin board in church, to register. This helps us for sacraments, sick calls or any other assistance you may need. Thank you!

Parish Information

Pastor - Fr. John Yanas; Administrator - Mark Trudeau
 School Principal - Amanda Goyer; Dir. of Faith Formation - Autumn Deeb
 Music Minister - Zachery May
 Trustees - Janet Derby and Bill Aram; Parish Council Chair - Peter Kehoe
 Have you received your sacraments?
 Baptism, Communion, Confirmation, Matrimony, Anointing of the Sick
 Gifts for you and your family. Call for more info 518-274-1363

SCRIPTURE REFLECTIONS

Today's Gospel from the fifth chapter of St. Matthew's Gospel is a somewhat lengthy follow up and elaboration of the consequences of the Beatitudes, which began the fifth chapter. To prepare us for proper focus, today's first reading from the book of Sirach reminds us that we can choose, i.e. there are always two paths open to us, one leading to life and the good, the other (usually not immediately recognized) to death and evil. May I add as does Sirach, if we are uncertain, trust God, and His ways. This advice doesn't seem to fit the "wisdom (fads) of our age". So, to help us make good decisions, Jesus, in today's Gospel spells out in detail, which direction so many of our choices in life should go. It almost sounds like a pattern for an examination of conscience, and therefore is worth scrutinizing. So, for example, never to have lasting anger with another, or even to belittle (make fun of/be prejudiced) of another. To be careful not to think one's piety and religious practice will excuse leaving a personal sin unrepented. Notice how often the demand is that we seek reconciliation with others. And then, (but not finally) the mind was made for truth and we are obliged to ever seek the truth, rather than half truths or downright lies. Tied into this is the gift of speech. We must ever speak the truth, and not harm or mislead others by communicating what is not true. There is plenty of room for serious reflection on today's Gospel (Matthew 5:17-37) Read it over and over again in the quiet of one's home.

The Principal's Corner

We are so excited to announce that we collected over 1,500 items in donations for Hope 7. We collected:

206 cans of soup
74 jars of peanut butter and jelly
54 boxes of cereal
299 cans of tuna
293 boxes of macaroni and cheese
656 toothbrushes and toothpaste

Three of our classes, 1st, 2nd, and 3rd graders won a pizza party as they collected more items than their St. Jude classes. Our two schools and Hope 7 are the winners as we learn the value of working together and helping members of our community. On Monday, members of our two school communities made the delivery to Hope 7.

March Madness tickets are available! Tickets are \$10.00 and you have 30 chances to win \$100.00 and \$1,000.00 on St. Patrick's Day. Tickets can be dropped off at school during regular business hours.

As always, we thank you for your support of your parish school.

With many blessings,
-Mrs. Goyer- :)

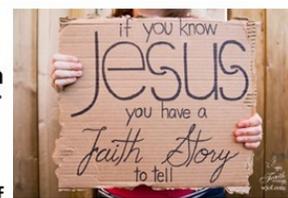
ALTAR BREAD AND WINE - In memory of a deceased loved one or to commemorate a special event, a donation can be made to purchase the monthly altar bread and/or wine offered at each Eucharistic celebration. For more information, please call the parish office at 274-1363.

Our **Altar Bread and Wine for the month of February** has been gifted in memory of **Larry Zepf (BdayRem)** by **Wife, Betty and Family**.

There is a "Poor Box" to receive your donations for those who are less fortunate. Even your spare change is very important. There are two in our church, one by the school office door and the other by the organ/piano near the front Pawling Avenue entrance. Jesus said, "the poor you will always have with you". In another scripture "it is better to give than receive".

Share Your Faith

Fr. Yanas is calling to all parishioners to share their faith this Lent. Please pick up a flyer in the back of church and pray about engaging this wonderful time to enrich our family with your thoughts on the Passion of our Lord Jesus Christ. It seems intimidating but it is very easy and takes only 15 minutes to do. Contact Mark Trudeau in the parish office and he will guide you through and explain everything. Sharing our faith with our family is the single most important thing we can do as Christians. Please come and share yours.



Share your talents and gifts

Our parish family needs someone to help with Social Media and our website. Do you like working on a computer or do you know family or friends who might like to help. Let's all try to think of someone and contact them. We all know people who do these things. Please let them know the 3 most important things we Catholics share with the whole world. First—There is a God who Loves them. Second—There is a God who forgives them. Third—There is a church who needs them.



Share your time.

We're all busy. We're all tied up with others things that consume our time. It's tiring and stressful to think of doing more or changing our schedules to accommodate other things. Please consider this. Our discipleship in our faith is the only thing we can do on the earth with our time that is eternal. When we share our time we union with God to see beyond what we like or want or even need. We see into the presence of our Lord Jesus Christ. There are many needs of your time in our parish family. Ministries of all kinds and there is one that fits you perfectly. Please contact the office for more details.

The most precious gift you can give someone is the gift of your time and attention.

We're still looking

Do you know someone who might be interested in a maintenance position working at Sacred Heart? We have a position open and really need your help finding the right person. Please pass on the word and let them know to contact the parish office. (518) 274-1363 and ask for Mark.



Lenten **RICE BOWLS** are available in the vestibule of the church. Please take one home and share any spare change you have to help feed our brothers and sisters around the world.



FOR LENT FOR LIFE