



**Only 3 Steps left Towards Intentional Discipleship**  
 Is this interesting? Is this something to read on Sunday morning as you wait for

Mass? Does the word INTENTIONAL mean anything outside of being just something else you read? We ALL know that our Church (THE PEOPLE) are in trouble. There is a great need out there and it is getting greater. We must respond to our Lord's call to discipleship and if it is not intentional then it will not be authentic. And if it is not authentic then it will not be successful. We are living in times of unsuccessfulness. It is now that we need to turn our attention towards Jesus Christ and let Him empower us to be INTENTIONAL!

- Step 1-Follow First
  - Step 2-Love Others
  - Step 3-Get Practical
  - Step 4- Teach God's Word
  - Step 5- Pray Together
- ## Pray Together

To create unshakable kingdom relationships and disciple others well, pray over them and with them. Pray scripture over their lives and your times together.



**THIS WILL APPEAR IN EACH WEEK'S BULLETIN FOR THE FOLLOWING WEEKEND**

**Sacred Heart**

Saturday, March 4th - 4:00pm with Fr. Yanas  
 Sunday, March 5th - 8:00am with Fr. Yanas

**St. Jude the Apostle**

Saturday, March 4th - 4:00pm with Fr. Rice  
 Sunday, March 5th 10:30am with Fr. Yanas

**St. Michael the Archangel**

Sunday, March 5th - 8:00am with Fr. Rice  
 Sunday, March 5th - 10:30am with Fr. Rice

This is such a great way to honor God and lift up the people you're discipling. If you have never read scripture with other people in your house, now is the time to start. You'll be amazed how easy and wonderful it is to share in this way, and to pray.

*Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:16*

Praying for each other will bring healing. Prayers are powerful in His name.

**Next week-Step 6**

**SATURDAY February 25**

**4:00** Mary Ellen Brady - Lisa & Charlie Helenek  
John J. Yanas, Sr. - Matt & Suzanne Turner  
Christine Ring - Warren & Donna Seibert & Family  
Matthew J. Ryan (9th Anniv) - Mom, Dad & John

**SUNDAY February 26**

**8:00** Martha Garvey - Family  
John Yanas, Sr. - John Frost  
Doris Carey (BdayRem) - Daughter, Kathleen

**9:00** **SPEAKER SERIES IN CAFETERIA**

**Monday February 27**

**9:00** Jim Morey - Tony & Carrie Milanese & Family  
Joseph C. Behan (BdayRem) - Wife, Kathy Behan

**Tuesday February 28**

**9:00** John J. Yanas, Sr. - John & Erin Mack  
**6:30** **Confessions**

**Wednesday March 1**

**9:00** For All Veterans both Living & Deceased - Aileen Bobelewski & Family  
For Peace in our World

**THURSDAY March 2**

**9:00** John J. Yanas, Sr. - Kathy Curtin  
James L. Krueger (BdayRem) - Daughter, Cathy  
**Stations of the Cross** - After the Mass

**FRIDAY March 3**

**9:00** Robert P. Higgins - Mr. & Mrs. Clemente LaPietra  
**6:30** **HOLY HOUR**

**SATURDAY March 4**

**4:00** John J. Yanas, Sr. - Marty & Sally Dunbar  
Chrissy Ring - Ahlborn Family  
Cal Stagers - Tony & Carrie Milanese & Family

**SUNDAY March 5**

**8:00** Angelina Anastasio - Mother, Giovannina  
Michael Miller - Family  
John J. Yanas, Sr. - Sam & Loretta Ciraulo  
Carol Light - Tony & Donna Iannacito

**9:00** **SPEAKER SERIES IN CAFETERIA**  
**Please join us. All are welcome!**

**PRAYERS FOR THE SICK:** Lil Rosenberger, Barbara Bennett, Chris Wood, Ed and Mary Martin, Bob Patrick, Sr., Betsy Cronin, Mary Leah Mason, Arlene Leach, Pat Hogan, John Kaniff, Mary Lourdes Betzinger and Tom Purcell.

**NEW TO THE PARISH!** - We are happy to have you in our community and hope that you will enjoy a truly Christian experience with us. Please call (518) 274-1363, stop by the rectory or take a form off the bulletin board in church, to register. This helps us for sacraments, sick calls or any other assistance you may need. Thank you!

**Parish Information**

Pastor - Fr. John Yanas; Administrator - Mark Trudeau  
School Principal - Amanda Goyer; Dir. of Faith Formation - Autumn Deeb  
Music Minister - Zachery May  
Trustees - Janet Derby and Bill Aram; Parish Council Chair - Peter Kehoe  
Have you received your sacraments?  
Baptism, Communion, Confirmation, Matrimony, Anointing of the Sick  
Gifts for you and your family. Call for more info 518-274-1363

**SCRIPTURE REFLECTIONS**

The first Sunday of Lent finds us in an entirely different liturgical atmosphere than the rest of the year. No matter which of the three liturgical cycles we have been in, the Scripture readings for the opening of the season on Ash Wednesday always remain the same: **the call to repentance**, because you never know if you are going to get another chance. Now in the first Sunday, the readings are trying to get us to look at **the reality of sin**. So, in the Gospel, even Jesus was tempted by the Devil to sin. And what were the sins behind the three temptations? First, the sins of the flesh, represented by hunger. Second the sin of presumption, i.e. no matter how outrageous one's actions, it will be o.k. with God. Third, the lust we all have for power and prestige. These were sins which characterized the history of Israel on the one hand, while on the other, all of us human beings since. Adam and Eve failed those tests, and their failure resulted in alienation and death. Jesus, as St. Paul points out is the new Adam, sent by God to repair {if we will allow Him to do so --- always human free will has been preserved -for what good is love if not freely returned?) the damage to creation, done by sin. Where Adam and Eve failed, Jesus conquers. Today's first reading recounts what went wrong with God's original plan for creation. Once again free will is the deciding factor. What more could Adam and Eve ask for which they didn't already have? They could freely choose to be like gods themselves, deciding what is good or evil. I am not forgetting that the Devil played a part and continues, by the way, to do so. But the itch was there, and remains ever present right up to our own times: "Nobody tells me what to do or believe; I'll do it myself!" And we know what that has gotten us: conflict and violence and ultimately death. Today's readings ask us to reflect on this paradigm and ask ourselves how do we use our free will? Are we still letting our flesh dictate what we do? Are we presumptuous that it doesn't matter what we do, God will forgive us? How much does personal pride direct our lives?

**The Principal's Corner**

We look forward to welcoming our students and staff back to school on Monday from our winter break.

You still have time to turn in your March Madness Raffle tickets! The main office is open daily from 7:30am-3:00pm. Drawings begin on Wednesday, March 1st. Winners will be posted outside of the main office and on Facebook.

**A Youth Prayer for Lent:**

Lord, Teach me a new freedom.  
 Freedom to reject comparison  
 And to embrace uniqueness.  
 Freedom to cut ties with greed  
 And feast on love.  
 Freedom to abstain from over indulgence  
 And feast on self-control.  
 Freedom to leave behind selfish thoughts  
 And to focus on the needs of others.  
 Freedom to fend off insecurity  
 And to embrace grace.  
 Lord, at this time of Lent,  
 Thank you for the freedom you bring.  
 Amen. -Author Unknown

As always, we thank you for your support of your parish school.

With many blessings,  
 -Mrs. Goyer- :)

**ALTAR BREAD AND WINE** - In memory of a deceased loved one or to commemorate a special event, a donation can be made to purchase the monthly altar bread and/or wine offered at each Eucharistic celebration. For more information, please call the parish office at 518-274-1363.

Our **Altar Bread and Wine for the month of February** has been gifted in memory of **Larry Zepf (BdayRem)** by **Wife, Betty and Family**.

**UPDATE**

**FATHER VAUGHAN'S MEMORIAL PLAQUE**

We have reached our goal for the plaque to honor Fr. Vaughan. If anyone still wishes to give; it will be given to Sacred Heart School in his memory. Everyone will be notified when the plaque is completed. Thank you to all who have donated to honor Fr. Vaughan. If anyone has any questions, please call Alice Swertinski at 518-283-4672 or 513-460-9928.

Lent-The perfect time to expand our prayer life and interaction with each other. Let's find the time to share.



**Lenten Speaker Series** is back!

Please make time for this sharing of faith in our community as we listen to various presenters bless us with their missionary spirit and experiences with our Lord while they work to serve the community. We will meet at 9:00am each Sunday morning during Lent, immediately after the 8:00am Mass. A speaker will present for a short while followed by a time of Q&A. There will be coffee, Tea and some delicious treat to share. All of the speakers are family friendly and we encourage anyone to attend.

**February 26th, 2023**

The **First speaker** will be **Deacon Gerald Ladouceur** sharing his work with **Hospice**.

**March 5th, 2023**

**Glory House and Alpha Pregnancy Center** Sharing on the ways we can know and live the beauty of Life!



**RICE BOWLS and BABY BOTTLES are due!**

Please bring in your Rice Bowls and Baby Bottles to the church or to the Rectory office this week. We will be presenting our gift of Baby Bottles to Glory House on Sunday March 5th at

their presentation. The Rice Bowls will be collected and sent to Catholic Relief Services as we do each year to help support our brothers and sisters in Christ around the world with basic needs of food clothing and shelter. Thank you so much for your very generous gifts that you always provide. In God we Trust.

