

March 3, 2024

The bulletin is also available online at stjudevt.org

We are a Welcoming Community of Believers, Hopers and Lovers. We are One Family in Baptism and the Holy Spirit, nourished with the Word of God and the Body and Blood of Christ. All are Welcome in this place.

Cycles of Faith – Third Sunday of Lent

I am the Lord your God ... You shall not have other gods beside me. —Ex 20:2-3
One of the greatest golfers of all time — if not the greatest — was Jack Nicklaus. Which is why it is baffling that at the beginning of each season he would return to his childhood coach and re-learn how to grip the golf club. It's like Shakespeare re-learning the alphabet and grammar. Why would he do that? Because Jack knew that the fundamentals are always relevant. Perfecting and obsessing over his grip allowed him to do everything else in the game well. In sports and life, the best ones love the basics.

Similarly, as we begin Lent, we re-learn the spiritual basics in the Ten Commandments. Consider the first, to **"have no other gods besides me."** This is our "grip." Is our connection to God one of absolute fidelity and exclusive worship? Am I willing to let go of my precious idols, the things I cling to instead of God? Once we say "yes" to this fundamental question of our spiritual "grip," then we are ready to properly engage with everything else in life. Watch how beautifully the game of life unfolds in the next nine commandments (numbered in parentheses): how we speak to God and others (2 and 8), how we organize our week (3), how we relate to our family (4) and the wider community (5 and 7), how we live our sexuality (6), and how we order all the other desires of the human heart (9 and 10). But don't rush to these later Commandments too soon! Everything in life is built on the first Commandment. The more we focus on worshiping God alone, the better we navigate the complexity of life with panache, effectiveness, and love.

Lenten challenge: This week, identify what you can do to better worship God alone. If you're not sure, scan the last nine commandments to identify what you are most likely to worship instead of God. Power, pleasure, control of your time, possessions, family, health, reputation, money? Commit to concrete action to help you let go of this "idol" to better hold on to God alone in faithful worship. Remember: the best love the basics.

Father John Muir
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Offertory Last Week: \$1,581.85 Ash Wednesday: \$5.00
Online Banking: \$290.00

Second Collection This Week for Church
In Central and Eastern Europe

Second Collection Next Week for Maintenance

Attendance Last Week:
4:30 p.m. 39 9:30 a.m. 55

MASSES AND INTENTIONS

Saturday March 2 (SJ)

4:30 p.m. For the repose of the souls of Elinor and Charles Lucia requested by the Family.

Sunday March 3

8:00 a.m. (OLMC) For the repose of the soul of Joe Bean requested by the Parish Community.

9:30 a.m. (SJ) For repose of the soul of James Bullock requested by the St. Jude Parish Community.

11:00 a.m. (OLMC) For the Parishioners of Our Lady of Mount Carmel and St. Jude Parishes.

Monday March 4 (SJ) 8:30 a.m. For the Protection of Religious Liberty in our state and the world.

Tuesday March 5 (OLMC) 5:30 p.m. For the Protection of Religious Liberty in our state and the world.

Wednesday March 6 (OLMC) 8:30 a.m. For those of the St. Jude and Our Lady of Mount Carmel Prayer Lists.

Thursday March 7 (OLMC) 5:15 p.m. For the Protection of Religious Liberty in our state and the world.

Friday March 8 (SJ) 8:30 a.m. For the election of a new Bishop of Burlington.

Saturday March 9 (SJ)

4:30 p.m. For the repose of the souls of Bernard and Ortho Emmons requested by the Family.

Sunday March 10

8:00 a.m. (OLMC) For the Parishioners of Our Lady of Mount Carmel and St. Jude Parishes.

9:30 a.m. (SJ) For repose of the soul of Joseph Poirier requested by the St. Jude Parish Community.

11:00 a.m. (OLMC) For Healing for Jill French.

Calendar of Events:

-3/08 Stations of the Cross at 6:00 p.m.

-3/10 Family Faith Formation at 9:30 a.m.

-3/10 Lenten Reflections with Adoration and Confession at 5:00 p.m.

Please pray for all priests in your daily prayers, especially the following this week:

Sunday:	Rev. Brian Cummings, SSE
Monday:	Rev. Charles Danielson
Tuesday:	Rev. Msgr. Michael DeForge
Wednesday:	Rev. James Dodson
Thursday:	Rev. Francis Eksterowicz
Friday:	Rev. Richard Eneji CSSp
Saturday:	Rev. John Feltz

Schedules for March 9 and 10, 2024

<u>Greeters:</u>	4:30 p.m.	Donna Shepardson
	9:30 a.m.	Tom Giroux
<u>Lector:</u>	4:30 p.m.	Heidi St. Peter
	9:30 a.m.	Sue McGuire
<u>EM:</u>	4:30 p.m.	Donna Shepardson
	9:30 a.m.	Ray Bouchard
<u>Hospitality:</u>	9:30 a.m.	No Coffee Hour Next Sunday due to Family Faith Formation

Holy Hour of Eucharistic Adoration and Confession: There will be a Holy Hour of Eucharistic Adoration and Confession on **Tuesday, March 6** at OLMC following the **5:30 p.m.** Mass.

Daily Mass: Mass on **Tuesday, March 5** will be at **5:30 p.m.** instead of the usual 5:15 p.m. Adoration and Confession will follow.

Stations of the Cross: Stations of the Cross will be held every Friday evening during Lent at St. Jude's at 6:00 p.m. All are welcome.

PLEASE NOTE: On **Friday, March 22** Stations of the Cross will be held at Our Lady of Mount Carmel Parish at 6:00 p.m. There will not be any Stations at St. Jude that evening.

Lenten Projects: Lent is a time of fasting, prayer and almsgiving. During this Lenten season we have a few projects for folks to participate in.

--We will be collecting for the Food Shelf with our "**Feed a Neighbor for a Day**" bags. Fill the grocery bag(s) with food items for three meals-breakfast, lunch and dinner for a family of 4..

--We are collecting a variety of items for **St. Joseph's Residential Care Facility** in Burlington. Items requested include shaving cream, disposable razors, writing paper, envelopes, stamps, floor gripper socks (large & extra large sizes).

--**Rice Bowls:** Pray for, fast in solidarity with, and give support to our brothers and sisters in need throughout the world. Cardboard "rice bowls" are available in the lobby. 75% of funds collected go to Catholic Relief Services, 25% stays in our diocese.

Lenten Penance Service with Adoration: There will be a Lenten Penance Service with Reflections and Adoration on **Sunday, March 10 at 5:00 p.m. at St. Jude.** Rev. Luke Austin from St. Mary's in Middlebury will present the reflection and help with Confessions. All are welcome.



And to those who sold doves he said, "Take these out of here, and stop making my Father's house a marketplace." His disciples recalled the words of Scripture, Zeal for your house will consume me.

— Jn 2:16-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

The Rosary: During Lent the Rosary will be said before the 11:00 a.m. Mass at Our Lady of Mount Carmel beginning at 10:30 a.m. PLEASE NOTE: It will **NOT** be said on Sunday, March 3.

Sacrament of Reconciliation: During Lent Fr. Zuccaro will be offering the Sacrament of Reconciliation after every weekday Mass, following the Stations of the Cross on Friday evenings, before and after the 4:30 p.m. Mass on Saturday evening at St. Jude's and after the 11:00 a.m. Mass on Sunday mornings at Our Lady of Mount Carmel.

Senior Bingo: All Seniors (60+) and care companions (any age) are invited to a relaxed and fun morning of free bingo in the St. Jude Parish hall on the 2nd and 4th Tuesday of every month, 10:00 to 11:30 a.m. The next bingo is **Tuesday, March 12**. Prizes are provided by St. Jude's. Complementary snacks, hot coffee, tea and bottled water are available all morning. If you are a newcomer, to reserve a Grab and Go packaged full meal** contact Ted and Kathy Barrett at 802-453-3087 (leave a message) or email tedbarrett79@gmail.com by the Wednesday before the following bingo day.

**Please note: Meals are provided by Age Well, for a suggested donation of \$5.00 per meal now that pandemic funding has ended. We hope to see you soon.

FORMED

FORMED.org is a revolutionary online platform featuring the best Catholic videos, audio talks, eBooks and movies at **NO** cost to you. Visit **FORMED.org** to learn about these resources. To log in, go to **FORMED.org**, click "Sign up as a parishioner", enter "Our Lady of Mount Carmel, Charlotte, VT. Register your name, email, and your own password to create an account. If you have any questions, please feel free to contact Marie.

***Did you know you can use Formed for at home on-line RCIA instruction? If you are interested in learning more about the faith, please contact Fr. Zuccaro.

Lenten Retreat Day: A Lenten Retreat Day for anyone who works for or ministers in the parish including: administrative assists, bookkeepers, religious education leaders, catechists and aides, music directors, musicians and singers, parish volunteers including greeters, lectors, Extraordinary Ministers of Holy Communion, counters, parish and finance councils and other parish staff. The Retreat in our area is scheduled for **March 13 at St. Andrew Parish in Waterbury, VT from 9:30 a.m. to 3:00 p.m.** This event is free but pre-registration is required. If you are interested in going, please contact Marie at 802-482-2290 or mcookson@vermontcatholic.org and she will send you the link to register.

Catholic Men's Conference: The Catholic Men's Conference will be held on **March 16 from 9:00 a.m. to 2:15 p.m. at Our Lady of Angels Church in Randolph.** The theme of the Conference is "Band of Brothers". Keynote speaker will be Dcn. R J Dourney. Registration fee: Adults over 18/\$30; College Students/\$15; Young Adults 18 and under/Free with a paid accompanying adult. Register at: <https://www.vermontcatholic.org/event/vermont-catholic-mens-conference/>

Chrism Mass: The Chrism Mass will be held on **Monday, March 25 at 11:00 a.m. at the Cathedral of St. Joseph in Burlington.** At this special Mass celebrated by Archbishop Coyne, the Oil of Chrism is consecrated, the Oils of Catechumens and the Sick are blessed, and the priests within the Diocese of Burlington recommit themselves to the Priesthood of Jesus Christ. Free parking is available along Elmwood Avenue and pay lots/garages are near the Cathedral (first two hours are free in city-owned parking garages). Carpooling is highly encouraged. All are invited to join in celebrating this special Mass. A reception will follow in the parish hall. **PLEASE NOTE: THERE WILL NOT BE A MORNING DAILY MASS AT ST. JUDE'S THAT DAY.**

Knights of Columbus Scholarship: Knights of Columbus Scholarships Available for the 2024-2025 school year. Applications will be available beginning in JAN 2024. See details at this link: [KofCScholarships](https://www.kofc.org/scholarships)

Pickleball: Free weekly Pickleball has started at St. Jude's every **Friday afternoon from 1:00 to 3:00 p.m.** Any skill level is welcome. They'll show you how if you have never played before. Contact Ted Barrett at tedbarrett79@gmail.com if you are interested. Equipment will be provided.



The Gospel of Life is "meant to be a precise and vigorous reaffirmation of the value of human life and its inviolability, and at the same time a pressing appeal addressed to each and every person, in the name of God: respect, protect, love and serve life, every human life! Only in this direction will you find justice, development, true freedom, peace and happiness!"

(The Gospel of Life 5).

LENT

Pray + Fast + Give

Guidelines for Lent

--The time of Lent is to be observed by Catholics as a special season of prayer, penance and works of charity.

--Ash Wednesday and Good Friday, in particular, are the most important penitential days of the liturgical year. They are days of both fast and abstinence. All Fridays in Lent are days of abstinence.

--The rule of **fasting** states that only one full meal a day can be taken. Two small meals, "sufficient to maintain strength", are allowed, but together they should not equal another full meal. Eating between meals breaks the fast, but drinking liquids does not. The rule of fasting obliges all Catholics from 18 to 59.

--**Abstinence** refers to the eating of meat. The common estimation of the community is used to determine what falls under the category of meat. The rule of abstinence binds all Catholics 14 years or older.

--The **substantial** observance of the laws of fast and abstinence is a serious obligation.

--Self-imposed fasting on the other weekdays of Lent is recommended. Abstinence on all Fridays of the year is also highly recommended.

--Parents and teachers should see to it that, even those who are not bound by the laws of fast and abstinence because of age, are brought up in an atmosphere that is conducive to a sense of penance.

Prayer for the Appointment of a New Bishop

Almighty God, Eternal shepherd and guide, in your love for us, grant to the Diocese of Burlington a shepherd who will lead us to be Christ's heart of mercy, voice of hope, and hands of justice. Help him to fill our minds and hearts with the truth of the Gospel, the power of the sacraments, and the desire to build up your holy Church. Through Christ Our Lord. Amen.



**REMEMBER TO PUT YOUR CLOCKS AHEAD ONE HOUR
NEXT SATURDAY NIGHT. MARCH 9.**