

# Confirmation Handbook: 2023-2024



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### **Parish Mission:**

**“Go therefore, and make disciples of all nations,  
baptizing them in the name of the Father, and of the  
Son, and of the holy Spirit” (Mt. 28:19)**

Dear Confirmation Candidate,

*Come Holy Spirit! Come Holy Spirit! Come Holy Spirit!*

Thank you for allowing us to accompany you in the sacramental preparation of Confirmation! Our prayer for you is with the help of your parents and sponsors that this preparation renews your friendship with Jesus, helps you to form an intentional relationship with the Holy Spirit, and sets you on a joy-filled discipleship.

Confirmation means **strengthening**. Through the sacrament of Confirmation, God pours out anew His own life-giving Spirit into the hearts of his children. At baptism, you were opened to the riches of God's life; in Confirmation, you will be sealed with the Holy Spirit—that is, God bestows certain gifts by which you will be able to live a life of holiness. Through the sacrament of confirmation, your soul is further configured to God by being bestowed with the ability to better know, love, and proclaim God's truth.

Jesus reminds His disciples, "You will know the truth and the truth will set you free." This truth is made known by the Holy Spirit, who helps us make sense of our lives, grow our capacity to love, and embrace the joy of being His disciples. In the midst of a world where humanism and consumerism thrive, it is the Holy Spirit that opens us to others and helps us to become true disciples who will lead lives of virtue, joy, and love

Parents, Sponsors, Confirmation Ministry Leaders, Confirmation Coordinator are committed to your sacramental journey. Like the disciples on the way to Emmaus, this team of mentors are there to walk with you, listen to you, be present to your questions and struggles, pray for you, and leave your heart burn in love for Jesus.

I ask for the intercessions of Our Blessed Mother and Saint Boniface as we begin this confirmation journey. May the good Lord bless you!

*Father Chioma Devaraj*

October 20, 2023 | Saint Paul of the Cross

*Beth Henderson*

Faith Formation Administrative Coordinator

# **CONFIRMATION PREPARATION: OUTLINE**

## **I. Youth Alpha: (13 Episodes)**

Each episode features a different question about life and faith:

- i. Episode 1 – Life: is this it?
- ii. Episode 2 – Jesus: who is he?
- iii. Episode 3 – Cross: why did Jesus die?
- iv. Episode 4 – Faith: how can I have faith?
- v. Episode 5 – Prayer: why and how do I pray?
- vi. Episode 6 – Bible: why and how do I read the bible?
- vii. Episode 7 – Spirit: who is the Holy Spirit and what does he do?
- viii. Episode 8 – Fill: how can I be filled with the Holy Spirit?
- ix. Episode 9 - New Life: how do I make the most of the rest of my life?
- x. Episode 10 – Evil: how can I resist evil?
- xi. Episode 11 – Telling Others: why and how should I tell others?
- xii. Episode 12 – Healing: does God heal today?
- xiii. Episode 13 – Church: what about the church?

## **II. Accompaniment Conversations (Sponsor & Candidate)**

- What is Confirmation
- Prayer
- Service
- Mass & Confession
- Mary and Saints
- Life with the Holy Spirit

## **III. Confirmation Retreat**

## **IV. Confirmation Mass Rehearsal**

## **V. Confirmation Mass (October 2024)**

## Confirmation: October 2023 – October 2024

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- October 22 – PARENT – TEEN MEETING: After 10:30 AM Mass
- October 25 – Confirmation Introduction Session

### **YOUTH ALPHA SERIES BEGINS**

- November 8 (Alpha #1): Life: Is This it?
- November 15 (Alpha #2): Jesus: Who is He?

### **ALIVE IN CHRIST: 3-Day ADVENT MISSION (December 1-3, 2023)**

- December 6 (Alpha #3): Cross: Why did Jesus die?
- December 13 (Alpha #4): Faith: How can I have faith?
- January 10 (Alpha #5): Prayer: Why and how do I pray?
- January 20 (Alpha #6): Youth Alpha Day Away (Tentatively, 9 AM until 3 PM): Who is the Holy Spirit? What does He do? How Can I be filled with the Holy Spirit?
- January 24 (Alpha #7): New Life: How Can I Make the Most of the Rest of my life?
- January 31 (Alpha #8): Evil: How can I resist Evil?
- February 7 (Alpha #9): Telling Others: Why and How should I tell others?
- February 21 (Alpha #10): Healing: Does God heal today?
- February 28 (Alpha #11): Church: What about The Church

### **YOUTH ALPHA SERIES ENDS**

- March 6: Forming a Heart of Service (Service Project #1)
- March 20: Forming a Heart of Service (Service Project #2)
- April 3: Forming a Heart of Service (Service Project #3)
- June – August: Discernment Conversations

### **NEVER ALONE: LIFE WITH THE HOLY SPIRIT BEGINS**

- September 6: Belonging
- September 13: Guided
- September 20: Empowered
- September 27: Alive
- October 5: Confirmation Retreat (TBD)
- October 9: Confirmation Rehearsal (TBD)
- October 13th, 2024 at 12:00 noon – Confirmation Mass

## **WHAT IS DIFFERENT THIS YEAR?**

In the hope of drawing our candidates, sponsors, and parents to have a personal transformation in Jesus and the Church, we are introducing "Youth Alpha" for Confirmation preparation. We pray that this will create an opportunity for youth to have a sense of belonging before they come to believe and to become disciples. Additionally, we have created "accompaniment conversations" for sponsors. The conversations focus on key topics of the sacrament of confirmation. The conversation utilizes the principles of accompaniment found in Luke 24:13-34: *deep listening, hospitality, affirming, empowering, and prayer*. The conversations have to be completed over 10 months and they will help the sponsor discern the candidate's readiness for confirmation.

## **QUESTIONS ON SPONSOR/REQUIREMENTS**

### **WHAT IS A SPONSOR?**

A sponsor is a practicing Catholic who lives their life in harmony with the church while seeking to be a disciple of Jesus. This person's function "is to take care that the person confirmed behaves as a true witness of Christ and faithfully fulfills the duties inherent in this sacrament." (Canon 892)

### **WHAT DOES IT MEAN TO BE A SPONSOR?**

We want sponsors to serve in a mentor role. A sponsor will meet with the teen for conversations about faith using a variety of topics important to the confirmation preparation. Upon completion of accompaniment sessions, the sponsor will notify the Faith Formation Coordinator through documentation of the experience. Additionally, the sponsor will join the teen for service projects, Mass, Adoration, and other activities the teen identifies as important to their confirmation journey. Upon completion of the accompaniment sessions, the sponsor serves as a witness testifying to the teen's readiness to receive the sacrament of Confirmation.

### **QUALIFICATIONS TO BE A SPONSOR**

The following are qualifications defined by the church:

- 16 years of age or older
- Is not the father or mother of the candidate
- Received the three Sacraments of Initiation: Baptism, Eucharist and Confirmation
- Participates in the Mass on Sundays and Holy Days; and receives the Sacraments of Eucharist and Reconciliation regularly.
- Actively strives to live out their commitment to Christ and to the community life of the church by a lovingly responding to those with whom they come in contact.
- If married, the marriage is valid according to the laws of the Catholic Church.
- Is willing to give support to the candidate through prayer and the example of their Christian life.
- Is able to attend the Rite of Confirmation Mass and testify to the Bishop the candidate's readiness to receive the sacrament

### **WHEN CHOOSING A SPONSOR, PLEASE CONSIDER 3 THINGS:**

- A practicing Catholic who lives out her Catholic faith with joy
- Someone you can talk to and you admire
- Someone who is available to journey with you

### **TIPS FOR CHOOSING A SPONSOR:**

- Begin with prayer: ask God to guide you to the person right for you.
- A Godparent can be good candidate, but ask these questions: Do you know them well? Are they able to fill this role?
- Is there a relative, sibling (16 or older) or family friend who stands out to you as a good candidate?
- Do you feel comfortable diving into prayer and faith conversations with this person?
- Is the person available to meet with you on a regular basis and attend the Rite of Confirmation Mass?

### **CAN MY OLDER TEEN BE A SPONSOR?**

Teens 16 years or older who have received all the sacraments of initiation (*Baptism, Communion and Confirmation*) are eligible to be a sponsor. However, it is always better to have a trusted adult (family member) who can both complete accompaniment conversations and ensure their readiness for confirmation. If your candidate chooses an older teen as their sponsor, please be prepared to provide extra support.

### **CAN MY TEEN CHOOSE A SPONSOR WHO LIVES OUT OF TOWN?**

Absolutely, Yes! The sponsor can certainly complete “accompaniment conversations” through ZOOM. However, when the sponsor comes in town for a special occasion, it is a great opportunity to meet in-person with their candidate.

### **WHAT IF I CAN'T FIND A SPONSOR?**

We completely understand that it may be difficult to find a sponsor that fulfills the requirements to be a sponsor who can make a commitment to the preparation journey. If you are unable to find a qualified sponsor, please contact Faith Formation Office. We will work with you to find a sponsor who can fulfill the requirements.

### **HOW MANY SERVICE HOURS WILL MY TEEN NEED TO TURN IN?**

Our hope is that your candidate cultivates a heart for service. In accompaniment conversation #3, they will talk about the baptismal call to serve. We would like one of their three service experiences to come from that conversation of service. Additionally, we would like them to accrue at least 15 hours of service from the project identified with their sponsor. **The 3 categories are: serve the St. Boniface Community (Mass, faith formation sessions, parish community events, and parish outreach projects), serve those outside the St. Boniface community (Waukee Food Pantry and Joppa), and serve with Knights of Columbus and Men of Boniface (Fish Fry, Pancake Breakfasts, Fall Cleaning, and other outreach initiatives).**

## **DOES MY TEEN NEED TO ATTEND RETREAT?**

Teens preparing for confirmation should attend retreat. Retreats are an important opportunity for the candidate to understand the Saving Love of Jesus and have a meaningful encounter with God. Teens who attend retreats consider the weekend the highlight of their year. While it may seem overwhelming to make a commitment for the whole day, it is always worth the sacrifice. **The teens are made anew!**

## **ACCOMPANIMENT CONVERSATIONS**

We invite the sponsor and candidate to enter into a covenantal relationship of **TRUST, CONVERSION, AND COMMITMENT TO CHRISTIAN DISCIPLESHIP**. Accompaniment conversations happen around CORE topics/catechesis for the sacramental preparation for Confirmation. They are conversations between the candidate and their chosen sponsor. Each conversation has a reflection component to it.

### **1. CONFIRMATION**

**Step #1:** Watch “The Sacraments of Baptism and Confirmation” from SYCAMORE:  
<https://www.sycamore.fm/videos/session-14-the-sacraments-of-baptism-and-confirmation>

**Step #2:** FOCUS: Introduce the Sacrament of Confirmation: 3 questions to explore together as you introduce the sacrament: *What is a sacrament, what are seven sacraments, what is Confirmation, and why does it matter?*

**Step #3:** Candidate’s reflection (2 pages)

### **2. PRAYER**

**Step #1:** Watch 2 videos on prayer

- Alpha Youth Series on Prayer: *Why and How Do I Pray?*  
<https://www.youtube.com/watch?v=Fl8VnmY99TA> (Follow discussion questions and delve deeper into candidate’s thoughts on prayer)
- Fr. Mike Schmitz’s *Prayer for Beginners*:  
<https://www.youtube.com/watch?v=BO3YJHZVdxs> (Follow discussion questions and help candidate form habits of prayer)

**Step #2:** As a starting point for conversation, sponsor will share about her/his “prayer life” by focusing on the following questions: *What prayer is, why it matters, and how to do it?* The goal is to draw both—sponsor and candidate—to renew/cultivate simple prayer habits at home and come to know the fruits of joining friends, family, and the parish community for prayer.

**Step #3:** Candidate’s reflection (2 pages)



### **3. SERVICE**

**Step #1:** Sponsor will focus on forming the heart of service by exploring what the candidate is passionate about, commit to 5 service projects within and outside the parish community, and reflect on the importance of forming the heart.

**Step #2:** Please review: "CALLED TO SERVE: DISCERNMENT AND FORMATION" included in "Confirmation Handbook 2023-24"

**Step #3:** Candidate's reflection (2 pages)

### **4. MASS, CONFESSION, & ADORATION**

**Step #1:** Sponsor will explore the importance/riches of these sacraments: Mass, Confession, and Adoration, and make the following commitments:

- i. Attend Mass together (October 2023 – October 2024)
- ii. Attend Adoration (ADORATION is on Tuesdays from 6-7 PM; 40 hours of adoration during Lent 2024)
- iii. Celebrate the Sacrament of Confession

**Step #2:** Watch 3 short videos:

- i. <https://www.youtube.com/watch?v=55hPqxWAt9A> (Mass)
- ii. <https://www.youtube.com/watch?v=A6vcPLn1odA> (Confession & Examination of Conscience)
- iii. <https://www.youtube.com/watch?v=Y6hXG43Fflw> (Adoration)

**Step #3:** Candidate's reflection (2 pages)

### **5. MARY AND THE SAINTS**

**Step #1:** Sponsor will explore candidate's thoughts on Mary and Communion of Saints. Help candidate choose a confirmation Saint who will be the firm spiritual companion and intercessor. Sponsor will reveal her relationship to Mary and Saints by sharing some of the devotions sponsor celebrates. Sponsor will look at some of the Saints: Oscar Romero, John Paul II, Teresa of Calcutta, Faustina, Dymphna, Clare of Assisi, Boniface, Maximilian Kolbe, and etc., Encourage candidate to choose a Saint, provide more information, and empower candidate to embrace the pursuit of holiness of the chosen Saint for Christian discipleship journey.

**Step #2:** Watch 2 videos:

- (Youth Witness): <https://www.youtube.com/watch?v=usQuLFM8FcQ&t=94s>
- (Bishop Barron): <https://www.youtube.com/watch?v=Z7bjqldlHl4&t=27s>

**Step #3:** Candidate's reflection: Confirmation Saint Project (2 pages)



## 6. GIFTS OF THE HOLY SPIRIT

**Step #1:** Sponsor will begin sharing about the place of the Holy Spirit in the Christian journey, personal relationship and transformation with the Holy Spirit, and review the significance of the 7 gifts in daily life.

**Step #2:** Watch this video: Gifts of the Holy Spirit:

- <https://www.youtube.com/watch?v=VNpHMMa3NLM> (Fr. Pivonka, TOR)
- <https://vimeo.com/399752652> (Alpha Youth Series: Holy Spirit)
- Read and reflect on these texts: **Acts 1: 1-11 (Pentecost) and Galatians 5: 13-25 (Fruit of the Holy Spirit)**

**Step #3:** Complete the reflection (2 pages)



## **TIMELINE FOR CONFIRMATION PREPARATION:**

- **October:** Parent/Candidate Initial Meeting
- **November:** Candidate signs the commitment form; Candidate and sponsor forms are completed and the necessary paperwork is turned into Faith Formation Administrator
- **December:** Orientation meeting for Sponsor/Candidate (TBD); Accompaniment conversation #1
- **January:** Accompaniment conversation #2
- **February:** Accompaniment conversation #3
- **March:** Accompaniment conversation #4
- **April:** Accompaniment conversation #5
- **May:** Accompaniment conversation #6
- **June – August:** Discernment Conversations; Confession
- **September: Life With the Holy Spirit**
- **October:** Confirmation Retreat (TBD)
- **October:** Confirmation Rehearsal and Confirmation Mass

## **CONFIRMATION SAINT**

### **WHY DO WE CHOOSE A CONFIRMATION SAINT?**

**Answer:** Confirmation saints are chosen to be a person we want to be like, as well as someone who can pray for us from heaven. To aspire to be like a saint is the same as trying to imitate an actor, musician, or athlete; a confirmation saint is someone who we want to be like! As members of the Church, we are never alone, as the Letter to the Hebrews says, “We are surrounded by so great a cloud of witnesses” (Hebrews 12:1). These witnesses are the saints who continually intercede for us (CCC 956); in choosing a confirmation saint, we are choosing a special friend to intercede for us and to model our lives here on earth.

### **WHY DO WE CHOOSE A CONFIRMATION NAME?**

**Answer:** Scripturally, a name is not only what a person is called, but also who the person is—a special meaning of that person. Indeed, it conveyed the truth of the person. Your Confirmation name is the name you choose for yourself; although it is not required that you to do so. In the scriptures, changing your name signaled a change in your vocation or even your identity. If you choose to take a new name, then you will select a name of the saint you research. The Saint should be someone whose life or death inspires you or who exhibited qualities you admire. Even if you do not choose to use the name of a Saint as your confirmation name, the Saint project is still required.

### **HOW DO I SELECT A CONFIRMATION SAINT?**

**Answer: Pray, Discern, and Choose**

- i. **PRAY:** Since you are inviting a Saint to accompany you forever, it is important to take some time to think and pray about the following questions:
  - *What kind of role model are you looking for, what qualities do they have that you want, and what kind of person are you hoping to become?*
  - *Pick a few different saints and then spend time in prayer and ask all of them to pray for you. The Holy Spirit will help you find the one who sticks out more than others, and who resonates with you more than others*
- ii. **DISCERN:** Consider doing a little more reading on the Saint you or someone in your family was named after, one from your family’s country of origin, or a patron Saint of something that is important to you. The Church has a saint for almost anything and you can start with this link: <https://lifeteen.com/blog/biggest-best-list-confirmation-saints-guys-girls/> Or Talk to your Sponsor, parents, trusted family member, and Confirmation Ministry Leader for recommendations:
  - *What saints are they familiar with and do they have a special devotion to a saint?*
  - *Asking those who know you best can help you find a saint you can form a relationship with for the rest of your life.*
  - *Check out this book, “100 Saints that Every Teen Should Know” from Julie Schell in the Faith Formation Office*
- iii. **CHOOSE:** Once you have made your choice, pray to that saint for guidance and to help you prepare for the sacrament of confirmation

## **CALLED TO SERVE: DISCERNMENT AND FORMATION**

### **Mass Ministry**

- ☐ Greeter
- ☐ Altar server
- ☐ Lector for Youth Mass
- ☐ Assist at Children's Liturgy of the Word
- ☐ Organizing Pews on Mondays

### **Faith Formation Center**

- ☐ Prepare Faith Formation class rooms before or after formation sessions
- ☐ Serve as a teen helper for faith formation sessions
- ☐ Serve as a teen helper for child care coordinator
- ☐ Serve with a parent on safety team
- ☐ Assist with Family Faith Sessions

### **Parish Events**

- ☐ Help with funeral dinners during summer
- ☐ Help with parish gardens or landscape
- ☐ Help with set up/clean up after BONIFEST or supervise a game
- ☐ Help sort and organize the coats for the winter coat drive
- ☐ Help set up, serve, and clean up for Fall Celebration
- ☐ Volunteer as a teen helper for Vacation Bible School
- ☐ Help set up, serve, clean up for Fish Fry during Lent with Knights

### **Outreach Ministries**

- ☐ Serve with a parent on the Canteen food truck for the Salvation Army
- ☐ Be part of the youth Mission Trip to El Recreo
- ☐ Serve with a parent for Joppa
- ☐ Assemble bags for military families
- ☐ Hang angels on the Christmas trees for the Angel Tree

### **Volunteering Opportunities**

- ☐ <https://www.dmarcunited.org/volunteer/>
- ☐ <https://gdmhabitat.org/volunteer/>
- ☐ <https://mealsfromtheheartland.org/get-involved/ways-to-volunteer/>
- ☐ <https://www.rmhdsmoines.org/get-involved/volunteer>
- ☐ <https://svdpdsm.org/>
- ☐ <http://www.waukeechristianservices.org/FoodPantry.html>

## **CONFIRMATION COMMITMENT FORM**

As a candidate for Confirmation,

- ◇ I will approach my Confirmation preparation with humility desiring to enter into an intentional relationship with the Holy Spirit
- ◇ I will fully participate in all Confirmation sessions (Youth Alpha)
- ◇ I will complete 6 Accompaniment Conversations with my Sponsor
- ◇ I will complete Acts of Service (15 hours)
- ◇ I will participate in the Confirmation Retreat
- ◇ I will attend Mass every Sunday and Holy Days of Obligation
- ◇ I will maintain prayer/reflection journal
- ◇ I will celebrate the Sacrament of Confession
- ◇ I will commit to daily prayer

\_\_\_\_\_  
Name of Candidate

\_\_\_\_\_  
Signature of Candidate

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Candidate's Parent/Legal Guardian



## Sponsor Eligibility Form

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Thank you for being a Confirmation Sponsor!

The Church (CC 872-874) has several requirements for the sponsor:

- 1) Be at least 16 years old,
- 2) Have received all three sacraments of initiation (Baptism, Eucharist, Confirmation) and lead a life of faith in keeping with the function taken on,
- 3) Not be bound by any canonical penalty (legitimately imposed or declared), and
- 4) You cannot not be the parent of the candidate.

**Name of Candidate:** \_\_\_\_\_

### Statement of Faith Commitment/Practice of Sponsor

**Sponsor Name:** \_\_\_\_\_

As a sponsor for the Sacrament of Confirmation (Please check),

- ☐ I am fully committed to keeping God's commandments to the best of my ability as Jesus and the Church have taught me
- ☐ I am committed to worship God through prayer, Eucharist, and reconciliation,
- ☐ I faithfully attend Sunday Mass and strive to translate my faith into good example and works.
- ☐ I hereby state that I am a **baptized, confirmed Catholic, a registered and active member** of \_\_\_\_\_ in \_\_\_\_\_;  
If married, I am married according to the laws of the Roman Catholic Church. I promise to mentor the candidate to a joyful discipleship

Finally, I attest that all the above statements are true.

Signature of Sponsor: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

### Statement of Pastor

Comments: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of Priest: \_\_\_\_\_

Church Seal/Address: \_\_\_\_\_

## **SACRAMENT OF CONFESSION: EXAMINATION OF CONSCIENCE**

- 1. I am the Lord, your God, you shall have no other gods before Me.**  
*Have I wanted more things, making things or money more important than God?*  
*Have I made an idol of sports or entertainment figures?*  
*Have I been selfish?*
- 2. You shall not take the name of the Lord God in vain.**  
*Have I used God's name in a disrespectful or unloving way?*  
*Have I used God's name in anger?*
- 3. Remember to keep holy the Lord's Day?**  
*Have I missed Mass on Sunday or Holy Days of Obligation without a good reason?*  
*Have I remembered to pray daily?*
- 4. Honor your father and your mother**  
*Have I disobeyed my parents?*  
*Have I been disrespectful to teachers, coaches, and others in authority?*  
*Have I done my chores without complaining?*
- 5. You shall not kill.**  
*Have I hurt others or fought with them?*  
*Have I not forgiven others and held on to grudges?*  
*Have I been mean to others or made fun of them?*  
*Have I been unfair to others, especially those who are different than I am?*
- 6. You shall not commit adultery.**  
*Have I been respectful of my body?*  
*Have I shown respect for others' bodies?*
- 7. You shall not steal.**  
*Have I taken anything that did not belong to me?*  
*Have I cheated on tests or schoolwork?*  
*Have I cheated in games or sports?*
- 8. You shall not bear false witness against your neighbor.**  
*Have I told lies?*  
*Have I called anyone names or said bad things about others?*
- 9. You shall not covet your neighbor's wife.**  
*Have I been jealous of the friends that someone else has?*  
*Do I think of other people in terms of what they can give me instead of in terms of how I can show them God's love?*  
*Have I been envious of others?*
- 10. You shall not covet your neighbor's goods.**  
*Have I held on to anger or jealousy when other people have things that I want?*  
*Do I share with others?*



# How to Celebrate Confession

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1. Enter the confessional and shut the door securely.

2. Make the Sign of the Cross.

3. After the priest gives the blessing, say:

**Bless me Father, for I have sinned. This is my first confession.**

4. Confess your sins to the priest. When you finish, say:

**For all these sins and those I cannot remember, I am truly sorry.**

5. Listen to the advice the priest gives you.

6. Say the Act of Contrition:

**My God, I am sorry for my sins with all my heart.  
In choosing to do wrong and failing to do good,  
I have sinned against you whom I should love above all things.  
I firmly intend, with your help, to do penance, to sin no more,  
And to avoid whatever leads me to sin.  
Our Savior Jesus Christ suffered and died for us.  
In his name, my God, have mercy. Amen.**

7. The priest will give you absolution. When he finishes, say:

**Amen.**

8. As you get up to leave, say:

**Thank you, Father.**

9. Leave the confessional and do the penance that the priest gave you

**IMPORTANT:** *For future confessions, you should simply say how long it's been since your last confession. E.g. "Bless me Father, for I have sinned. It's been two weeks since my last confession, and these are my sins..."*

# Youth Faith Formation Staff & Volunteers

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