

# Our Household Church: Lent Can True Life

## 1st Sunday of Lent: 06 March 2022

### Calling to the Feast:

**All:** In the Name of the + Father, and of the + Son and of the + Holy Spirit. Amen!

**Leader 1:** You never cease to spur us on **All:** to possess a more abundant life.

**Leader 2:** You are generous/rich in mercy. **All:** You constantly offer pardon.

**Eldest:** ...mentoring us how to. **Leader 1:** You call sinners to trust

**All:** in your forgiveness alone. **Youngest:** ...and to forgive one another.

**Leader 2:** You never turn away from us. **All:** Even though we have broken Your covenant,

**Leader 1:** You have bound the human family to yourself **All:** through Jesus your Son, our Redeemer.

**Leader 2:** In Jesus we have a new bond of love so tight **All:** that it can never be undone.

**Leader 1:** You set before us a time of grace and reconciliation. **All:** As we turn back to you in spirit

and practice. **Leader 2:** Grant us hope in Christ Jesus. **All:** Open our eyes to our unity in Creation.

**Leader 1:** We desire to be of service to all. **All:** and entrust ourselves to the Spirit.

### Thanksgiving:

**Women:** Source of Life, You are holy. **Men:** From the world's beginning You are ceaselessly at work.

**Eldest:** You call the human race to become holy. **Youngest:** Just as you are holy.

**Women:** Look, upon the offering of our lives. **Men:** Fill us with your Spirit in Jesus Christ.

**All:** In Jesus we are your sons and daughters. **Eldest:** What we are becoming **Youngest:** is to be seen.

**Eldest:** Your people were lost in the desert and in Exile. **All:** and thought they could not approach you.

**Youngest:** Jesus' life among us, his actions and his words. **All:** showed that You are always present.

**Women:** Jesus celebrated Passover with the disciples, **Men** then he became our Passover.

**All:** We thank you for the greatest love: **Eldest:** the lasting sign of your covenant.

**Eldest:** Jesus' life and witness unveiled the Word of Covenant **All:** He now Opens the Word for us.

### WE READ, LISTEN and SHARE:

*Today's Gospel is **Luke 4:1-13**. The other Readings **Deuteronomy 26:4-10** and **Romans 10:8-13** can be read or simply read the Gospel. **click here**. While someone reads the Scripture(s), listen well. BE*

*AWARE OF THE IMAGE BEING PAINTED, OR THE STORY BEING TOLD. DOES THE STORY OR THE IMAGE CALL TO MIND ANYTHING SIMILAR IN YOUR OWN LIFE EXPERIENCE?*

*After the reading, share your impressions of the reading(s) with each other:*

**We have a couple more playoffs with idioms in the shadows of the Gospel today: "Don't judge a book by its cover." / "The one who laughs last laughs best!" "Eat Crow!" "yuh want the humble pie now or later?"**

✓ *When have you had to eat one of these phrases? ...either because someone called you out on something, or you had to go back and say, "My bad! I..." You are welcome to finish that phrase! "Me sorry!"*

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**This saying of Jesus, '*One does not live on bread alone*'. brings to mind the Women Labor's song from last century, [Bread and Roses](#).**

✓ *What are the hungers you have that are beyond food?*

✓ *What needs to be transformed/converted for you to nurture self-worth, respect and honor?*

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**The second thing that can dig holes for us is focus – or lack there-of!**

✓ *"Who is Número UNO?"*

✓ **Luke's Jesus says, "*You shall worship the Lord, your God, and him alone shall you serve.*"**

- ✓ *How easy/difficult is that for you? Honestly.*
- ✓ *What have the distractions and/or detours been for you?*
- ✓ *How have you learned (tried to learn) to address them?*
- ✓ *When have you had the “grace” to have been called out on something by someone else when you didn’t even know you were “there?”*
- ✓ *Where were you on the DEFENSIVE <~> OFFENSIVE continuum?*
- ✓ *What brought a breakthrough to conversion/transformation?*

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 Then there is the ‘docility’ factor. *‘You shall not put the Lord, your God, to the test.’*

- ✓ *What does it take to get your hackles up? By this time, it seems like Jesus was getting a little testy with good old Satan AKA Lucifer (Light Bearer!).*
- ✓ *Which role do you play better on this third temptation? innate “humility” or “the pretender”*
- ✓ *Life is so filled with “tests!” How might taking three steps backwards and breathing deeply for a bit work for you before springing the trap?*

This is what Lent is for: *How is your life’s pilgrimage?*

- ✓ *What practical goals can you plumb towards a Gospel balance this Lent?*

## SHARING THE FEAST

*The feast can be a meal or loaf of bread (rice-cakes, chapati, pita, tortilla, oatcakes, sweet bread, etc.)*

**Women:** Jesus broke bread at the Passover table with his disciples. **All:** We break bread now at our table. **Men:** Jesus identified himself with that bread. **All:** We identify ourselves with all who hunger.

*The bread is passed, each person serves the next person. (PAUSE a moment while people finish eating.)*

**Men:** Jesus blessed a cup at the Passover table with his disciples. **All:** We share a cup now at our table.

**Women:** Jesus identified himself as a blessing cup. **All:** Let us identify ourselves with all who thirst.

*Offer now a glass/cup (or individual glasses) of (wine, water, cider, grape juice). The beverage is passed from one to another. Each person serves the next person. (PAUSE a moment while people finish drinking. Then pray together:)*

**All:** As the Eucharist, for which we long, is the Sacramental Sign of Christ in forms of Bread and Wine, may our witness as the Body of Christ be a sign in the world of Hope and Trust. May we bring peace and live justly for all people and among all people. As Christ handed himself over to death and was nailed for our sake to the wood of the Cross, may we not count the cost of our discipleship.

## Intercessions:

**All:** Jesus, as our Passover, is our surest peace. **Youngest:** He is our Mentor, **Women:** and our Healer!

**Elders:** We long to share in Community Prayer **All:** and to participate of the Body and Blood of Christ at our parish Eucharistic Liturgy. Fill our emptiness and longing.

**All:** Keep us always in communion of mind and heart, **Elders:** with pope Francis, **Men:** with N. our Bishop, **Women:** with N. our pastor, [**All:** with N. & N., our deacon(s)], **Youngest:** with our catechists

**All:** and with all who serve our parish. May we be gathered into one Body in Christ, **Elders:** who heals every division in our family/ies, **Men:** our parish community **Women:** as well as in our civil society.

**Men:** Help us to work together **All:** for the coming of your Kingdom.

**Women:** Help us breathe life and hope **All:** into life giving social and political systems in society.

*Other petitions/prayers... All: (respond after each using:) Transform us in our life.*

**All: Our Father...**

**All: In the + Name of the +Father, and of the +Son and of the + Holy Spirit. Amen!**