

NFP Classes 2017

Natural Family Planning (NFP) is the general title for the scientific, natural and moral methods of family planning that can help married couples either **achieve or postpone pregnancies**.

NFP methods are based on the observation of the naturally occurring signs and symptoms of the fertile and infertile phases of a woman's **menstrual cycle**. No drugs, devices, or surgical procedures are used to avoid pregnancy.

Since the methods of NFP respect the **love-giving** (unitive) and **life-giving** (procreative) nature of the conjugal act, they support God's design for married love!

First Session – all three classes must be completed

January 16

February 13

March 13

Second Session – all three classes must be completed
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July 17

August 14

September 11

The classes are 6-8 pm Monday evenings. All classes are held in the St. Robert Auditorium (Entrance B Education Building) Holy Family Church, 704 Mallette Victoria, Texas 77904. At the completion of the three required classes a completion certificate will be issued. Classes do need to be taken in order. Cost for the class is \$60.00

Please contact David and Annie Coffey at victorianfpteachers@yahoo.com or call them at (361) 579-8464 for more location information, times and to register.