



**Compline (Night Prayer)  
for Tuesday**

**Introduction**

God, come to my assistance.  
***Lord, make haste to help me.***  
Glory to the Father and to the Son,  
and to the Holy Spirit:  
***as it was in the beginning, is now,  
and will be forever. Amen. Alleluia.***

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**Examination of Conscience**

We are called to have a clear conscience toward God and toward men, in our hearts and in our minds, in our actions and inactions. To do so, it is vital that we examine our conscience daily and to ask for God's mercy as we fall short and to ask for His strength to do better.

(period of silence)

***I confess to almighty God,  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done and in what I have failed to do,  
through my fault, through my fault,  
through my most grievous fault;  
therefore I ask blessed Mary ever-virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.***

May almighty God have mercy on us,  
forgive us our sins,  
and bring us to everlasting life.

***Amen.***

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Hymn

Abide with me: fast falls the eventide;  
the darkness deepens; Lord, with me abide:  
when other helpers fail and comforts flee,  
help of the helpless, O abide with me.

Swift to its close ebbs out life's little day;  
earth's joys grow dim, its glories pass away;  
change and decay in all around I see:  
O thou who changest not, abide with me.

I need thy presence every passing hour;  
what but thy grace can foil the tempter's power?  
Who, like thyself, my guide and stay can be?  
Through cloud and sunshine, Lord, abide with me.

I fear no foe, with thee at hand to bless;  
ills have no weight, and tears no bitterness.  
Where is death's sting? where, grave, thy victory?  
I triumph still, if thou abide with me.

Hold thou thy cross before my closing eyes;  
shine through the gloom, and point me to the skies;  
heaven's morning breaks, and earth's vain shadows flee;  
in life, in death, O Lord, abide with me.

*H.F. Lyte*

## Psalm 142 (143)



*Alleluia. Alleluia. Alleluia.*

*Alleluia. Alleluia. Alleluia.*

Lord, listen to my **prayer**:  
turn your ear to **my** appeal.  
You are faithful, you are **just**; give answer.

Do not call your servant to **judgement**  
for no one is **just** in your sight.

The enemy pursues **my** soul;  
he has crushed my **life** to the ground;  
he has made me dwell in **darkness**  
like the dead, **long** forgotten.

Therefore my **spirit** fails;  
my heart is **numb** within me.

I remember the days that **are** past:  
I **ponder** all your works.

I muse on what your hand has **wrought**  
and to you I stretch out **my** hands.  
Like a parched land **my** soul thirsts for you.

Lord, make haste and **answer**;  
for my spirit **fails** within me.  
Do not **hide** your face  
lest I become like **those** in the grave.

In the morning let me know **your** love  
for I **put** my trust in you.  
Make me know the way **I** should walk:  
to you I **lift** up my soul.

Rescue me, Lord, from my **enemies**;  
I have fled to **you** for refuge.

Teach me to do **your** will  
for you, O **Lord**, are my God.

Let your good spirit **guide** me  
in ways that are **level** and smooth.

For your name's sake, Lord, **save** my life;  
in your justice save my **soul** from distress.

Glory to the Father and to **the** Son,  
and to the **Holy** Spirit:  
as it was in the beginning, **is** now,  
and will be **forever**. Amen.

*Alleluia. Alleluia. Alleluia.*

**Psalm-prayer**

Lord Jesus, early in the morning of your resurrection, you made your love known and brought the first light of dawn to those who dwell in darkness. Your death has opened a path for us.

Do not enter into judgement with your servants;  
let your Holy Spirit guide us together into the land of justice.

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**Short Reading**

**1 Peter 5:8-9**

Be calm but vigilant, because your enemy the devil is prowling round like a roaring lion, looking for someone to eat. Stand up to him, strong in faith.

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**Short Responsory**

Into your hands, Lord, I commend my spirit, alleluia, alleluia.  
***Into your hands, Lord, I commend my spirit, alleluia, alleluia.***  
You have redeemed us, Lord God of truth, alleluia, alleluia.  
***Into your hands, Lord, I commend my spirit, alleluia, alleluia.***  
Glory to the Father and to the Son and to the Holy Spirit.  
***Into your hands, Lord, I commend my spirit, alleluia, alleluia.***

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Canticle

Nunc Dimittis

*Protect us, Lord, as we stay awake; watch over us as we sleep; that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.*

Lord, now you let your servant go in peace;  
your word has been fulfilled.

Nunc dimittis servum tuum, Domine,  
secundum verbum tuum in pace:

My own eyes have seen the salvation  
which you have prepared in the sight of  
every people:

Quia viderunt oculi mei salutare tuum  
Quod parasti ante faciem omnium  
populorum:

a light to reveal you to the nations  
and the glory of your people Israel.

Lumen ad revelationem gentium, et gloriam  
plebis tuae Israel.

Glory to the Father and to the Son,  
and to the Holy Spirit:  
as it was in the beginning, is now,  
and will be forever. Amen.

Gloria Patri, et Filio, et Spiritui Sancto:  
Sicut erat in principio, et nunc, et semper,  
et in sæcula sæculorum. Amen.

*Protect us, Lord, as we stay awake; watch over us as we sleep; that awake, we may keep watch with Christ, and asleep, rest in his peace. Alleluia.*

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**Let us pray**

Lord, fill this night with your radiance.  
May we sleep in peace and rise with joy  
to welcome the light of a new day in your name.  
We ask this through Christ our Lord. **Amen.**

The Lord grant us a quiet night and a perfect end. **Amen.**

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**Regina Caeli**

Queen of Heaven, rejoice, alleluia!  
for he whom you were worthy to bear, alleluia!  
has risen as he said, alleluia!  
Pray for us to God, alleluia!

Regína cæli, lætare, allelúia,  
quia quem meruísti portáre, allelúia,  
resurréxit sicut dixit, allelúia;  
ora pro nobis Deum, allelúia.