Sacred Heart Parish

Strathmore, AB

21st Sunday in Ordinary Time - August 23, 2020

Turn your ear, O Lord, and answer me; save the servant who trusts in you, my God. Have mercy on me, O Lord, for I cry to you all the day long.

Weekend Mass Times

(Limited seating space, please pre-register at www.sacredhc.ca)

Saturday 5:00 pm (Holy Rosary at 4:30 pm)
Sunday 10:00 am (Holy Rosary at 9:30 am)

Holy Mass is held in the
Holy Cross Collegiate (HCC) School Gym
North Doors, 709 B - 2nd Street

Confession

Saturday 4:15-4:45 pm
Sunday 9:15-9:45 am

in the HCC Foods Room
or by appointment at the Parish Office
Please call 403-934-2641

Readings:

1st Reading: Isaiah 22.15, 19-23
2nd Reading: Romans 11.33-36

Gospel: **Matthew 16.13-20**

When Jesus came into the district of Caesarea Philippi, he asked his disciples, "Who do people say that the Son of Man is?" And they said, "Some say John the Baptist, but others Elijah, and still others Jeremiah or one of the Prophets."

He said to them, "But who do you say that I am?" Simon Peter answered, "You are the Christ, the Son of the living God."

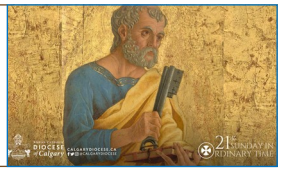
And Jesus answered him, "Blessed are you, Simon son of Jonah! For flesh and blood has not revealed this to you, but my Father in heaven. And I tell you, you are Peter, and on this rock I will build my Church, and the gates of Hades will not prevail against it. I will give you the keys of the kingdom of heaven and whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."

Then Jesus sternly ordered the disciples not to tell anyone that he was the Christ.

Gospel Reflection

Have you ever experienced a loss within yourself – of a job or status, of reputation or role – and felt your faith entitled you to have kept your position? Or have you watched as someone with a less than perfect past was elevated to leadership and felt superiority? Today's readings remind us we are all sinners, and that God uses our failures just as surely as He uses our gifts. In the midst of the abuse crisis, we cannot use this truth to gloss over the sins of our leaders at the expense of the pain or lack of protection of victims or potential victims. The readings are intended to remind us that our losses can be God's gains, and that our own recognition of and repentance for our sin makes us more pliable to God, rather than less. We must sink deep into God's mercy, allow our self and others room to make mistakes, and be available for God to work in and through us, even while we make every effort to protect ourselves and each other from harm.

God of imperfection, you allow us to fall and others to rise. You work through our weakness as well as our strength. Give us humility to believe you can make life rise from our ashes, and give us the strength to name our own sin and that of others in order to protect those victimized by sin. May your will be done in our rising and our falling, without exception. Amen.



MASS INTENTIONS

Saturday	August 22	✝ Kevin Yule
Sunday	August 23	Parishioners
Friday	August 28	✝ Amy Humphreys
Saturday	August 29	Parishioners
Sunday	August 30	✝ Jonathan Van Verdegem

* If you would like to book a Mass Intention for a week day, Fr. Tomy will offer up your intention while he celebrates daily Mass at the Rectory.

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His Most Reverend Excellency,
William McGrattan, Bishop of Calgary,
will be installing Father Tomy Manjaly
as Pastor of Sacred Heart Parish on:

Saturday, August 29th at the 5:00 pm Mass

As seating is limited, please pre-register at
www.sacredhc.ca

Financial News

During this pandemic, our faith community needs us even more. Please remember to keep supporting our parish with weekly or recurring donations. If you are attending Saturday/Sunday Mass, you may place your donation in the offertory basket located near the altar. If you would like make an online donation, please visit the Parish's website at www.sacredhc.ca/donate

You may also consider signing up for monthly automatic direct debit payments. Please complete the Pre-Authorized Debit (PAD) Agreement form and forward it to the Parish Office located at 23 Strathmore Lakes Way, Strathmore, AB T1P 1L7. Please call the office if you would like us to mail you a copy of this form.

Thank You for Your Generous Gifts!

Parish Finances for the Month of July, 2020

Operations			
Envelopes	$7,900.00		
Electronic Funds	$2,358.00		
Bulding Fund			
All Money Received (not including Pledges)	$15,340.00		
Cornerstone Pledge Campaign	**Commitment**	**Received**	**Year to Date**
2019	$777,205.00	-	$617,126.91
2020	$483,495.00	$22,379.00	123,148.00
2021	$574,650.00	-	-
Central Fund Savings			
as of July 31, 2020	$1,180,083.00		
Other Funds		**Monthly**	**Year to Date**
Together in Action (TIA)	Goal $13,387	$235.00	$3,949.00
Holy Land		-	700.00
Seminarian Fund		-	45.00
Pope's Pastoral Works		-	50.00
Grocery Cards Sold this Month			
	$3,500.00		

Are you new to the Parish and wish to use offering envelopes?

Feel free to email or call the office. Please provide your **name, address** and **telephone number** and we will set you up with a numbered envelope. This will ensure that your donations are included in your tax-deductible receipts at year end.

Wanted: Sessional Instructor - St. Mary's University

St. Mary's University invites applications for a sessional instructor to teach the following course in the Diploma for Ministry program: RLGS 205: Reading Biblical Texts. For more information, please visit:

https://www.catholicyyc.ca/careers.html

Thank you to everyone who has contributed and maintained the colorful flower planters at the new church location - they are BEAUTIFUL!

Memorial Fund Donations

If you would like to make a donation in memory of a loved one, please make cheques payable to:

Sacred Heart Parish and earmark your donation with the note:
For the Building Fund – In Memory of {loved one's name}.

You will receive a charitable tax receipt for your donation.

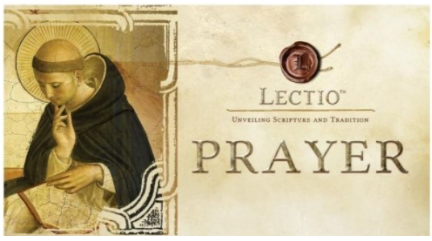
~ ~

Jonathan Van Verdegem was a very faithful and dedicated member of our Sacred Heart Catholic Parish. He served as an altar server right up until his passing. We feel the building of our new Catholic Church was in the foremost part of his thoughts. We will continue to receive donations in his memory. Please make your donation as indicated above, for **the Building Fund ~ in Memory of Jonathan Van Verdegem.**

~ ~

Eternal rest grant unto them, oh Lord, and let perpetual light shine upon them. May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

FORMED
PICK OF THE WEEK



Lectio: Prayer

The best Catholic content. All in one place. It's **EASY** and **FREE** to Register! Share with others, if you like!

1. Go to **formed.org** and click the **Sign Up** Button
2. Click on **I Belong to a Parish or Organization**
3. Type **Sacred Heart Strathmore** and click on **Sacred Heart 23 Strathmore Lakes** from the list, then click the **Next** button
4. Enter your **name** and your **email,** then click the **Sign Up** button

Parish & Diocesan Activities

Emergency Relief Fund for Beirut

Following the deadly explosions that devastated Beirut, the people of Lebanon need our solidarity. **Development and Peace** and **CNEWA** are responding to help those affected by this crisis. **Please help us make a difference by donating to any of these funds:**

Development & Peace Emergency Fund for Lebanon. D&P is participating in the Humanitarian Coalition's Lebanon Crisis appeal through its active membership in Canadian Foodgrains Bank. All donations received for this emergency will be used to support those affected by the explosions and those most vulnerable to the impacts of the social and economic crisis in Lebanon. We will work with the Caritas federation and our trusted network of partners in the field. **Donations received before August 24 will be matched by the Canadian government.**

To donate online click here or by phone at 1-888-664-3387

Catholic Near East Welfare Association (CNEWA) Emergency Campaign for Lebanon. Funds raised will be directed to the CNEWA office in Beirut which, in turn, will share with local churches that offer essential health and emergency services and pastoral outreach. Read more about this Emergency Campaign.

To donate online click here or by phone at 1-866-322-4441. **Cheques can be made to "CNEWA Canada"** and mailed to CNEWA Canada at 1247 Kilborn Place, Ottawa, ON K1H 6K9.

Celebrating Public Masses at Sacred Heart Church, Strathmore

Now that we are in Stage 2 of the relaunch for both the Diocese and the province, and with the help from volunteers, we are able to offer Mass at Sacred Heart Church.

Mass will be offered on **Saturday at 5:00 pm** and **Sunday at 10:00 am**. Seating space is limited so everyone must pre-register, individually, before attending Mass. To sign-up, please visit the homepage of www.sacredhc.ca and click on the button that says **'Mass Registration'**. This will take you to the signup page. Locate the Mass that you want to attend, click the button beside it and fill out the required information. If you have questions about how to sign up, please contact the parish office.

In addition to pre-registering for Mass, following are some **guidelines** and **what you can expect when attending Mass**:

Guidelines from the Diocese of Calgary/Sacred Heart Parish:

- Masses are to be celebrated simply and reverently within a shorter time.
- Procedures will be followed to limit possible exposure to the contagion.
- Alberta Health Services require that a record of all attendees and volunteers and their contact information be kept for contact tracing purposes.
- Attendees and volunteers 65 years of age or older and individuals with chronic medical conditions are encouraged to stay safe by avoiding public gatherings but are not prohibited from attending Holy Mass if they so choose. You do so at your own risk.
- **All attendees and volunteers are expected to wear non-medical masks and should bring their own masks.**
- Anyone who has even the slightest symptoms or feelings of sickness must remain at home. (i.e. Fever, cough, shortness of breath, sore throat, or runny nose.)
- Bathrooms will be closed except for health emergencies as it is impractical to maintain a sanitary washroom that is constantly in use.
- Please note that volunteers are automatically given a seat to attend Holy Mass. For volunteer job descriptions and to sign up to help out, please click here.

What to Expect When Attending Mass

Guiding Principles: Sacred Heart Parish will protect the health of all our Parishioners. Social distancing will be exercised for the entire Mass event. Bathrooms will be closed except for health emergencies as it is impractical to maintain a sanitary washroom that is constantly in use. We anticipate a 35 to 45-minute Mass duration dependent upon the number of Communicants. Children will remain with their parents or guardians at all times.

The following procedures will be practiced for Mass:

- You MUST pre-register individually online via Parish Website by **Friday at 12:00 Noon** to attend.
- You MUST arrive 15-30 minutes before the start of Mass.
- A volunteer will confirm your attendance information at the door.
- You will receive hand sanitizer at the door.
- You will be escorted to your seat by an Usher.
- The doors will be locked at the commencement of Mass for the duration of Mass.
- An Usher will guide you to receive Holy Communion.
- When Mass ends an Usher will direct a prompt dismissal of attendees.
- Upon final exit the church space will be sanitized.

We are still in need of more volunteers to be able to continue offering Mass. If you are able to help, please sign up at www.sacredhc.ca/volunteer-sign-up

Parish & Diocesan Activities

HIS Building 3 Charity Golf Tournament

Don't forget to register for our 3rd Annual Golf Tournament, taking place on **Saturday, September 12** at the lovely **Strathmore Golf Club.**

On tournament day, check-in begins at 12 noon, with a shotgun start at 1:00 pm. Please come out and support this fantastic event! No real skill is needed as it is a Texas Scramble. Your registration fee includes a fantastic meal, 18 holes of Golf, your cart, a Tee Gift Bag and Prizes. Due to COVID-19 regulations at this time (which may change), there will not be a "sit-down" meal.

This year, we will be holding our silent auction online. To view the silent auction items and to place your bid, please visit:

www.sacredhc.ca/fundraising-activities/silent-auction-items

ALSO, you may REGISTER TO GOLF, SPONSOR, DONATE and BUY MULLIGANS online, at the Golf Registration site:

www.planmygolfevent.com/33670-HISBUILDING3

Payment can be made by **e-Transfer to hisbuildinggolf@gmail.com** or by **cheque, made payable to Sacred Heart Church** (please write in bottom left-hand corner **Golfer** or **Golf Sponsor**) and it can be mailed/dropped off at the Sacred Heart Church office (located at 23 Strathmore Lakes Way, Strathmore), or call Wendy (403-361-4214) or Nettie (403-875-7981) to arrange for pick up.

If you do not wish to golf, there are other **opportunities for involvement**. Consider sponsoring, donating a prize, bidding on a silent auction item or just donating. All funds raised will go into the Sacred Heart Parish Building Fund, bringing us closer to building and then celebrating in our new and beautiful Sacred Heart Church!

Thank you to all our generous Sponsors and Donors who have contributed to date:

Platinum
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WHEATLAND FUNERAL HOME LTD.
CATTLELAND FEEDYARDS
THE O'LEARY FAMILY

Silver
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EAGLE LAKE NURSERIES

Bronze
JIM & JOAN CHISHOLM

Alberta Black Gold
GERALD & ANGELA WOLPER
LEXUS OF ROYAL OAK

Hole In One
SOBEYS - STRATHMORE
STRATHMORE HOME HARDWARE

Hole Sponsors
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DOUG & SHERRI HENDRICKS
MIKE & DONNA HENDRICKS

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DEACON PAUL CODERRE
THE RACK ON 3rd
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(formerly HUMPTY'S)
SOBEY'S - STRATHMORE
WHEATLAND HOMESTEADERS
ORGANIC FARM
CANADIAN TIRE STRATHMORE
MARK'S PARTS CARSELAND
LA SHAUN ANDREWS - RE/MAX
REAL ESTATE CENTRAL

Litany of Saints for Teachers

Blessed is She compiled a Litany of Saints for Teachers as they embrace the new school year! The Saints in this litany are all men and women who know firsthand the cross that accompanies the profession and were able to persevere in virtue and grace.

https://blessedisshe.net/blog/litany-saints-teachers/

Balancing Family and Work

"I want to be a good husband or wife, and a good father or mother. But work seems to suck everything out of me. How do I do justice to both?" Read this brief article and get the prescription you need.

https://www.foryourmarriage.org/balancing-family-and-work/

First Nations Music Camp

You are invited to come to "Go Up to the Mountain - First Nations Music Camp" on the weekend of **Aug. 28-30** at Rafter 6 Ranch (45 minutes west of Calgary off Trans Canada Hwy #1 - raftersix.com). Lots of great activities including horseback riding, hiking, jam sessions, prayer fellowship, testimonies, rosaries, golfing and more.

For more information, contact **Gloria Cowley at 403-673-3622** or **Denis Grady at 403-397-1947** (denisgrady@gmail.com)

Parish & Diocesan Activities

Resources for Family

Here are some resources shared by the Office of Pastoral Ministry which might be helpful for Catholic parents.

'In revealing and in reliving on earth the very fatherhood of God a man is called upon to ensure the harmonious and united development of all the members of the family: he will perform this task by exercising generous responsibility for the life conceived under the heart of the mother, by a more solicitous commitment to education, a task he shares with his wife by work which is never a cause of division in the family but promotes its unity and stability, and by means of the witness he gives of an adult Christian life which effectively introduces the children into the living experience of Christ and the Church'. **St. John Paul II, *Familiaris Consortio*, 72-73.**

A Catholic Father

'A father helps the child to perceive the limits of life, to be open to the challenges of the wider world, and to see the need for hard work and strenuous effort.' **Pope Francis, *Amoris Laetitia*, 175.**

Check lists for Catholic Dads: https://thosecatholicmen.com/articles/a-checklist-for-catholic-dads/

The essential role of a Catholic Dad: https://www.catholicgentleman.net/2014/02/the-essential-role-of-the-father/

Steps to be a great Catholic Dad: https://www.catholiccounselors.com/dads-da-man-five-steps-to-being-a-great-catholic-father/

Eight ways to be an awesome Dad: https://www.foryourmarriage.org/the-bedaditudes-8-ways-to-be-an-awesome-dad/

A Catholic Mother

'A mother who watches over her child with tenderness and compassion helps him or her grow in confidence and to experience that the world is a good welcoming place. This helps the child to grow in self-esteem and, in turn, to develop a capacity for intimacy and empathy' **Pope Francis, *Amoris Laetitia*, 175.**

Super Resources for Catholic Moms: https://www.catholicmom.com/

Handbook for Catholic Moms: https://www.foryourmarriage.org/blogs/handbook-for-catholic-moms/

Catholic Icing - A site devoted to bringing Catholic crafts and activities to Catholic kids: http://catholicmomsconnect.blogspot.com/

10 Habits of Happy Mothers: https://www.meekerparenting.com/blog/the-ten-habits-of-happy-mothers-reclaiming-our-passion-purpose-and-sanity

Online community of women supporting one another in faith: https://blessedisshe.net/

A Catholic Marriage

'Marriage is the experience of belonging completely to another person. Spouses accept the challenge and aspiration of supporting one another, growing old together, and in this way reflecting God's own faithfulness' Pope Francis, *Amoris Laetitia*, 319.

Resources to strengthen your marriage life

For Your Marriage This website covers resources for married couple for newlyweds, those with concerns on sexuality and conjugal love, conflict resolution and marriage enrichment.

Dynamic Catholic - Better Together. Dynamic Catholic offers resources to enrich your marriage relationship, free books and practical advices to infuse your marriage with passion and purpose.

The Messy Family Podcast. A podcast with a mission to empower parents, strengthen marriage and bring families to Christ.

Grocery Cards

Angie Wolper reminds all parishioners that grocery cards are still available for both Sobeys and Co-Op grocery stores. A percentage of the grocery card purchase price is donated to the building fund.

Please contact:
Angie at **403-934-0468**

Bottle Drive

If you have refundable containers that you would like to donate to the Building Fund, please contact:

Mike Hendricks at **403-324-8900**
or email **NettieHendricks1@gmail.com**

and arrangements will be made for curb-side pickup

Pledge Drive Committee

The Pledge Drive was launched on April 28, 2019. There are information letters and Pledge Drive Forms available upon request. Please contact the Parish Office or if you would like to have someone from the Pledge Drive Committee contact you for a personal visit, please call:

Paul O'Leary at **403-901-6169**

Parish & Diocesan Activities

Parish Sacraments

Please call or email the parish office if you have any questions

Baptism:

Baptisms are set for every last Sunday of the month. Baptism Preparation classes are scheduled for the Tuesday prior to the Baptism. **Please call the office 2 months prior to your chosen date to register, or if Baptism will be held at another parish.**

Marriage Preparation:

Please call or email the office to make an appointment with Fr. Tomy at least four months prior to your wedding date. Please do not finalize dates before speaking to the Pastor.

Reconciliation/Confession:

Confession is available on **Saturdays, from 4:15-4:45 pm** and **Sundays, from 9:15-9:45 am** in the Holy Cross Collegiate Foods Room or at the parish office, by appointment. Please contact the parish office.

First Reconciliation/Holy Communion:

This is for those who are in Grade 2 and up. Classes usually start at the beginning of the year. Due to the pandemic, the 2020 Holy Sacrament Mass will be rescheduled to a later date as determined by the Diocese.

Confirmation:

Confirmation preparation classes are taught every two years (ie. 2018, 2020, 2022). If your son or daughter is in Grades 6-12, please phone the parish office to register. Due to the pandemic, the 2020 Holy Sacrament of Mass will be rescheduled to a later date, as determined by the Diocese.

RCIA, RCIY, RCIC:

The Rite of Christian Initiation for Adults program runs yearly from Fall to Easter of the following year. If interested in attending, please call or email the parish office to speak with Deacon Paul Coderre, before the end of August.

Parish Office - Contact Information

Office Hours:
Wed - Fri 9-4:00 pm
Lunch Break: Noon-1:00 pm

Pastor: Fr. Tomy Manjaly | pastor@sacredhc.ca
Bookkeeper: Donna Johnson | bookkeeper@sacredhc.ca
Secretary: Lynn Dumont | secretary@sacredhc.ca

Phone: 403-934-2641
Website: www.sacredhc.ca
Facebook Page: www.facebook.com/sacredhc.strathmore
Diocesan Website: www.catholicyyc.ca

Deacon: Roger Nelson | deacon.roger@sacredhc.ca
Deacon: Michael Thompson | deacon.michael@sacredhc.ca
Deacon: Paul Coderre | deacon.paul@sacredhc.ca

Mailing Address:
23 Strathmore Lakes Way
Strathmore, AB T1P 1L7

Parish Ministries and Organizations

Altar Servers:	Tomas Rochford or Krysta VanVerdegem | altar.servers@sacredhc.ca
Building Committee:	Paul O'Leary | building.committee@sacredhc.ca
Catholic Women's League:	Emily Rochford | cwl@sacredhc.ca
Children's Liturgy:	Meaghan Patterson | childrens.liturgy@sacredhc.ca
Choir Liaison:	Melissa Wiley | music.ministry@sacredhc.ca
Confirmation Preparation:	Brent Wiley | confirmation@sacredhc.ca
Extraordinary Ministers:	Lynn Dumont | liturgy@sacredhc.ca
Finance Council:	Jim Chisholm | finance.council@sacredhc.ca
First Communion Preparation:	Emily Rochford | first.communion@sacredhc.ca
Fundraising Committee:	Nettie Hendricks | fundraising@sacredhc.ca
Gym Setup:	Todd Gionet | gym.setup@sacredhc.ca
Knights of Columbus:	Grand Knight Derek Donais | knights@sacredhc.ca
Lectors:	Sarah Goodfellow | lectors@sacredhc.ca
Parish Council:	Tomas Rochford or Brent Wiley | parish.council@sacredhc.ca
Pastoral Care:	Diane Van Bavel | pastoral.care@sacredhc.ca
Pledge Campaign:	Paul O'Leary | pledge.campaign@sacredhc.ca
Prayer Chain:	Laurie Stephens | prayerchain@sacredhc.ca
RCIA:	Deacon Paul Coderre | deacon.paul@sacredhc.ca
Sacristans:	Lynn Dumont | liturgy@sacredhc.ca

Prayer to the Sacred Heart of Jesus

O most holy heart of Jesus, fountain of every blessing, I adore you, I love you, and with lively sorrow for my sins I offer you this poor heart of mine. Make me humble, patient, pure and wholly obedient to your will. Grant, Good Jesus, that I may live in you and for you. Protect me in the midst of danger. Comfort me in my afflictions. Give me health of body, assistance in my temporal needs, your blessing on all that I do, and the grace of a holy death.

Amen.