



# Sacred Heart Parish

Strathmore, AB

Parish Office Located at: 23 Strathmore Lakes Way, Strathmore, AB T1P 1L7 403-934-2641

## 4th Sunday in Advent - December 19, 2021

Drop down dew from above, you heavens, and let the clouds rain down the Just One; let the earth be opened and bring forth a Saviour. (Cf. Isaiah 45.8)

## Parish Office - Contact Information

Office Hours: Tues- Fri 9-4:00 pm Lunch Break: Noon-1:00 pm

**Pastor:** Fr. Tomy Manjaly | [pastor@sacredhc.ca](mailto:pastor@sacredhc.ca)  
**Bookkeeper:** Donna Johnson | [bookkeeper@sacredhc.ca](mailto:bookkeeper@sacredhc.ca)  
**Secretary:** Lorraine Knight | [secretary@sacredhc.ca](mailto:secretary@sacredhc.ca)  
**Deacon:** Paul Coderre | [deacon.paul@sacredhc.ca](mailto:deacon.paul@sacredhc.ca)  
**Parish Website:** <https://sacredhc.ca>

**Diocesan Website:** [www.catholicyc.ca](http://www.catholicyc.ca)  
**Office Phone:** 403-934-2641  
**Fr. Tomy's Mobile:** 403-928-1151 (Emergencies Only Please)  
**Mailing Address:** 23 Strathmore Lakes Way  
Strathmore, AB T1P 1L7



The parish office will be closed December 28.



### MASS INTENTIONS

Sat. Dec 18 (5pm) Parishioners  
Sun. Dec 19(10am) † Jonathan Van Verdegem  
Wed. Dec 22 † Diane Gray  
Thurs. Dec 23 † Helen Lesperance (moved from Dec 7)  
Fri. Dec 24(7pm) † Stephen Darrow  
Sun. Dec 26 † Luke Loftus



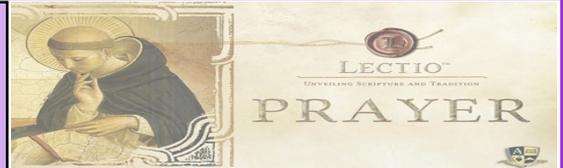
If you would like to book a Mass Intention for a week day, Fr. Tomy will offer up your intention while he celebrates daily Mass at the Rectory.

### Parish Liturgical Ministries for Saturdays & Sundays

DATE	TIME	MINISTERS OF HOLY COMMUNION	LECTORS
December 18	5:00 pm	Deacon Paul	Trudy Crosby/Aislinn Chapotelle
December 19	10:00 am	Deacon Paul/Pat Tompkins	Nancy Coderre/LaRue Kiemele
December 24	5:00 pm	Kevin Gibbons/Tom Connelly	Katrina Dixon/Robert Dixon
December 24	7:00 pm	Krysta VanVerdegem Shauna Burns	Brent Wiley/Tomas Rochford
December 24	9:00pm	Heather Britto/Diane Van Bavel	Lorraine Bishop/Paul O'Leary
December 25	10:00am	Deacon Paul/	Janice Pedersen/Paul O'Leary
December 26	9:00am	Krysta VanVerdegem Kevin Gibbons	Angela Reeves/Christopher Everett
December 26	11:00am	Diane Van Bavel/LaRue Kiemele	Nancy Coderre/Helen Stewart

### Advent, Christmas and New Year's Masses (HCC Gym)

Dec. 16 Advent Penance Service	7:00pm (2 priests will be assisting)	
Eucharistic Silent Adoration	7:00pm-9:00pm	
Dec. 24 Christmas Eve	5:00pm   7:00pm   9:00pm	
Dec. 25 Christmas Day	10:00am	
Dec. 26	9:00am   11:00am	
Dec. 31 New Year's Eve	5:00pm	
Jan. 1 New Years Day	10:00am	Online registration for the Christmas Eve masses is now open!
Jan. 2	9:00am   11:00am	



### Advent Faith Formation - Lectio: Prayer

**Beginning on Sunday, November 28th**  
Sessions will run on **Sunday and Wednesday evenings from 7:30-8:30pm**, and we will meet via Zoom due to ongoing COVID restrictions. For more information please talk to Tomás or visit the faith formation page on our [parish website here](http://parish website here).

### Mass Times

**Saturday 5:00 pm**  
(Holy Rosary at 4:30 pm)  
**Sunday 10:00 am**  
(Holy Rosary at 9:30 am)

### Confession

**Sat. 4:15-4:45 pm (HCC Foods Room)**  
**Sun. 9:15 am-9:45 am (HCC Foods Room)**  
or by appointment at the Parish Office  
Please call 403-934-2641

Holy Mass is held in the Holy Cross Collegiate (HCC) School Gym North Doors, 709 B - 2nd Street

### *Prayers of the Faithful*

: For the courage to step away from "making up for" our sin in favour of receiving grace from Jesus  
**We pray to the Lord.**

# Financial News

## TRUST IN THE LORD.

We are the body of Christ.  
Each family is an essential part of this body.  
Please continue to support our faith community.

Thank you, everyone, for your donations. Our parish relies on your Mass offerings for maintenance and growth. By making your offertory gift, you are providing crucial support to care for our parish during this difficult time. If you would like to make a donation, there are several options:

- If you attend public Mass on Saturday/Sunday, there is an offertory basket located near the altar.
- You may mail or drop off donations at the Parish Office.
- Send an e-Transfer to [sacredhc@shaw.ca](mailto:sacredhc@shaw.ca) and state within the message if your donation is for **Operations or Building Fund**.
- Sign up for regular monthly automatic direct debit payments. We will debit your account once per month (the first Wednesday). Please click [here](#) for a copy of the **Pre-Authorized Debit (PAD) Agreement form**, complete/sign the form, and forward/bring it to the Parish Office. Please call the office if you would like us to mail you a copy of this form.
- Donations via credit card are available at [www.sacredhc.ca/donate](http://www.sacredhc.ca/donate)

May our generosity be an expression of gratitude for what God has given us.

## Memorial Fund Donations

If you would like to make a donation in memory of a loved one, please make cheques payable to:

**Sacred Heart Parish**

and earmark your donation with the note:

**For the Building Fund - In Memory of  
{loved one's name}**

You will receive a charitable tax receipt for your donation.

**Jonathan Van Verdegem** was a very faithful and dedicated member of our Sacred Heart Catholic Parish. He served as an altar server right up until his passing. We feel the building of our new Catholic Church was in the foremost part of his thoughts. We will continue to receive donations in his memory.



Please make your donation as indicated above:

**For the Building Fund -  
in Memory of Jonathan Van Verdegem.**

*Eternal rest grant unto them,  
oh Lord, and let perpetual light  
shine upon them.*

*May the souls of the faithful departed,  
through the mercy of God, rest in peace.  
Amen.*

## Parish Draft Finances for the Month of November 2021

Operations	Monthly Actual	Monthly Budget	Quarter Ending Sept/2021	
All Income	\$12,265.00	\$13,400.00	\$25,286.00	
Government Subsidies	\$3,535.00	-	\$674.00	
All Expenses	\$15,627.00	\$13,870.00	\$43,919.00	
Surplus/(Deficit)	\$173.00	\$470.00	\$17,959.00	
<b>Building Fund</b>				
All Monies Received (Excluding Pledges)	\$26,319.00			
<b>Cornerstone Pledge Campaign</b>				
	<b>Date</b>	<b>Commitment</b>	<b>Received</b>	<b>Year to Date</b>
	2019	\$777,205.00	-	\$617,127.00
Rec'd in 2020	2020	\$483,495.00	\$318,519.00	\$318,519.00
Rec'd in 2021	2020	-	\$225,000.00	\$225,000.00
	2021	\$574,650.00	\$71,941.74	\$191,507.00
<b>GRAND TOTAL</b>				<b>\$1,352,153.00</b>
<b>Central Fund Savings</b>		<b>Together in Action</b>		
as at Nov.30, 2021	\$1,826,701.00	<b>Goal for 2021</b>	\$9,784.00	
<b>Grocery Cards Sold</b>	\$8,200.00	<b>Received</b>	\$9,394.00	

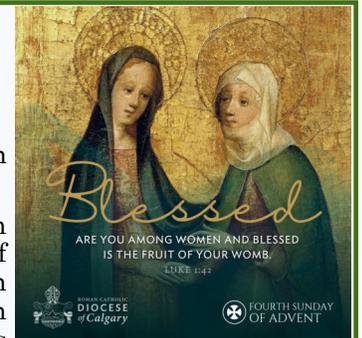
First Reading: Micah 5.2-5a  
Second Reading: Hebrews 10.5-10  
Gospel: Luke 1.39-45

### Gospel Reflection: :

God's life moves us from reparation to salvation.

These readings move us through salvation history: from a system of constant reparation from sin through law and ritual, to salvation in the incarnational flesh of Jesus with Mary. The second reading gives us the key, "Jesus takes away the first (law) to establish the second (will)." Jesus was sent to heal and repair our relationship with God. We need to cast ourselves into the ocean of mercy opened by the infant Jesus. Mary and Elizabeth, holding Jesus and John within them, marvel at the miracle! Who are we that Jesus should come to us, each in our own way and in our own lives? This is what we wait for – the moments where we can glimpse God at work right where we are.

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**FORMED**

PICK OF THE WEEK

December 19, 2021

**WATCH**

### CHRISTMAS IN ROME: A CELEBRATION OF THE NATIVITY

Nowhere celebrates the birth of the Savior like Rome. This Christmas, marvel at the Holy City's festive celebration of the coming of the child Jesus in Bethlehem.



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1. Go to [formed.org](http://formed.org) and click the **Sign Up** Button
2. Click on **I Belong to a Parish or Organization**
3. Type **Sacred Heart Strathmore** and click on **Sacred Heart 23 Strathmore Lakes** from the list, then click the **Next** button
4. Enter your **name** and your **email**, then click the **Sign Up** button

# Parish & Diocesan Activities

## Congratulations Harry Salm!

Congratulations to Harry Salm of [Christ the Redeemer Catholic School Division](#) on his recent election as ACSTA President for 2021-2023!

Harry has been a Catholic school board trustee for 14 years as well as an involved parishioner at Sacred Heart Parish for more than 30 years. He and his wife have 3 adult children; all three graduated from CTR Catholic's [Holy Cross Collegiate](#) and two are now Catholic school teachers! Harry is a Red Seal Carpenter and holds a business diploma as well as provincial certification as a Safety Codes Officer. Harry shared some important words with the membership at our recent AGM which we are confident will guide his leadership: "When we cooperate, we are a formidable force. The ACSTA is at its best when it activates the supports available to celebrate, preserve, promote and enhance Catholic education. The ACSTA has done so in the past by seeking the faith leadership of our Bishops, tapping into the operational expertise of our superintendents, and advancing advocacy and engagement through local GrACE initiatives."

## Time to Bless Baby Jesus!

Around your home you have many beautiful religious items—such as crucifixes, rosaries, and statues—that haven't been blessed by a priest, yet. It's time! This Advent, collect your Jesus statues from your Nativity sets and bring them to Mass on Sunday December 19th for a blessing. The ceremony will be taking place with Father Tomy at the end of Mass.



## Christmas Masses—decorations

Anyone wishing to donate flowers in memory of a family member for the Christmas mass (poinsettia or mums) can do so by bringing them to mass on December 18 or 19, or they can be dropped off at the office on December 21 or 22 during regular office hours. Please label with whom they are in memory of. The flowers can be picked up at mass on January 1 or 2.



## Travelling Mary & Joseph

We have a travelling Mary and Joseph who has been visiting a family a night from our parish. Families would be responsible for Mary and Joseph for 1 night in their house. Mary and Joseph would come with a daily reflection for families to participate in, as well as a prayer journal for families to write prayers, prayer intentions or to write a letter to other families. Then your family would be responsible for travelling Mary and Joseph to the next family on the list. There is a sign up sheet on the table as you come into mass. We are still looking for a few families.

<https://docs.google.com/document/d/1LuHVh6v-u7xxXcE1852fRqIORzpwqk8CCVvoLckY4AM/edit?usp=sharing>  
You can contact Meaghan Patterson if you have any questions or suggestions @ [MLPatterson@redeemer.ab.ca](mailto:MLPatterson@redeemer.ab.ca)

## Parish Bottle Drive Fundraiser!

Thank you to everyone as our Bottle Drive Fundraiser continues with picking up bottles after Mass. All proceeds are for our new Church building. If you have bottles that you need someone to pick up, please call Ron Johnson at (403) 333-2213.

Help  
turn  
this



into  
this



## 2022 Offertory Envelopes

Your boxes of 2022 offertory envelopes are now available for pickup at the entrance. If you are not signed up for Offertory envelopes, contact the parish office. They are an easy way for the office to track your donations and will ensure your donations are included in your tax-deductible receipt at year end.

## The Sacred Heart of Jesus Prayer Chain

If you would like parishioners to pray for you, for a loved one, or for a special petition you might have in this difficult time, please contact Ninette Maga at [prayerchain@sacredhc.ca](mailto:prayerchain@sacredhc.ca) or contact the Parish Office at 403-934-2641.

You may also use the form on our website found at [www.sacredhc.ca/parish-prayer-chain](http://www.sacredhc.ca/parish-prayer-chain)  
To enroll as a prayer warrior now, please complete the Sacred Heart of Jesus Prayer Chain enrolment form found at [www.sacredhc.ca/join-the-prayer-chain](http://www.sacredhc.ca/join-the-prayer-chain) or contact Ninette.



## Parish Bulletin Announcements

If you have information to share with our Parish Community, please forward your announcement to the Parish Office email [secretary@sacredhc.ca](mailto:secretary@sacredhc.ca) before end-of-day Wednesday, and it will be included in the next Bulletin.

# Parish Information

## Parish Sacraments



Please call or email the parish office if you have any questions

### Baptism:

Baptisms are set for the last Saturday of the month. Please call the Parish Office 2 months prior to your chosen date for more information about Registration and Baptism Preparation.

### Marriage Preparation:

Please call or email the office to make an appointment with Fr. Tomy at least four months prior to your wedding date. Please do not finalize dates before speaking with the Pastor.

### Reconciliation/Confession:

Confession is available on Saturdays, from 4:15-4:45 pm and Sundays, from 9:15-9:45 am in the Holy Cross Collegiate Foods Room. Confession is also available by appointment. Please contact the parish office.

### First Reconciliation/Holy Communion:

First Reconciliation and First Holy Communion Sacramental Preparation classes will occur from October 2022 to June 2023. Registration for 2022-2023 will begin in September 2022.

### Confirmation:

Confirmation Preparation classes are taught every two years (ie. 2022, 2024, 2026). If you have any questions, please contact Mr. Brent Wiley at [confirmation@sacredhc.ca](mailto:confirmation@sacredhc.ca) or contact the Parish Office.

### RCIA, RC1Y, RC1C:

The Rite of Christian Initiation for Adults program runs yearly from Fall to Easter of the following year. If interested in attending, please call or email the parish office to speak with Deacon Paul Coderre, before the end of August.

## Congratulations!

To the following Parishioners who recently received the Sacrament of:

## Baptism

Lukas Peter Yorke

Remember that God's love will always be there to comfort you, guide you and bless you.

## **GROCERY CARDS** - Contact Angie Wolper at 403-934-0468

Every one of us buys groceries for our households each week. Please consider pre-paying for your groceries by purchasing Grocery Cards. Co-op Grocery Cards can be used for groceries and gas. For every \$100 Co-op Grocery Card the parish receives \$9. For every Sobeys Grocery Card the parish receives \$6. The average family spends \$500/month. If 300 families in the parish use the Gift Card program, we could see an average of \$2,000 going into the Building Fund per month or approximately \$25,000 annually.

## Are you new to the Parish and wish to use offering envelopes?

Feel free to email or call the office. Please provide your name, address and telephone number and we will set you up with a numbered envelope. This will ensure that your donations are included in your tax deductible receipts at year end.



### Mass Intentions for Your Loved Ones

If you would like to have a

Mass said in remembrance of your loved one, we have Mass Intention envelopes available at the Parish Office. You may stop by and pick-up one or more, fill out the information on the outside of the envelope and either bring or mail it to the parish office or place it in the weekly offertory basket at Mass. We will contact you and arrange a date for the Mass.

### Prayer for The 4th Sunday of Advent

Mary and Elizabeth, mothers and saints, pray for us as we walk through our lives. Graciously help us to see when Jesus reaches out to touch and save us. May we be as receptive to grace as you were. Amen.

### Parish Ministries and Organizations

- Altar Servers:** Krysta Van Verdegem | [altar.servers@sacredhc.ca](mailto:altar.servers@sacredhc.ca)
- Building Committee:** Paul O'Leary | [building.committee@sacredhc.ca](mailto:building.committee@sacredhc.ca)
- Catholic Women's League:** Donna Johnson | [cwl@sacredhc.ca](mailto:cwl@sacredhc.ca)
- Children's Liturgy:** Meaghan Patterson | [childrens.liturgy@sacredhc.ca](mailto:childrens.liturgy@sacredhc.ca)
- Choir Liaison:** Emily Rochford | [music.ministry@sacredhc.ca](mailto:music.ministry@sacredhc.ca)
- Communication Coordinator:** Evan MacLeod | [communications@sacredhc.ca](mailto:communications@sacredhc.ca)
- Confirmation Preparation:** Brent Wiley | [confirmation@sacredhc.ca](mailto:confirmation@sacredhc.ca)
- Extraordinary Ministers:** Helen Stewart | [emhc@sacredhc.ca](mailto:emhc@sacredhc.ca)
- Finance Council:** Jim Chisholm | [finance.council@sacredhc.ca](mailto:finance.council@sacredhc.ca)
- First Communion Preparation:** Katie Jalbert | [first.communion@sacredhc.ca](mailto:first.communion@sacredhc.ca)
- Fundraising Committee:** Nettie Hendricks | [fundraising@sacredhc.ca](mailto:fundraising@sacredhc.ca)
- Gym Setup:** Todd Gionet | [gym.setup@sacredhc.ca](mailto:gym.setup@sacredhc.ca)
- Knights of Columbus:** Grand Knight Derek Donais | [knights@sacredhc.ca](mailto:knights@sacredhc.ca)
- Lectors:** Robin Fulton | [rf.mlfulton@gmail.com](mailto:rf.mlfulton@gmail.com) | [lectors@sacredhc.ca](mailto:lectors@sacredhc.ca)
- Parish Council:** Tomas Rochford/Brent Wiley | [parish.council@sacredhc.ca](mailto:parish.council@sacredhc.ca)
- Pastoral Care:** Diane Van Bavel | [pastoral.care@sacredhc.ca](mailto:pastoral.care@sacredhc.ca)
- Pledge Campaign:** Paul O'Leary | [pledge.campaign@sacredhc.ca](mailto:pledge.campaign@sacredhc.ca)
- Prayer Chain:** Ninette Maga | [prayerchain@sacredhc.ca](mailto:prayerchain@sacredhc.ca)
- RCIA:** Deacon Paul Coderre | [deacon.paul@sacredhc.ca](mailto:deacon.paul@sacredhc.ca)
- Sacristans:** Lorraine Knight | [secretary@sacredhc.ca](mailto:secretary@sacredhc.ca)