



# Sacred Heart Parish

Strathmore, AB

Parish Office Located at: 23 Strathmore Lakes Way, Strathmore, AB T1P 1L7 403-934-2641

## 3rd Sunday of Lent - March 20, 2022

My eyes are always on the Lord, for he rescues my feet from the snare.  
Turn to me and have mercy on me, for I am alone and poor.

(Psalms 24:15-16)

## Parish Office - Contact Information

Office Hours: Tues- Fri 9-4:00 pm Lunch Break: Noon-1:00 pm

**Pastor:** Fr. Tomy Manjaly | [pastor@sacredhc.ca](mailto:pastor@sacredhc.ca)  
**Bookkeeper:** Donna Johnson | [bookkeeper@sacredhc.ca](mailto:bookkeeper@sacredhc.ca)  
**Secretary:** Lorraine Knight | [secretary@sacredhc.ca](mailto:secretary@sacredhc.ca)  
**Deacon:** Paul Coderre | [deacon.paul@sacredhc.ca](mailto:deacon.paul@sacredhc.ca)  
**Parish Website:** <https://sacredhc.ca>  
**Diocesan Website:** [www.catholicyc.ca](http://www.catholicyc.ca)

**Office Phone:** 403-934-2641  
**Fr. Tomy's Mobile:** 403-928-1151 (Emergencies Only Please)  
**Mailing Address:** 23 Strathmore Lakes Way  
 Strathmore, AB T1P 1L7  
**Facebook Page:** [www.facebook.com/sacredhc.strathmore](https://www.facebook.com/sacredhc.strathmore)

## MASS INTENTIONS

Sat. Mar. 19 Parishioners  
 Sun. Mar. 20 † Chase Gourlay  
 Tues. Mar. 22 † Emmett Feser  
 Fri. Mar. 25 † Leo Gauthier  
 Sat. Mar. 26 Parishioners  
 Sun. Mar. 27 † Jonathan Van Verdegem

If you would like to book a Mass Intention for a week day, Fr. Tomy will offer up your intention while he celebrates daily Mass at the Rectory.



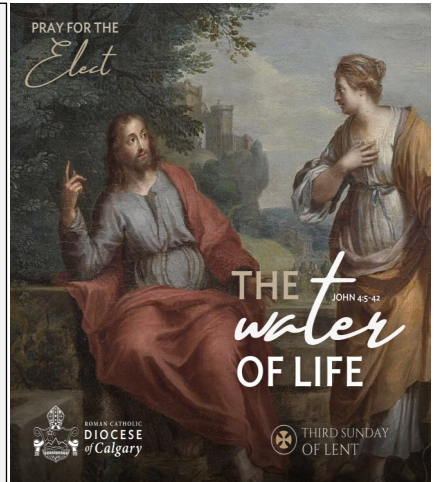
## Parish Liturgical Ministries for Saturdays & Sundays

DATE	TIME	MINISTERS OF HOLY COMMUNION	LECTORS
March 19	5:00pm	Deacon Paul	Anne Bailey/Diane Van Bavel
March 20	10:00am	Deacon Paul/Pat Tompkins	Robin Fulton/LaRue Kiemele
March 26	5:00pm	Diane Gartner	Trudy Crosby/Aislinn Chapotelle
March 27	10:00am	Shawna Lowe Loftus/Robin Fulton	Angela Reeves/Bernie Weir

**Sacred Triduum** **Date** **Time**  
 Penance Service April 5 7:00pm  
 Holy Thursday April 14 7:00pm  
 Good Friday April 15 3:00pm  
 Easter Vigil April 16 8:00pm  
 Easter Sunday April 17 10:00am  
**Mass** **Confession** **Holy Rosary**  
 Saturdays 4:15pm-4:45pm 4:30pm  
 Sundays 9:15am-9:45am 9:30am  
 Confession available Wednesday-Friday 9am-4pm by appointment at the Parish Office.  
 Please call 403-934-2641 to book.



In addition to the Fifth Sunday of Lent, Bishop McGrattan has asked we bolstering our support in 2022. On March 19 & 20 we will be adding a second collection for Development & Peace.  
 Please read [Bishop McGrattan's Pastoral Letter on Solidarity Sunday for Development and Peace](#).  
 You can also give support online:  
<https://www2.devp.org/en/civcm/contribute/transact?reset=1&id=3&gl=2y0x0>.



## MESSIAH

### Discover the One the Prophets Foretold!

As we enter the Lenten season and begin to prepare ourselves for the Pascal Mystery of Easter, we want to invite all parishioners

and parish families to join our parish faith study of the [Messiah](#) series on Formed.org.

In this 8-part series we will explore the messianic prophecies of the Holy Bible and how they were fulfilled by Our Lord Jesus Christ – both during His earthly life, and after His resurrection.

**Sundays during Lent @ 7:30pm, beginning Sunday, March 13th.**

### FOR MORE INFORMATION:

Please contact Tomas Rochford at [trochford@redeemer.ab.ca](mailto:trochford@redeemer.ab.ca) if you have any questions

THE LORD IS NEAR TO THE  
BROKEN-HEARTED, AND SAVES  
THE CRUSHED IN SPIRIT.

PSALM 34:18

## Memorial Mass

FOR LOVED ONES WE HAVE  
LOST DURING PANDEMIC

Wednesday, April 6, 2022

at 7:00pm

at Sacred Heart Parish  
(HCC Gym)



For those who would like to donate to the Ukrainian relief

effort, we recommend the following charities as excellent means of helping our brothers and sisters in Christ:

**Knights of Columbus Ukraine Appeal** (<https://www.kofc.org/secure/en/donate/ukraine.html>)  
**Chalice Canada Ukraine Appeal** (<https://secure.e2rm.com/registrant/DonationPage.aspx?eventid=374356>)  
**Diocesan Appeal** (<https://www.catholicyc.ca/blog/ukraine-emergency-relief>)

# Financial News

## TRUST IN THE LORD.

We are the body of Christ.  
Each family is an essential part of this body.  
Please continue to support our faith community.

Thank you, everyone, for your donations. Our parish relies on your Mass offerings for maintenance and growth. By making your offertory gift, you are providing crucial support to care for our parish during this difficult time. If you would like to make a donation, there are several options:

- If you attend public Mass on Saturday/Sunday, there is an offertory basket located near the altar.
- You may mail or drop off donations at the Parish Office.
- Send an e-Transfer to [sacredhc@shaw.ca](mailto:sacredhc@shaw.ca) and state within the message if your donation is for **Operations** or **Building Fund**.
- Sign up for regular monthly automatic direct debit payments. We will debit your account once per month (the first Wednesday). Please click [here](#) for a copy of the [Pre-Authorized Debit \(PAD\) Agreement form](#), complete/sign the form, and forward/bring it to the Parish Office. Please call the office if you would like us to mail you a copy of this form.
- Donations via credit card are available at [www.sacredhc.ca/donate](http://www.sacredhc.ca/donate)

May our generosity be an expression of gratitude  
for what God has given us.

## Parish Draft Finances for the Month of February 2022

	Monthly Actual	Monthly Budget	Quarter Ending Dec/2021
<b>Operations</b>			
All Income	\$9,918.00	\$13,650.00	\$130,467.00
Government Subsidies	\$0.00	-	\$35,321.00
All Expenses	\$14,155.00	\$13,406.00	\$177,439.00
Surplus/(Deficit)	(\$4,237.00)	\$244.00	(\$11,651.00)
<b>Building Fund</b>			
All Monies Received (Excluding Pledges)	\$18,879.00		
<b>Weekly Collections</b>			
<b>Date</b>	<b>Income</b>	<b>Building</b>	
March 5 & 6, 2022	\$2,392.00	\$6,750.00	
13-Mar-22	\$1,406.00	\$1,133.00	
<b>GRAND TOTAL</b>	<b>\$3,798.00</b>	<b>\$7,883.00</b>	
<b>Central Fund Savings</b>		<b>Together in Action</b>	
as at Feb. 28, 2022	\$2,053,514.00	<b>Goal for 2022</b>	\$13,978.00
<b>Grocery Cards Sold</b>	<b>\$8,700.00</b>	<b>Received</b>	\$640.00

## Memorial Fund Donations

If you would like to make a donation in memory of a loved one, please make cheques payable to:

**Sacred Heart Parish**  
and earmark your donation with the note:

**For the Building Fund - In Memory of  
{loved one's name}**

You will receive a charitable tax receipt for your donation.



**Jonathan Van Verdegem** was a very faithful and dedicated member of our Sacred Heart Catholic Parish. He served as an altar server right up until his passing. We feel the building of our new Catholic Church was in the foremost part of his thoughts. We will continue to receive donations in his memory.

Please make your donation as indicated above:

**For the Building Fund -  
in Memory of Jonathan Van Verdegem.**

*Eternal rest grant unto them,  
oh Lord, and let perpetual light  
shine upon them.*

*May the souls of the faithful departed,  
through the mercy of God, rest in peace.  
Amen.*

During mass on March 19 & 20, Extraordinary Ministers of Holy Communion will be commissioned as per the mandate granted on February 6, 2022 by Rt. Rev. Bishop William McGrattan. The following are the EMHC who will be commissioned:

Bazant, Mardelle	Kalbhen, Madonna
Britto, Heather	Keeler, Laurie
Burns, Shanna	Kiemele, LaRue
Cey, Paul	Lowe Loftus, Shawna
Chotowetz, Paulette	Maga, Ninette
Coderre, Nancy	O'Leary, Paul
Connelly, Tom	Patterson, Dan
Evans, Lavern	Patterson, Meaghan
Fulton, Robin	Pedersen, Janice
Gartner, Dianne	Salm, Harry
Gauthier, Suzie	Stewart, Helen
Gibbons, Kevin	Tompkins, Pat
Gionet, Todd	Van Bavel, Diane
Hansen, Art	VanVerdegem, Krysta

Thank you for your ministry.



# Parish & Diocesan Activities

## Altar Server Training & Practice

All experienced altar servers, and all children interested in becoming altar servers are invited to attend the Server Training Session this Sunday, March 20th, from 11:00am until noon. A free pizza lunch will follow. For more information, please feel free to contact Miss Krysta Van Verdegem at: [altar.servers@sacredhc.ca](mailto:altar.servers@sacredhc.ca)

## Catholic Women's League News

The next CWL meeting will be held on **Tuesday, April 12th** in the Foods Science room at HCC. Starts with mass at 7:00pm, meeting to follow. Please use the north entrance doors.

### Lenten Gift Cards by CWL.

The CWL will be collecting \$5 and \$10 gift cards for the Overnight Shelter again this year and are inviting parish members to participate. Last year they donated approximately \$500 in gift cards. Gift cards or cash can be placed in an envelope marked Lenten Gift Card Drive and placed in the collection basket or given to Donna Johnson or Anne Bailey.



## Lenten Soup Supper

Beginning on Friday, March 18th, the parish will be hosting Lenten soup suppers followed by communal praying of the Stations of the Cross. The soup supper begins at 6:00pm, and Stations of the Cross begin at 7:00pm at HCC.



## Synod

All parishioners are invited to participate in our parish's "listening session" for the Synod on Synodality. We will be hosting the session at 7:00pm on Wednesday, March 23rd in the Holy Cross Collegiate gymnasium. For more information, please contact the Pastoral Council at [parish.council@sacredhc.ca](mailto:parish.council@sacredhc.ca).

For more information about our Diocese's participation in the Synod on Synodality, please visit: <https://www.catholiccy.ca/synod.html>

### Walking Together

- How have you experienced journeying together as the Church?
- What steps does the Holy Spirit invite us to take in order to grow in our "journeying together"?

To read the preparatory document, which has details about what to expect and what questions we will be answering during our parish listening session, check out: [https://sacredhc.ca/documents/2022/3/Preparatory\\_Questions\\_for\\_Participants.pdf](https://sacredhc.ca/documents/2022/3/Preparatory_Questions_for_Participants.pdf)



## Tuesday Masses

Tuesday evening masses will be celebrated in St. Anne Chapel in Sacred Heart Academy beginning at 7:00 pm.

## Friday Masses

Beginning on Friday, May 2nd, we will be hosting First Friday Masses welcoming all parishioners to worship Our Lord together and then spend time in Eucharistic Adoration. Mass on these First Fridays will begin at 7:00pm, followed by Adoration and Benediction until 8:30pm.



## Memorial Mass

For those who lost family members during these past two years of the COVID-pandemic, and would like to arrange a Memorial Mass and service, please contact the Parish office to arrange a suitable date.

## Parish Bottle Drive Fundraiser!

Thank you to everyone as our Bottle Drive Fundraiser continues with picking up bottles after Mass.

All proceeds are for our new Church building. If you have bottles that you need someone to pick up, please call Ron Johnson at (403) 333-2213.

Help  
turn  
this



into  
this



## Children Choir

All children and youth in grade two and older are welcome to join the parish children's choir. This choir will be instructed in vocal and choral techniques by Emily Rochford, and will build up a repertoire of liturgical music, and will lead the congregation in song at Sunday Mass every other week.

**Choir practice will be every 1st and 3rd Sunday of the month, immediately following Sunday Mass, and will last until 12:00 noon.**

If you have any questions, or to sign your child(ren) up, please contact Emily Rochford at: [rochford@fastmail.fm](mailto:rochford@fastmail.fm)

## Please Note

If you have information to share with the Parish,

please forward the information to the Parish email: [secretary@sacredhc.ca](mailto:secretary@sacredhc.ca)

NO LATER THAN Wednesday and it will be entered in the calendar of events for that week.

# Parish Information

## Parish Sacraments



Please call or email the parish office if you have any questions

### Baptism:

Baptisms are set for the last Saturday of the month. **Please call the Parish Office 2 months prior to your chosen date for more information about Registration and Baptism Preparation.**

### Marriage Preparation:

Please call or email the office to make an appointment with Fr. Tomy **at least four months prior to your wedding date.** Please do not finalize dates before speaking with the Pastor.

### Reconciliation/Confession:

Confession is available on **Saturdays, from 4:15-4:45 pm** and **Sundays, from 9:15-9:45 am** in the Holy Cross Collegiate Foods Room. Confession is also available by appointment. Please contact the parish office.

### First Reconciliation/Holy Communion:

First Reconciliation and First Holy Communion Sacramental Preparation classes will occur from **October 2022 to June 2023**. Registration for 2022-2023 will begin in September 2022.

### Confirmation:

Confirmation Preparation classes are taught every two years (ie. 2022, 2024, 2026). If you have any questions, please contact Mr. Brent Wiley at [confirmation@sacredhc.ca](mailto:confirmation@sacredhc.ca) or contact the Parish Office.

### RCIA, RCIY, RCIC:

The Rite of Christian Initiation for Adults program runs yearly from Fall to Easter of the following year. If interested in attending, please call or email the parish office to speak with Deacon Paul Coderre, before the end of August.



SHA is now accepting Online Registration Inquiries for kindergarten and pre-kindergarten\* students!



## CATHOLIC SCHOOLS



**DIVIDENDS FOR LIFE**

### **GROCERY CARDS** - Contact Angie Wolper at 403-934-0468

Every one of us buys groceries for our households each week.

**Please consider pre-paying for your groceries by purchasing Grocery Cards.**

Co-op Grocery Cards can be used for groceries and gas.

**For every \$100 Co-op Grocery Card the parish receives \$9.**

**For every \$100 Sobeys Grocery Card the parish receives \$6.**

The average family spends \$500/month. If 300 families in the parish use the Gift Card program, we could see an average of \$2,000 going into the Building Fund per month or approximately \$25,000 annually.

### **Parish Ministries and Organizations**

#### **Altar Servers:**

Krysta Van Verdegem | [altar.servers@sacredhc.ca](mailto:altar.servers@sacredhc.ca)

#### **Building Committee:**

Paul O'Leary | [building.committee@sacredhc.ca](mailto:building.committee@sacredhc.ca)

#### **Catholic Women's League:**

Donna Johnson | [cwl@sacredhc.ca](mailto:cwl@sacredhc.ca)

#### **Children's Liturgy:**

Meaghan Patterson | [childrens.liturgy@sacredhc.ca](mailto:childrens.liturgy@sacredhc.ca)

#### **Choir Liaison:**

Emily Rochford | [music.ministry@sacredhc.ca](mailto:music.ministry@sacredhc.ca)

#### **Communication Coordinator**

Evan MacLeod | [communications@sacredhc.ca](mailto:communications@sacredhc.ca)

#### **Confirmation Preparation:**

Brent Wiley | [confirmation@sacredhc.ca](mailto:confirmation@sacredhc.ca)

#### **Extraordinary Ministers:**

Helen Stewart | [emhc@sacredhc.ca](mailto:emhc@sacredhc.ca)

#### **Finance Council:**

Jim Chisholm | [finance.council@sacredhc.ca](mailto:finance.council@sacredhc.ca)

#### **First Communion Preparation:**

Katie Jalbert | [first.communion@sacredhc.ca](mailto:first.communion@sacredhc.ca)

#### **Fundraising Committee:**

Nettie Hendricks | [fundraising@sacredhc.ca](mailto:fundraising@sacredhc.ca)

#### **Gym Setup:**

Todd Gionet | [gym.setup@sacredhc.ca](mailto:gym.setup@sacredhc.ca)

#### **Knights of Columbus:**

Grand Knight Derek Donais | [knights@sacredhc.ca](mailto:knights@sacredhc.ca)

#### **Lectors:**

Robin Fulton | [rf.mlfulton@gmail.com](mailto:rf.mlfulton@gmail.com) / [lectors@sacredhc.ca](mailto:lectors@sacredhc.ca)

#### **Parish Council:**

Tomas Rochford/Brent Wiley | [parish.council@sacredhc.ca](mailto:parish.council@sacredhc.ca)

#### **Pastoral Care:**

Diane Van Bavel | [pastoral.care@sacredhc.ca](mailto:pastoral.care@sacredhc.ca)

#### **Pledge Campaign:**

Paul O'Leary | [pledge.campaign@sacredhc.ca](mailto:pledge.campaign@sacredhc.ca)

#### **Prayer Chain:**

Ninette Maga | [prayerchain@sacredhc.ca](mailto:prayerchain@sacredhc.ca)

#### **RCIA:**

Deacon Paul Coderre | [deacon.paul@sacredhc.ca](mailto:deacon.paul@sacredhc.ca)

#### **Sacristans:**

Lorraine Knight | [secretary@sacredhc.ca](mailto:secretary@sacredhc.ca)