



Sacred Heart Parish

Strathmore, AB

Parish Office Located at: 23 Strathmore Lakes Way, Strathmore, AB T1P 1L7 403-934-2641

5th Sunday in Ordinary Time - February 4/5, 2023

*O come, let us worship God and bow low before the God who made us,
for he is the Lord our God. (Psalms 94.6-7)*

Parish Office - Contact Information

Office Hours: Tues- Fri 9-4:00 pm Lunch Break: Noon-1:00 pm

Pastor: Fr. Tomy Manjaly | pastor@sacredhc.ca
Bookkeeper: Donna Johnson | bookkeeper@sacredhc.ca
Secretary: Lorraine Knight | secretary@sacredhc.ca
Deacon: Paul Coderre | deacon.paul@sacredhc.ca
Parish Website: <https://sacredhc.ca>
Diocesan Website: www.catholiccy.ca

Office Phone: 403-934-2641
Fr. Tomy's Mobile: 403-928-1151 (Emergencies Only Please)
Mailing Address: 23 Strathmore Lakes Way
 Strathmore, AB T1P 1L7
Facebook Page: www.facebook.com/sacredhc.strathmore
Instagram: sacredheartparishstrathmore

Mass Schedule Jan. 28-Feb. 5

		Mass Intentions	
Saturday February 4	Confession 4:15-4:45pm	Food Room HCC	
	5:00 pm SHA Gym	† Emmett & Cecilia Feser	
Sunday February 5	Confession 9:15-9:45am	Food Room HCC	
	10:00 am HCC Gym	Parishioners	
Tuesday February 7	7:00pm St. Anne Chapel	† Helen & Rene Lesperance	
Wednesday February 8	8:30am Office Chapel	† E. Stang deceased family	
Thursday February 9	6:30pm St. Anne Chapel	† Marianne Hirose	
Friday February 10	Holy Mass		
	Communion		
	Service	10:30am Sagewood	Noll Family
		10:30am Wheatland Lodge	

Saturday February 11	Confession 4:15-4:45pm	Food Room HCC	
	5:00 pm SHA Gym	Parishioners	
Sunday February 12	Confession 9:15-9:45am	Food Room HCC	
	10:00 am HCC Gym	† Jonathan Van Verdegem	

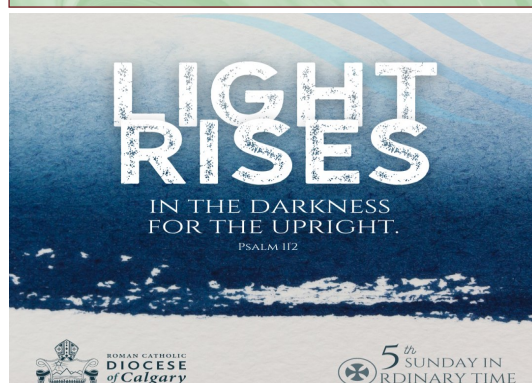
Confession is also available by appointment at the Parish Office,
call 403-934-2641

Holy Mass is held in the Holy Cross Collegiate (HCC) School Gym
North Doors, 709 B - 2nd Street

First Reading: Isaiah 58.6-10
Second Reading: 1 Corinthians 2.1-5
Gospel: Matthew 5.13-16

Prayer of the Faithful:

*For us, God's people, invited to discover
God in the routine of our lives,
We pray to the Lord.*



Parish Liturgical Ministries for Saturdays & Sundays

DATE	TIME	MINISTERS OF HOLY COMMUNION	LECTORS
February 4	5:00pm	Deacon Paul Suzie Gauthier	Paulette Chotowetz Bernie Weir
February 5	10:00am	Deacon Paul Nancy Coderre	Angela Reeves Pamela Glover
February 11	5:00pm	Laurie Keeler Heather Britto	Helen Stewart Chloe Shworak
February 12	10:00am	Shawna Lowe Loftus Pat Tompkins	Shawna Lowe Loftus Tomas Rochford

Parish Ministries and Organizations - Upcoming Meetings

	Next Meeting
Pledge Drive Subcommittee (1st Tuesday of the Month - 7:30 pm)	TBA
Building Committee (1st Thursday of the Month - 7:00pm)	TBA
Catholic Women's League (2nd Tuesday of the Month - 7:30pm)	Feb. 14
Finance Council (3rd Tuesday of the Month - 7:30 pm via Zoom)	TBA
Knights of Columbus (2nd Thursday of the Month - 7:00pm)	Feb. 9
Parish Pastoral Council (4th Thursday of the Month - 7:00 pm)	TBA
Fundraising Committee (4th Tuesday of the Month - 7:30 pm - via zoom)	TBA

All meeting will be held in the HCC Foods room unless otherwise noted.

The 2022 tax receipts are now ready for pick up from the entrance table after mass.

Sunday Missal covers are available at the entrance table. The cost for them is a donation to the building fund.

Everyone is invited and encouraged to stay after Mass on **Sunday, February 12th** to listen to the Parish Finance Update as well as the Progress Report from the Building Committee.

This is the same presentation as was given when Bishop McGrattan came on January 14th.

There will be a light lunch with "beef on a bun" and refreshments served following the presentation.

There will also be a question and answer period.

Please join us and help us to make it over the finish line.



Financial News

Parish Draft Finances for the Month of January 2023

Operations	Monthly Actual	Monthly Budget	Year to Date Dec. 31/2022
All Income	\$30,858.00	\$18,500.00	\$162,959.00
Interest to date		-	\$41,655.00
All Expenses	\$22,454.00	\$14,206.00	\$180,069.00
	\$8,404.00	\$4,294.00	\$24,545.00
Building Fund			
All Monies Received	\$52,467.00		
Weekly income includes collections, electronic deposits, mail & dropoff. Building funds include all donations and fundraising.			
Weekly Collections			
Date	Income	Building	
Jan. 21/22, 2023	\$3,040.00	\$9,742.00	
Jan 28/29, 2023	\$1,921.00	\$14,528.00	
GRAND TOTAL	\$4,961.00	\$24,270.00	
Central Fund Savings		Together in Action	
as at Dec. 31, 2022	\$2,313,460.00	Goal for 2022	\$13,978.00
Grocery Cards Sold	\$5,700.00	Received	\$12,353.00

TRUST IN THE LORD.

We are the body of Christ.

Each family is an essential part of this body.

Please continue to support our faith community.

Thank you, everyone, for your donations. Our parish relies on your Mass offerings for maintenance and growth. By making your offertory gift, you are providing crucial support to care for our parish. If you would like to make a donation, there are several options:

- If you attend public Mass on Saturday/Sunday place in the offertory basket.
- You may mail or drop off donations at the Parish Office.
- Send an e-Transfer to sacredhc@shaw.ca and state within the message if your donation is for **Operations** or **Building Fund**.
- Sign up for regular monthly automatic direct debit payments. We will debit your account once per month (the first Wednesday). Please click [here](#) for a copy of the **Pre-Authorized Debit (PAD) Agreement form**, complete/sign the form, and forward/bring it to the Parish Office. Please call the office if you would like us to mail you a copy of this form.
- Donations via credit card are available at www.sacredhc.ca/donate

May our generosity be an expression of gratitude for what God has given us.

Parish Bottle Drive Fundraiser!

Thank you to everyone as our Bottle Drive Fundraiser continues with picking up bottles after Mass.

All proceeds are for our new Church building. If you have bottles that you need someone to pick up, please call Ron Johnson at (403) 333-2213.

GROCERY CARDS

Contact

The Parish Office at 403-934-2641

Every one of us buys groceries for our households each week.

Please consider pre-paying for your groceries by purchasing Grocery Cards.

Co-op Grocery Cards can be used for groceries and gas.

For every \$100 Grocery Card sold the parish receives \$6.

The average family spends \$500/month. If 300 families in the parish use the Gift Card program, we could see an average of \$2,000 going into the Building Fund per month or approximately \$25,000 annually.

2022 - 2023 Pledge Drive (ongoing)

Pledge Forms Out: 99

Pledge Forms Received: 34

Total Amount Pledged: 803,600

For further information contact:
Paul O'Leary or Harry Salm

Memorial Fund Donations

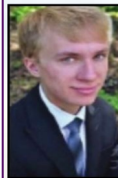
If you would like to make a donation in memory of a loved one, please make cheques payable to:

Sacred Heart Parish

and earmark your donation with the note:

For the Building Fund - In Memory of {loved one's name}

You will receive a charitable tax receipt for your donation.



Jonathan Van Verdegem was a very faithful and dedicated member of our Sacred Heart Catholic Parish. He served as an altar server right up until his passing. We feel the building of our new Catholic Church was in the foremost part of his thoughts. We will continue to receive donations in his memory.

Please make your donation as indicated above:

For the Building Fund - in Memory of Jonathan Van Verdegem.

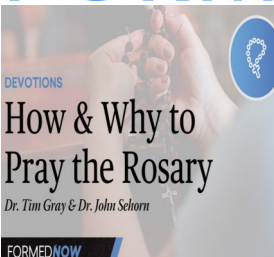
Eternal rest grant unto them, oh Lord, and let perpetual light shine upon them.

May the souls of the faithful departed, through the mercy of God, rest in peace. Amen.

Are you new to the Parish and wish to use offering envelopes?

Feel free to email or call the office. Please provide your name, address and telephone number and we will set you up with a numbered envelope. This will ensure that your donations are included in your tax deductible receipts at year end.

FORMED® Feb. 5, 2023



How and Why to Pray the Rosary

As we celebrate Our Lady of Lourdes this week, we invite you to learn more about the Rosary! Join Dr. Tim Gray and Dr. John Sehorn as they discuss how they pray the Rosary and how it has changed their lives.

Our parish has a FORMED subscription.

Visit signup.formed.org and select our parish.

Scan the QR code to download the FORMED app to your phone.

Sacred Heart Parish 23 Strathmore Lakes



An offering from the AUGUSTINE INSTITUTE and ignatius press

Parish & Diocesan Activities

Volunteers Needed

♦**The Extraordinary Ministers of Holy Communion** are looking for more people to help with this important ministry.

Please talk to Helen Stewart, Father Tomy or contact the office if you are interested in helping.



♦**Gym Setup** are in need of more helpers (more information on back page). Many hands make light work. Contact the parish office if you are interested.

Catholic Women's League News

February 14 is the next CWL Meeting. Starts with Mass at 7:00 at St. Anne's Chapel. This is a social gathering and will be held in the Food Science Room of Holy Cross Collegiate. There will be snacks and games. Come and join the fun. All ladies from the Parish are welcome to attend.

Tuesday Mass

Tuesday evening masses are held in St. Anne's Chapel (Sacred Heart Academy) at 7:00pm.

Knights of Columbus News

The Knights of Columbus have **changed** their meeting night from the **3rd Thursday** to the **2nd Thursday** of every month. The next meeting will be on **Thursday, February 9th** in the Foods Room in HCC.

Membership fee of \$45 for 2023 are now due. If you would like more information on the Knights of Columbus, please contact Grand Knight Paul Cey @ 403-499-8822 or knights@sacredhc.ca

Volunteer Information

Over the next couple of weeks an email will be sent to all volunteers in regards to online training required by the parish and Diocese of Calgary. If you do not receive an email please contact the parish office.

All volunteers are also required to read and sign the 'Code of Pastoral Conduct and Accountability for Volunteers' and complete a 'Volunteer Information' form which will be available from the entrance table.

Contact the parish office if you have any questions.

GREAT LEARNING STARTS HERE!

SACRED HEART ACADEMY
LITTLE FLOWER
PRE-KINDERGARTEN

Little Flower
Sacred Heart Academy Pre-Kindergarten
THREE DAY PROGRAM
Tue - Wed - Thurs
8:25 am to 11:20 am

Accepting Catholic and non-Catholic students
Pre-kindergarten students must be 4 years of age or older by December 31, 2023

Visit our website to **REGISTER**
CLICK ON "LITTLE FLOWER PRE-K" TAB

SACRED HEART ACADEMY

FULL AND PART-TIME KINDERGARTEN OPTIONS ARE AVAILABLE
Accepting Catholic and non-Catholic students
Kindergarten students must be 5 years of age or older by December 31, 2023

REGISTRATION ALSO OPEN FOR GRADES 1 TO 6!

Visit our website and click on **REGISTER** tab

TO REGISTER
visit <https://sacredheart.redeemer.ab.ca>
403-901-1544
Visit us on Facebook! www.facebook.com/sacredheart.cir
✕ *Children's Theologians*

Lent 2023
@ Mount St. Francis Retreat Centre
41160 Retreat Road (Cochrane)

Day Away - Advocate for the Poor
Wednesday, March 8
9 am - 3 pm

Includes presentation, quiet time, Eucharist, and Noon Meal.
\$30

Fill Our Hearts With Your Love
Evening Twilight Retreat
Wednesday, March 8

Registration 6 pm
Dinner 6:30 pm
followed by Presentation, Quiet Time and Closing Ritual
\$30

Crossroads:
Charity of the Cross Holy Week Retreat
Wednesday, April 5
9am - 3pm or 6:30-9 pm

Includes either noon meal or supper, presentation, quiet time and ritual.
\$30

REGISTER
for each or all of these Lenten Retreats at:
mtfrancis@shaw.ca
or 403-932-2012

Knights of Columbus members are asked to see one of the following members after mass to pay their membership dues: Paul O'Leary, Robert Dixon, Winston Britto, Paul Cey or Evan McLeod. You can pay by cheque or cash.

"WE ARE ALL FRAGILE AND VULNERABLE, AND NEED THAT COMPASSION WHICH KNOWS HOW TO PAUSE, APPROACH, HEAL, AND RAISE UP."

Pope Francis, Message for the World Day of the Sick 2023
CALGARYDIOCESE.CA
f@CALGARYDIOCESE

ROMAN CATHOLIC DIOCESE of Calgary
WORLD DAY OF THE SICK
Take care of him
FEB 11 2023

Please Note

If you have information to share with the Parish, please forward the information to the Parish email: secretary@sacredhc.ca
NO LATER THAN Wednesday and it will be entered in the calendar of events for that week.

Parish Information

Parish Sacraments



Please call or email the parish office if you have any questions

Baptism:

Please call the Parish Office 2 months prior to your chosen date for more information about Registration and Baptism Preparation.

Marriage Preparation:

Please call or email the office to make an appointment with Fr. Tomy at least four months prior to your wedding date. Please do not finalize dates before speaking with the Pastor.

Reconciliation/Confession:

Confession is available on **Saturdays, from 4:15-4:45 pm** and **Sundays, from 9:15-9:45 am** in the Holy Cross Collegiate Foods Room. Confession is also available by appointment. Please contact the parish office.

First Reconciliation/Holy Communion:

First Reconciliation and First Holy Communion Sacramental Preparation classes will occur from **October 2023 to June 2024**. Registration for 2023-2024 will begin in September 2023.

Confirmation:

Confirmation Preparation classes are taught every two years (i.e. 2024, 2026, 2028...). If you have any questions, please contact Mr. Brent Wiley at confirmation@sacredhc.ca or contact the Parish Office.

RCIA, RC1Y, RCIC:

The Rite of Christian Initiation for Adults program runs yearly from Fall to Easter of the following year. If interested in attending, please call or email the parish office to speak with Deacon Paul Coderre, before the end of August.

Sacred Heart Evangelization Team

"He said to them, go into all the world and preach the gospel to all creation"
- Mark 16:15

Do you feel called to share the good news of Jesus Christ and to help grow our parish? A new team is being formed to reach out to the broader community to share the Gospel. The team will pursue a mission to invite new and former parishioners to join our parish - so that they may experience the love of Christ, Christian community, and the many blessings our Catholic Church has to offer. We are looking for both active "missionary" members and for "prayer" team members who will pray for the success of the apostolate. If you feel a call to share in this new parish ministry, please contact Ryan at rc_schmidt@yahoo.com.

The Sacred Heart of Jesus Prayer Chain

If you would like parishioners to pray for you, for a loved one, or for a special petition you might have in this difficult time, please contact Ninette Maga at prayerchain@sacredhc.ca or contact the Parish Office at 403-934-2641.

You may also use the form on our website found at www.sacredhc.ca/parish-prayer-chain

To enroll as a prayer warrior now, please complete the Sacred Heart of Jesus Prayer Chain enrolment form found at www.sacredhc.ca/join-the-prayer-chain or contact Ninette.

Gym Setup Volunteers Needed

We are looking for a few more volunteers to help with facilitation, setup and take down for weekend Masses. Our two urgent needs are as follows:

1. We require a **new facilitator** to replace Paul Cey on Team 4 when he is in Arizona for the winter months.
2. We also require **setup crew volunteers** (ideally 6, but minimum 2). Responsibilities: once per month assisting with the setup of chairs, sanctuary furnishings, microphones, and music equipment. No experience or technical expertise is required.

Please remember: **Without setup crew, we can't celebrate Holy Mass.**

Please contact the parish office if you are able to help.

Parish Ministries and Organizations

Altar Servers:

Krysta Van Verdegem | altar.servers@sacredhc.ca

Building Committee:

Paul O'Leary | building.committee@sacredhc.ca

Catholic Women's League:

Donna Johnson | cwl@sacredhc.ca

Children's Liturgy:

Meaghan Patterson | childrens.liturgy@sacredhc.ca

Choir Liaison:

Emily Rochford | music.ministry@sacredhc.ca

Confirmation Preparation:

Brent Wiley | confirmation@sacredhc.ca

Extraordinary Ministers:

Helen Stewart | emhc@sacredhc.ca

Finance Council:

Jim Chisholm | finance.council@sacredhc.ca

First Communion Preparation:

Katie Jalbert | first.communion@sacredhc.ca

Fundraising Committee:

Nettie Hendricks | fundraising@sacredhc.ca

Gym Setup:

Todd Gionet | gym.setup@sacredhc.ca

Knights of Columbus:

Grand Knight Paul Cey | knights@sacredhc.ca

Lectors:

Meaghan Patterson | lectors@sacredhc.ca

Parish Council:

Tomas Rochford/Brent Wiley | parish.council@sacredhc.ca

Pastoral Care:

Diane Van Bavel | pastoral.care@sacredhc.ca

Pledge Campaign:

Paul O'Leary | pledge.campaign@sacredhc.ca

Prayer Chain:

Ninette Maga | prayerchain@sacredhc.ca

RCIA:

Deacon Paul Coderre | deacon.paul@sacredhc.ca

Sacristans:

Lorraine Knight | secretary@sacredhc.ca