



# SEPTEMBER 2025

## Regis Middle School

Fruits and veggies subject to change  
Salad Bar offered daily as entrée choice unless specified  
All bread products served are whole grain

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

Labor Day  
No School

Chicken Tenders  
Hash Brown  
Apple Slices  
Sun Chips  
Alt: Pepperoni Pizza

BBQ Riblet w/  
WG Bun  
Green Beans  
Pineapple Chunks  
Alt: Ham Sub

Soft Tacos  
Corn  
Orange Wedges  
Alt: Meat Lovers Pizza

Italian Dip-its w/  
Marinara  
California Blend Veggies  
Applesauce Cup  
Alt: Cheese Pizza

Mini Corndogs  
Fresh Pears  
Celery  
Scooby Grahams  
Alt: Turkey Sub

Soft Pretzel w/  
Cheese Sauce  
Side Salad  
Watermelon  
Alt: Pepperoni Pizza

Chicken Sandwich w/  
WG Bun  
Smile Fries  
Mandarin Oranges  
Alt: Ham Sub

Nachos  
Refried Beans  
Grapes  
Alt: Meat Lovers Pizza

French Toast Sticks  
Sausage Links  
100% Fruit Juice  
Applesauce Cup  
Alt: Cheese French Bread

Hotdog w/ Chili  
WG Bun  
Strawberries  
Sweet Potato Fries  
Alt: Turkey Sub

Orange Chicken  
Fried Rice  
Stir Fry Veggies  
Pineapple  
Alt: Pepperoni Pizza

Baked Potato w/  
Cheese Sauce & Diced Ham  
Steamed Broccoli  
Orange Wedges  
Alt: Ham Sub

Chicken Fajitas  
Sautéed peppers and onions  
Sliced Peaches  
Alt: Meat Lovers Pizza

Cheesy Italian  
Pull-Apart  
California Blend Veggies  
Applesauce Cup  
Alt: Cheese Pizza

Staff Learning  
No School

Chicken Nuggets  
Smile Fries  
Mandarin Oranges  
Goldfish  
Alt: Pepperoni Pizza

Pulled Pork w/  
WG Bun  
Side Salad  
Sliced Pears  
Alt: Ham Sub

Taco Salad  
Corn  
Apple Slices  
Alt: Meat Lovers Pizza

Pizza Crunchers w/  
Marinara  
Carrots  
Applesauce Cup  
Alt: Cheese French Bread

Turkey Gravy over  
Mashed Potatoes  
Side Salad  
Grapes  
Alt: Turkey Sub

Pancakes  
Sausage Links  
100% Fruit Juice  
Orange Wedges  
Alt: Pepperoni Pizza

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