



Catholic
Charities
Archdiocese of Dubuque

JUNE 2023 NEWSLETTER

Reducing Poverty · Strengthening Families · Empowering Communities

In the June 2023 Issue:

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Director of Immigration Legal Services Serves as Panelist for National Immigration Conference

Yer Vang, Catholic Charities Director of Immigration Legal Services, served as an affiliate expert panelist at the National Catholic Legal Immigration Network, Inc. (CLINIC) Convening in Phoenix, AZ in May. The panel discussed the distinct geographical challenges associated with immigration policies for agencies serving immigrants in various capacities. Vang provided the perspective of welcome from an interior state and the services provided by our team of attorneys and legal assistants in their work to keep families together. The panel's central focus was rising to meet the needs of our immigrant brothers and sisters in the face of growing uncertainty across the country.

"It was crucial to include our perspective from the Midwest in a conversation about immigration because our services are here for families who are seeking long-term stability. We do much of the heavy legal services work as families settle into their new lives in the Midwest. Our work is targeted at building communities and strengthening families through professional services and establishing trust. Our approach to providing services to immigrants and

refugees respects the dignity of the human person and we strive to embrace the needs of special immigrant populations. Providing immigration legal services is truly an investment in families." - Yer Vang, Director of Immigration Legal Services, Catholic Charities of the Archdiocese of Dubuque



MIKE IS GOING OVER THE EDGE

Save the Date for Sept 15, 2023 as we send Mike DeMouley, Catholic Charities' Affordable Housing Director, "Over the Edge" for United Way! Over The Edge is a unique opportunity for individuals and organizations to raise money and support the United Way of Dubuque Area Tri-States (UWDATS) by rappelling 13 stories off a historic Dubuque building.

[Click Here to Learn More](#)



YOUR GIFT CHANGES LIVES EVERYDAY



Catholic
Charities

Archdiocese of Dubuque

DONATE



**YOUR GIFT OF \$300
KEEPS FAMILIES IN
THEIR HOMES**

"I came to Catholic Charities for help with my rent when I had nowhere else to turn. I have two children and I was struggling to make ends meet while working and going back to school. Catholic Charities was there for me during a hopeless time in my life." ~ Nadeige



**YOUR GIFT OF \$100
PROVIDES A FREE
IMMIGRATION LEGAL
CONSULTATION**

"We have limited financial resources which restricted our access to immigration legal services. Catholic Charities helped keep our family together and guide us through the process. We are so grateful and we couldn't have done it on our own." ~ Colton & Jessica



**YOUR GIFT OF \$150
HELPS FAMILIES TO
IMPROVE THEIR
MENTAL HEALTH**

"Because of my counselor, I have my life back on track and in harmony with who I am. For the first time, I can see ME and I'm not ashamed. Thanks to my counselor for being my inspiration when I needed it the most. My entire family is happier and healthier." ~ Maria

Your support at any level makes a difference in the lives of your neighbors across the Archdiocese of Dubuque. Thank you!

For More Information Visit

CatholicCharitiesDubuque.org

100% OF YOUR GIFT STAYS IN NORTHEAST IOWA

REDUCING POVERTY • STRENGTHENING FAMILIES • EMPOWERING COMMUNITIES

Action Alert from the United States Conference of Catholic Bishops (USCCB)

Adequate and nutritious food is a basic need and a fundamental human right. Nothing should stand in the way of people having access to the food they need to live. The Supplemental Nutrition Assistance Program (SNAP) is one of this nation's most effective and important federal programs to combat hunger, serving over 40 million people in need. However, some of the most vulnerable individuals are currently cut off from its benefits. 22 states currently ban those who have felony drug convictions from receiving SNAP benefits. This is despite the fact that research shows that individuals leaving incarceration experience food insecurity at higher rates.

Click Here and ask your members of Congress to support the RESTORE Act which eliminates the ban on SNAP benefits for people with drug-related felony convictions. (Source: usccb.org)

RESTORE Act Impacts SNAP Benefits





Change lives in Northeast Iowa!

APPLY NOW!

JOIN OUR TEAM!

**Now Hiring for a
CASE MANAGER in Waterloo**

COUNSELING SERVICES

at Catholic Charities



Begin Your Journey to Improved Mental Health

If you are struggling with your mental health, early intervention with a licensed professional helps to prevent long-term problems. Catholic Charities provides confidential, affordable counseling in a safe setting to anyone, regardless of faith or background. Clients seek counseling with us for various reasons, including, but not limited to, anxiety, depression, stress, trauma, & grief. Our licensed professionals help individuals, couples, and families maintain emotional health and strengthen relationships. Counseling is available in-person or via telehealth in English & Spanish. At Catholic Charities, a person's ability to pay does not impact their ability to heal. [Click Here](#) to schedule your first appointment or call [563-588-0588](tel:563-588-0588) for more information on how to connect with a counselor in your area.

MARK YOUR CALENDARS



**CLICK HERE TO
RESERVE YOUR
BOOTH SPACE**

2ND ANNUAL MULTICULTURAL RESOURCE FAIR

SEPTEMBER 8, 2023 10am-12pm
St. Wencelaus Parish Center, 1224 5th. St. SE, Cedar Rapids, Iowa

**HOSTED BY CATHOLIC CHARITIES OF
THE ARCHDIOCESE OF DUBUQUE**



Employee Spotlight

KAITLIN GUDENKAUF COUNSELOR

WHY CATHOLIC CHARITIES?

I was drawn to work with Catholic Charities because of the variety of services offered that are rooted in faith-based values and focus on supporting individuals and families.

ABOUT ME

Favorite Snack?

Chocolate Chip Cookies but I would like anything with chocolate.

Free Time?

I like to read, hike, ride ATVs, bake desserts, and work on various arts and crafts.

Coffee or Tea?

Both iced coffee and tea

Pets?

I have a 9-month-old tabby cat.

Hopes & Dreams?

My hope is to live a long, healthy, and purposeful life where I get to strengthen and build meaningful relationships and be able to help others in the process.

One Goal in the Next Year?

I would like to restart learning how to play the piano.

Favorite Book or Movie?

My favorite book is *The Book of Lost Names* by Kristen Harmel. This book is a historical fiction novel inspired by a true story during World War II. It highlighted the strength and bravery that occurred during difficult times. I love books with a good ending and this one had me racing to find out what happened!

CONTACT

✉ k.gudenkauf@dbqarch.org

🏠 Counselor

📍 Dubuque Office

🕒 9 Months of Service

A DAY IN THE LIFE

Individual Counseling Sessions

Session Notes

Update Treatment Plans

Self Care & Mindfulness

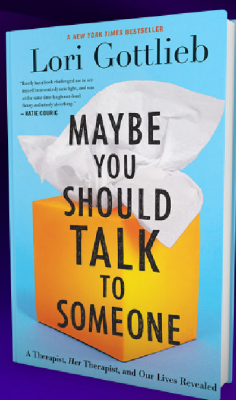
Intake Sessions

Play Therapy

Training & Education

CLICK
HERE

TO LEARN MORE ABOUT COUNSELING
AT CATHOLIC CHARITIES



WHAT WE ARE READING:

Maybe You Should Talk to Someone

A Therapist, Her Therapist, and Our Lives Revealed

BY LORI GOTTLIEB

[Click Here to Learn More](#)

Plan Your Legacy With Catholic Charities

You can have an everlasting influence on the lives of those we serve at Catholic Charities of the Archdiocese of Dubuque. Please ask your attorney to include a bequest for our organization in your will. If you would like more information about leaving a legacy gift to Catholic Charities of

the Archdiocese of Dubuque, please contact Jeff Schneider at dbqcddevdir@dbqarch.org or call (800) 876-3546.



[Unsubscribe](#)

The Archdiocese of Dubuque

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