



Catholic
Charities
Archdiocese of Dubuque

JANUARY 2025 NEWSLETTER



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DOUBLE YOUR IMPACT – \$100,000 MATCHING GIFT OPPORTUNITY

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Double Your *impact*

Our generous supporters have enabled our team of five attorneys to serve over 5,400 clients in the past five years. In 2024 alone, requests for our services increased by 59%, and we expect even greater demand in the coming year with the heightened uncertainty and fear.

Until February 15, 2025, every new donation to our ministry will be matched dollar-for-dollar, up to \$100,000, thanks to a generous pledge.

This support will strengthen our ministry's future, ensuring we can continue providing critical legal services and advocacy for immigrant communities across the Archdiocese, keeping families together and offering hope and opportunity.

Thank you for standing with us as we serve those who are among the most vulnerable in our midst. If you have questions on this opportunity, please contact Catholic Charities of the Archdiocese of Dubuque at 800-772-2758.

"CATHOLIC CHARITIES HAS THE RIGHT PEOPLE IN THE RIGHT PLACE AT THE RIGHT TIME TO ADVOCATE FOR THE JUST AND FAIR TREATMENT OF MIGRANTS PURSUANT TO THE U.S. CONSTITUTION AND GOVERNING LAWS. WE ENCOURAGE EVERYONE TO JOIN US IN SUPPORTING OUR IMMIGRANT BROTHERS AND SISTERS AT THIS IMPORTANT TIME IN HISTORY."

- Jim & Ann, sponsors of this generous matching gift

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Know Your Rights Safety Planning



CLICK HERE



With the increase in requests for "Know Your Rights & Safety Planning" training, Catholic Charities has launched a virtual toolkit with videos and supporting materials to help educate immigrants and our general community. The "Know Your Rights" information is intended to increase awareness of general principles in law and how the law protects your rights when interacting with police or immigration authorities.

This toolkit includes informational videos from immigration attorneys in English, Spanish, French, Haitian Creole, Swahili, Burmese, Pashto, and Dari along with printable documents that parishes, social justice committees, and schools can use to help provide accurate information regarding immigrant rights.

The toolkit is available at CatholicCharitiesDubuque.org/kyr. For more information or to schedule a free consultation with one of our legal team members, please call 319-364-7121



Gloire Sabwira, Cedar Rapids Case Manager (left) & Caleb Gates, Waterloo Case Manager (right)

Join us in congratulating two staff members in achieving their U.S. Department of Housing and Urban Development Housing (HUD) Counseling Certification! This certification is a critical component of our Case Management program as it empowers clients through financial literacy classes.

Financial counseling includes a financial assessment, developing a budget, a housing affordability analysis, and a client action plan with community resource referrals. Learn more about this program at <https://catholiccharitiesdubuque.org/financialcounseling>.



Catholic Charities offers MHFA Classes to fit the needs of your organization:

- IN-PERSON or VIRTUAL
- ENGLISH or SPANISH
- YOUTH or ADULT

[CLICK HERE](#)



Bringing Mental Health First Aid Training to Your Community

Mental Health First Aid (MHFA) is a skills-based training that teaches people how to identify, understand, and respond to signs and symptoms of a mental health or substance use challenge. Similar to physical First Aid and CPR, MHFA helps you assist someone experiencing a mental health or substance use crisis until professional assistance is obtained or the crisis is resolved.

Catholic Charities offers MHFA in a virtual or in-person setting. Trainings are also available in Spanish. Youth Mental Health First Aid is available for adults who work with youth ages 12-17.

If you would like more information about this process or to schedule a training, please contact Lisa Turner at l.turner@dbqarch.org or visit CatholicCharitiesDubuque.org/mental-health-first-aid

EMPLOYEE SPOTLIGHT



Congratulations
on **20 years** of service at
Catholic Charities!

AMY MAHONEY L.I.S.W.
Mental Health Counselor
Dubuque Office



LORI EASTWOOD L.I.S.W.
Education Outreach and Mental
Health First Aid Instructor



JOIN OUR TEAM!
NOW HIRING:
**MENTAL HEALTH COUNSELOR
DUBUQUE, IOWA**



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Plan Your Legacy With Catholic Charities

You can have an everlasting influence on the lives of those we serve at Catholic Charities of the Archdiocese of Dubuque. Please ask your attorney to include a bequest for our organization in your will. If you would like more information about leaving a legacy gift to Catholic Charities of the Archdiocese of Dubuque, please contact Jeff Schneider at dbqcdevdir@dbqarch.org or call (800) 876-3546. *Through these simple steps, you will be taking an active role in making a lasting impact by helping the poor and vulnerable right here in the Archdiocese of Dubuque.*

WAYS TO GIVE



Pilgrims of Hope

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