

# ORDER OF CELEBRATION for *The Sixteenth Sunday in Ordinary Time*

*See, I have God for my help. The Lord sustains my soul. I will sacrifice to you with willing heart,  
and praise your name, O Lord, for it is good. (Psalm 54:6, 8)*

## THE INTRODUCTORY RITES

### ENTRANCE HYMN

Praise, My Soul, the King of Heaven  
LAUDA ANIMA



1. Praise, my soul, the King of heav - en; To his feet thy trib-ute bring;  
2. Praise him for his grace and fa - vor To his chil-dren in dis - tress;  
3. Fa - ther - like he tends and spares us; Well our fee - ble frame he knows;  
4. An - gels, helps us to a - dore him; You be - hold him face to face;



Ran-somed, healed, re - stored, for - giv - en, Ev - er - more his prais - es sing:  
Praise him still the same as ev - er, Slow to chide and swift to bless:  
In his hands he gent - ly bears us, Res-cues us from all our foes.  
Sun and moon, bow down be - fore him, In his ho - ly dwell-ing place.



Al - le - lu - ia! Al - le - lu - ia! Praise the ev - er - last - ing King.  
Al - le - lu - ia! Al - le - lu - ia! Glo - rious in his faith - ful - ness.  
Al - le - lu - ia! Al - le - lu - ia! Wide - ly yet his mer - cy flows.  
Al - le - lu - ia! Al - le - lu - ia! Praise with us the God of grace.

### PENITENTIAL ACT

I confess to almighty God  
and to you, my brothers and sisters,  
that I have greatly sinned,  
in my thoughts and in my words,  
in what I have done  
and in what I have failed to do,  
(and striking their breast, they say)  
**through my fault, through my fault,  
through my most grievous fault;**  
therefore I ask blessed Mary ever-Virgin,  
all the Angels and Saints,  
and you, my brothers and sisters,  
to pray for me to the Lord our God.

### KYRIE

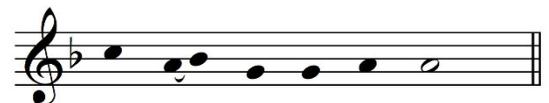
chant, Mass XVI

*Cantor, then All:*

Vatican Edition



1. & 3. Ky - ri - e, e - le - i - son.



2. Chri - ste, e - le - i - son.



(all bow through “and became man”)

**and by the Holy Spirit  
was incarnate of the Virgin Mary,  
and became man.**

For our sake he was crucified  
under Pontius Pilate  
he suffered death and was buried,  
and rose again on the third day  
in accordance with the Scriptures.  
He ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge  
the living and the dead

and his kingdom will have no end.  
I believe in the Holy Spirit,  
the Lord, the giver of life,  
who proceeds from the Father and the Son,  
who with the Father and the Son  
is adored and glorified,  
who has spoken through the prophets.  
I believe in one, holy, catholic  
and apostolic Church.  
I confess one Baptism  
for the forgiveness of sins  
and I look forward to the resurrection of the dead  
and the life of the world to come. Amen.

### PRAYER OF THE FAITHFUL

## THE LITURGY OF THE EUCHARIST

### MUSIC FOR THE PREPARATION OF THE GIFTS

Christ is the World's Light



1. Christ is the world's light, Christ and none oth - er;  
2. Christ is the world's peace, Christ and none oth - er;  
3. Christ is the world's life, Christ and none oth - er;  
4. Give God the glo - ry, God and none oth - er;



Born in our dark - ness, he be - came our broth - er.  
No one can serve him and de - spise an - oth - er.  
Sold once for sil - ver, mur - dered here, our broth - er.  
Give God the glo - ry, Spir - it, Son, and Fa - ther.



If we have seen him we have seen the Fa - ther;  
Who else u - nites us one in God the Fa - ther?  
He who re - deems us reigns with God the Fa - ther.  
Give God the glo - ry, God with us our broth - er;



Glo - ry to God on high!

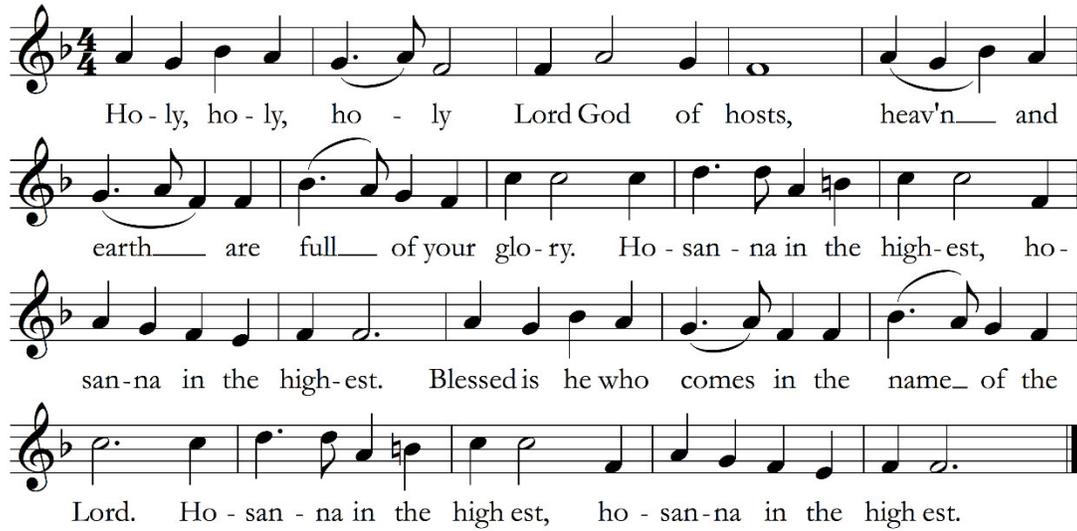
Acknowledgements: Excerpts from the English translation of The Liturgy of the Hours © 1974, International Commission on English in the Liturgy Corporation. All rights reserved. *Glory to God in the Highest* by John Lee, rev. by Ronald F. Krisman © 1970, 2011 by GIA Publications, Inc., Chicago, IL. Reprinted under OneLicense.net # A721549. All rights reserved. *A Community Mass* by Richard Proulx, copyright © 1971, 1988, 2010 by GIA Publications, Inc., Chicago, IL. Reprinted under OneLicense.net # A721549. All rights reserved. Psalm Response: The English translation of the psalm response from the *Liturgical for Mass*, © 1969, 1981, 1997, ICEL. All rights reserved. Music by Owen Alstott, copyright © 1977, 1990 by OCP, 5536 NE Hassalo, Portland, OR 97213. Reprinted with permission. All rights reserved. “Christ is the World’s Light” text by Fred Pratt Green © 1968, Hope Publishing Co. All rights reserved. Reprinted under OneLicense.net # A721549.

# HOLY

*A Community Mass*

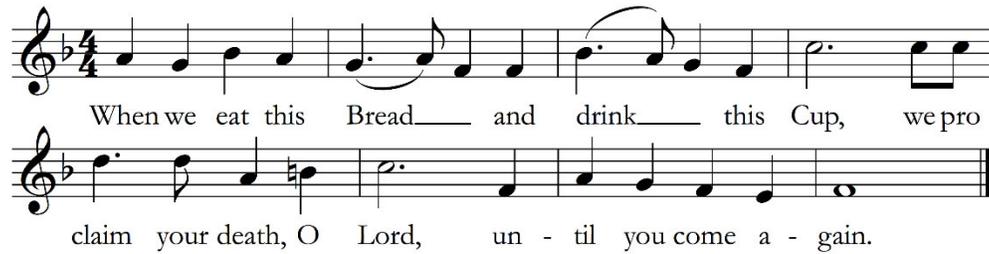
*All:*

Richard Proulx



Ho - ly, ho - ly, ho - ly Lord God of hosts, heav'n and  
 earth are full of your glo - ry. Ho - san - na in the high - est, ho -  
 san - na in the high - est. Blessed is he who comes in the name of the  
 Lord. Ho - san - na in the high est, ho - san - na in the high est.

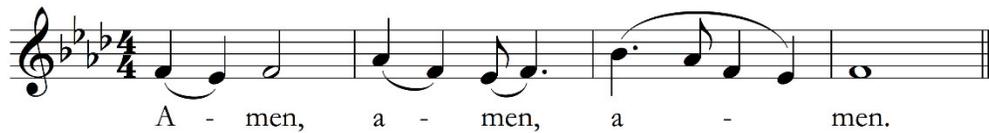
# THE MYSTERY OF FAITH



When we eat this Bread and drink this Cup, we pro  
 claim your death, O Lord, un - til you come a - gain.

# AMEN

*All:*



A - men, a - men, a - men.

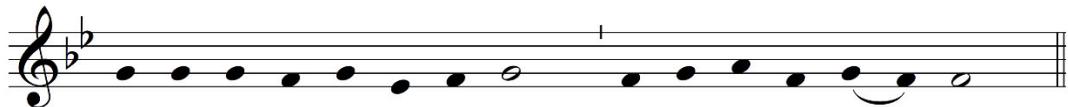
## THE COMMUNION RITE

# AGNUS DEI

chant, Mass XVIII

*Cantor:*

*All:*



*Agnus Dei*, \* qui tol - lis pec - cá - ta mun - di: mi - se - ré - re no - bis.  
*Agnus Dei*, \* qui tol - lis pec - cá - ta mun - di: mi - se - ré - re no - bis.  
*Agnus Dei*, \* qui tol - lis pec - cá - ta mun - di: do - na no - bis pa - cem.

*(Lamb of God, you take away the sins of the world; have mercy on us.  
 Lamb of God, you take away the sins of the world; grant us peace.)*

***Please kneel.***

COMMUNION HYMN

I Heard the Voice of Jesus



1. I heard the voice of Je - sus say, "Come un - to me and rest; Lay  
 2. I heard the voice of Je - sus say, "Be - hold I free - ly give The  
 3. I heard the voice of Je - sus say, "I am this dark world's light; Look



down, thou wea - ry one, lay down Thy head up - on my breast." I  
 liv - ing wa - ter; thirst - y one, Stoop down, and drink and live." I  
 un - to me, thy morn shall rise, And all thy day be bright." I



came to Je - sus as I was, So wea - ry, worn, and sad; I  
 came to Je - sus, and I drank Of that life - giv - ing stream; My  
 looked to Je - sus, and I found In him my star, my sun; And



found in him a rest - ing place, And he has made me glad.  
 thirst was quench'd, my soul re - vived, And now I live in him.  
 in that light of life I'll walk Till trav - ling days are done.

SECOND COLLECTION & HYMN OF PRAISE

Joyful, Joyful We Adore Thee



1. Joy - ful, joy - ful, we a - dore thee, God of glo - ry, Lord of love;  
 2. All thy works with joy sur - round thee, Earth and heav'n re - flect thy rays,  
 3. Thou art giv - ing and for - giv - ing, Ev - er bless - ing, ev - er blest,



Hearts un - fold like flow'rs be - fore thee, O - p'ning to the sun a - bove.  
 Stars and an - gels sing a - round thee, Cen - ter of un - bro - ken praise;  
 Well-spring of the joy of liv - ing, O - cean depth of hap - py rest!



Melt the clouds of sin and sad - ness; Drive the dark of doubt a - way,  
 Field and for - est, vale and moun - tain, Flow - 'ry mead - ow, flash - ing sea,  
 Thou our Fa - ther, Christ our broth - er, All who live in love are thine;



Giv - er of im - mor - tal glad - ness, Fill us with the light of day.  
 Chant - ing bird and flow - ing foun - tain, Call us to re - joice in thee.  
 Teach us how to love each oth - er, Lift us to the joy di - vine.



The 16<sup>th</sup> Sunday  
in Ordinary Time

## From the Rector July 17, 2016



Last month the Diocese of Spokane hosted the 9<sup>th</sup> annual Quo Vadis Camp for young men in high school. The Latin phrase *quo vadis* means “where are you going?” and refers to the legend of St. Peter fleeing Rome to avoid his crucifixion. As he leaves the city, Peter meets the risen Jesus and asks “Where are you going?” to which Our Lord replies, “I am going to Rome to be crucified again.” St. Peter thereby gains the courage he needs to continue his ministry as the first pope and decides to return to the city to eventually be martyred by crucifixion.

The three-day Quo Vadis Camp invites young men to put St. Peter’s question to themselves as they reflect on the direction of their lives. “Where are you going?” is an important question for all young people as they discern God’s will for their lives. The annual Quo Vadis Camp gathers young Catholic men for prayer and recreation as well as talks from seminarians, priests, and the bishop. The goal is to invite these young men to reflect on their vocation and the possibility that God might be calling them to consider the priesthood.

I was able to join the campers for part of the day and was impressed by their sense of fraternity and zeal for the faith. I was reminded just how important it is for all of us to pray for and encourage vocations. To that end, I invite you to pray the following prayer which highlights the vocation of Saint Junipero Serra. It was composed in memory of Cathedral Parishioner, Don Kelly, who was a long time member of the Serra Club of Spokane. The Serra Club promotes vocations and thus I thought this prayer would be appropriate:

**God our Loving Father,  
You chose St. Junipero Serra to bring the Catholic Faith to the native peoples of California.  
In that same spirit, we beg you to continue to call laborers into your harvest today  
to spread the knowledge of your truth and lead all people to be saved.  
Please inspire young men and women to respond to your call to  
priesthood and religious life so that the gospel would be proclaimed  
with boldness and your holy name would be glorified.  
Through our Lord Jesus Christ your Son, who lives and reigns with you  
in unity of the Holy Spirit, one God, forever and ever.  
Amen.**

Asking for the prayers of Our Lady of Lourdes, I remain,

Sincerely yours in Christ,

Rev. Darrin Connall  
Rector

# CALENDAR OF EVENTS

# MASS INTENTIONS

<b>Sun.</b> <b>July</b> <b>17<sup>th</sup></b>	<ul style="list-style-type: none"> <li>• Food Collection for the Southwest Spokane Community Center</li> </ul>
<b>Mon.</b> <b>July</b> <b>18<sup>th</sup></b>	<b>6:30 pm</b> Rosary Making Group
<b>Sat.</b> <b>July</b> <b>23<sup>rd</sup></b>	<b>8:00 am</b> Marian Prayer Group <b>10:00 am</b> Parent/Godparent Baptismal Preparation Class - <i>RSVP Required, please call the office for more information</i>
<b>Sun.</b> <b>July</b> <b>24<sup>th</sup></b>	<ul style="list-style-type: none"> <li>• Food Collection for Fr. Bach Haven</li> </ul>

<b><u>Sunday</u></b> <b>7:00 am</b> - Cathedral Parishioners <b>9:00 am</b> - Repose of the soul of M. J. Sullivan <b>11:00 am</b> - Special Intentions for Mike & Carolyn Carpenter & Children <b>5:30 pm</b> - Repose of the soul of Dorothy Jeane Greene
<b><u>Monday</u></b> <b>6:30 am</b> - Special Intentions for Archbishop Cupich <b>12:00 pm</b> - Repose of the soul of Vikki Sicilia
<b><u>Tuesday</u></b> <b>6:30 am</b> - Healing for JoAnn McNeil <b>12:00 pm</b> - Special Intentions for Mary Mosher
<b><u>Wednesday</u></b> <b>6:30 am</b> - Repose of the soul of Teresa & Jim Veltrie <b>12:00 pm</b> - Healing for Mike Mosher
<b><u>Thursday</u></b> <b>6:30 am</b> - Special Intentions <b>12:00 pm</b> - Repose of the soul of Harold (Hal) Kaufman
<b><u>Friday</u></b> <b>6:30 am</b> - Healing for Father Connall <b>12:00 pm</b> - Repose of the soul of Willi Herzog
<b><u>Saturday</u></b> <b>7:00 am</b> - Repose of the Souls in Purgatory <b>4:00 pm</b> - Repose of the soul of Don Kelly



## No Coffee & Donuts this Summer!

During the months of July and August, we will not be hosting coffee and donuts in order to give our faithful volunteers a break during the summer. We look forward to seeing everyone downstairs again in September!

*Today's readings speak of hospitality. Abraham, who cheerfully did for his guests all that desert hospitality required, was rewarded with his heart's desire – a son. Martha also busied herself with all the details of hospitality, but grudgingly and with complaint. Am I a cheerful or grudging giver?*



## Register now for VBS!

Online registration is now open for Vacation Bible School at the Cathedral, August 8<sup>th</sup> - 12<sup>th</sup>! Children ages 4 - 11 will go back in time for a "Bible Blast to the Past!" We will discover stories of God's everlasting and merciful love throughout our Salvation History. Registration includes a t-shirt, and a take-home music CD! Registration is \$15 per child, or \$30 for a family registering three or more children.

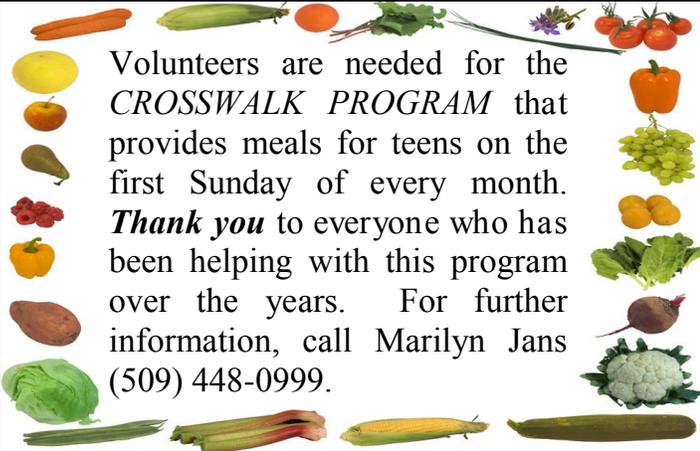
**Youth and adult volunteers are needed to help with music, games, crafts and science, snacks, Bible story presentations, decorating, and other areas that make VBS so fun!**

Please visit our website to register or volunteer: <http://spokanecathedral.com/vacation-bible-school>.



## Daily Rosary at the Cathedral

At 11:25 am every Monday through Friday, the Rosary is prayed before the Noon Mass. Beginning July 1<sup>st</sup>, we will begin praying a 6<sup>th</sup> decade for vocations to the priesthood and religious life in the Diocese of Spokane. All are welcome!



Volunteers are needed for the *CROSSWALK PROGRAM* that provides meals for teens on the first Sunday of every month. **Thank you** to everyone who has been helping with this program over the years. For further information, call Marilyn Jans (509) 448-0999.

## *In Loving Memory...*

Our parishioner Jesse Acosta recently passed away. Please pray for the repose of his soul.



## *Welcome New Members in Baptism!*

*Shane Joseph Rawley  
Elijah Joseph Rawley  
Romina Giana Narvaez Carreno*

*Baptized Saturday, July 16<sup>th</sup>*

*Congratulations and best wishes to Tim Murphy & Sherri Finnerty, who were married at the Cathedral on Friday, July 1<sup>st</sup>!*

## *Bulletin Advertisers*

Please take a moment to turn to the back cover of today's bulletin. The business people who advertise with us make it possible to publish our weekly bulletin at **NO COST** to the parish. If at all possible, patronize these business and thank them for helping the Cathedral Parish.

## Pilgrim Celebration of St. James

*Sunday, July 24, 2016*

Sacred Heart Church  
219 E. Rockwood Blvd.

All pilgrims, pilgrims-to-be, and pilgrims-in-spirit are invited to gather on the eve of the Feast of Saint James for a very special celebration of the Patron of Pilgrims.

The Pilgrim Mass will begin at **5:00 pm** and include a special blessing of those preparing to walk the Camino in the coming year. Mass will be followed by a Pilgrim Dinner in the Social Hall beginning at 6:15 pm. The dinner is free, though donations are always welcome. We will also be selling a new "Spokane to Santiago" commemorative t-shirt for \$15 at the dinner.

We'd like a head count for the meal, so please let us know you are coming and if you'd like to reserve a t-shirt (and your preferred size) by emailing us:

[spokanesantiago@gmail.com](mailto:spokanesantiago@gmail.com)

## *Retrouvaille*

The *Married Singles Lifestyle* describes couples that may have lost a sense of closeness they once had as marriage partners and are living more like roommates. *Retrouvaille* teaches couples how to survive times like these in their marriages. *Retrouvaille* is for any couple who would like to rediscover their marriage and improve communication. Visit [www.retrouvaille.org](http://www.retrouvaille.org) for testimonials. For confidential information or to register for the September 9 - 11, 2016 Spokane weekend call (509) 520-4118 or (800) 470-2230, or visit the web site at [www.retrouvaille.org](http://www.retrouvaille.org).

## Prayer Chain

The Prayer Chain is a group of parishioners who believe in the power and comfort of intercessory prayer for anyone who is suffering. Prayer requests are sent to the Prayer Chain facilitator and then transmitted by either email or telephone to the members. If you would like to join this ministry, you may call Jane at 535-3737 or email:

[jschneider@mariah-group.com](mailto:jschneider@mariah-group.com)



5021 N. Nelson St. For more information, please call 487-1325.

## Novena and Canonization Mass in honor of Blessed Teresa of Calcutta

Join the Missionaries of Charity in celebrating the life and sanctity of Blessed Teresa of Calcutta! The Novena & Canonization Mass will take place at St. Patrick Catholic Church, 5021 N. Nelson St. For more information, please call 487-1325.

### Novena

Friday, August 26<sup>th</sup> to Saturday, September 3<sup>rd</sup>  
6:00 – 7:00 pm

Evening schedule: Exposition, Rosary, Reflection,  
Novena prayer, Benediction

### Canonization Mass

Sunday, September 4<sup>th</sup>  
1:00 pm

Celebrant: Most Reverend Thomas A. Daly  
Luncheon to follow in the adjacent park

# Sisters of Mary, Mother of the Church

“Holy - In - One”

## Golf Tournament



  
**Downriver**  
GOLF COURSE

3225 N. Columbia Cir.  
Spokane, WA 99205

Monday - September 19, 2016  
Shotgun Start at 1:15 p.m.

Come and Enjoy the Fun !

\$100 Per Player

Our 18 hole tournament will include various hole challenges, refreshments, dinner, and a special gift. Help us raise funds for our future housing projects. We look forward to continuing our work of “joyful evangelization” right here in the Diocese of Spokane!



Register on our website:

[sistersofmarymc.org](http://sistersofmarymc.org)

Click: Online Giving

Contact information:

Sister Marybeth, SMMC  
[sistermarybeth@yahoo.com](mailto:sistermarybeth@yahoo.com)



*Swing into action!*

Our Charism:

“Communicating the knowledge, love and hope of the Risen Christ through communal charity and joyful evangelization.”

# Scriptural Reflection

July 17, 2016 — Sixteenth Sunday in Ordinary Time  
Gn 18: 1-10A; Ps 15: 2-3, 5; Col 1: 24-28; Lk 10: 38-42



In Today's Gospel, Jesus and His Apostles are on their way to Jerusalem for Passover. In other words He is journeying to His Crucifixion and Resurrection. It is important for us to keep that in mind. He stops in Bethany to visit Martha and Mary. Bethany is only two miles from Jerusalem, so there is a strong sense of foreboding if we keep that in mind.

However, the focus of this reading is on many other issues and items usually. Nevertheless, as is always the case in Holy Scripture, there is a stewardship message for us here. We could cite hospitality as both Martha and Mary in their own ways welcome Jesus and make Him at ease.

The first and main message for us is that the Lord was welcomed into their home. Each of us is a potential home for Jesus. Do we welcome Him? Or are we too busy with our own pursuits, our own distractions, to find a time each day to welcome the Lord into our homes, our very being? There are so many people who cannot seem to find time for the Lord. They are so busy that Jesus never even gets into their houses. Rather than debate whether Martha or Mary do the right thing, we should first make sure that our Savior is welcomed into our hearts each and every day.