

# Blessed Sacrament News

## Catholic Community / Comunidad Católica



2-26-2023

### 1<sup>st</sup> SUNDAY OF LENT

Then the devil took Jesus up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." - Mt 4:8-9

### 1<sup>er</sup> DOMINGO DE LA CUARESMA

Luego lo llevó el diablo a un monte muy alto y desde ahí le hizo ver la grandeza de todos los reinos del mundo y le dijo: "Te daré todo esto, si te postras y me adoras". - Mt 4, 8-9

Scripture from the Lectionary for Mass © 2001, 1975, 1970 CCD. ® Lectionario © 1975 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.

#### Parish Office

408 W. Davis Street  
Burlington, NC 27215  
(336) 226-8796  
Fax (336) 227-2896

Mailing Address  
PO Box 619  
Burlington, NC 27216

Blessed Sacrament Church  
[www.blessedsacramentnc.org](http://www.blessedsacramentnc.org)  
1620 Hanford Rd.  
Graham, NC 27253

Blessed Sacrament School  
515 Hillcrest Ave.  
Burlington, NC 27215  
336-570-0019

## Our Three Temptations

Cosmologists today tell us that the universe has no single center. Its center is everywhere, every place, every planet, every city, every species, and every person. But we already know this.

Faith tells us that what ultimately defines us and gives us our identity and energy is the image and likeness of God in us. We are God's blessed ones, masters of creation, special to God and special within creation.

And we know this long before religion tells it. Deep down, whether we admit it or not, we each nurse the secret of being special. And this is not just ego or narcissism but a congenital imprint inside our very souls. Imprinted in the core of our being is the sense that we are not just accidental anonymous chips of dust, almost invisible on the evolutionary conveyer-belt, destined to flicker for an instant and then disappear forever. We know we are more. We, literally, feel timelessness, eternity, and immortal meaning inside of ourselves.

In our daily lives, that often causes more heartaches than it solves. It is not easy to live out our blessed, special status when, most of the time, everything around us belies that we are special. As much as we experience ourselves as special, we also experience emptiness, anonymity, and dour ordinariness. And so it can be easy, in the end, to believe that we aren't special at all, but are precisely small, petty spirits, haunted by over-inflated egos.

But, while over-inflated egos do cause their share of heartaches, it is a still an unhealthy temptation to believe that we are not blessed simply because life finds us one-among-six-billion-others, struggling, and seemingly not special in any way. Faith tells the true story: we are, all of us, made in God's image and likeness, blessed, and our private secret that we are special is in fact the deepest truth.

However that isn't always easy to believe. Life and circumstance often tire us in ways that tempt us to believe its opposite. It happened to Jesus.

He too was tempted, and there was a particular prelude to his vulnerability:

During his baptism, he had heard his Father say: "you are my blessed son, in whom I take delight!" Those words then formed and defined his self-consciousness. Knowing that he was blessed, Jesus could then look out at the world and say: "Blessed are you when you are poor ... and meek ... and persecuted."

But throughout his life Jesus struggled to always believe that. For instance, immediately after his baptism, we are told, the spirit drove him into the desert where he fasted for forty days and forty nights—and afterwards "he was hungry." Obviously what scripture is describing here is not simply physical hunger. Jesus was empty in ways that made him vulnerable to the belief that he was not God's blessed child. Here were his three temptations:

*First*, the devil tempted him to this effect: "If you are God's specially blessed one, turn these stones into bread." In essence, the devil's taunt was this: "If you believe that you are God's specially blessed creature, why is your life so empty?" Jesus' reply, "One doesn't live on bread alone!" might be rendered: "I can be empty and still be God's blessed one! Being blessed and special is not dependent upon how full or empty my life is at a given moment!"

The *second* temptation has to do with human glory and its absence. The devil shows Jesus all the kingdoms of the world and says: "All of these will be yours if you worship me!" The taunt is: "If you're God's blessed one, how come you're a big, fat nobody? Not famous, not known, anonymous." And Jesus' reply might be worded this way: "I can be a big nobody and still be God's blessed one. Blessedness doesn't depend upon fame, on being a household name!"

The *third* temptation follows the same lines: The devil takes Jesus to the top of the temple and challenges him to throw himself down to make God catch him since, in faith, it is promised that God won't let his blessed one "dash his foot against a stone." Jesus responds that we shouldn't put God to the test. The temptation and how we should resist it are both contained in his reply. In essence, what Jesus says when the devil challenges him to throw himself off the top of the temple to prove his specialness is this: "I'll take the stairs down, just like everyone else!" Our blessedness is not predicated on having a VIP elevator, or on having any special privileges that set us apart from others. We are God's blessed ones, even when we find ourselves riding the city buses.

And it is good to remember, namely, that we are God's special, blessed sons and daughters, even when our lives seem empty, anonymous, and devoid of any special privileges because then we won't forever be putting God and our restless hearts to the test, demanding more than ordinary life can give us.

Fr. Ron Rolheiser, OMI

## Nuestras Tres Tentaciones

Los cosmólogos de hoy nos dicen que el universo no tiene un centro único. Su centro está en todas partes, cada lugar, cada planeta, cada ciudad, cada especie y cada persona.

Pero nosotros ya sabíamos esto.

La fe nos dice que lo que finalmente nos define y nos da nuestra identidad y energía es la imagen y semejanza de Dios en nosotros. Somos los benditos de Dios, maestros de la creación, especiales para Dios y especiales dentro de la creación.

Y sabíamos esto, mucho antes de que la religión nos lo dijera. En el fondo, lo admitímos o no, cada uno cuida el secreto de ser especial. Y esto no es solo ego o narcisismo, sino una huella congénita dentro de nuestras almas. Impreso en el fondo de nuestro ser está el sentido de que no somos solo personas accidentales, fragmentos anónimos de polvo, casi invisibles en la línea de producción evolutiva, destinados a parpadear por un instante y luego desaparecer para siempre. Sabemos que somos más. Literalmente sentimos la eternidad y el significado inmortal dentro de nosotros mismos.

En nuestra vida diaria, eso frecuentemente causa más angustias de las que resuelve. No es fácil vivir nuestro bendecido y especial estado, la mayoría de las veces, todo lo que nos rodea oculta la idea de que somos especiales. Por mucho que nos consideremos especiales, también experimentamos el vacío, el anonimato y lo ordinario. Y, por lo tanto, puede ser fácil, al final, creer que no somos especiales en absoluto, sino que somos precisamente pequeños espíritus mezquinos, perseguidos por egos engrandecidos.

Pero, si bien los egos engrandecidos causan su parte de angustias, sigue siendo una tentación poco saludable creer que no somos bendecidos simplemente porque la vida nos encuentra a uno entre seis billones de personas, luchando y aparentemente no especial en ninguna manera. La fe cuenta la verdadera historia: todos somos hechos a imagen y semejanza de Dios, bendecidos, y nuestro secreto privado de que somos especiales es, de hecho, una verdad profunda.

Sin embargo, eso no siempre es fácil de creer. La vida y las circunstancias frecuentemente nos cansan en formas que nos hacen creer que es lo contrario. Le pasó a Jesús.

Él también fue tentado, y había un preludio particular a su vulnerabilidad:

Durante su bautismo, él escuchó a su Padre decir: "¡Eres mi Hijo Amado, en quien me complazco!" Esas palabras luego formaron y definieron su autoconciencia. Sabiendo que fue bendecido, Jesús pudo mirar al mundo y decir: "Felices los pobres ... y mansos ... y perseguidos".

Pero a lo largo de su vida, Jesús luchó para creer eso siempre. Por ejemplo, inmediatamente después de su bautismo, se nos dice que el espíritu lo condujo al desierto donde ayuno durante cuarenta días y cuarenta noches, y luego "tuvo hambre". Obviamente, lo que las escrituras están describiendo aquí no es simplemente hambre física. Jesús estaba vacío en maneras que lo hacían vulnerable a creer que no era el hijo bendito de Dios. Estas fueron sus tres tentaciones:

*Primer*o, el diablo lo tentó de esta forma: Si eres el Hijo de Dios, ordena que estas piedras se conviertan en pan". La burla del diablo era esta: "Si crees que eres la criatura especialmente bendecida de Dios, ¿por qué tu vida está tan vacía?" La respuesta de Jesús: "¡El hombre no vive solamente de pan!" Se podría decir: "Puedo estar vacío y seguir siendo el bendecido de Dios! ¡Ser bendecido y especial no depende de cuán llena o vacía esté mi vida en un momento dado!"

La *segunda* tentación tiene que ver con la gloria humana y su ausencia. El diablo le muestra a Jesús todos los reinos del mundo y le dice: "Te daré todo esto si te arrodillas y me adoras!" La burla es: "Si eres el bendito de Dios, ¿cómo es que no eres nadie grande e importante? No eres famoso, eres desconocido, anónimo. Y la respuesta de Jesús podría estar escrita de esta manera: "Puedo ser alguien desconocido y aún ser el bendito de Dios. ¡La bendición no depende de la fama-de ser una celebridad o figura pública!"

La *tercera* tentación sigue las mismas líneas. El diablo lleva a Jesús a la cima del templo y lo reta a tirarse para hacer que Dios lo agarre ya que, en fe, se promete que Dios no permitirá que su bendecido "tropiece en piedra alguna". Jesús responde, "No tentaras al Señor tu Dios". Las tentaciones y cómo deberíamos resistirlas están contenidas en su respuesta. Lo que Jesús dice cuando el diablo lo reta a tirarse de la cima del templo para demostrar su especialidad es esto: "¡Bajaré las escaleras, como todos los demás!" Nuestra bendición no se basa en tener un ascensor VIP o en tener privilegios especiales que nos diferencien de los demás. Somos los benditos de Dios, aun cuando nos encontramos en los autobuses de la ciudad.

Y es bueno recordar, que somos hijos e hijas especiales y bendecidos de Dios, aun cuando nuestras vidas parecen estar vacías, anónimas y faltas de privilegios especiales porque así no pondremos a Dios ni a nuestros corazones inquietos a la prueba, exigiendo más de lo que la vida ordinaria nos puede darnos.

Fr. Ron Rolheiser, OMI

**1<sup>st</sup> Sunday of Lent**



**INTENCIÓNES  
para la  
Santa Misa**

**Saturday / Sábado, February 25**

**4:00 PM—4:30 PM Confessions**

**5:00 PM  
For our parish community**

**6:15 PM—6:45 PM Confesiones en español**

**7:00 PM**

**†Francisco y María Galdámez — de Fam. Galdámez  
†José Luis Molina Guerrero - de su hermano, Francisco Molina**

**Sunday/Domingo, February 26**

**8:30 AM**

**For the recovery of Cora Nucilli — by her family**

**10:30 AM**

**For all liturgical ministers serving our parish community**

**11:15 AM—11:45 AM Confesiones en español**

**12:30 PM**

**†Carlota Guamán — de Manuel e Hijas  
†Ramón González Marín — de su hijo, Martin González  
†Juan Pacheco Calderón y Agapita Cruz - de su familia**

**Monday/Lunes, February 27**

**8:30 AM**

**For the recovery of all the sick of our parish community**

**Tuesday / Martes, February 28**

**8:30 AM**

**For all the needs listed in our parish Book of Prayer**

**Wednesday/Miércoles, March 1**

**8:30 AM**

**†Jose Dacosta — by his wife, Evangelina  
†Johnny Jr. Sullivan Jr. — the Sullivan family**

**Thursday / Jueves, March 2**

**8:30 AM**

**†Maria Choi — by Angella Ko  
†Maria Pellerito — by Andre Pellerito**

**6:00 PM Adoration**

**Friday/Viernes, March 3**

**8:30 AM**

**All Souls in Purgatory — by Dami Antunez**

**Next Sunday/Próximo Domingo**

**Saturday / Sábado, March 4**

**4:00 PM—4:30 PM Confessions**

**5:00 PM**

**For victims of natural disasters**

**6:15 PM—6:45 PM Confesiones en español**

**7:00 PM**

**†Roberto Flores Andrade — de Irene Flores  
†Pedro Ángel Hernández — de su hija, Francisca Ángel**

**Sunday/Domingo, March 5**

**8:30 AM**

**For our parish community**

**10:30 AM**

**Gemma & Valentine Hoehn — by their sister  
†Johnny Jr. Sullivan Jr. — by the Sullivan family**

**11:15 AM—11:45 AM Confesiones en español**

**12:30 PM**

**†Cirilo Gómez — de su mamá  
†Juliana Bautista — de familia Felipe Pacheco**

**1<sup>er</sup> Domingo de Cuaresma**

**2-26-2023**

**Readings for the week of February 26  
Lecturas para la semana de 26 de Febrero**

<b>This Sunday Este Domingo</b>	Gn 2:7-9; 3:1-7; Ps/Sal 51:3-4, 5-6, 12-13, 17 (see 3a); Rom 5:12-19 or 5:12, 17-19; Mt 4:1-11
<b>Monday Lunes</b>	Lv 19:1-2, 11-18; Ps/Sal 19:8, 9, 10, 15; Mt 25:31-46
<b>Tuesday Martes</b>	Is 55:10-11; Ps/Sal 34:4-5, 6-7, 16-17, 18-19; Mt 6:7-15
<b>Wednesday Miércoles</b>	Jon 3:1-10; Ps/Sal 51:3-4, 12-13, 18-19; Lk 11:29-32
<b>Thursday Jueves</b>	Est C:12, 14-16, 23-25; Ps/Sal 138:1-2ab, 2cde-3, 7c-8; Mt 7:7-12
<b>Friday Viernes</b>	Ez 18:21-28; Ps/Sal 130:1-2, 3-4, 507a, 7bc-8; Mt 5:20-26
<b>Saturday Sábado</b>	Dt 26:16-19; Ps/Sal 119:1-2, 4-5, 7-8; Mt 5:43-48
<b>Next Sunday Próximo Domingo</b>	Gn 12:1-4a; Ps/Sal 33:4-5, 18-19, 20, 22 (22); 2 Tm 1:8b-10; Mt 17:1-9



**The Appointed Time**

**"A time to die" ... "Tiempo para morir" ...**

**Felix Esau Jaimes**

We offer condolences to the **Jaimes family** at the loss of **Felix**.

Ofrecemos condolencias a la **familia Jaimes** por la muerte de **Felix**.

**"A time to heal" ...**

We pray for all the sick, especially for the people whose names we have written in our **Parish Book of Prayer**. May they know the healing presence of Christ in body and spirit.

**"Tiempo para sanar" ...**

Oramos por todos los enfermos, especialmente por los enfermos, cuyos nombres están escritos en nuestro **Libro de Oración Parroquial**. Que ellos puedan conocer la presencia sanadora de Cristo en cuerpo y espíritu.

**The Sanctuary Lamp** which burns near the tabernacle as the reminder of Our Lord's presence in the Most Holy Eucharist burns **for our parish community**.

\*\*\*

**La Vela del Santuario** que alumbría cerca del Sagrario como recordatorio de la presencia de Nuestro Señor en la Sagrada Eucaristía, alumbría **por nuestra comunidad parroquial**.



Parish Finance Finanza Parroquial	Stewardship sharing the gifts we have been given	
	Contributions / Contribuciones	Actual
Offertory: 2/19/23		\$14,959
Year-to-Date Offertory: 2/19/23		\$656,652
2 <sup>nd</sup> Collection/ <i>Colecta</i> 2/19/23 Diocese of Raleigh Priests' Retirement		\$2,725



2<sup>nd</sup> Collection This Week: Black and Indian Missions

2<sup>nd</sup> Collection Next Week: Diocese of Raleigh Priests' Retirement

2<sup>da</sup> Colecta Esta Semana: Black and Indian Missions

2<sup>da</sup> Colecta Próxima Semana:

Fondo de Sacerdotes Jubilados de la Diócesis de Raleigh

# COFFEE & DONUTS

All are invited to stop by the St. Francis Hall on **Sunday, March 5**, after the 8:30 AM & 10:30 AM Masses for coffee & donuts, as well as, to meet and greet fellow parishioners.

\*\*\*

Todos están invitados a venir al salón San Francisco al café y donuts el **domingo, 5 de marzo** después de las Misa de 8:30 AM & 10:30 AM. Este es un buen momento para conocer y saludar a compañeros feligrés.

## Offertory Envelopes      Sobres de ofrendas

The 2023 offertory envelopes are available in the San Damiano Room. If you requested offertory envelopes, we invite you to stop by after Mass or at your convenience. If you preferred to switch to online giving instead of using the offertory envelopes, please call the office to update your record.

Los sobres de ofrendas 2023 están disponibles en el salón San Damiano. Si ha solicitado sobres de ofrendas, le invitamos a pasar por ellos después de Misa o cuando sea más conveniente para Usted. Si prefiere hacer su ofrenda en línea, envéz de usar los sobres de ofrenda, por favor llame a la oficina parroquial para actualizar su record.

## Blessed Sacrament Church



Little Portion  
Food Pantry

### Next Distribution:

Monday, March 6  
from 11:30 AM-5:00 PM

Come early if possible for  
the fresh produce.

### Próxima Distribución:

Lunes, 6 de Marzo  
de 11:30 AM-5:00 PM

Venga temprano si es posible  
para los productos frescos.

408 W Davis St. Burlington, NC 27215

**THANK YOU**  
for your generosity

Our thanks to everyone  
who supports this important  
ministry. We appreciate your  
contributions

Please designate monetary  
contributions to "Blessed  
Sacrament Church – The  
Little Portion Food Pantry."

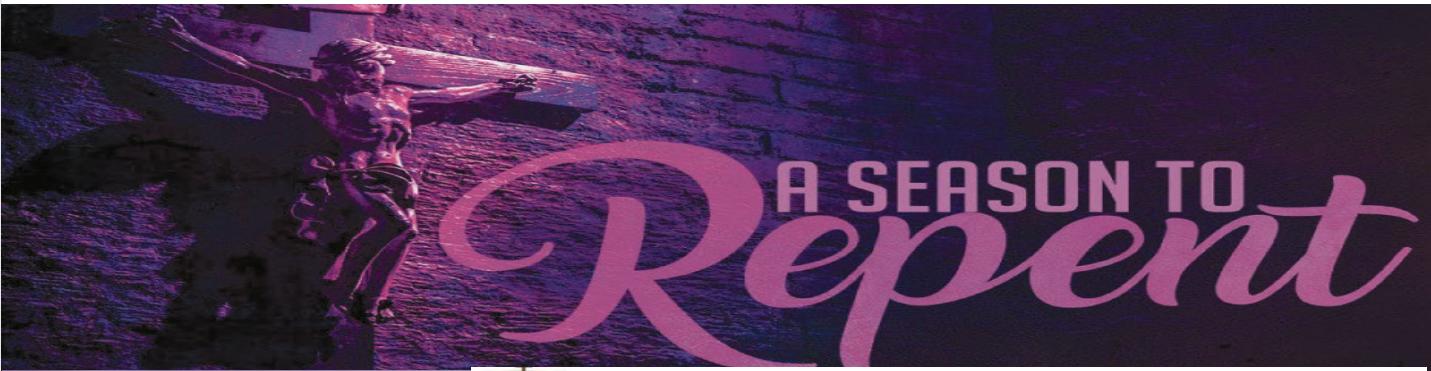
Nuestro agradecimiento  
a todos los que apoyan este  
importante ministerio.  
Agradecemos todas sus  
contribuciones — favor de  
asignar las contribuciones  
monetarias a "Blessed  
Sacrament Church – The  
Little Portion Food Pantry."



We are in need of **Ministers of hospitality** for all the English Masses. If you could commit to even **once a month**, that would help alleviate the schedule for those who already serve so faithfully. Men and women are invited to serve our parish community in any of the weekend Masses. If you would like to serve as a minister of Hospitality, please contact Frank Hallman, [FrankHallmann@outlook.com](mailto:FrankHallmann@outlook.com) (336) 212-0849.

## The Season of Lent

## La Temporada de Cuaresma

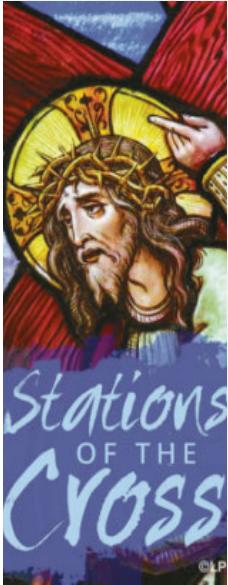


### STATIONS OF THE CROSS

The Stations of the Cross will be held on Fridays during Lent, beginning **February 24, at 6:00 PM** in the church. Join us as we follow Jesus along The Way of the Cross.

Las Estaciones de la Cruz se llevarán a cabo los viernes durante la Cuaresma, comenzando **viernes, 24 de febrero** a las **6:00 PM** en la iglesia.

Acompáñenos a seguir a Jesús en el Camino de la Cruz.



### SACRAMENT OF RECONCILIATION

#### The Sacrament of Penance

While not specifically derived from the gospels as a discipline of the season of Lent, the season itself "is the principal time of penance both for individual Christians and for the whole Church." (RP Appx. II). The purpose of the celebration of the sacrament in this season is to avail the faithful of ample opportunity to "be reconciled with God and their neighbor and so be able to celebrate the paschal mystery in the Easter Triduum with renewed hearts" (RP, 13).

The Sacrament of Penance, therefore, both individually and communally with individual confession, penance and reception of absolution, ought to be provided in all parishes of the Diocese.

**Our Parish Lenten Penance Service** will be held on **Monday, March 27, at 7:00 PM**.

**El Sacramento de Reconciliación**, Si bien no se deriva específicamente de los evangelios como disciplina del tiempo de Cuaresma, el tiempo en sí mismo "es el tiempo principal de penitencia tanto para los cristianos individuales como para toda la Iglesia". (RP Anexo II). La finalidad de la celebración del sacramento en este tiempo es dar a los fieles amplias oportunidades para "reconciliarse con Dios y con el prójimo y así poder celebrar el misterio pascual en el Triduo Pascual con corazones renovados" (RP, 13 ).

Por lo tanto, el Sacramento de la Penitencia, tanto, individual y comunitario con la confesión individual, la penitencia y la absolución, debe ser ofrecido en todas las parroquias de la Diócesis.

**Nuestro Servicio Penitencial Parroquial de Cuaresma** se celebrará el lunes, 27 de marzo a las 7:00 PM.

### LENTEN DISCIPLINES OF FASTING & ABSTINENCE

#### NORMS FOR FASTING AND ABSTINENCE

**Ash Wednesday**, and **Good Friday** are days of **fasting** and **abstinence**. **Fridays of Lent** are also days of abstinence. Fasting is to be observed by all 18 years of age and older, who have not yet celebrated their 59th birthday. On a fast day one full meal is allowed. Two other meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids, including milk and juices, are allowed.

**Abstinence** is observed by all 14 years of age and older. On days of abstinence, no meat is allowed. Note that when health or ability to work would be seriously affected, Church law does not oblige. When in doubt concerning fast and abstinence, the parish priest should be consulted.

**Fasting**, almsgiving, and prayer are the three traditional disciplines of Lent. The faithful and Catechumens should undertake these practices seriously in a spirit of penance and of preparation for Initiation into the Church or the renewal of Baptismal Promises at Easter.

#### NORMAS DE ABSTINENCIA Y AYUNO

**El miércoles de ceniza y el Viernes Santo**, son días de **abstinencia** y **de ayuno**. También deben abstenerse los **viernes durante la Cuaresma**.

Todas las personas a partir de los 18 años de edad y los que no hayan cumplido los 59 años de edad, deben ayunar. Se permite comer una vez durante el día de ayuno, aunque también pueden comer dos veces para mantener la energía, según la necesidad de cada individuo. Sin embargo, estas dos comidas no deben igualar a la cantidad de una comida completa. No se puede comer entre comidas, pero está permitido tomar líquido, incluyendo leche y jugos.

**La abstinencia** se debe cumplir desde los 14 años de edad en adelante. En los días de abstinencia, no se debe comer carne, aunque si la salud o la habilidad para cumplir su trabajo se ve seriamente afectado, la ley no lo obliga. Si tiene alguna duda sobre la práctica del ayuno o de la abstinencia, consulte al sacerdote de su parroquia.

**El ayuno**, la limosna y la oración, son las tres disciplinas tradicionales durante la Cuaresma. Los feligreses y los catecúmenos deben realizar estas prácticas con seriedad en espíritu de penitencia y en preparación para la Iniciación a la Iglesia o para la renovación de las promesas Bautismales durante la Semana Santa.

## News from the Knights of Columbus

## Noticias de parte de los Caballeros de Colón



# Fish Fry

Hosted by the  
Knights of Columbus  
Council #3498

Where: Blessed Sacrament Catholic Church  
St. Francis Room  
1620 Hanford Rd., Graham, NC 27253

Friday  
March 3rd and March 24th, 2023  
5:00 PM - 7:30 PM



Menu  
Baked or Fried Fish,  
Cole Slaw, and all the Fixins,  
Dessert  
Prices  
Adults: \$12, children under 12: \$5

Take Out is Available  
Please Come and Dine with Us

## News from the Columbiettes



Do you ever get bored or lonely?  
Do you ever wish someone would  
reach out to you with a kind word  
or warm thought?

Columbiette  
Card Writing  
Campaign

There are hundreds of people in nursing homes and assisted living facilities in Alamance County who feel the same way. They don't have visitors, and no one keeps in touch with them. Why not help yourself and help them too by writing a card or note to them?

The Columbiettes are sponsoring a card writing campaign reach out to these people.



Any kind of stationary, note card, or blank card will work. Just don't put a name on the envelope or seal it.

You can write something uplifting and encouraging, such as "Thinking of you with love and prayers." You can sign it "A Member of Blessed Sacrament Church", "Blessed Sacrament Parishioner," or you can just not sign it at all.

Bring the completed notes to Mass and drop them in the collection baskets or you can call Dianna Aubin at 336-303-8125 to have them picked up by 3/27/23

# Pescado Frito

Patrocinado por los Caballeros de Colón  
Concilio #3498

### Dónde:

Iglesia Blessed Sacrament  
Salón San Francisco  
1620 Hanford Rd. Graham, NC

### Viernes

3 de marzo y 24 de marzo, 2023  
5:00PM– 7:30 PM

### Menú

Pescado al horno o frito,  
*Cole Slaw*, otros más acompañamientos y  
postres

### Precios

Adultos: \$12, niños menores de 12: \$5  
También se ofrece para llevar

Ven y Cena con Nosotros, por favor



Looking for a way to get  
involved in Parish activities?

Enjoy social activites?

Enjoy helping others?

Want to enrich your Catholic Faith?

## Join the Columbiettes

Our purpose is to promote the spiritual,  
social and charitable welfare of our  
members. In addition, we work to  
help our Church, our community and  
our Brother Knights.

For more information, please  
email [daubin67@gmail.com](mailto:daubin67@gmail.com)  
or call 336-303-8125

# Catholic Women & Couples NFP

**FREE**  
Natural Family Planning Teaching by  
Certified NFP Teachers

## To Achieve or Avoid Pregnancy In Full Harmony with Catholic Church Teaching

### Natural Family Planning

- Can be used to Conceive or Postpone a Pregnancy
- No Side Effects
- 100% Natural
- For All Stages of Reproductive Life
- Improves Marriages

### CWCNFP: 3 No-Cost Programs

- Catholic Married Couples
- Catholic Engaged Couples
- Adult Catholic Women
- Catholic Women Aged 18+

### LEARN NOW!

Knowing NFP Can Positively Impact Your Health and Dating Relationships

- NFP Methods
- Cervical Mucus
- Sympto-thermal
- Hormonal Monitoring

**NO-COST**  
We Pay the Teachers.

You pay Nothing.

Our No-Cost program is recommended by the U.S. Conference of Catholic Bishops' NFP Program

Visit [CWCNFP.org](http://CWCNFP.org)  
or call 888-899-8884



Tell your Catholic  
Friends About us

CONTACTANOS:  
[CWCNFP.org](http://CWCNFP.org)  
888-899-8884  
Comparte con tus amigos

CWCNFP partners with MyCatholicDoctor, a nationwide organization that brings a network of faithful medical professionals to patients through video visits/telehealth, home visits, and office referrals. The CCNFP No-Cost programs are sponsored by St. Augustine Foundation à 501(c)3 in Yonkers N.Y.

# PFN Para Mujeres y Parejas Católicas

**GRATIS**

Planificación Familiar Natural  
Por Instructores Certificados

## Para Concebir o Posponer un Embarazo en Total Armonía con las Enseñanzas de la Iglesia Católica

### LA PLANIFICACION FAMILIAR NATURAL

- Puede usarse para concebir o posponer un embarazo
- No tiene efectos secundarios
- 100% Natural
- Se usa en todas las etapas de la vida reproductiva
- Mejora la relación matrimonial

### Atención Mujeres Católicas de 18+

- ¡APRENDE YA!
- Saber PFN puede impactar positivamente tu salud y tu noviazgo

### CWCNFP tiene 3 programas

- Matrimonios Católicos
- Parejas Comprometidas
- Mujeres Católicas Solteras

Nos recomienda el programa de PFN de la Conferencia de Obispos Católicos de EUA



Los programas de CWCNFP SON GRATIS.  
Nosotros pagamos a los instructores,  
tú no pagas nada.

CWCNFP está asociado con MyCatholicDoctor. MCD es una organización nacional de profesionales de la salud que ofrece consultas virtuales domiciliarias y por referencia.

## Kids Corner

### Prayer

Dear God, thank you for sending Jesus to save me from the devil's tricks.

### Mission for the Week

One really good way to fight the devil's tricks is to pray often. Pray in the morning, at noon, and at night.

### Sharing the Gospel

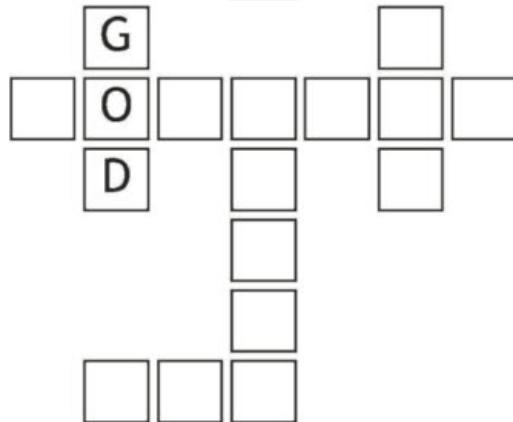
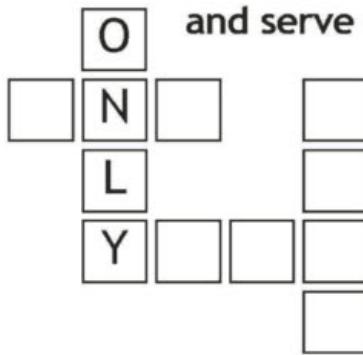
After Jesus' baptism, Jesus went 40 days without eating. Imagine how weak, hungry, tired and cranky you could be if you went that long without eating. That was the moment the devil chose to try to trick Jesus into using God's power selfishly. But Jesus was still strong. Jesus had been praying those 40 days, getting ready to save you and the whole world from the devil's tricks. Jesus would never give in to his enemy.

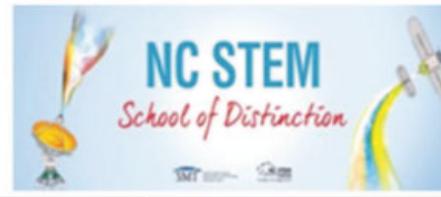
Now color  
the picture!



Fit this Gospel message into the empty squares:

**Worship the Lord your God  
and serve only him.**





## North Carolina Opportunity Scholarship

Each year, North Carolina expands the choice of schools for eligible students from kindergarten through 12th grade.

This is known as the Opportunity Scholarship Program.

The program:

- Covers tuition and fees required at a participating non-public school through a lottery.
- Up to \$6,168 per student per school year.

**All required:**

- The household must meet the Household Income Eligibility Guidelines (students in foster care are automatically eligible regardless of their foster family's household income) visit: <https://www.ncseaa.edu/wp-content/uploads/sites/1171/2020/10/HHIncomeEligibilityGuidelines.pdf>
- At least 5 years before August 31
- Lives in North Carolina
- Has not graduated from high school
- Have not enrolled in a full-time post-secondary institution\*

**One required:**

- Received and used Opportunity Scholarship funds in the previous year
- Attended a North Carolina public school or a Department of Defense school in North Carolina as a full-time student\*\*
- Entering kindergarten, 1st grade or 2nd grade
- In foster care, or adopted in the last year
- Have a full-time active military duty parent, or a parent who received an honorable discharge in the past year

\*Full-time: 12 or more credit hours in a given semester.

\*\*Attendance in the spring semester prior, or attendance two years prior with private school attendance in between

My child meets all eligibility requirements and I am interested in applying for the scholarship.

New student application:

<https://www.ncseaa.edu/k12/opportunity/>

All applications must be submitted by Wednesday, March 1 for first priority.

Call Mr. Rico at 336-570-0019 or email  
[admissions@bssknights.org](mailto:admissions@bssknights.org)  
for more information or assistance.

## Beca de Oportunidad de Carolina del Norte

Cada año, Carolina del Norte amplía la elección de escuelas para estudiantes elegibles desde jardín de infantes hasta el grado 12.

Esto se conoce como el Programa de Becas de Oportunidad. El programa:

- Cubre la matrícula y las tarifas requeridas en una escuela privada por medio de una lotería.
- Ayuda hasta \$6,168 por estudiante por año escolar.

**Todo requerido:**

- El hogar debe cumplir con las pautas de elegibilidad de ingresos del hogar (los estudiantes en cuidado de crianza *Foster children* son automáticamente elegibles independientemente del ingreso del hogar de su familia de crianza) visita: <https://www.ncseaa.edu/wp-content/uploads/sites/1171/2020/10/HHIncomeEligibilityGuidelines.pdf>
- Al menos 5 años antes del 31 de agosto
- Vive en Carolina del Norte
- No se ha graduado de la escuela secundaria
- No se ha inscrito en una institución postsecundaria a tiempo completo\*

**Uno requerido:**

- Recibió y usó fondos de Becas de Oportunidad en el año anterior
- Asistió a una escuela pública de Carolina del Norte o a una escuela del Departamento de Defensa en Carolina del Norte como estudiante de tiempo completo\*\*
- Entrando al kindergarten, 1er grado o 2do grado
- En crianza temporal, o adoptado en el último año
- Tiene un parent en servicio militar activo a tiempo completo, o un parent que recibió una baja honorable en el último año

**\*Tiempo completo: 12 o más horas de crédito en un determinado semestre. \*\*Asistencia en el semestre de primavera anterior, o asistencia dos años antes con privado asistencia a la escuela en el medio**

Mi hijo/a cumple con todos los requisitos de elegibilidad y estoy interesado en solicitar la beca ¿Dónde encuentro la solicitud?

Solicitud de nuevo estudiante:

<https://www.ncseaa.edu/k12/opportunity/>

Todas las solicitudes deben enviarse antes del martes 1 de marzo para la primera prioridad.

**Llame al Sr. Rico al 336-570-0019 o envíe un correo electrónico a [admissions@bssknights.org](mailto:admissions@bssknights.org) para obtener más información o ayuda.**

\*\*\*\*\***Parish Staff / Personal Parroquial (336) 226-8796\*\*\*\*\***

**Fr. Vincent Rubino, OFM. Conv.**, Pastor ~ [fr.vincent@blessedsacramentnc.org](mailto:fr.vincent@blessedsacramentnc.org)  
**Fr. Peter Tymko, OFM. Conv.**, Associate Pastor ~ [fr.peter@blessedsacramentnc.org](mailto:fr.peter@blessedsacramentnc.org)  
**Fr. Timothy Lyons, OFM. Conv.** ~ [fr.tim@blessedsacramentnc.org](mailto:fr.tim@blessedsacramentnc.org)  
**Deacon Leopold J. Tapler** ~ [7deaconia@gmail.com](mailto:7deaconia@gmail.com)

**Safe Environment Training/Entrenamiento de Ambiente Seguro**

Maria Gomez, [mgomez@bssknights.org](mailto:mgomez@bssknights.org)  
Patricia Matterson, [patricia@blessedsacramentnc.org](mailto:patricia@blessedsacramentnc.org)

**FBRE & Adult Faith Formation** ~ 336-226-8796

**Confirmation and TYM (Total Youth Ministry)** Leo Quinn ~ [leo@blessedsacramentnc.org](mailto:leo@blessedsacramentnc.org)  
**Business Manager**, Joe Charlamut ~ [joe@blessedsacramentnc.org](mailto:joe@blessedsacramentnc.org)  
**Music and Liturgy**, James Lachance, 336-222-7016 ~ [james@blessedsacramentnc.org](mailto:james@blessedsacramentnc.org)  
**Office Administrator**, Martha Sanchez ~ [martha@blessedsacramentnc.org](mailto:martha@blessedsacramentnc.org)  
**Hispanic Minister**, Patricia Matterson ~ [patricia@blessedsacramentnc.org](mailto:patricia@blessedsacramentnc.org)  
**Bulletin Editor**, Irma Olmos ~ [irma@blessedsacramentnc.org](mailto:irma@blessedsacramentnc.org)

\*\*\*\*\***School Staff / Personal Escolar\*\*\*\*\***

**515 Hillcrest Ave. Burlington, NC 27215 (336) 570-0019**

**Principal:** Maria Gomez, [mgomez@bssknights.org](mailto:mgomez@bssknights.org)  
**Office Administrator:** Pat Libera, (336) 570-0019 ~ [office@bssknights.org](mailto:office@bssknights.org)  
**Director of Admission/Bookkeeper:** Jose Rico Benavides ~ [admissions@bssknights.org](mailto:admissions@bssknights.org)  
**Director of Advancement:** Beth Fitzgerald, [bfitzgerald@bssknights.org](mailto:bfitzgerald@bssknights.org)  
**Athletic Director:** Marcie Letvak, [mletvak@bssknights.org](mailto:mletvak@bssknights.org)

\*\*\*\*\***Boards / Committees / Asociations\*\*\*\*\***

**Finance Council:** Ron Imrick, 336-229-5228 ~ [rimrick@regoproducts.com](mailto:rimrick@regoproducts.com)  
**Pastoral Council:** Ray Eveland, 336-202-5596 ~ [ray.eveland@kofc.org](mailto:ray.eveland@kofc.org)

\*\*\*\*\***Community Outreach\*\*\*\*\***

**Allied Churches Shelter Meal:**

Rita Macaluso-Gregory, 336-264-6253, [rilmg34@aol.com](mailto:rilmg34@aol.com)

**Blood Donor Drive:** 336-303-8125 ~ [KOC3498BloodDriveInfo@gmail.com](mailto:KOC3498BloodDriveInfo@gmail.com)

**Cub Scouts/Boy Scouts:** Jeff Benes, 336-675-9086 ~ Jeff Benes [benes.nc@att.net](mailto:benes.nc@att.net)

**Foster Children's Christmas:** Michele Corradini, 336-269-1149 ~ [mcorradini@triad.rr.com](mailto:mcorradini@triad.rr.com)

**Meals on Wheels:** Marjorie McNamara, 336-227-0077

\*\*\*\*\***Social Outreach Ministry\*\*\*\*\***

**Catholic Charities** - Centro la Comunidad, 336-222-6868

**Little Portion Food Pantry:** Dick Szczepanski, 336-228-0864 ~ [ski2322@triad.rr.com](mailto:ski2322@triad.rr.com)

**Stephen Ministry:** Flo Echevarria, 336-895-3757 ~ Rose Ann Bobak, 336-212-3246,  
Sonia Panipinto, (484) 366-3072

\*\*\*\*\***Liturgical Ministry / Ministerios Litúrgicos\*\*\*\*\***

**Sacristans:** John McCravey, 269-3694 ~ [mccraveysr@att.net](mailto:mccraveysr@att.net)

Veronica Torres, 336-213-2239 ~ [vero.misionera@gmail.com](mailto:vero.misionera@gmail.com)

**Ministry to the Homebound:** Barbara Cahill, 336-584-5750

**Ministry of Consolation/Funerals:** Suzanne Keller, 336-278-8115 ~ [smk707579@gmail.com](mailto:smk707579@gmail.com)

**Español:** Patricia Matterson, [patricia@blessedsacramentnc.org](mailto:patricia@blessedsacramentnc.org)

**CLOW:** Monique Carreno, 305-409-9117 ~ [m.c.carreno@outlook.com](mailto:m.c.carreno@outlook.com)

**Altar Servers / Monaguillos**

English: **Madison Reece** ~ [mareece@bssknights.org](mailto:mareece@bssknights.org)

Spanish: Martin y Amparo González, - [mg722009@hotmail.com](mailto:mg722009@hotmail.com)

**Eucharistic Ministers / Ministros de Eucaristía**

Lynn Zubov, 336-437-9776 ~ [zubovl@wssu.edu](mailto:zubovl@wssu.edu) Lorena Ibarra, 336-263-6291

**Lector / Lectores**

Debi Collins, 336-214-8239 ~ [debicollins.bscc@gmail.com](mailto:debicollins.bscc@gmail.com)

Miriam E. Lopez~ 336-693-0295

**Ministers of Hospitality / Ministros de Hospitalidad**

Frank Hallman, 336-212-0849 ~ [FrankHallmann@outlook.com](mailto:FrankHallmann@outlook.com)

Daniel Flores, 336-675-7999

**Music:** James Lachance, 336-222-7016, [james@blessedsacramentnc.org](mailto:james@blessedsacramentnc.org)

**San Juan Apóstol:** Ivelisse Colon, 954-559-2487, [idelpilar1@yahoo.com](mailto:idelpilar1@yahoo.com)

**Pan de Vida:** Martha Ramírez, 336-343-8366, [m1xth10@att.net](mailto:m1xth10@att.net)

**San José:** Isidro Zamora, 336-270-6291

**Adonai:** Emanuel Jiménez, 336-690-7674, [jimgar13@gmail.com](mailto:jimgar13@gmail.com)

\*\*\*\*\***Prayer Groups: Divine Mercy\*\*\*\*\***

Joseph Edathil, 336-269-1176 ~

Irene Flores, 336-263-5576, Nely Méndez, 336-675-0295

**Grupo Oración:** Emilia Sullivan, 336-324-1448

**Praying Needles:** Peg Constantine, 336-538-1781 ~ [pegconstantine@aol.com](mailto:pegconstantine@aol.com)

**Labyrinth:** Ann Imrick ~ [ann@blessedsacramentnc.org](mailto:ann@blessedsacramentnc.org)

\*\*\*\*\***Faith Formation\*\*\*\*\***

**Adult Confirmation:** Pat Love, 336-214-6067 ~ [patandalicel@att.net](mailto:patandalicel@att.net)

**Director of RCIA:** James Lachance, 336-222-7016 ~ [james@blessedsacramentnc.org](mailto:james@blessedsacramentnc.org)

**Baptismal Preparation:** Martha Sanchez, 336-226-8796 (English)

Patricia Matterson (Español) 336-226-8796, [patricia@blessedsacramentnc.org](mailto:patricia@blessedsacramentnc.org)

Welcome to our parish! If you would like to join our parish community, you are welcome to stop by the office to register or you can visit the church web site to download a registration form.

Bienvenido a nuestra parroquia. Si le gustaría unirse a nuestra comunidad, es bienvenido a visitar la oficina para registrarse o puede visitar la pagina de la parroquia y bajar una forma de registración.

**Mass Schedule / Horario de Misas**

**Saturdays / Sábados**

5:00 PM - Eng. & 7:00 PM - Español

**Sundays / Domingos**

8:30 AM & 10:30 AM - Eng.

12:30 PM - Español

**Monday-Friday/Lunes-Viernes**

8:30 AM -English

**Sacraments / Sacramentos**

**Baptism / Baptismo**

Please call the office for information concerning baptisms in English.  
\*\*\*\*\*

Por favor llame a la oficina para información sobre los bautismos en español.

**Reconciliation / Reconciliación**

**Saturdays:** 4:00-4:30 PM or by appointment  
\*\*\*\*\*

**Sábado de 6:15-6:45 PM**

**Domingo de 11:45 AM-12:15 PM**

**Marriage / Matrimonios**

Arrangements should be made with a priest six months before the proposed wedding.

\*\*\*\*\*

Hacer arreglos con el sacerdote 6 meses antes de la fecha de matrimonio.

**Marriage Preparation / Pastoral Familiar**

Marti and James Matanzo, 336-214-7132 ~ Nicolás y Berenice Sánchez, 336-260-2968

**Parish Organizations**

**Coffee and Donuts**

Evelyn D'Silva, [evdsilva@yahoo.com](mailto:evdsilva@yahoo.com)

**Columbiettes**

Dianna Aubin, 336-567-5966  
[daubin67@gmail.com](mailto:daubin67@gmail.com)

**Couples for Christ**

Joel & Jennifer David, 919-308-0453 ~

**DivorceCare:** Keith Rugh, 336-675-4953

**Knights of Columbus:**

Mark Furphy, 336-512-8442  
[Furph22@gmail.com](mailto:Furph22@gmail.com)

**Newcomer's / Welcome Ministry**

Minda Visaya, 919-563-8688  
[luzviminda.visaya@gmail.com](mailto:luzviminda.visaya@gmail.com)

**Respect Life**

Cicely (Sis) Steffen, 336-350-7357  
[frank629@triad.rr.com](mailto:frank629@triad.rr.com)

**Secular Franciscan Order (OFS)**

Irene Crowder, 336-534-1453  
[irene.crowder225@gmail.com](mailto:irene.crowder225@gmail.com)

**Teresians – St. Lucy's Circle**

Diane Halliday, 336-585-1080  
[hallidayjoseph@bellsouth.net](mailto:hallidayjoseph@bellsouth.net)

**St. Cecilia (Circle C)**

Mary Rivera, 336-395-8028

**Reading Club**

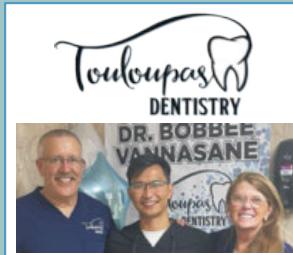
Dee VanNote, 336-449-5959

**Spanish Classes**

Ricardo Mendoza, 336-278-5805



**FREE AD DESIGN**  
with purchase  
of this space  
**CALL**  
800-477-4574



Touloupas Dentistry is excited to announce that Dr. Bobbee Vannasane has joined their practice!

1628 Memorial Dr. • Burlington, NC  
**336-226-5485**  
[www.ncsmile.com](http://www.ncsmile.com)

**DRS. MICHAEL & CYNTHIA TOULOUPAS, PARISHIONERS**

**LET US PLACE  
YOUR AD HERE.**

**SUPPORT OUR  
ADVERTISERS!**



General and Cosmetic Family Dentistry  
1200 S. Fifth St. • Mebane, NC 27302  
**919-563-5939**  
[www.TroutmanFamilyDentistryMebane.com](http://www.TroutmanFamilyDentistryMebane.com)



Dr. S. Jason Troutman &  
Dr. Alison Cole  
Parishioner

**WE'RE HIRING!**

**AD SALES EXECUTIVES**

**BE YOURSELF.  
BRING YOUR PASSION.  
WORK WITH PURPOSE.**

- Paid training
- Some travel
- Work-life balance
- Full-Time with benefits
- Serve your community



Contact us at  
[careers@4lp.com](mailto:careers@4lp.com) or  
[www.4lp.com/careers](http://www.4lp.com/careers)

**LET'S GROW YOUR BUSINESS**

Place Your Ad Here  
and Support Our Parish!

**CONTACT ME Scott Messner**

[smessner@4LPi.com](mailto:smessner@4LPi.com) • (863) 875-1101

**THIS SPACE IS  
AVAILABLE**

Call LPi at  
**1.800.477.4574**  
for more  
information.

**NEVER MISS  
OUR BULLETIN!**

**SUBSCRIBE**

Have our bulletin emailed  
to you every week.



Visit [www.parishesonline.com](http://www.parishesonline.com)

**www.MyDogTess.com**

A New Breed of Realtor  
Bill Woodrome, Broker/Realtor®  
(336) 684-0099 Bill@mydogtess.com



## CONTRACTANDO TRABAJADORES DE COCINA

\$16 por hora (negociable basada de experiencia) • Horario de 5 días • Días de descanso Domingo y Lunes  
Posiciones disponibles: Cocineros de línea • Cocineros de Preparación • Lava platos  
CRAFTED THE ART OF THE TACO • 119 W Clay St Mebane, NC • Lunes-Sabado 10 AM-5PM

A Memorable Gift  
Illustrated Map of  
**Ireland, Italy, Mexico  
India, Wales or Sicily**  
kathleen@gwinnett-art.com

**MARY MAKHLOUF, DMD, MS, PA**  
General Dentistry & Board Certified in Special Care Dentistry

Accepting New Patients

Offering General Anesthesia & Sedation

336-226-8406

1682 Westbrook Avenue

Burlington (Elon), NC 27215

Visit us at [www.DocMary.com](http://www.DocMary.com)



- Fellow Catholic -

# SUPPORT OUR ADVERTISERS!

**BESHEL**  
CHIROPRACTIC  
CENTER



Dr. Tim Beshel  
(336) 227-6000  
101 Ivey Road  
Graham



Dr. John Beshel  
(336) 586-0101  
2551 South Church St.  
Burlington

- Headaches • Back Pain • Auto Accidents
  - Neuropathy • Arthritis • Neck Pain
- VOTED BEST**  
**CHIROPRACTORS IN COUNTY**  
Parishioners

## WE APPRECIATE OUR ADVERTISERS!

They allow us to print  
this bulletin. Thank you!

**Kemco**  
of Burlington, Inc.

Electrical • Heating • Cooling  
Refrigeration • Generators  
Outdoor Lighting

**336.584.1166**



Waterproofing  
Masonry Restoration  
Caulking & Sealants  
Tuck-Pointing  
Concrete Repair  
Thru-Wall Flashing  
Painting • Deck Coating  
Window Glazing  
Pressure Washing  
*"Restoring your future"*

Mobile: 336-264-5535  
128 Flushing Street, Burlington, NC 27215  
[www.rbrestitution.com](http://www.rbrestitution.com) | [rblestration@outlook.com](mailto:rblestration@outlook.com)

## Place Your Ad Here and Support our Community!

Instantly create and  
purchase an ad with

**AD  
CREATOR  
STUDIO**



[Ipicommunities.com/adcreator](http://Ipicommunities.com/adcreator)

**FREE**  
AD DESIGN

with purchase  
of this space

**CALL**  
800-477-4574



Protect your Car, Home & Wallet  
Ask Aidee how to save up to \$710

AAI-Joel Davis Agency  
Se Habla Español  
W 336-222-9998  
[parraa1@nationwide.com](mailto:parraa1@nationwide.com)  
Aidee Parra, Parishioner



**LATIN AMERICAN SERVICES**  
SERVICIOS LATINOS

NOTARY PUBLIC  
TRADUCCIONES  
PODER NOTARIAL • IMMIGRACIÓN  
TITULOS • APOSTILLAMOS DOCUMENTOS  
TRAMITAMOS ITIN (SEGURO VERDE)  
PREPARACIÓN DE IMPUESTOS  
CON LOS REEMBOLSOS MAS ALTOS AUTORIZADOS POR EL IRS  
¡PREPARACIÓN DE TAXES TODO EL AÑO!  
536 W. ELM ST. • GRAHAM, NC 27253  
MARIA: 336.267.5927  
TELÉFONO y FAX: 336.437.8722



## SUPPORT OUR PARISH

Local business ads sponsor  
the printing of our bulletin.  
[4ipi.com/adcreator](http://4ipi.com/adcreator)



**ADT-Monitored Home Security**

Get 24-Hour Protection From a Name You Can Trust



*Lowe*

Funeral Home • Crematory

We are a Family - Owned 4th generation Funeral Home who has  
had the privilege of serving our Community for 100 years.

2205 South Church Street - Burlington

**336-228-8366 • [www.lowefuneralhome.com](http://www.lowefuneralhome.com)**



2-D-4-2

For ad info. call 1-800-477-4574 • [www.4ipi.com](http://www.4ipi.com)

14-1546