

Mass Schedule



Saturday Vigil 5:30 pm
Sunday 8:00 am
 10:30 am & 5:00 pm
Tuesday 12:00 pm
Wed - Fri 8:30 am
1st Saturday 8:30 am

Communion Service

Monday 8:30 am

Sacrament of Reconciliation

Saturday 4:00 -5:00 pm
 and by appointment

Perpetual Adoration

24 hours a day in the Chapel

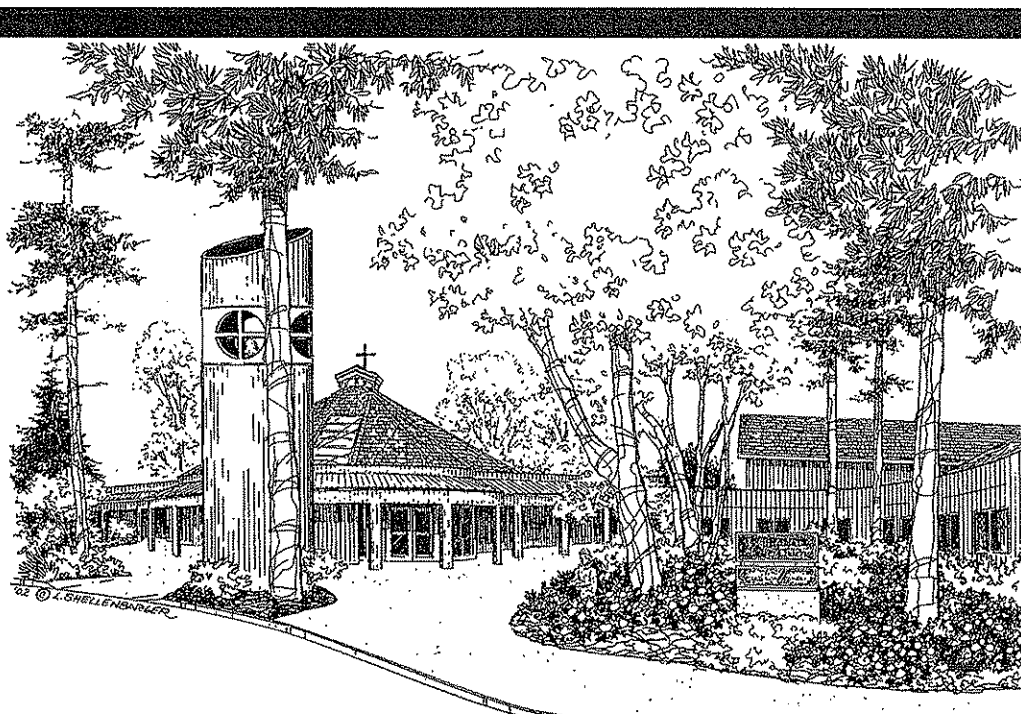
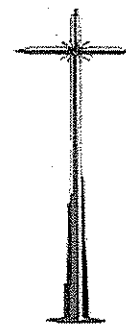
Parish Rosary

4th Thursday 7:00 pm

St. Francis Catholic Church & School

15651 SW Oregon St, Sherwood, OR 97140
stfrancissherwood.org

503-625-6185
 Fax: 503-625-5914



Parish Mission Statement

Jesus calls us to conversion and discipleship. Because we believe in Jesus, we the St. Francis Parish Family minister to each other and to the larger community in holiness and justice. Our celebration of the sacraments helps us to be Spirit-filled and challenges us to enable each person, each family and the parish and world communities to promote the kingdom of God every day.

Pastoral and School Staff

Administrator	Fr. James Herrera	503-625-6185	jherrera@archdpdx.org
Pastoral Assistant	Deacon Bill Bloudek	503-625-6185	bill@stfrancissherwood.org
Parish Secretary	Mimi Urmini	503-625-6185	church@stfrancissherwood.org
Business Manager	Sheila Polowicz	503-625-6185	sheila@stfrancissherwood.org
Director of RE & Middle School	Lisa McGuigan	503-625-6188	lisam@stfrancissherwood.org
RE Pre/K & Elementary	Violet Wanner	503-625-6187	violet@stfrancissherwood.org
High School	Ashley Ludwig	503-625-6185	ashley@stfrancissherwood.org
Social Action	Jennifer Mirek	503-625-7067	jennifer@stfrancissherwood.org
Music Coordinator	Angele Rogers	503-603-0120	church@stfrancissherwood.org
Welcome & Hospitality	Linda Blackwood	503-625-6185	linda@stfrancissherwood.org
Wedding & Hall Coordinator	Susan Ludwig	503-998-7085	touch.of.love@comcast.net
School Principal	Kimberly Fadden	503 625-0497	kimberly_fadden@stfrancissherwood.org
School Secretary	Gretchen Brown	503-625-0497	gretchen@stfrancissherwood.org
Maintenance	Dave Cookson	503-577-9745	church@stfrancissherwood.org

The 18th Sunday in Ordinary Time—August 2, 2015

Parish Calendar

Monday, August 3

7:00 pm Altar Server Training Church

Tuesday, August 4

6:30 pm Stephen Ministry P.C.

Wednesday, August 5

9:00 am Quilting Old Hall

Thursday, August 6

7:30 pm Choir Rehearsal (8:00) Church

Friday, August 7

9:00 am Adoration & Benediction Chapel

Saturday, August 8

Sunday, August 9

9:45 am Rosary/Chaplet of Divine Mercy Chapel

Next Sunday's Readings

1 Kings 19:4-8

Psalm 34:2-3, 4-5, 6-7, 8-9

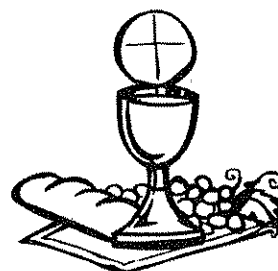
Ephesians 4:30-5:2

John 6:41-51

Coffee Social Hosts - August 9

8:00 am Mass—The Cowan Family

10:30 am Mass—The Fronczak Family



Mass Intentions

Week of August 3—August 9

Monday 8:30 am Communion Service

Tuesday 12:00 pm Bob Sasser+

Wednesday 8:30 am Michael Nelson+

Thursday 8:30 am Don Starr+

Friday 8:30 am Helene Gullard+

Saturday 5:30 pm Drue Cramer+

Sunday 8:00 am Mary Jean Walsh+

Sunday 10:30 am Stephen Opalenik+

Sunday 5:00 pm People of the parish

Liturgical Ministers - August 8 & 9

Readers

Ushers

Servers

Saturday 5:30 pm Mass

President: Fr James Herrera

Jill LaFave

Jeff Dennison

Ben LaFave

Jim Duling

Sue Willard

Grace Killinger

Stephanie Killinger

Sunday 8:00 am Mass

President: Fr James Herrera

Trisha MacKinnon

John Milroy

Sean Allen

Jerry Grondin

Kevin Moore

Ryan Cowan

Victoria Pitt

Sunday 10:30 am Mass

President: Fr James Herrera

Larry Lazo

Dennis Freiburg

Isabella Monroe

Yvonne Rice

Chris Corrado

Sophia Bowman

John Feleciano

Sunday 5:00 pm Mass

President: Fr James Herrera

Allen George

Scott Volk

Amanda Volk

Irene George

Giovi Paras

Caitlyn Kreuzer

Michael Wanner

Weekly Financials

July 25 & 26 \$ 9,038.53

Archdiocesan Loan Balance \$ 339,464.63

Loan Pay Back—Week 132

Chet & Kristen Mehta

**If you are unavailable for your scheduled time,
please find a replacement Minister or Coffee Host.**

In the Spirit of St. Francis...

- ♦ To Kristie Greenslitt, LoisMarie Mayer, Francis Jewell and Amy Cookson for sharing their time phone sitting & helping in the parish office.
- ♦ To Paul Mayer for sharing plums from his tree with the parish office staff.
- ♦ To Karene Coupens for laundering the altar linens for the month of July.
- ♦ To Brenda Uppiano for her hard work compiling the Senior Parishioner Questionnaire. She incorporated staff feedback on many different areas of parish life into a comprehensive needs assessment.

In the Spirit of St. Francis...THANK YOU!

Parish Photo Directory

We are starting the sign-ups for the **August 13—15 and September 15—17** photo appointments. Please go to our website: stfrancissherwood.org and click on the link "Be a part of our family album" and sign-up to get your family portrait taken. This is a great time to schedule your family portrait.

We will also have sign-ups in the narthex after all Masses this weekend and next.

Parishioners who participate will receive a **free 8x10** portrait and parish directory. **No purchase is necessary.**



Be sure to 'like' St Francis Catholic Church on Facebook!



Follow St.Francis Catholic Church on Pinterest.



Visit stfrancissherwood.org for information on upcoming events, ministry happenings and many Catholic resources for all ages.

From the desk of Father James

From the Desk of Father James —

On this 18th Sunday in Ordinary Time we hear in the gospel Jesus saying to His disciples, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." How often do we try to satisfy our hunger by filling ourselves with something other than the bread that Jesus gives to us? How often do we quench our thirst by placing our trust in someone other than Jesus? Our Lord takes care of all of our needs. Let us always place our trust in Him knowing that He is the only one that can satisfy our every desire.

I want to take this time to thank Fr. Ralph, OSB for celebrating Mass for us last Saturday. Many people commented that they enjoyed his presence with our community.

Thank you all very much for the great turn out we had in respect to sign ups for the new photo directory.

I am very grateful. You can still sign up online and if our August times and dates don't work, we also have dates available in September.

The key changing has begun, if you have been issued a key by the parish, please return your old key to the parish office and see about getting the new key issued.

I also want to say thanks to all for the welcome that I have received here at St. Francis in the month that I have been here. Your prayers and support have made me feel very welcome.

Have a blessed week! Fr. James



FAITH FORMATION

A JOURNEY FOR LIFE

Elementary

Forming Children and Youth for the Mass, Part 2: Song and Praise

Joyce Donahue, Catechist's Journey, Loyola Press

This is the second article in a series about forming children for active participation in the Mass.

Children and youth can be encouraged to participate in the Mass by helping them become comfortable with singing and sung prayer and praise.

Certainly, children should be taught to sing songs the parish community uses at Mass, whether their community's musical style is traditional or contemporary. Every child should open the hymnal and sing.

By all means use good CDs and music videos. Catholic ones can be purchased from most major hymnal publishers, who often have great recorded music, some of which is intended for youth. When using recorded music, be sure to provide the children with the words so they can learn them and sing along.

What does all of this do? Musical training conditions children and youth to make a joyful noise to God. It helps them understand that singing to God is natural and enjoyable, and it shows them that God is worthy of praise. It helps children understand why at Mass we say, "It is right and just," to praise God. It helps them overcome the fear of singing in public by showing them that even if they think they "can't sing," God wants to hear their voices thanking God for His blessings.

"Faith formation is more than a subject to be taught- it is an invitation to a way of life"

- Fr. Papenke

RCIA

SPREADING THE GOOD NEWS: Do you know someone who is not baptized or is baptized in another faith tradition and is interested in the Catholic faith? Do you know someone seeking answers to life's questions? If so, invite him or her to consider the Catholic Church. Contact Linda Blackwood at 503-885-1799 or rcia@stfrancissherwood.org

Family Night: Kids will love diversion from digital isolation Ed Langlois of the Catholic Sentinel

In some households family night means everyone going to his or her room alone with an iPad or other electronic device. Family nights can enhance relationships and can be just plain fun. Kids, even if it's not evident, love to do things with their parents.

Family Night Ideas:

Music Share – As you wash dishes, or clean a room together, family members take turns playing songs from an iPod or stereo for everyone.

Extra, Extra! – Create a family newsletter to send to relatives and friends.

Star Watching – Lay out a blanket on the lawn and look at the stars.

Bake Time – Bake cookies together.

Obstacle Course – Using things like hula hoops and jump ropes, create a backyard obstacle course in which you can compete with each other for best time.

Family Game Show – Set up a simple stage and have family members act as host, contestant and audience. Use trivia questions or word games.

Sock Golf – Roll up a sock for each player. Take turns naming a spot in the house where the players must hit the sock with their hands – onto the easy chair, onto the fourth step, into the waste basket.

Spiritual Direction: For Saints and Sinners
By Lianna Mueller (Ignitum Today)

Can you recall any saints that ascended to holiness all on their own? It's hard to think of saints as solo travelers. We usually think of St. Francis and St. Clare as a pair and St. Monica and St. Augustine were mother and son. This October, Bl. Louis and Zelie Martin, the parents of St. Therese of Lisieux will also be canonized. Countless saints were married to another holy person or in religious communities that enabled them to have a strong Christian community. We need companions on this journey that is often unclear. Spiritual direction can be very beneficial as we continue in our relationship with God.

A spiritual director isn't someone who can give you answers. He or she will ask questions to help you determine how God is speaking to you and to help you determine how you are listening. His or her role is to assist you in determining the answers that God may be giving you through different means and can assist you in seeing events in your life or your thoughts from a different perspective. As you bring up your challenges in making an important decision, say, about a career change, your spiritual director can help you figure out how to proceed in your discernment.

Sometimes spiritual direction will be a necessary reality check—and not a pretty one. Thankfully, a good spiritual director will keep you accountable to your prayer life. That is where everything comes back to — your time with the Lord. A good spiritual director will gently but firmly remind you of the path you need to follow. Other times spiritual direction will help you find clarity that you are on the right road, even though the path may be dark.

In the past, you may have tried to speak with a person you admired for his or her wisdom—and found the experience lacking. Even though a person may be very holy, personalities don't always line up. Sometimes you might meet with multiple people before you find someone well-suited to you. That's ok! In order for the experience to nurture your walk with God, it is imperative to find someone who understands your perspective and with whom you feel comfortable.

Don't be intimidated by the prospect of spiritual direction. I have found it to be positive and insightful, especially with a well-chosen spiritual director. Spiritual direction is for *everyone*. Whether you are new to the Christian life or a monk who has lived in a monastery for thirty years, you can benefit from talking with someone wiser and learned in the things of God. If you are seeking to deepen your relationship with God or wondering where to go at the fork in the road, I encourage you to look into this avenue. A spiritual director well-suited to you will help you to stay on the right road and to navigate the sometimes murky and choppy waters of the spiritual life. If you would like a solid resource for finding a spiritual director or more resources for spiritual growth, check out spiritualdirection.com. May the Holy Spirit lead and guide you on your journey closer to Him!



Jennifer Mirek - 503-625-7067

Old Hall - 503-625-1263

jennifer@stfrancissherwood.org

Food Pantry Hours:

Wed & Thur 9:00 am—11:00 am and

Wed 5:00 pm—7:00 pm

FOOD PANTRY NEEDS: canned soup, canned tuna, cereal, baking mixes

HOPE DINER: A place for people hungry for food and friendship. Sundays - 5:00 pm at the Old Hall. All are welcome. **Hosts: St Francis team 1**

Food Pantry Donations: Thank you to all those who answered our plea last week for more food donations! Every item is so helpful and we greatly appreciate your support. Please keep those donations coming! Our greatest needs are: cereal, canned tuna, canned chicken, canned soup, and baking mixes.

Senior Parishioner Questionnaires: The staff at St. Francis is seeking input on how our parish meets the needs of older parishioners through surveys mailed to each church member age 70 years and older. This survey is a combination of rating scales, checklists and an open ended feedback question. All responses are anonymous. The staff will make decisions on current and possible future ministries based on this feedback, so please complete this important questionnaire. We value your feedback!

Communion to Homebound: This ministry represents the parish by bringing Holy Communion to those who are physically unable to assemble with the congregation. Ministers to the homebound visit sick parishioners in their homes and use the ritual, Communion for the Sick, by sharing a Scripture reading and distributing the Eucharist.

To request a visit or to be considered as a Minister, please contact the parish office.



St. Francis School

Accredited through June 2020



The school office is closed until August 10.
We wish you all a happy and safe summer.

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- Then, every time you shop and use your Rewards Card, you are helping St. Francis School earn a donation!
- You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today.
- If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

Take Charge of Education: Since 1997, **Target** has donated \$418 million to schools. You can support St. Francis School by registering your REDcard today. Visit www.target.com/redcard to enroll in the Take Charge of Education program. By choosing St. Francis School, Target will donate 1% of your REDcard purchases at Target to St. Francis School. The 1% back begins as soon as you register your card. There are no restrictions; everyone: parents, parishioners, and out of town family members can register their card.

Sacramental News

Congratulations to Owen William, son of Ryan and Liz Neihart, who celebrated his baptism last weekend.

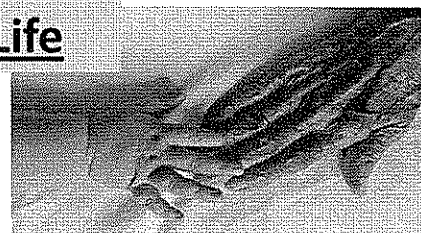
Catholic Corner

Does God's first commandment allow us to make or use statues and images? God's first commandment does allow us to make or use statues and images as long as they do not become objects of false worship. St. Paul Family Catechism, 601

Next Week: Why did God forbid the Hebrews to make graven images of Him?

Respect Life

"As today's pro-life community often is, Paul was regularly ridiculed: indeed, he suffered far worse than ridicule, for the truth about God. God's law and the natural law makes many uncomfortable. Those who resist God's law don't want to be reminded of its demands. This is no less true in our time than in Paul's. And so we pray for the conversion of those whose hearts have been made hard by the sin of abortion and the sin of its propagation. We pray for the courage and persistence of St. Paul, as we endeavor to spread the Gospel of Life. We pray for the triumph of life" (Cardinal William Keeler, January 22, 2006).



First 1000 Days: A Catholic Culture of Life Initiative reflection for Sunday August 2 —Where All Are Welcomed and Loved With Mercy - Day 140 Pregnant women need an additional 500 to 700 calories per day, as well as extra protein and vitamins. Women who are underweight before pregnancy and who gain little weight during pregnancy are particularly likely to give birth to babies with low birth weight who are more likely to die as newborns than babies at a healthy weight.

Announcements

Happening this week:

- Liturgical and Coffee Social Ministers: The next schedule period is: **Sept 5, 2015 through November 29, 2015**. Please be sure to contact the parish office at church@stfrancissherwood.org or 503-625-6185 before **August 5** with your non-availability dates for the next period (Sept, Oct & Nov) and Thanksgiving morning Mass. It really helps if you include your **ministry** and **Mass time** in your communications.
- **Are you interested in becoming an Altar Server?** One of the many benefits you receive is learning more about the Mass. Training will be held on Monday, August 3 at 7:00 pm in the Church for those that are entering the 4th grade or older and have received First Communion. Please call the parish office to register.

Parish Announcements:

- St. Francis is opening an additional welcoming ministry to augment the work of the Ushers. This is a simple ministry which requires no more than a friendly word and a smiling face. Everyone likes to feel welcome. This is your opportunity to work with the Ushers to welcome your fellow parishioners as you would welcome Christ. You can make a difference to those who enter the church to attend Mass. You can sign up in the narthex or at coffee and donuts on August 15 and 16, August 22 and 23, and August 29 and 30. There will be an informational meeting after each Mass on August 29 and 30. The plan is to begin the first weekend in September. Interested? Contact Linda at 503-625-6185 or linda@stfrancissherwood.org.
- Parishioners age 70 years and older, please remember to return your survey that you received in the mail. You may mail it to the parish office or drop it in a basket labeled "Senior Parishioner Questionnaires" in the back of the narthex. Please return your questionnaire by **August 15**. Thank you for your time and input.
- **The Annual Knights of Columbus Garage Sale** is Friday & Saturday, September 4 & 5 at the Haggen's parking lot. Please drop off all your donated items at the Old Hall, not at the Church Office. If you need large items picked up, contact Bob Biever (503-610-1441), Gregg Harris (503-336-0919) or Paul Mayer (503-610-1000). Please no clothing or out of date TV's and/or electronics, and only appliances in working condition. Thank you for your thoughtful donations. You make a big difference in our ability to provide meaningful contributions to our Church and surrounding communities.
- Do you have a favorite hair dresser or barber? What about a dentist or doctor? Your parish family wants to know about these great businesses too. Please let your favorite business owners know that advertising on the church bulletin is affordable, reliable and helps to provide the bulletin at no charge to the church! Whether it be your favorite local business or your own business, our church bulletin is a great place to advertise! For more info, call Catholic Printery: 1-800-867-0660. With your help, we can keep our bulletin free of charge.
- Consider joining the Respect Life Committee from 9:45 am to 10:15 am on Sundays in the chapel as we pray the Rosary and Chaplet of Divine Mercy for the restoration of a Culture of Life, Sanctity of Marriage and Freedom of Religion in our nation. "For where two or three have gathered together in My name, I am there in their midst." Matthew 18:20 All are welcome!

Jeffrey Wiren
jeffw@redhills.com

RE/MAX equity group
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