

#### MISSION STATEMENT

Be a Catholic Community that is a Visible Presence of Jesus.

#### **SACRAMENTS**

#### **Baptisms**

Baptisms are scheduled for individual families upon request, preferably during a weekend Mass. We request that parents attend a Baptismal class prior to the sacrament. Please register for class at https://res-dbq.org/baptismal-preparation-class

#### Weddings

All persons who wish to arrange for marriage are asked to contact the parish office six months in advance.

#### Reconciliation

Saturday 3:15 PM Monday 7:30 AM Other times by appointment.

#### PARISH MEMBERSHIP

If you would like to become a member of Resurrection Parish, please call the Parish Office: (563-556-7511).

#### MASS SCHEDULE

#### **Weekend Masses:**

Saturday 4:00 Sunday 7:00, 9:00, 11:00 AM

Holy Days & Weekdays: Refer to Bulletin



# **JUNE 22, 2025**



# THE MOST HOLY BODY AND BLOOD OF CHRIST

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Then taking the five loaves and the two fish, and looking up to heaven, he said the blessing over them, broke them, and gave them to the disciples to set before the crowd. They all ate and were satisfied. And when the leftover fragments were picked up, they filled twelve wicker baskets. - Lk 9:16-17

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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#### **PARISH OFFICE HOURS:**

Monday-Thursday: 8:00 AM-4:30 PM; FRIDAY: 8:00 AM-2:00 PM

Website: www.res-dbq.org | Facebook: facebook.com/resdbq



#### MON, June 23

7:00 AM † Jean Westercamp † Dorothy Bismack

#### TUES, June 24

The Nativity of St. John the Baptist

5:30 PM † All Souls

† Joh Marshall

#### WED, June 25

7:00 AM † Pat Conway

† Carolyn Gibbs

#### THURS, June 26

7:00 AM † Pat Koellner

† Julia Koellner

#### FRI, June 27

The Most Sacred Heart of Jesus

7:00 AM † Ron Steffen

† Alvin Ameida

#### SAT, June 28

Vigil of Sts. Peter and Paul, Apostles

4:00 PM † Harry & Katie Ben

† Art Lambe

#### SUN, June 29

Sts. Peter and Paul, Apostles

7:00 AM † Kim Pins

† Joan Frank & Family

9:00 AM Pro Populo

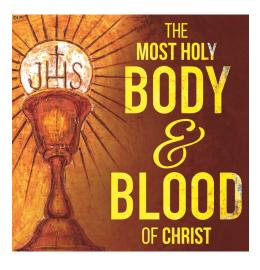
† Art Lambe

11:00 AM † Jon Marshall

† Tom Lucas

#### **REST IN PEACE**

Rita M. Moran, sister-in-law of Douglas (Pat) Moran; Chris Gibbs, brother of Fr. Phil Gibbs; Lori Leibold, sister of Pat (Ginny) Henneberry.



#### **DEAR PARISHIONERS,**

A doctor gets upset about obesity in America and the rising tide of diabetes so he tells a group of patients, "The stuff we put into our stomachs is terrible. Red meat is awful. Soft drinks corrode your stomach lining. Chinese food is loaded with MSG. High-fat diets can be disastrous, and none of us realizes the long-term harm caused by the germs in our drinking water. But there is one thing that is the most dangerous of all. Can anyone here tell me what food it is that causes the most grief and suffering for years and years after eating it?" They all sit there with blanks stares until an old man finally raises his hand. The doctor calls on him, "Yes, sir - can you tell all of us what food it is that causes the most grief and suffering for years and years after eating it?" The old fella answers and says in a grumpy voice, "A piece of your own wedding cake."

Dr. John Allen is a neuro-anthropologist working at the Dornsife Cognitive Neuroscience Imaging Center and Brain and Creativity Institute, University of Southern California. Since 1998, he has conducted human neuro-anatomical research as a member of the cognitive science research group, first at the University of Iowa and more recently at USC. His most recent book is entitled *The Omnivorous Mind: Our Evolving Relationship with Food.* (2012)

Dr. Allen says this about Food and Memory, "We all have our food memories, some good and some bad. The taste, smell, and texture of food can be extraordinarily evocative, bringing back memories not just of eating food itself but also of place and setting. Food is an effective trigger of deeper memories of feelings and emotions, internal states of the mind and body...first evolution has seen to it that food in general may be a privileged target of memory in the brain. There is a part of the brain call the hippocampus that is critical for memory. The hippocampus has strong connections with parts of the brain that are important for emotion and for smell. Emotion and smell no doubt contribute to the power of some food memories, but the hippocampus has more direct links to the digestive system. Many of the hormones that regulate appetite, digestion, and eating behavior also have receptors in the hippocampus. Finding food is so important to survival that it is clear that the hippocampus is primed to form memories about and around food."

As we celebrate this solemnity of the Most Holy Body and Blood of Christ we do honor the faith declaration that we proclaim as Catholics - that the Eucharist is the Real and Persistent Presence of Jesus Christ, body, blood, soul and divinity. We also, as the scriptures suggest, celebrate this feast day of Corpus Christi and, indeed, every Catholic Mass as a Food Memory.

In the gospel we recall the great miracle when Jesus multiplied the loaves and fish in order to feed the multitude who sat down before him. What an incredible experience that is associated with food. Don't you think that every time thereafter, when one of those five thousand sat down for a meal of bread and fish they would remember being present at that event with Jesus and his Apostles? Food triggers a very fond memory.

In the second reading from Paul's first letter to the Corinthians we read of how Paul passed along the teaching of the Last Supper when Jesus broke bread with his disciples for the last time. How he, in the form of bread and wine, gave of his body and blood and said, "Do this in remembrance of me". This is an establishment of a Food Memory that we are to experience and offer on a frequent basis as it continuously unites us to Him. We do this, partake of his body and blood, not only for our own spiritual nourishment but also out of honor for him who was, who is and who is to come. The last sentence of the second reading is, "For as often as you eat this bread and drink this cup, you proclaim the death of the Lord until he comes."

#### IN THE PARISH

#### **Health Ministry**

If you or a loved one are in the hospital and are not visited by the pastoral staff from Resurrection, please notify the parish office. There are times when we call the hospital for our parishioners and they are not listed.

#### PRAYER SHAWL MINISTRY

Prayer Shawl Ministry will meet Thursday, July 17, 2025 from 1:00 pm to 2:30 pm, in the Parish Office Living Room. Anyone interested in sharing their talent of crocheting or knitting prayer shawls is welcome to attend. Participants enjoy working and praying in community, and sharing in the ministry of reaching out together to those in need. For more information contact Mary Schmidt at 563 -556-7511.



#### Social Justice Committee Facebook Group

The Resurrection Social Justice Committee would love to hear from you! Check out our Facebook group below to find out about what we are doing and to share your own experiences and ideas. https://www.facebook.com/groups/922909382036597

#### **MUSIC**



Coordinator of Liturgical Music Amy Dolan

During the summer months we open up our choir to anyone who wants to sing and who can come one hour before Mass to practice. If you've ever thought about singing with

the choir, summer is a great time to try it out. You just show up one hour before Mass and rehearse the hymns, Mass parts, etc., and you will be joined by many of our regular choir members to support and help you sing as well. We welcome any singers who are High School age or older to join us.

Here are a few of the upcoming dates:

- ♦ June 21, 4:00 PM
- ♦ June 29, 11:00 AM
- ♦ July 5, 4:00 PM
- ♦ July 13, 9:00 AM
- ♦ July 19, 4:00 PM



For a complete list of choir dates, you can visit the parish website. ://res-dbq.org/liturgical-ministries, look for the music ministry schedules and menus to find dates and music. Thank you to all who share their musical gifts at Resurrection Church! "Let everything that breathes sing praises to God!"

#### **LITURGY**

Liturgy Deacon Mike Ellis

Jubilee Year 2025 — Pilgrims of Hope Upcoming Meetings/ Trainings/ Masses

**June 21-22:** Feast of Body and Blood of Jesus. Eucharistic Procession at conclusion of Mass.

June 28-29: Feast of the Apostles, Peter and Paul

Friday, July 4 - Mass at 9am.

**Funeral Pre-Planning:** if you are interested in pre-planning your Funeral Mass, please contact Deacon Mike.

Marriage Validation: If you where married civilly but not married in the Church and you would like your Marriage blessed in the Church please contact Deacon Mike.

#### PERPETUAL ADORATION CHAPEL



Please join us for Morning Prayer on Tuesdays beginning at 7am and Evening Prayer on Tuesdays beginning at 4:30 pm.

- ♦ The Blessed Sacrament Chapel is open 24 hours a day, 7 days a week for private prayer before Our Eucharistic Lord. Please note: Chapel will be cleaned Monday's from 3:00 pm-3:30 pm.
- Please consider praying as your time allows. If 15 minutes is all the time you have the Lord will appreciate the visit.
- ♦ The outside door by the side of Church will be unlocked daily from 5:00 am 7:00 pm. After 7:00 pm the door can be unlocked by using the security key pad to the left of the door on the outside wall. For the code password, call Deacon Mike in the parish office, 556-7511.
- The light switch for the Chapel is on the right wall inside the Chapel doors. Please do not bring food into the Chapel.
- Open the round tabernacle door on the actual tabernacle. If you are the only person in the chapel, upon completion of your visit close the round tabernacle door.
- ♦ If you hear the tornado siren, please take the steps to the bottom and hide yourself in the opening under the stairs.
- Please be aware during these winter months that if there is a winter storm most likely the church will be locked and you will need to use the outside door.
- ♦ Questions: Contact Deacon Mike Ellis in the parish office. 556-7511.

#### **HEALTH MINISTRY**

Mary Schmidt, Parish Nurse

#### CARE FOR THE CAREGIVER

Care for the Caregiver will meet Monday, June 23, 2025, from 1:30–2:30 pm in the Community

Room. Respite care is available for your loved one during the meeting. Please contact Mary Schmidt at 563-556-7511 if you plan to utilize this benefit.

#### **Balance Class**

My name is Anne Kruse. I am a Church of the Resurrection parishioner and I have been a physical therapist since 1998. Since 2001 I have been practicing and utilizing with my patients a series of balance and movement exercises while integrating breathing and relaxation. Benefits of performing balance and movement exercises include the following: improved strength, mobility, balance, and confidence. I will be offering 45-minute classes on Wednesday at 5:00 pm. Classes will be held in the lower level social space with a cost of \$5 per attendee per class.

# **ADULT FAITH FORMATION** Wendy Osterberger SACRAMENTS Wendy Osterberger Director of Faith Formation

#### Celebrating Holy Matrimony

Congratulations to Terrie Super & Tommy Rohn, who were united in Holy Matrimony on Saturday, June 14, 2025 at Church of the Resurrection. May God richly bless their marriage.





#### Attention High Schoolers

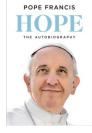
Registration is open for the 2025-26 school year prep for the Sacrament of Confirmation for those students entering 9th -12th grade in the fall.

Register at <a href="https://res-dbq.org/confirmation-preparation">https://res-dbq.org/confirmation-preparation</a>
To prepare for the Sacrament of Confirmation as an adult, contact Wendy at the parish office.

#### Register Now for Sacramental Prep

Head to the parish website to register your 2nd grader for the Sacraments of Reconciliation & Eucharist. Preparation classes begins this fall. Go to: https://res-dbq.org/





#### **Res Readers**

Our next meeting for the Res Readers will be August 28 at 7:30-9:00 am in the Community Room at the parish office. We will read and discuss "Hope: The Autobiography" by Pope Francis. Copies are available at River Lights Bookstore. Since this is a little bit of a longer read, don't delay. Start reading today.

#### 2025-2027 IMPACT Program for Catholic Adults

IMPACT is a two-year formation program for Catholic adults, which is coordinated by the Archdiocese of Dubuque. The next offering of the IMPACT program will be held at St. Mary Catholic Church in Vinton,



starting in September of 2025. IMPACT provides the opportunity to grow in your faith by attending monthly sessions with dynamic presenters, reading spiritual books, engaging in discussions with other participants, and receiving guidance from a spiritual mentor. Through study, prayer, reflection, and conversation, participants are challenged to respond more fully to Jesus' call to mission—to IMPACT our world! To learn more and apply, visit <a href="https://www.DBQArch.org/IMPACT">www.DBQArch.org/IMPACT</a>.



#### Serving Lunch at The Mission

The women of the LIFT group teamed up with the MESS men's group to provide and serve lunch downtown at The Mission last weekend. Is the parish group that you belong to wanting to serve those in need? Contact Jim Yeast at yeast96@gmail.com for more information.

#### YOUTH FAITH FORMATION

Melissa Tucker
Coordinator Youth Faith Formation

These past 2 weeks have been an Awesome kick off to summer with our Summer Youth Faith Formation Program. We had 46, 1st thru 5th grade students participate in our 2 week program from 8 am until noon Monday thru Thursday. Allowing them to receive their faith formation during the summer as an in person option as their school year schedule does not allow for them to attend our school year in person option. Parents as your schedules fill up please always remember that this is an option for your children. Registration opens in early spring. Please contact Melissa Tucker with any questions you may have dbq058ff2@dbqarch.org .

Registration is open for 2025/2026 School Year Faith Formation in person and homeschool options available. As well as Catechesis of the Good Shepherd registration. If you have any questions please email Melissa Tucker dbq058ff2@dbqarch.org.

We will resume Children's Liturgy of the Word in the Fall. Parents if you are looking for quiet activities for your young ones to do during this time of Mass please check out our Lending Library book shelf located between the Faith Formation tables in the Church Social Space.

#### **MIDDLE & HIGH YOUTH MINISTRY**

Brian Nilles, Coordinator of Youth Ministries

#### Service Hours over the summer

High school students Resurrection Church has plenty of ways for high school students to get hours that count towards your service cords for graduation. Just contact Brian.

#### VBS Crew Leaders Meeting

All of those middle and high school students who signed up to help with VBS this summer, should plan to be at our VBS crew leader first meeting on Wednesday, July 2, from 10 am - 12:00 pm in the Church Social Space. We will work on the skit for the week of VBS. If you want to help and have not signed up you are welcome to attend. If you have any questions please call Brian.

## Youth Collecting Cans





Thank you for all the nickel cans and bottles. The bin is by Door #2.

Questions contact: Brian Nilles 556-7511 ext. 229 or dbq058ym@dbqarch.org

#### **PARISH SUPPORT**

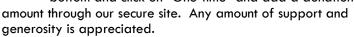
#### Adult tithe for June 15, 2025

Weekly contributions needed	\$33,653.85
Collected from 185 out of 2341 envelopes	
Offertory	\$840.61
Total collected	
YTD collections needed (7/1-6/15)	\$1,716,346.15
YTD collected in envelopes (7/1-6/15)	\$1,750,959.26
YTD total over/short	\$34.613.11

Have you remembered Resurrection in your will?

Thank you for your support!

Visiting - Forgot your envelope - Want to make a
One-Time gift: Please scan the QR code, scroll to the
bottom and click on "One-time" and add a donation





#### **SCRIP**



The next scrip order date is Monday, June 23,

2025. Orders and payment must be received by 10:00 am on Monday.

If you are not currently involved with the Scrip program, please consider it. Order forms are available in the parish office or on the parish website. If you choose, 75% of the total profit of your order will go to your choice of your Holy Family, Religious Education, Confirmation, or Early Childhood account. The other 25% will go to Resurrection Parish. You may also choose to have your entire 100% go to Resurrection Parish. Resurrection Parish needs every family to join this parish-wide fundraising program. If you have any questions, contact the Scrip Office at <a href="mailto:scripoffice@gmail.com">scripoffice@gmail.com</a>

#### **STEWARDSHIP**

In today's Gospel, the disciples suggest that Jesus disperse the crowd so that they might individually seek food and lodging. The miracle of the feeding of the five thousand is Jesus' powerful reminder that when we share our gifts in His name there is always more than enough!

#### **AROUND TOWN**

#### Cathedral of St. Raphael Unveils Renovations

Join the Archdiocese of Dubuque in commemorating this significant milestone with a special Mass and open house. All local Catholics, as well as those from across the Archdiocese, are warmly invited to attend. Sunday, June 29, Mass at 5:00 pm, Celebrated by Archbishop Thomas Zinkula. Following Mass, enjoy a presentation on the renovation, light refreshments, and the opportunity to tour the beautifully restored Cathedral. Come celebrate the renewed grandeur of this sacred space with your faith community.

# The Most Sacred Heart of Jesus Friday, June 27,2025

In honor of The Most Sacred Heart of Jesus, Holy Spirit Parish will be offering an extra 5:30 pm Mass at Sacred Heart. All are invited and there will be treats in the hall after.

#### **ACTIVITIES & MEETINGS**

Parish Offices are closed Friday evening, Saturday, and Sunday.

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MONDAY, June 23
10:00 AM SCRIP DueParish Office
1:30 PM Care for the Caregiver
Community Room
TUESDAY, June 24
No Events
WEDNESDAY, June 25
5:00 PM Balance ClassLL Social Space
5:45 PM Stretching to GodLL Social Space
THURSDAY, June 26
7:30 AM M.E.S.S Church Social Space
FRIDAY, June 27
No Events
SATURDAY, June 28
No Events

SUNDAY, June 29 No events

#### A FAMILY PERSPECTIVE



In today's Gospel Jesus teaches we will find abundance by sharing the little we have. No matter how little time, money or food we have, it is enough to share. – Bud Ozar

#### MARRIAGE ENRICHMENT



"I received from the Lord what I also handed on to you..." (1 Cor. 11:23).

Today we celebrate the nourishment we receive from Jesus in the Eucharist. What one thing can you do to spiritually

nourish your marriage? If you can't think of something, start by saying a prayer together before bedtime.

#### MARRIED COUPLES



Give your marriage a welldeserved vacation. Plan to go on a Worldwide Marriage Encounter Experience and come back with a marriage that is refreshed and full of energy! Our next weekend is September 12-14 in

**Dubuque.** For more information call Greg and Denise at (563) 920-9419 or drubner9419@gmail.com.

#### **CONTACT US**

Parish Office: 563-556-7511	Website: www.res-dbq.org
PARISH STAFF	

#### **Priest**

Rev. Phillip Gibbs, Pastor, Ext 211 ......DBQ058@dbqarch.org Deacon & Pastoral Associate

Deacon Michael Ellis, Ext 230 ......DBQ058D@dbgarch.org

#### Deacons

Deacon Gerald Jorgensen	DBQCMTAUD@dbqarch.org
Deacon Jim Schmidt	DBQ058D2@dbqarch.org
Deacon John Robbins	DBQ058D3@dbqarch.org

#### Coordinator of Liturgical Music

Amy Dolan, Ext 212 ..................DBQ058S5@dbqarch.org

#### Liturgical Ministry Scheduler

Jessica Schneider......DBQ058S2@dbqarch.org

#### **Director of Faith Formation**

Wendy Osterberger, Ext 235 ......DBQ058FF@dbgarch.org

#### **Coordinator of Youth Faith Formation**

Melissa Tucker, Ext 216......DBQ058FF2@dbqarch.org

#### **Coordinator of Youth Ministries**

Brian Nilles, Ext 229......DBQ058YM@dbgarch.org

#### Volunteer/Evangelization Coordinator

Mary Beth Smith, Ext 223 ......DBQ058s1@dbqarch.org

#### **Business Manager**

Melissa Turner, Ext 218 ......DBQ058BM@dbqarch.org

#### Bookkeeper

Judy Tigges, Ext 231......DBQ058BK@dbqarch.org

#### **Parish Nurse**

Mary Schmidt, RN, Ext 232.....DBQ058N@dbqarch.org

#### Secretary

Mary Jo Dalsing, Ext 210 ......DBQ058sec@dbqarch.org

#### **Cemetery Trustee**

Deacon Jim Schmidt......563-542-1829

#### Maintenance Supervisor

Joe Hohmann, Ext 236 ......DBQ058S8@dbqarch.org

#### **SCHOOL**

#### **Holy Family Catholic Schools**

Central Administration Office......563-582-5456

#### Resurrection Site

School Office......563-583-9488 Preschool/Daycare Office......563-5206

Principal, Sara Weires.....sweires@holyfamilydbq.org

#### RESURRECTION PRAYER CHAIN

Karen Meyer...563-580-5819, Resprayerchain@gmail.com

#### PARISH CHAIRPERSONS

Pastoral Council, Jeff Johll	jjohll@gmail.com
Finance Council, Tom Evans	tevans2525@gmail.com
Holy Family Board of Education,	Maggie Kramer 563-505-1114
Liturgy Committee, Deacon Mike E	Ellis563-556-7511
Parish Life Committee, Sue Uhal .	563-581-5533
Social Justice Committee, Chris Nu	gent563-599-3939
St. Vincent de Paul Society, Andy	Benko 563-500-8684
Vocations Committee, Terry Fried	man563-556-3121

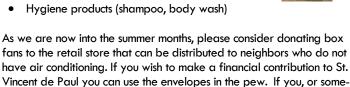
## ST. VINCENT DE PAUL **VOUCHER CENTER NEEDS**



**End Poverty Through Systemic Change** 

Thank you for your continued support of our Resurrection St. Vincent de Paul Conference. In May our Resurrection team provided over \$1,000 in rent and utility assistance to our local neighbors. The following items are needed most right now at our downtown Voucher Center.

- Pancake mix and syrup
- Ketchup and mustard
- Cleaning supplies
- Cooking oil
- Hygiene products (shampoo, body wash)



#### **VOCATION VIEWS**

Paul help line at 563-584-2226.

Do this in remembrance of me. Feed the hungry; proclaim the good news of everlasting life. (Luke 9:11-17)

one you know, is in need of assistance, please call the St. Vincent de

Please pray for all seminarians of the Archdiocese of Dubuque and those in formation for religious life.

#### **Prayer for Vocations**

God our Father, we thank you for calling men and women to serve in your Son's Kingdom as priests, deacons, religious, and consecrated persons. Send your Holy Spirit to help us respond generously and courageously to your call. May our community of faith support vocations of sacrificial love in our youth. We ask this through our Lord Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

#### Continued from page 2.

We are almost three weeks into Summer vacation. Unfortunately, people seem to think that summertime is not only a break from school but also a break from church attendance. Nothing could be further from the truth. As my old rector of the seminary told us before we left for summer break, I tell you - "Don't forget about your Vocation when you are on Vacation." Meaning you don't ever stop being faithful to the Lord's call to "Do this in remembrance of Him."

The Feast of Corpus Christi, is most fitting because it reminds us that every Sunday is Memorial Day when we are called to remember how Jesus gave of himself in total and complete service for the salvation of the world. We partake of the Eucharist as a Food Memory that unites us with Him again and again and again. As Catholics we are so blessed to believe and receive this true gift of His Real Presence.

Fr. Phil Gibbs, Pastor

OUR AD



Father's Day Spiritual Bouquet in memory or honor of: Al Holzer R. C. Wahlert





Play Dough



Karen Kaalberg from LPi, our bulletin printer, will be securing new ads for our church in the coming weeks. As a valuable member of the business community, we invite you to expand your reach and grow your business with a print ad in our parish bulletin and/or a digital ad featured on ParishesOnline.com.



Karen Kaalberg 309-643-0658 kkaalerg@4lpi.com

#### Thank you to our new bulletin sponsors:

Please help welcome the following new sponsors, which will start on the bulletin in the coming month: Mel's Carpet Outlet; Hawkeye Care Center; Beidler Towing and Nothing Bundt Cakes.